

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

| Facility: F 7.74 2012 | | Ashley Carney, Augsburg | | | |
|-----------------------|--------------------|---------------------------------------|------|---------|---------|
| Meet: M 7.92 2017 | | Shakeela Wells-Johnson, St. Catherine | | | |
| Name | Year | School | Seed | Prelims | H# |
| Preliminaries | | | | | |
| 1 | Sarah Stellmach | SO Bethel (Minn.) | 8.00 | M 7.91Q | 5 |
| 2 | Jireh Babalola | JR Bethel (Minn.) | 8.10 | 8.10Q | 4 |
| 3 | Makayla Stinson | FR St. Catherine (M) | 8.30 | 8.39Q | 3 |
| 4 | Ally Rakow | SO Gustavus Adolphus | 8.30 | 8.47Q | 2 |
| 5 | Riley Roberts | SO Carleton | 8.32 | 8.51Q | 1 8.509 |
| 6 | Ellie Logelin | JR Hamline | 8.48 | 8.31q | 5 |
| 7 | Bianca Lott | FR Carleton | 8.33 | 8.48q | 2 |
| 8 | Claire Nichols | SR St. Catherine (M) | 8.46 | 8.51q | 3 8.509 |
| 9 | Sara Gregor | SR Macalester | | 8.52 | 3 |
| 10 | Ququ Holman | JR St. Olaf | 8.54 | 8.56 | 4 |
| 11 | Hannah Moe | FR Bethel (Minn.) | | 8.59 | 4 |
| 12 | Santrice Rodriguez | FR Augsburg | 8.70 | 8.60 | 1 8.597 |
| 13 | Rachel Nelsen | JR St. Olaf | 8.60 | 8.60 | 3 8.598 |
| 14 | Emma Storbakken | SO St. Olaf | 8.46 | 8.61 | 4 8.602 |
| 15 | Amira Aladetan | SO Carleton | 8.72 | 8.61 | 1 8.607 |
| 16 | Jensi Jensen | FR Gustavus Adolphus | | 8.62 | 1 |
| 17 | Mya Bishop | JR Augsburg | 8.74 | 8.68 | 3 |
| 18 | Ruth Brueckner | FR Crown | | 8.77 | 5 |
| 19 | Olive Coburn | FR St. Olaf | 8.77 | 8.78 | 5 |
| 20 | Zoe Matre | SO St. Olaf | 8.64 | 8.79 | 2 |
| 21 | CC Cesare | FR Augsburg | | 8.83 | 4 |
| 22 | Liana Woo | SO Hamline | 8.86 | 8.84 | 5 |
| 23 | Penny Hunter | JR Macalester | 8.49 | 8.86 | 5 |
| 24 | Ajah Taylor | FR Hamline | | 8.92 | 1 |
| 25 | Allison Soule | FR St. Olaf | 8.74 | 8.95 | 2 |
| 26 | Caitlin Falkowski | SO Macalester | 8.75 | 8.99 | 4 8.983 |
| 27 | Amanda Crewey | FR Macalester | | 8.99 | 3 8.985 |
| 28 | Bria Luepke | FR Hamline | 8.97 | 9.00 | 4 8.994 |
| 29 | Katie Yoder | FR St. Catherine (M) | 8.97 | 9.00 | 3 8.999 |
| 30 | Soniya Smith | FR Bethel (Minn.) | 9.90 | 9.04 | 1 |
| 31 | Ellie Schanbacher | FR Crown | | 9.12 | 2 |
| 32 | Mia Evans | FR Bethel (Minn.) | | 9.18 | 2 |
| 33 | Mercedes Hamilton | SO Hamline | 9.32 | 9.43 | 2 |
| 34 | Sabreena Raghunath | FR Augsburg | | 9.89 | 3 |
| -- | Roen Boyd | FR Macalester | | DNS | 2 |
| -- | Caron Iteghete | JR Augsburg | 9.67 | DNS | 1 |
| -- | Nayeli Williams | SO Carleton | 8.32 | DNS | 1 |
| -- | Zoe Carver | FR Macalester | | DNS | 5 |

Women 60 Meter Dash

| Facility: F 7.74 2012 | | Ashley Carney, Augsburg | | | |
|-----------------------|-----------------|---------------------------------------|---------|--------|--------|
| Meet: M 7.92 2017 | | Shakeela Wells-Johnson, St. Catherine | | | |
| Name | Year | School | Prelims | Finals | Points |
| Finals | | | | | |
| 1 | Sarah Stellmach | SO Bethel (Minn.) | 7.91 | 7.81M | 10 |
| 2 | Jireh Babalola | JR Bethel (Minn.) | 8.10 | 7.89M | 8 |
| 3 | Makayla Stinson | FR St. Catherine (M) | 8.39 | 8.33 | 6 |

Vanessa Seljeskog Classic - 1/21/2023

Macalester College

Results - All

...Women 60 Meter Dash

| | | | | | | | |
|----|----------------|----|-------------------|------|------|---|-------|
| 4 | Riley Roberts | SO | Carleton | 8.51 | 8.45 | 5 | 8.441 |
| 5 | Ellie Logelin | JR | Hamline | 8.31 | 8.45 | 4 | 8.450 |
| 6 | Ally Rakow | SO | Gustavus Adolphus | 8.47 | 8.49 | 3 | |
| 7 | Bianca Lott | FR | Carleton | 8.48 | 8.60 | 2 | |
| -- | Claire Nichols | SR | St. Catherine (M) | 8.51 | DNS | | |

Women 200 Meter Dash

| Facility: F 25.66 2018 | | Katie Murray, St. Thomas | | | | | |
|------------------------|-----------------------|--------------------------|-------------------|--------|-------|--------|----|
| Meet: M 25.96 2018 | | Delia Labatt, Bethel | | | | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | Kelsie Sealock | JR | Bethel (Minn.) | 26.75 | 26.46 | 10 | 10 |
| 2 | Allison Hookom | FR | Augsburg | 28.23 | 27.13 | 7 | 8 |
| 3 | Journey Amundson | SR | Macalester | 27.25 | 27.15 | 10 | 6 |
| 4 | Annie Paulson | FR | Bethel (Minn.) | 28.25 | 27.43 | 7 | 5 |
| 5 | Emma Storbakken | SO | St. Olaf | 27.56 | 27.44 | 10 | 4 |
| 6 | Grace Robinson | SO | Bethel (Minn.) | 28.00 | 27.85 | 8 | 3 |
| 7 | Morgan Dean | FR | Bethel (Minn.) | 27.75 | 28.09 | 9 | 2 |
| 8 | Zoe Matre | SO | St. Olaf | 27.89 | 28.31 | 9 | 1 |
| 9 | Makayla Stinson | FR | St. Catherine (M) | 29.03 | 28.35 | 5 | |
| 10 | Ruth Brueckner | FR | Crown | 28.76 | 28.40 | 6 | |
| 11 | Santrice Rodriguez | FR | Augsburg | 28.56 | 28.52 | 7 | |
| 12 | Jensi Jensen | FR | Gustavus Adolphus | 32.50 | 28.76 | 3 | |
| 13 | Emma Sahly | SO | St. Olaf | 28.68 | 28.88 | 6 | |
| 14 | Claire Keech | FR | St. Olaf | | 28.96 | 1 | |
| 15 | Jaeden Sims | FR | Macalester | 28.00 | 28.98 | 9 | |
| 16 | Mya Bishop | JR | Augsburg | 28.05 | 29.11 | 8 | |
| 17 | Allison Soule | FR | St. Olaf | 29.01 | 29.29 | 6 | |
| 18 | Anna Anderson Sanchez | JR | Crown | 27.94 | 29.44 | 9 | |
| 19 | Soniya Smith | FR | Bethel (Minn.) | 31.00 | 29.45 | 4 | |
| 20 | Olive Coburn | FR | St. Olaf | 29.52 | 29.48 | 5 | |
| 21 | Lily Johnson | SO | St. Olaf | 28.16 | 29.54 | 8 | |
| 22 | Liana Woo | SO | Hamline | 29.50 | 29.68 | 5 | |
| 23 | Caley Wrzesien | SO | Bethel (Minn.) | 29.80 | 29.71 | 4 | |
| 24 | Caitlyn Wrzesien | SO | Bethel (Minn.) | 30.00 | 29.80 | 4 | |
| 25 | Penny Hunter | JR | Macalester | 28.00 | 29.83 | 8 | |
| 26 | Perri Thompson | FR | Carleton | 30.77 | 30.30 | 4 | |
| 27 | Sarah Beth Hobby | JR | Macalester | 29.35 | 30.33 | 5 | |
| 28 | Katie Yoder | FR | St. Catherine (M) | | 30.52 | 2 | |
| 29 | Ajah Taylor | FR | Hamline | | 31.06 | 2 | |
| 30 | Gabriele Hannah | SO | Hamline | 31.98 | 31.32 | 3 | |
| 31 | Mercedes Hamilton | SO | Hamline | 31.60 | 31.94 | 3 | |
| 32 | Ellie Schanbacher | FR | Crown | | 32.23 | 1 | |
| 33 | Sabreena Raghunath | FR | Augsburg | | 34.52 | 1 | |
| -- | CC Cesare | FR | Augsburg | 34.86 | FS | 2 | |
| -- | Ququ Holman | JR | St. Olaf | 28.28 | DNS | 7 | |
| -- | Caron Iteghete | JR | Augsburg | 34.19 | DNS | 3 | |
| -- | Rachel Nelsen | JR | St. Olaf | 28.93 | DNS | 6 | |
| -- | Nayeli Williams | SO | Carleton | 27.30 | DNS | 10 | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Women 400 Meter Dash**

Facility: F 57.75 2018 Delia Labatt, Bethel
 Meet: M 1:01.94 2019 Lily Anderson, Gustavus Adolphus

| Name | Year | School | Seed | Finals | Points |
|----------------------|------|-------------------|---------|---------|--------|
| 1 Allison Hookom | FR | Augsburg | 59.73 | 59.65M | 10 |
| 2 Lindsey Bernardy | SR | Hamline | 1:03.50 | 1:02.93 | 8 |
| 3 Isabel Fynboh | FR | Gustavus Adolphus | 1:08.50 | 1:07.55 | 6 |
| 4 Andreiana Aurelius | JR | Hamline | 1:07.83 | 1:08.28 | 5 |
| 5 Annabel Lantz | SO | Augsburg | 1:13.22 | 1:16.17 | 4 |
| -- Megan Geraets | SO | Gustavus Adolphus | 1:00.50 | DNS | |

Women 600 Meter Run

Facility: F 1:34.38 2019 Phoebe Aguiar, Macalester
 Meet: M 1:34.38 2019 Phoebe Aguiar, Macalester

| Name | Year | School | Seed | Finals | H# | Points |
|--------------------------|------|-------------------|---------|---------|----|------------|
| 1 Alexandra Maddux | SR | Hamline | 1:39.00 | 1:39.36 | 4 | 10 |
| 2 Jocelyn Ferguson | SO | Carleton | 1:41.00 | 1:43.39 | 4 | 8 |
| 3 Ruth Brueckner | FR | Crown | 1:44.80 | 1:43.53 | 4 | 6 |
| 4 Celia Silverstein | FR | Carleton | 1:45.31 | 1:43.54 | 4 | 5 |
| 5 Adisa Preston | SO | Macalester | 1:45.00 | 1:43.64 | 4 | 4 |
| 6 Anna Cargill | FR | Bethel (Minn.) | 1:48.00 | 1:44.38 | 2 | 3 |
| 7 Evie Hage | SO | Bethel (Minn.) | 1:48.00 | 1:46.68 | 3 | 2 |
| 8 Madeline Rodriguez | SR | Macalester | 1:48.00 | 1:47.19 | 3 | 1 1:47.184 |
| 9 Ruby Gernandt | SO | Bethel (Minn.) | 1:48.00 | 1:47.19 | 3 | 1:47.188 |
| 10 Anna Anderson Sanchez | JR | Crown | 1:50.00 | 1:47.58 | 2 | |
| 11 Hadley Wilkins | FR | Macalester | 1:48.00 | 1:48.01 | 3 | |
| 12 Jalisa Mathews | SR | Hamline | 1:53.00 | 1:50.38 | 2 | |
| 13 Sadie Ray Smith | JR | Carleton | 1:47.00 | 1:50.78 | 3 | |
| 14 Anna Warren | SO | Macalester | 1:51.69 | 1:51.37 | 2 | |
| 15 Ruth Pfeiffer | FR | St. Olaf | | 1:52.47 | 1 | |
| 16 Aubrey Mair | SO | Gustavus Adolphus | 1:52.00 | 1:54.58 | 2 | |
| 17 Larissa Minshull | SO | Bethel (Minn.) | 2:00.00 | 1:54.71 | 1 | |
| 18 Kaye Rysdahl | SO | Bethel (Minn.) | 1:55.00 | 1:56.04 | 1 | |
| -- Ingri Ramirez | JR | Augsburg | 2:19.97 | DNS | 1 | |

Women 800 Meter Run

Facility: F 2:11.69 2019 Phoebe Aguiar, Macalester
 Meet: M 2:17.86 2022 Elizabeth Donnelly, Gustavus Adolphus

| Name | Year | School | Seed | Finals | H# | Points |
|--------------------|------|-------------------|---------|---------|----|--------|
| 1 Alice Cutter | SO | Carleton | 2:26.00 | 2:26.64 | 2 | 10 |
| 2 Jules Fromm | SO | St. Olaf | 2:25.00 | 2:28.68 | 2 | 8 |
| 3 Kailyn Walukas | SO | Gustavus Adolphus | 2:31.00 | 2:32.75 | 2 | 6 |
| 4 Abbie Manhard | FR | St. Olaf | 2:27.00 | 2:34.23 | 2 | 5 |
| 5 Hadley Twichell | FR | Carleton | 2:25.00 | 2:36.76 | 2 | 4 |
| 6 Alicia Maddux | FR | Hamline | 2:35.00 | 2:37.72 | 1 | 3 |
| 7 Ava Shirley | FR | St. Olaf | 2:35.00 | 2:37.76 | 1 | 2 |
| 8 Kate Ulrich | SO | Carleton | 2:30.00 | 2:38.13 | 2 | 1 |
| 9 Ella Krumm | SO | Macalester | 2:34.00 | 2:38.92 | 2 | |
| 10 Libby Roberdeau | JR | Hamline | 2:45.00 | 2:39.19 | 1 | |
| 11 Karley Thurston | SO | Macalester | 2:34.00 | 2:39.33 | 2 | |
| 12 Megan Perkins | SR | St. Catherine (M) | | 2:40.34 | 1 | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****...Women 800 Meter Run**

| | | | | | | |
|----|--------------------------|----|-------------------|---------|---------|---|
| 13 | Daniela Sanchez-Castillo | FR | Hamline | 2:40.00 | 2:41.73 | 1 |
| 14 | Grace Lin | SR | Macalester | 2:39.00 | 2:45.98 | 1 |
| 15 | Kayla Sieck | FR | St. Olaf | 2:27.00 | 2:49.01 | 2 |
| 16 | Anna Marsolek | FR | St. Catherine (M) | 2:56.94 | 2:54.16 | 1 |

Women 1000 Meter Run

Facility: F 2:58.72 2018 Jordan Lutz, St. Olaf
 Meet: M 3:04.51 2017 Annika Halverson, Bethel

| Name | Year | School | Seed | Finals | H# | Points |
|------|--------------------|--------|-------------------|---------|----------|--------|
| 1 | Christine Albrecht | JR | St. Olaf | 3:00.00 | 2:57.73F | 2 10 |
| 2 | Clara Mayfield | JR | Carleton | 3:00.00 | 3:02.16M | 2 8 |
| 3 | Sofia Carlson | SO | St. Olaf | 3:10.00 | 3:05.19 | 2 6 |
| 4 | Alison Bode | SO | St. Olaf | 3:10.00 | 3:05.90 | 1 5 |
| 5 | Hannah Preisser | FR | Carleton | 3:08.00 | 3:06.14 | 2 4 |
| 6 | Grace Moeller | FR | St. Olaf | 3:10.00 | 3:07.49 | 1 3 |
| 7 | Sophie Abernethy | SO | St. Olaf | 3:10.00 | 3:10.38 | 2 2 |
| 8 | Sophie McManus | SO | Carleton | 3:10.00 | 3:13.44 | 1 1 |
| 9 | Alexandra Maddux | SR | Hamline | 3:03.00 | 3:14.25 | 2 |
| 10 | Anna Decker | SO | Bethel (Minn.) | 3:20.00 | 3:16.54 | 1 |
| 11 | Annie Jay | FR | Carleton | 3:25.00 | 3:23.19 | 1 |
| 12 | Brooklyn Conrad | FR | Augsburg | 3:16.00 | 3:25.68 | 1 |
| 13 | Lily Hatrick | FR | Macalester | | 3:42.91 | 1 |
| -- | Julia Severson | SR | Gustavus Adolphus | 3:10.00 | DNF | 1 |
| -- | Helen Cross | SO | Carleton | 3:08.00 | DNS | 2 |
| -- | Mara Pirone | FR | Macalester | 3:10.00 | DNS | 2 |

Women 1 Mile Run

Facility: F 4:59.83 2014 Kimber Meyer, Macalester
 Meet: M 5:15.01 2018 Sadie Novak-Klug, Gustavus Adolphus

| Name | Year | School | Seed | Finals | H# | Points |
|------|--------------------------|--------|----------------|---------|----------|--------|
| 1 | Christine Albrecht | JR | St. Olaf | 5:03.00 | 4:58.75F | 2 10 |
| 2 | Clara Mayfield | JR | Carleton | 4:52.70 | 5:00.00M | 2 8 |
| 3 | Hannah Preisser | FR | Carleton | 5:14.00 | 5:09.94M | 2 6 |
| 4 | Sofia Carlson | SO | St. Olaf | 5:13.00 | 5:11.64M | 2 5 |
| 5 | Katie Gebert | JR | St. Olaf | 5:12.14 | 5:11.90M | 2 4 |
| 6 | Alison Bode | SO | St. Olaf | 5:13.00 | 5:13.25M | 2 3 |
| 7 | Grace Moeller | FR | St. Olaf | 5:15.00 | 5:13.68M | 2 2 |
| 8 | Sophie McManus | SO | Carleton | 5:15.00 | 5:16.43 | 2 1 |
| 9 | Mary Blanchard | SO | Carleton | 5:12.78 | 5:18.72 | 2 |
| 10 | Maria Blaesing | JR | Macalester | 5:03.46 | 5:21.91 | 2 |
| 11 | Ella Landis | FR | St. Olaf | 5:24.00 | 5:26.98 | 2 |
| 12 | Gracia Larsen-Schmidt | SO | St. Olaf | 5:28.00 | 5:35.09 | 2 |
| 13 | Abby Pausch | SR | Crown | 5:30.34 | 5:40.66 | 2 |
| 14 | Alicia Maddux | FR | Hamline | 6:00.00 | 5:43.43 | 1 |
| 15 | Daniela Sanchez-Castillo | FR | Hamline | 6:00.00 | 5:43.70 | 1 |
| 16 | Erin Franke | SR | Macalester | 5:40.00 | 5:45.66 | 1 |
| 17 | Marte Borgmann | JR | Carleton | 5:35.00 | 5:45.85 | 1 |
| 18 | Ava Craven | SO | St. Olaf | 5:35.00 | 5:49.73 | 1 |
| 19 | Libby Roberdeau | JR | Hamline | 6:00.00 | 5:51.07 | 1 |
| 20 | Madison Stackhouse | FR | Bethel (Minn.) | 5:50.00 | 5:52.57 | 1 |
| 21 | Anna Hay | FR | Bethel (Minn.) | 5:50.00 | 5:53.75 | 1 |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Women 1 Mile Run**

| | | | | | | |
|----|--------------------|----|-------------------|---------|---------|---|
| 22 | Abby Tapajna | FR | Hamline | 6:05.00 | 6:07.50 | 1 |
| 23 | Ellesa St. George | SO | Bethel (Minn.) | 6:25.00 | 6:12.20 | 1 |
| 24 | Julia Castellano | FR | Macalester | 6:00.00 | 6:13.99 | 1 |
| 25 | Aspen Clarksean | SO | Hamline | 6:16.00 | 6:28.37 | 1 |
| 26 | Teagan Schneider | FR | St. Catherine (M) | 8:23.42 | 8:09.15 | 1 |
| -- | Helen Cross | SO | Carleton | 5:14.41 | DNS | 2 |
| -- | Ashley Cohen | SO | Carleton | 5:46.49 | DNS | 1 |
| -- | Brenna Nelson | JR | St. Catherine (M) | 6:15.58 | DNS | 1 |
| -- | Sky Theodosopolous | FR | Macalester | 5:18.00 | DNS | 2 |

Women 3000 Meter Run

Facility: F 10:03.06 2018 Meg Mathison, Carleton

Meet: M 10:47.44 2016 Taybri Irving, Augsburg

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|--------|-------------------|----------|-----------|--------|
| 1 | Rainey Tilley | JR | Carleton | 10:47.00 | 10:45.21M | 2 10 |
| 2 | Evelyn Villalobos | SO | Gustavus Adolphus | 11:00.00 | 10:46.91M | 2 8 |
| 3 | Lauren Walda | FR | St. Olaf | 10:55.00 | 10:53.51 | 2 6 |
| 4 | Nell Schafer | JR | Carleton | 11:20.89 | 10:55.14 | 2 5 |
| 5 | Piper Dean | SO | Carleton | 10:48.11 | 10:59.41 | 2 4 |
| 6 | Maggie Votruba | SO | Carleton | 11:41.59 | 11:34.19 | 1 3 |
| 7 | Gracie Johnson | FR | Augsburg | 12:12.13 | 11:35.18 | 1 2 |
| 8 | Margo Lewis | SO | Carleton | 11:44.39 | 11:37.39 | 1 1 |
| 9 | Raina Moorjani | SO | Bethel (Minn.) | 11:45.00 | 11:37.73 | 1 |
| 10 | Molly Weberg | SO | Gustavus Adolphus | 11:15.00 | 11:39.23 | 2 |
| 11 | Lauren Bitner | JR | St. Olaf | 11:45.00 | 11:46.00 | 1 |
| 12 | Simi Kaur | SO | Gustavus Adolphus | 11:30.00 | 11:53.76 | 2 |
| 13 | Olivia Corbo | SO | Carleton | 12:15.00 | 12:00.77 | 1 |
| 14 | Jesse Colnes | SR | Macalester | 11:26.00 | 12:23.07 | 2 |
| 15 | Brittany Breed | FR | St. Catherine (M) | 12:46.11 | 12:23.48 | 1 |
| 16 | Lily Harvey | SO | St. Catherine (M) | 13:20.22 | 12:51.91 | 1 |
| 17 | Charlotte Adams | SR | Hamline | | 12:55.08 | 1 |
| -- | Julia Newman | JR | St. Olaf | 11:45.00 | DNS | 1 |
| -- | Laura Hardwick | SO | Bethel (Minn.) | 11:45.00 | DNS | 1 |
| -- | Aliya Larsen | FR | Carleton | 10:55.00 | DNS | 2 |
| -- | Sylvia Coyle | SO | Macalester | 11:21.00 | DNS | 2 |
| -- | Nadia English | SO | Gustavus Adolphus | | DNS | 1 |

Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Facility: F 8.93 2016 Carolyn Sualsberry, Hamline

Meet: M 8.88 2022 Birgen Nelson, Gustavus Adolphus

| Name | Year | School | Seed | Prelims | H# |
|---------------|-----------------|--------|-------------------|---------|-----------|
| Preliminaries | | | | | |
| 1 | Birgen Nelson | JR | Gustavus Adolphus | 8.38 | M 8.74Q 3 |
| 2 | Kelsie Sealock | JR | Bethel (Minn.) | 8.90 | F 8.90Q 2 |
| 3 | Danielle Miller | SO | Gustavus Adolphus | 9.38 | 9.86Q 1 |
| 4 | Lauren Dimler | FR | Gustavus Adolphus | | 9.62q 3 |
| 5 | Ellie Hernes | FR | Bethel (Minn.) | 9.90 | 9.77q 2 |
| 6 | Ally Stackhouse | SO | Bethel (Minn.) | 10.25 | 10.16q 3 |
| 7 | Hannah King | JR | Bethel (Minn.) | 10.30 | 10.17q 2 |
| 8 | Riki Poore | JR | St. Olaf | 9.89 | 10.35q 1 |

Vanessa Seljeskog Classic - 1/21/2023
Macalester College
Results - All

....Women 60 Meter Hurdles

| | | | | | |
|----|-------------------|----------------------|-------|-------|---|
| 9 | Sarah Beth Hobby | JR Macalester | 10.32 | 10.40 | 1 |
| 10 | Lauren Rocheford | FR Gustavus Adolphus | | 10.42 | 2 |
| 11 | Burnices Barlue | SO St. Catherine (M) | 9.93 | 10.46 | 3 |
| 12 | Perri Thompson | FR Carleton | | 10.64 | 1 |
| 13 | Hailey Scholten | FR Bethel (Minn.) | | 10.78 | 3 |
| 14 | Claire Keech | FR St. Olaf | 10.91 | 10.82 | 2 |
| 15 | Gabriele Hannah | SO Hamline | 10.64 | 10.91 | 1 |
| 16 | Lauren Cappelmann | FR Macalester | | 11.01 | 1 |
| 17 | Emma Sahly | SO St. Olaf | 11.03 | 11.14 | 3 |
| 18 | Summer Kaeppe | FR Gustavus Adolphus | | 11.61 | 3 |
| 19 | Alli Joerger | SO Gustavus Adolphus | | 11.90 | 2 |

Women 60 Meter Hurdles

Facility: F 8.93 2016 Carolyn Sualsberry, Hamline
 Meet: M 8.88 2022 Birgen Nelson, Gustavus Adolphus

| Name | Year | School | Prelims | Finals | Points |
|------|------|--------|---------|--------|--------|
|------|------|--------|---------|--------|--------|

Finals

| | | | | | |
|---|-----------------|----------------------|-------|-------|----|
| 1 | Kelsie Sealock | JR Bethel (Minn.) | 8.90 | 8.84M | 10 |
| 2 | Danielle Miller | SO Gustavus Adolphus | 9.86 | 9.67 | 8 |
| 3 | Ellie Hernes | FR Bethel (Minn.) | 9.77 | 9.68 | 6 |
| 4 | Lauren Dimler | FR Gustavus Adolphus | 9.62 | 9.76 | 5 |
| 5 | Hannah King | JR Bethel (Minn.) | 10.17 | 9.87 | 4 |
| 6 | Riki Poore | JR St. Olaf | 10.35 | 10.07 | 3 |
| 7 | Ally Stackhouse | SO Bethel (Minn.) | 10.16 | 10.10 | 2 |
| 8 | Birgen Nelson | JR Gustavus Adolphus | 8.74 | 24.94 | 1 |

Women 4x200 Meter Relay

Facility: F 1:43.44 2012 Bethel, Bethel
 Meet: M 1:49.00 2022 Gustavus Adolphus, Gustavus Adolphus
 D Miller, M Huetten, M Geraets, B Nelson

| School | Seed | Finals | H# | Points |
|--------|------|--------|----|--------|
|--------|------|--------|----|--------|

| | | | | | |
|---|--------------------------|---------|----------|---|----|
| 1 | Gustavus Adolphus 'A' | 1:48.00 | 1:46.97M | 2 | 10 |
| | 1) Danielle Miller SO | | | | |
| | 2) Birgen Nelson JR | | | | |
| | 3) Ally Rakow SO | | | | |
| | 4) Megan Geraets SO | | | | |
| 2 | Bethel (Minn.) 'A' | 1:53.00 | 1:51.56 | 2 | 8 |
| | 1) Glasha Hovey FR | | | | |
| | 2) Hannah King JR | | | | |
| | 3) Annie Paulson FR | | | | |
| | 4) Ally Stackhouse SO | | | | |
| 3 | Augsburg 'A' | | 1:52.55 | 1 | 6 |
| | 1) Mya Bishop JR | | | | |
| | 2) CC Cesare FR | | | | |
| | 3) Santrice Rodriguez FR | | | | |
| | 4) Allison Hookum FR | | | | |
| 4 | Carleton 'A' | 1:52.19 | 1:53.68 | 2 | 5 |
| | 1) Amira Aladetan SO | | | | |
| | 2) Bianca Lott FR | | | | |
| | 3) Riley Roberts SO | | | | |
| | 4) Jocelyn Ferguson SO | | | | |
| 5 | Gustavus Adolphus 'B' | 1:54.00 | 1:54.50 | 1 | |
| | 1) Lauren Rocheford FR | | | | |
| | 2) Jensi Jensen FR | | | | |
| | 3) Madi Kes SO | | | | |
| | 4) Sarrah Lindner FR | | | | |
| 6 | St. Olaf 'A' | 1:51.09 | 1:55.36 | 2 | 4 |
| | 1) Emma Sahly SO | | | | |
| | 2) Zoe Matre SO | | | | |
| | 3) Olive Coburn FR | | | | |
| | 4) Allison Soule FR | | | | |
| 7 | Gustavus Adolphus 'C' | 1:56.00 | 2:00.38 | 1 | |
| | 1) Summer Kaeppe FR | | | | |
| | 2) Isabel Fynboh FR | | | | |

Vanessa Seljeskog Classic - 1/21/2023
Macalester College
Results - All

....Women 4x200 Meter Relay

| | | | | |
|-----------------------|-------------------------|---------|---|---|
| 3) Jenna Bunker SO | 4) Emelia Laryea FR | | | |
| 8 Hamline 'A' | | 2:04.93 | 1 | 3 |
| 1) Liana Woo SO | 2) Mercedes Hamilton SO | | | |
| 3) Gabriele Hannah SO | 4) Ajah Taylor FR | | | |

Women 4x400 Meter Relay

| Facility: F 3:57.71 2012 | | St. Thomas, St. Thomas | | | |
|-----------------------------|--------------------------|--|---------|----|--------|
| Meet: M 4:10.07 2018 | | Bethel, Bethel | | | |
| | | S Williams, E Alpers, D Labatt, C McKinstrey | | | |
| School | | Seed | Finals | H# | Points |
| 1 Carleton 'A' | | 4:18.00 | 4:14.98 | 2 | 10 |
| 1) Celia Silverstein FR | 2) Mary Blanchard SO | | | | |
| 3) Alice Cutter SO | 4) Hadley Twichell FR | | | | |
| 2 St. Olaf 'A' | | 4:10.76 | 4:15.51 | 2 | 8 |
| 1) Riki Poore JR | 2) Abbie Manhard FR | | | | |
| 3) Ququ Holman JR | 4) Emma Storbakken SO | | | | |
| 3 Bethel (Minn.) 'A' | | 4:15.00 | 4:15.63 | 2 | 6 |
| 1) Morgan Dean FR | 2) Grace Robinson SO | | | | |
| 3) Caitlyn Wrzesien SO | 4) Caley Wrzesien SO | | | | |
| 4 Macalester 'A' | | 4:19.00 | 4:23.38 | 2 | 5 |
| 1) Adisa Preston SO | 2) Madeline Rodriguez SR | | | | |
| 3) Hadley Wilkins FR | 4) Maria Blaesing JR | | | | |
| 5 Hamline 'A' | | 4:32.34 | 4:26.49 | 1 | 4 |
| 1) Lindsey Bernardy SR | 2) Ellie Logelin JR | | | | |
| 3) Andreiana Aurelius JR | 4) Jalisa Mathews SR | | | | |
| 6 Bethel (Minn.) 'B' | | 4:22.00 | 4:28.78 | 1 | |
| 1) Anna Decker SO | 2) Ruby Gernandt SO | | | | |
| 3) Anna Cargill FR | 4) Evie Hage SO | | | | |
| 7 Crown 'A' | | | 4:35.49 | 1 | 3 |
| 1) Ellie Schanbacher FR | 2) Abby Pausch SR | | | | |
| 3) Anna Anderson Sanchez JR | 4) Ruth Brueckner FR | | | | |
| 8 Bethel (Minn.) 'C' | | 4:30.00 | 4:40.05 | 1 | |
| 1) Larissa Minshull SO | 2) Anna Hay FR | | | | |
| 3) Kaye Rysdahl SO | 4) Hailey Scholten FR | | | | |

Women High Jump

| Facility: F 1.69m 2012 | | Dani Larson, St. Olaf | | | |
|---|------|---------------------------------------|-------|--------|------------|
| Facility: F 1.69m 2012 | | Chelsea Klemetson, Concordia-Moorhead | | | |
| Meet: M 1.60m 2022 | | AnnaGrace Nelson, Bethel | | | |
| Name | Year | School | Seed | Finals | Points |
| 1 Glasha Hovey | | FR Bethel (Minn.) | | 1.54m | 5-00.50 10 |
| 1.24 1.29 1.34 1.39 1.44 1.49 1.54 1.59 | | | | | |
| PPP PPP O PPO O O O XXX | | | | | |
| 2 Ally Rakow | | SO Gustavus Adolphus | 1.56m | 1.54m | 5-00.50 8 |
| 1.24 1.29 1.34 1.39 1.44 1.49 1.54 1.59 | | | | | |
| PPP PPP PPP PPP PPP O XXO XXX | | | | | |
| 3 Claire Nichols | | SR St. Catherine (M) | 1.48m | 1.44m | 4-08.75 6 |
| 1.24 1.29 1.34 1.39 1.44 1.49 | | | | | |
| PPP O O XO O XXX | | | | | |

Vanessa Seljeskog Classic - 1/21/2023
Macalester College
Results - All

....Women High Jump

| | | | | | | |
|----|-------------------------------|----------------------|-------|-------|---------|------|
| 4 | Sarah Beth Hobby | JR Macalester | 1.43m | 1.44m | 4-08.75 | 5 |
| | 1.24 1.29 1.34 1.39 1.44 1.49 | | | | | |
| | PPP PPP PPP O XXO XXX | | | | | |
| 5 | Hannah Moe | FR Bethel (Minn.) | | 1.39m | 4-06.75 | 4 |
| | 1.24 1.29 1.34 1.39 1.44 | | | | | |
| | PPP O O O XXX | | | | | |
| 6 | Hailey Scholten | FR Bethel (Minn.) | | 1.39m | 4-06.75 | 3 |
| | 1.24 1.29 1.34 1.39 1.44 | | | | | |
| | PPP XO O XXO XXX | | | | | |
| 7 | Malori Burmeister | FR Hamline | 1.35m | 1.34m | 4-04.75 | 1.50 |
| | 1.24 1.29 1.34 1.39 | | | | | |
| | PPP PPP O XXX | | | | | |
| 7 | Ruth Brueckner | FR Crown | 1.39m | 1.34m | 4-04.75 | 1.50 |
| | 1.24 1.29 1.34 1.39 | | | | | |
| | O O O XXX | | | | | |
| 9 | Lily Johnson | SO St. Olaf | 1.41m | 1.29m | 4-02.75 | |
| | 1.24 1.29 1.34 | | | | | |
| | PPP XO XXX | | | | | |
| 10 | Claire Keech | FR St. Olaf | 1.34m | 1.24m | 4-00.75 | |
| | 1.24 1.29 | | | | | |
| | XO XXX | | | | | |
| -- | Jensen Luehrs | SO Gustavus Adolphus | | | NH | |
| | 1.24 1.29 1.34 1.39 1.44 | | | | | |
| | PPP PPP PPP PPP XXX | | | | | |
| -- | Alli Joerger | SO Gustavus Adolphus | | | NH | |
| | 1.24 1.29 1.34 1.39 1.44 | | | | | |
| | PPP PPP PPP PPP XXX | | | | | |

Women Pole Vault

Facility: F 3.55m 2018 Kendall Novak, St. Thomas
 Meet: M 3.30m 2022 Jessica Lilland, Bethel
 Meet: M 3.30m 2021 Hannah Grosse, Macalester

| Name | Year | School | Seed | Finals | Points |
|-------------------|--|----------------------|-------|--------|------------|
| 1 Emily Litton | | JR Carleton | 3.06m | 2.90m | 9-06.25 10 |
| | 1.85 2.00 2.15 2.30 2.45 2.60 2.75 2.90 3.05 | | | | |
| | PPP PPP PPP PPP PPP O O O XXX | | | | |
| 2 Grace Pierson | | SR Hamline | 2.90m | 2.90m | 9-06.25 8 |
| | 1.85 2.00 2.15 2.30 2.45 2.60 2.75 2.90 3.05 | | | | |
| | PPP PPP PPP PPP PPP PPP XXO XO XXX | | | | |
| 3 Bria Luepke | | FR Hamline | 2.60m | 2.75m | 9-00.25 6 |
| | 1.85 2.00 2.15 2.30 2.45 2.60 2.75 2.90 | | | | |
| | PPP PPP PPP PPP XXO O O XXX | | | | |
| 4 Jenna Bunker | | SO Gustavus Adolphus | | 2.60m | 8-06.25 5 |
| | 1.85 2.00 2.15 2.30 2.45 2.60 2.75 | | | | |
| | PPP PPP PPP XXO O O XXX | | | | |
| 5 Lillian Selberg | | SO Gustavus Adolphus | | 2.15m | 7-00.50 3 |
| | 1.85 2.00 2.15 2.30 | | | | |
| | O O O XXX | | | | |
| 5 Roen Boyd | | FR Macalester | | 2.15m | 7-00.50 3 |
| | 1.85 2.00 2.15 2.30 | | | | |
| | O O O XXX | | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Women Pole Vault**

| | | | | | |
|----|-------------------------------|----------------------|-------|---------|-----------|
| 5 | McKenzie Gehrke | SO Gustavus Adolphus | 2.15m | 7-00.50 | 3 |
| | 1.85 2.00 2.15 2.30 | | | | |
| | 0 0 0 XXX | | | | |
| 8 | Mia Evans | FR Bethel (Minn.) | 2.15m | 2.00m | 6-06.75 1 |
| | 1.85 2.00 2.15 | | | | |
| | 0 0 XXX | | | | |
| -- | Melanie Roberts | JR St. Olaf | 3.17m | NH | |
| | 1.85 2.00 2.15 2.30 2.45 2.60 | | | | |
| | PPP PPP PPP PPP PPP XXX | | | | |
| -- | Caitlin Falkowski | SO Macalester | | NH | |
| | 1.85 | | | | |
| | XXX | | | | |

Women Long Jump

| Facility: F 5.63m 2011 | | Janey Helland, Gustavus Adolphus | | | | |
|------------------------|-------|----------------------------------|-------|--------|----------|--------|
| Meet: M 5.18m 2015 | | Callie Jones, Augsburg | | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Megan Geraets | SO | Gustavus Adolphus | 5.21m | 5.35mM | 17-06.75 | 2 10 |
| | 5.35m | FOUL | 5.06m | 5.05m | 5.11m | |
| 2 Jen Valley | SR | Hamline | 5.33m | 5.31mM | 17-05.25 | 2 8 |
| | 5.30m | 5.31m | 5.06m | 4.75m | 5.18m | PASS |
| 3 Lauren Dimler | FR | Gustavus Adolphus | 4.86m | 5.05m | 16-07.00 | 2 6 |
| | 4.89m | 5.05m | 4.93m | 4.95m | 4.99m | 4.86m |
| 4 Madi Kes | SO | Gustavus Adolphus | 5.06m | 5.02m | 16-05.75 | 2 5 |
| | 4.74m | 4.89m | 5.02m | 4.37m | 4.87m | FOUL |
| 5 Reilee Schepper | SR | St. Catherine (M | 5.05m | 4.91m | 16-01.50 | 2 4 |
| | FOUL | 4.91m | FOUL | FOUL | FOUL | FOUL |
| 6 Sarrah Lindner | FR | Gustavus Adolphus | 4.91m | 4.90m | 16-01.00 | 2 3 |
| | 4.82m | 4.73m | 4.85m | 4.77m | 4.87m | 4.90m |
| 7 Claire Nichols | SR | St. Catherine (M | 5.05m | 4.81m | 15-09.50 | 2 2 |
| | FOUL | 4.79m | 4.69m | 4.81m | 4.57m | FOUL |
| 8 Maren Sundberg | FR | Gustavus Adolphus | 4.86m | 4.81m | 15-09.50 | 2 1 |
| | 4.78m | 4.81m | 4.67m | 4.67m | 4.53m | 4.64m |
| 9 Glasha Hovey | FR | Bethel (Minn.) | 4.50m | 4.80m | 15-09.00 | 1 |
| | 4.80m | 4.71m | PASS | 4.63m | 4.74m | 4.59m |
| 10 Sara Gregor | SR | Macalester | 4.95m | 4.72m | 15-06.00 | 2 |
| | 4.62m | 4.65m | 4.72m | | | |
| 11 Riki Poore | JR | St. Olaf | 4.73m | 4.60m | 15-01.25 | 1 |
| | 4.48m | 4.60m | 4.54m | | | |
| 12 Ellie Logelin | JR | Hamline | 4.75m | 4.57m | 15-00.00 | 2 |
| | 4.57m | FOUL | 4.17m | | | |
| 13 Bryana Leverentz | SR | St. Catherine (M | 4.63m | 4.44m | 14-07.00 | 1 |
| | 4.08m | 4.44m | 4.20m | | | |
| 14 Jane Sikes | SO | St. Olaf | 4.43m | 4.33m | 14-02.50 | 1 |
| | 4.18m | 4.33m | 4.29m | | | |
| 15 Eva McClelland | FR | Gustavus Adolphus | 4.40m | 4.31m | 14-01.75 | 1 |
| | 4.21m | 4.31m | 4.31m | | | |
| 16 Burnices Barlue | SO | St. Catherine (M | 4.48m | 4.24m | 13-11.00 | 1 |
| | 4.11m | 4.14m | 4.24m | | | |
| 17 Katie Petersen | SO | Gustavus Adolphus | 4.59m | 4.23m | 13-10.50 | 1 |
| | 3.81m | 3.89m | 4.23m | | | |
| 18 Emelia Laryea | FR | Gustavus Adolphus | 4.63m | 4.02m | 13-02.25 | 1 |
| | 3.84m | 4.02m | 3.92m | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Women Long Jump**

| | | | | | | |
|----|-------------------|----|-------------------|-------|----------|---|
| 19 | Alli Joerger | SO | Gustavus Adolphus | 3.96m | 13-00.00 | 1 |
| | 3.81m 3.95m 3.96m | | | | | |
| 20 | Summer Kaeppe | FR | Gustavus Adolphus | 3.94m | 12-11.25 | 1 |
| | 3.92m 3.74m 3.94m | | | | | |
| 21 | Malori Burmeister | FR | Hamline | 3.37m | 11-00.75 | 1 |
| | FOUL 3.37m FOUL | | | | | |

Women Triple Jump

| Facility: F 11.74m 2018 | | Becca Dup, St. Mary's | | | | | |
|-------------------------|-------------------------|-----------------------------|----------------------|--------|---------|----------|----|
| Meet: M 11.19m 2022 | | Madi Kes, Gustavus Adolphus | | | | | |
| Name | Year | School | Seed | Finals | | Points | |
| 1 | Madi Kes | SO | Gustavus Adolphus | 11.33m | 11.70mM | 38-04.75 | 10 |
| | 11.13m 11.06m 11.35m | | 11.70m 11.47m 11.36m | | | | |
| 2 | Journey Amundson | SR | Macalester | 11.57m | 11.63mM | 38-02.00 | 8 |
| | FOUL FOUL 11.63m 11.40m | | 11.33m 11.57m | | | | |
| 3 | Ellie Hernes | FR | Bethel (Minn.) | 10.85m | 11.24mM | 36-10.50 | 6 |
| | FOUL 11.15m FOUL 10.98m | | 11.24m PASS | | | | |
| 4 | Annika Muller | SR | St. Olaf | 11.40m | 11.21mM | 36-09.50 | 5 |
| | 10.76m 11.00m 10.46m | | 10.60m FOUL 11.21m | | | | |
| 5 | Jen Valley | SR | Hamline | | 10.60m | 34-09.50 | 4 |
| | 9.45m 10.60m FOUL PASS | | PASS PASS | | | | |
| 6 | Reilee Schepper | SR | St. Catherine (M | 11.12m | 10.35m | 33-11.50 | 3 |
| | FOUL FOUL 10.27m 10.35m | | PASS FOUL | | | | |
| 7 | Sarrah Lindner | FR | Gustavus Adolphus | 10.13m | 10.30m | 33-09.50 | 2 |
| | 9.90m 10.15m 10.02m | | 9.94m 10.19m 10.30m | | | | |
| 8 | Bryana Leverentz | SR | St. Catherine (M | 10.36m | 10.00m | 32-09.75 | 1 |
| | 9.58m 10.00m FOUL FOUL | | 9.79m 10.00m | | | | |
| 9 | Eva McClelland | FR | Gustavus Adolphus | 9.56m | 9.79m | 32-01.50 | |
| | FOUL 9.74m 9.32m 9.52m | | 9.79m PASS | | | | |
| 10 | Lauren Cappelmann | FR | Macalester | | 9.47m | 31-01.00 | |
| | 9.40m 9.47m FOUL | | | | | | |
| -- | Emelia Laryea | FR | Gustavus Adolphus | 9.20m | FOUL | | |
| | FOUL FOUL FOUL | | | | | | |
| -- | Jaeden Sims | FR | Macalester | | FOUL | | |
| | FOUL FOUL FOUL | | | | | | |

Women Shot Put

| Facility: F 14.56m 2019 | | Erica Oawster, UW-Eau Claire | | | | | |
|-------------------------|---------------------------|-------------------------------|----------------------|--------|---------|----------|--------|
| Meet: M 13.49m 2022 | | Annika Poe, Gustavus Adolphus | | | | | |
| Name | Year | School | Seed | Finals | | H# | Points |
| 1 | Annika Poe | SO | Gustavus Adolphus | 13.80m | 14.05mM | 46-01.25 | 2 10 |
| | 13.85m 13.56m 13.68m | | 14.05m 13.24m 13.42m | | | | |
| 2 | Emma Roethler | SO | Bethel (Minn.) | 13.00m | 13.37m | 43-10.50 | 2 8 |
| | 12.40m 13.32m 13.07m | | 13.07m 13.10m 13.37m | | | | |
| 3 | Nora Wilhelm | FR | Bethel (Minn.) | | 12.12m | 39-09.25 | 1 6 |
| | 10.91m 12.12m 11.45m | | 11.09m 11.13m 11.82m | | | | |
| 4 | Aleah Keske | JR | St. Olaf | 13.05m | 12.01m | 39-05.00 | 2 5 |
| | FOUL 11.12m 11.27m 11.78m | | 12.01m 11.67m | | | | |
| 5 | Lakesha Carter | FR | Gustavus Adolphus | 11.45m | 11.72m | 38-05.50 | 2 4 |
| | 10.64m 11.37m 11.72m | | 11.13m 11.61m 10.88m | | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Women Shot Put**

| | | | | | | | |
|----|----------------------|----------------------|--------|--------|----------|---|---|
| 6 | Kelley Brennan | FR Gustavus Adolphus | 11.35m | 11.38m | 37-04.00 | 2 | 3 |
| | 10.85m 11.38m 11.06m | 11.08m 11.01m 11.32m | | | | | |
| 7 | Grace Banse | FR Gustavus Adolphus | 10.50m | 11.06m | 36-03.50 | 2 | 2 |
| | 10.69m 11.06m 10.56m | 10.70m 10.38m 10.83m | | | | | |
| 8 | Chando Horvath | JR St. Catherine (M) | 10.86m | 11.04m | 36-02.75 | 2 | 1 |
| | 10.29m 10.70m 10.73m | 11.04m 10.54m 10.70m | | | | | |
| 9 | Emma Johnson | SO St. Olaf | 11.00m | 11.02m | 36-02.00 | 2 | |
| | 11.02m 10.20m 10.56m | 10.78m 10.85m 10.92m | | | | | |
| 10 | Daniyah Hughes | FR Gustavus Adolphus | 9.25m | 9.92m | 32-06.50 | 1 | |
| | 9.92m 9.59m 9.81m | | | | | | |
| 11 | Abby Althoff | SO St. Catherine (M) | 9.60m | 9.12m | 29-11.25 | 1 | |
| | 8.09m 8.81m 9.12m | | | | | | |
| 12 | Claire Keech | FR St. Olaf | 9.75m | 9.03m | 29-07.50 | 1 | |
| | 7.86m 8.90m 9.03m | | | | | | |
| 12 | Lydia Wehrspann | SR St. Catherine (M) | 9.97m | 9.03m | 29-07.50 | 1 | |
| | 8.28m 8.90m 9.03m | | | | | | |
| 14 | Anna Speratos | FR Bethel (Minn.) | | 8.02m | 26-03.75 | 1 | |
| | 8.02m 7.66m 8.02m | | | | | | |
| 15 | Lily Johnson | SO St. Olaf | 7.81m | 7.67m | 25-02.00 | 1 | |
| | 7.64m 7.67m 7.45m | | | | | | |
| 16 | Ella Boelter | FR Bethel (Minn.) | | 7.32m | 24-00.25 | 1 | |
| | 6.74m 7.19m 7.32m | | | | | | |
| 17 | Grace Kordus | FR St. Catherine (M) | 6.49m | 7.06m | 23-02.00 | 1 | |
| | 6.99m 6.35m 7.06m | | | | | | |
| -- | Peyton Irsfeld | JR St. Olaf | 10.24m | DNS | | 2 | |

Women Weight Throw

Facility: F 17.58m 2012

Brenna Coyle, Hamline

Meet: M 14.42m 2016

Kali Juusisto, Augsburg

| Name | Year | School | Seed | Finals | Points |
|---------------------|---------------------------|----------------------|--------|---------|-------------|
| 1 Molly Lukenbill | | JR Bethel (Minn.) | 13.00m | 15.49mM | 50-10.00 10 |
| | 14.98m 13.73m FOUL | 15.20m 15.49m FOUL | | | |
| 2 Chando Horvath | | JR St. Catherine (M) | 13.43m | 14.10m | 46-03.25 8 |
| | 14.10m 13.26m 12.57m | 14.03m FOUL FOUL | | | |
| 3 Neenah Bosman | | SO Carleton | 14.42m | 14.01m | 45-11.75 6 |
| | FOUL FOUL 13.05m 13.45m | 14.01m 13.64m | | | |
| 4 Emma Roethler | | SO Bethel (Minn.) | 12.50m | 13.49m | 44-03.25 5 |
| | FOUL FOUL 12.64m 11.76m | 13.49m 13.07m | | | |
| 5 Lexi Ellinghuysen | | JR Bethel (Minn.) | 13.00m | 13.22m | 43-04.50 4 |
| | 13.22m FOUL 11.98m FOUL | 12.51m FOUL | | | |
| 6 Emma Johnson | | SO St. Olaf | 12.53m | 12.63m | 41-05.25 3 |
| | 12.20m FOUL 12.63m | | | | |
| 7 Nora Wilhelm | | FR Bethel (Minn.) | | 12.60m | 41-04.25 2 |
| | 10.95m 11.39m 12.03m | 12.37m 12.33m 12.60m | | | |
| 8 Peyton Irsfeld | | JR St. Olaf | 13.12m | 12.36m | 40-06.75 1 |
| | FOUL 11.97m 12.00m 11.75m | 12.36m 11.53m | | | |
| 9 Kelley Brennan | | FR Gustavus Adolphus | 10.86m | 11.97m | 39-03.25 |
| | FOUL FOUL 11.05m 10.67m | 11.90m 11.97m | | | |
| 10 Aleah Keske | | JR St. Olaf | 12.16m | 10.53m | 34-06.75 |
| | 10.53m FOUL 10.48m | | | | |
| 11 Anna Speratos | | FR Bethel (Minn.) | | 10.42m | 34-02.25 |
| | 8.81m 10.30m 10.42m | | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Women Weight Throw**

| | | | | |
|--------------------|----------------------|--------|-------|----------|
| 12 Abby Althoff | SO St. Catherine (M) | 11.45m | 9.87m | 32-04.75 |
| 9.83m 9.69m 9.87m | | | | |
| 13 Aries Mendez | FR St. Olaf | 10.74m | 9.49m | 31-01.75 |
| 8.96m 9.49m FOUL | | | | |
| 14 Ella Boelter | FR Bethel (Minn.) | | 9.21m | 30-02.75 |
| 8.34m FOUL 9.21m | | | | |
| -- Lydia Wehrspann | SR St. Catherine (M) | 10.52m | DNS | |

Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Facility: F 6.81 2018 Emmanuel Egbujor, Ausburg
 Meet: M 6.94 2017 Undre Smith-Brewer, Augsburg
 Meet: M 6.94 2018 Emmanuel Egbujor, Augsburg

| Name | Year School | Seed | Prelims | H# |
|------------------------|----------------------|------|---------|---------|
| Preliminaries | | | | |
| 1 Landen Liu | FR Bethel (Minn.) | 7.10 | M 6.88Q | 5 |
| 2 Arlo Heitler | SO Macalester | | 7.07Q | 2 |
| 3 Varney Conneh | SR Augsburg | 7.15 | 7.16Q | 4 |
| 4 Cameron McConnell | SO Bethel (Minn.) | 7.18 | 7.17Q | 3 |
| 5 Matthew Skelly | SO Gustavus Adolphus | 7.22 | 7.27Q | 1 |
| 6 Malek Folston | SR Crown | 7.65 | 7.21q | 5 |
| 7 Albert Smith | SR Bethel (Minn.) | 7.36 | 7.25q | 5 |
| 8 Godsword Simon | SO Bethel (Minn.) | 7.52 | 7.28q | 2 |
| 9 Abe Schegel | SR Bethel (Minn.) | 7.41 | 7.30 | 4 |
| 10 Nathan Le | SO Gustavus Adolphus | 7.20 | 7.31 | 2 7.304 |
| 11 Dylan Arnold | SO St. Olaf | 7.23 | 7.31 | 1 7.306 |
| 12 Reece Thomas | SO Hamline | 7.32 | 7.34 | 3 |
| 13 Levi Korum | SO Bethel (Minn.) | 7.50 | 7.36 | 3 |
| 14 Devin McNearny | SO St. Olaf | 7.35 | 7.37 | 4 |
| 15 Sylvain Zong-Naba | SO Macalester | | 7.39 | 3 |
| 16 Ryan Swecker | JR Crown | 7.27 | 7.42 | 2 |
| 17 Riley Hodin | SO Macalester | 7.54 | 7.43 | 1 |
| 18 Miles Townsend | FR St. Olaf | 7.36 | 7.47 | 5 |
| 19 Jacob Kogut | SO Macalester | 7.59 | 7.48 | 2 |
| 20 Ozzie Robinson | FR Hamline | | 7.50 | 2 |
| 21 Carlos Gaye | SO Hamline | 7.59 | 7.57 | 3 |
| 22 Teris Watson | FR Hamline | 7.82 | 7.67 | 1 |
| 23 Max Thomas | FR St. Olaf | 7.77 | 7.70 | 2 |
| 24 Michael Broad | SO Gustavus Adolphus | 7.60 | 7.72 | 5 |
| 25 Gael Ramirez | SO Bethel (Minn.) | | 7.74 | 4 |
| 26 Eric Pfenning-Wendt | FR Hamline | 7.65 | 7.76 | 4 |
| 27 Hugh Shanno | SO Carleton | 7.59 | 7.77 | 4 |
| 28 Samuel Gardeen | SO Bethel (Minn.) | 7.65 | 7.80 | 3 |
| 29 TJ Somsacksy | FR Hamline | 7.90 | 7.87 | 1 |
| 30 Success Famuyide | FR Augsburg | 8.05 | 7.89 | 3 |
| 31 John Diaz | SO Gustavus Adolphus | | 8.02 | 5 |
| 32 Luke Daenzer | FR Bethel (Minn.) | | 8.07 | 3 |
| 33 Evan Laumb | FR Crown | 7.93 | 8.08 | 2 |
| 34 Colten Pausch | SR Crown | 8.18 | 8.37 | 4 |
| -- Kpeweh Smith | SR Augsburg | | DNS | 1 |
| -- Daniel Garcia | FR Augsburg | 8.23 | DNS | 5 |
| -- Danny Bies | SO Gustavus Adolphus | 7.55 | DNS | 1 |
| -- Connor McCormick | FR Gustavus Adolphus | | DNS | 1 |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Men 60 Meter Dash**

Facility: F 6.81 2018 Emmanuel Egbujor, Ausburg
 Meet: M 6.94 2017 Undre Smith-Brewer, Augsburg
 Meet: M 6.94 2018 Emmanuel Egbujor, Augsburg

| Name | Year | School | Prelims | Finals | Points |
|---------------------|------|-------------------|---------|--------|--------|
| Finals | | | | | |
| 1 Landen Liu | FR | Bethel (Minn.) | 6.88 | 6.80F | 10 |
| 2 Varney Conneh | SR | Augsburg | 7.16 | 7.04 | 8 |
| 3 Arlo Heitler | SO | Macalester | 7.07 | 7.05 | 6 |
| 4 Cameron McConnell | SO | Bethel (Minn.) | 7.17 | 7.18 | 5 |
| 5 Matthew Skelly | SO | Gustavus Adolphus | 7.27 | 7.20 | 4 |
| 6 Albert Smith | SR | Bethel (Minn.) | 7.25 | 7.24 | 3 |
| 7 Malek Folston | SR | Crown | 7.21 | 7.31 | 2 |
| 8 Godsword Simon | SO | Bethel (Minn.) | 7.28 | 7.47 | 1 |

Men 200 Meter Dash

Facility: F 22.18 2018 Emmanuel Egbujor, Ausburg
 Meet: M 22.16 2018 Karl Olsen, Bethel

| Name | Year | School | Seed | Finals | H# | Points |
|------------------------|------|-------------------|-------|--------|----|--------|
| 1 Jacob Parent | SO | Bethel (Minn.) | 22.51 | 22.10M | 11 | 10 |
| 2 Wyatt Quiring | SR | Gustavus Adolphus | 22.60 | 22.58 | 11 | 8 |
| 3 Arlo Heitler | SO | Macalester | 22.70 | 22.80 | 11 | 6 |
| 4 Grant Nelson | FR | Bethel (Minn.) | 22.90 | 22.87 | 11 | 5 |
| 5 Josh Thomsen | SO | Hamline | 23.20 | 23.24 | 10 | 4 |
| 6 Varney Conneh | SR | Augsburg | 23.75 | 23.39 | 9 | 3 |
| 7 Henry Fisher | SO | St. Olaf | 23.10 | 23.71 | 10 | 2 |
| 8 Jacob Kogut | SO | Macalester | 23.85 | 23.75 | 8 | 1 |
| 9 Alec Braun | SO | Bethel (Minn.) | 23.65 | 23.77 | 9 | |
| 10 David Couper | SO | Hamline | 23.80 | 23.91 | 8 | |
| 11 Seth Zeitchick | JR | Gustavus Adolphus | 23.10 | 23.92 | 10 | |
| 12 Jeff Wang | SO | Macalester | 23.77 | 23.93 | 9 | |
| 13 Collin Asplin | FR | Bethel (Minn.) | 24.75 | 23.94 | 5 | |
| 14 Tony Haack | FR | Bethel (Minn.) | 23.65 | 23.96 | 9 | |
| 15 Ryan Kinnucan | SR | Macalester | 24.09 | 24.09 | 7 | |
| 16 Henry Schonebaum | FR | Macalester | 24.15 | 24.21 | 7 | 24.205 |
| 17 Matthew Skelly | SO | Gustavus Adolphus | 23.90 | 24.21 | 8 | 24.207 |
| 18 Reece Thomas | SO | Hamline | 24.43 | 24.31 | 6 | |
| 19 Ryan Swecker | JR | Crown | 22.98 | 24.63 | 10 | |
| 20 Eric Pfenning-Wendt | FR | Hamline | 24.20 | 24.65 | 7 | |
| 21 Michael Broad | SO | Gustavus Adolphus | 24.11 | 24.88 | 7 | |
| 22 Carlos Gaye | SO | Hamline | 25.00 | 24.96 | 4 | |
| 23 Sylvain Zong-Naba | SO | Macalester | 25.25 | 24.98 | 4 | |
| 24 Cole Matetich | SO | Gustavus Adolphus | 24.25 | 25.32 | 6 | |
| 25 Oliver Engstrom | FR | Hamline | | 25.36 | 2 | |
| 26 Ozzie Robinson | FR | Hamline | | 25.49 | 2 | |
| 27 Trajen Clayton | FR | Augsburg | 26.27 | 25.64 | 3 | |
| 28 Hamza Mahamud | FR | Macalester | 24.00 | 25.66 | 8 | |
| 29 Aki Wada | FR | Macalester | 24.65 | 25.67 | 5 | |
| 30 Success Famuyide | FR | Augsburg | 26.18 | 25.70 | 3 | |
| 31 Calvin Moeller | SO | Gustavus Adolphus | 24.75 | 25.78 | 5 | |
| 32 John Diaz | SO | Gustavus Adolphus | | 25.82 | 1 | |
| 33 Luke Daenzer | FR | Bethel (Minn.) | 25.50 | 26.10 | 4 | |
| 34 Nick Suchomel | SO | Macalester | 25.61 | 26.17 | 4 | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****...Men 200 Meter Dash**

| | | | | | | |
|----|------------------|----|------------|-------|-------|---|
| 35 | Sam Ridders | SO | St. Olaf | 26.18 | 26.41 | 3 |
| 36 | TJ Somsacksy | FR | Hamline | | 26.48 | 1 |
| 37 | Evan Laumb | FR | Crown | 26.56 | 27.32 | 2 |
| -- | Daniel Garcia | FR | Augsburg | 27.04 | DNS | 2 |
| -- | Kevin Wang | FR | Macalester | 24.30 | DNS | 6 |
| -- | Henrik Lange | FR | St. Olaf | 25.81 | DNS | 3 |
| -- | Teris Watson | FR | Hamline | | DNS | 1 |
| -- | Kpeweh Smith | SR | Augsburg | | DNS | 1 |
| -- | Reese Anderson | FR | Carleton | 24.50 | SCR | |
| -- | Theo Demetriades | FR | Carleton | 24.70 | SCR | |

Men 400 Meter Dash

Facility: F 48.82 2018 Karl Olsen, Bethel

Meet: M 51.42 2021 Arlo Heitler, Macalester

| Name | Year | School | Seed | Finals | H# | Points |
|------|--------------------|--------|-------------------|--------|---------|--------|
| 1 | Wyatt Quiring | SR | Gustavus Adolphus | 50.50 | 50.57M | 4 10 |
| 2 | Getinat Asfaw | JR | Augsburg | 53.95 | 53.00 | 3 8 |
| 3 | Seth Zeitchick | JR | Gustavus Adolphus | 51.60 | 53.51 | 4 6 |
| 4 | Agro Gushwa | SO | Gustavus Adolphus | 53.00 | 54.03 | 4 5 |
| 5 | Peter Oviguiian | JR | Gustavus Adolphus | 53.70 | 54.12 | 3 4 |
| 6 | Fritz Landherr | SR | Augsburg | 53.95 | 54.16 | 3 3 |
| 7 | Ben Gilbert-Binder | FR | St. Olaf | 55.41 | 54.48 | 2 2 |
| 8 | Raul Ortiz | SO | Hamline | | 54.85 | 1 1 |
| 9 | Yahya Bashir | SO | Gustavus Adolphus | 54.25 | 54.86 | 2 |
| 10 | Trajen Clayton | FR | Augsburg | 57.37 | 55.03 | 1 |
| 11 | Grant Baker | SO | Gustavus Adolphus | 56.00 | 56.05 | 2 |
| 12 | Noah Stageberg | SO | Gustavus Adolphus | 56.00 | 56.46 | 2 |
| 13 | Carter Kienholz | SO | Hamline | | 1:00.96 | 2 |
| -- | Tyler Gunderson | SO | St. Olaf | 53.53 | DNS | 3 |
| -- | Caleb Kuske | FR | Crown | | DNS | 1 |
| -- | Seth E. Johnson | SO | Crown | 57.96 | DNS | 1 |
| -- | Malek Folston | SR | Crown | 57.00 | DNS | 1 |
| -- | Reese Anderson | FR | Carleton | 53.10 | SCR | |

Men 600 Meter Run

Facility: F 1:20.29 2012 Mike Hutton, St. Thomas

Meet: M 1:22.26 2017 Carl Klamm, Bethel

| Name | Year | School | Seed | Finals | H# | Points |
|------|----------------|--------|----------------|---------|----------|--------|
| 1 | Joel Smith | SR | Bethel (Minn.) | 1:23.25 | 1:20.64M | 3 10 |
| 2 | Nathan Smith | SO | Bethel (Minn.) | 1:27.00 | 1:25.38 | 3 8 |
| 3 | Tad Stewart | JR | Bethel (Minn.) | 1:31.00 | 1:27.43 | 2 6 |
| 4 | Clark Nelson | SO | Bethel (Minn.) | 1:31.00 | 1:27.80 | 2 5 |
| 5 | Kalid Ali | SO | Macalester | 1:27.87 | 1:28.77 | 3 4 |
| 6 | Liam Kennedy | JR | Carleton | 1:30.00 | 1:29.36 | 2 3 |
| 7 | Lachlan Witt | SR | Macalester | 1:28.00 | 1:30.22 | 3 2 |
| 8 | Ian Mortensen | JR | Carleton | 1:30.00 | 1:30.26 | 2 1 |
| 9 | Thomas Malecha | FR | Macalester | 1:28.56 | 1:30.52 | 3 |
| 10 | Mason Bosley | SR | Macalester | 1:28.56 | 1:30.63 | 2 |
| 11 | Austin Otier | SO | Bethel (Minn.) | 1:33.00 | 1:33.02 | 1 |
| 12 | Cameron Regan | SR | Hamline | | 1:51.85 | 1 |
| 13 | Nejib Muhumed | FR | Hamline | | 1:55.77 | 1 |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Men 800 Meter Run**

| Facility: F 1:52.69 2012 | | Mike Hutton, St. Thomas | | | | |
|--------------------------|------|-------------------------------------|---------|---------|----|--------|
| Meet: M 1:55.62 2017 | | Kyle Fredrickson, Gustavus Adolphus | | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Zach Martin | FR | St. Olaf | 2:01.84 | 2:01.44 | 2 | 10 |
| 2 Alex Bittner | FR | St. Olaf | 2:02.78 | 2:02.56 | 2 | 8 |
| 3 Alistair Pattison | JR | Carleton | 2:02.00 | 2:02.85 | 2 | 6 |
| 4 Jose Gonzalez-Ramirez | JR | St. Olaf | 2:03.30 | 2:03.09 | 2 | 5 |
| 5 Mark Rud | FR | Gustavus Adolphus | 2:03.00 | 2:04.16 | 2 | 4 |
| 6 Sean Hartney | SO | St. Olaf | 2:05.45 | 2:06.58 | 1 | 3 |
| 7 Korrigan Diercks | SO | Gustavus Adolphus | 2:04.00 | 2:07.47 | 2 | 2 |
| 8 Jay Lebakken | FR | Macalester | 2:04.00 | 2:07.57 | 2 | 1 |
| 9 Austin Carlson | SO | Crown | 2:06.33 | 2:07.96 | 1 | |
| 10 Bereket Wondimu | JR | Augsburg | 2:04.50 | 2:10.42 | 2 | |
| 11 Aric Brodie | SR | Hamline | 2:08.00 | 2:11.21 | 1 | |
| 12 Sam Marble | JR | Gustavus Adolphus | 2:06.80 | 2:11.62 | 1 | |
| 13 Lucas LiaBraaten | FR | Hamline | 2:10.00 | 2:12.93 | 1 | |
| 14 Joseph Kubly | FR | Augsburg | | 2:15.14 | 1 | |
| 15 Colin Morefield | SR | Macalester | | 2:16.97 | 1 | |

Men 1000 Meter Run

| Facility: F 2:29.60 2012 | | Matt Schafer, Bethel | | | | |
|--------------------------|------|-----------------------|---------|----------|----|--------|
| Meet: M 2:35.86 2017 | | Connor Haugen, Bethel | | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Indy Lyness | FR | Carleton | 2:39.50 | 2:35.09M | 2 | 10 |
| 2 Getinat Asfaw | JR | Augsburg | 2:35.00 | 2:36.45 | 2 | 8 |
| 3 Tucker Wallin | JR | Gustavus Adolphus | 2:38.00 | 2:36.51 | 2 | 6 |
| 4 Jeremy Fong | SR | Carleton | 2:39.00 | 2:36.86 | 2 | 5 |
| 5 Josh Meier | SO | Carleton | 2:39.00 | 2:36.90 | 2 | 4 |
| 6 Sakariya Hussien | SR | Augsburg | 2:35.00 | 2:41.63 | 2 | 3 |
| 7 Eli Doran | FR | St. Olaf | 2:43.75 | 2:43.17 | 2 | 2 |
| 8 Carson Roehl | SO | Gustavus Adolphus | 2:46.00 | 2:43.94 | 1 | 1 |
| 9 Luke Peterson | SO | Bethel (Minn.) | 2:45.00 | 2:43.97 | 1 | |
| 10 Gabe Estrada | SO | St. Olaf | 2:43.75 | 2:44.62 | 2 | |
| 11 Emerson Lange | FR | Carleton | 2:45.44 | 2:45.11 | 1 | |
| 12 Marcus Hansen | JR | Gustavus Adolphus | 2:44.59 | 2:47.12 | 1 | |
| 13 Owen Chamberlin | FR | St. Olaf | 2:46.00 | 2:49.63 | 1 | |
| 14 Daniel Hage | SR | Bethel (Minn.) | 2:52.00 | 2:50.27 | 1 | |
| 15 Trevor Wellman | SO | Bethel (Minn.) | 3:02.00 | 3:05.89 | 1 | |
| -- Brett Hanley | SO | Carleton | 2:48.40 | DNS | 1 | |

Men 1 Mile Run

| Facility: F 4:11.95 2012 | | Ben Sathre, St. Thomas | | | | |
|--------------------------|------|-----------------------------|---------|----------|----|--------|
| Meet: M 4:29.06 2015 | | Joe Giamberdino, Macalester | | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Gabe Nichols | FR | Carleton | 4:28.00 | 4:17.56M | 3 | 10 |
| 2 Olaf Coffey | SO | St. Olaf | 4:27.77 | 4:23.09M | 3 | 8 |
| 3 Anders Cote | SO | St. Olaf | 4:31.71 | 4:23.82M | 3 | 6 |
| 4 Mohammed Bati | FR | Augsburg | 4:25.00 | 4:24.13M | 3 | 5 |
| 5 Tyler Smith | SO | Gustavus Adolphus | 4:35.00 | 4:25.94M | 3 | 4 |
| 6 Kevin Turlington | FR | St. Olaf | 4:32.00 | 4:27.66M | 3 | 3 |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Men 1 Mile Run**

| | | | | | | |
|----|------------------------|----------------------|---------|----------|---|---|
| 7 | Julian Munoz | JR St. Olaf | 4:28.05 | 4:28.14M | 3 | 2 |
| 8 | Chris Melville | JR Carleton | 4:34.00 | 4:29.66 | 3 | 1 |
| 9 | Jackson Marsh | SO St. Olaf | 4:35.00 | 4:33.44 | 3 | |
| 10 | Carson Roehl | SO Gustavus Adolphus | 4:43.00 | 4:34.91 | 2 | |
| 11 | Grant Graber | SO Bethel (Minn.) | 4:40.00 | 4:35.16 | 2 | |
| 12 | Markus Rupnow | SO Gustavus Adolphus | 4:45.00 | 4:36.21 | 2 | |
| 13 | Henry Bowman | SR Carleton | 4:33.00 | 4:36.26 | 3 | |
| 14 | Waylon Kurts | FR St. Olaf | 4:35.00 | 4:37.74 | 3 | |
| 15 | Aric Brodie | SR Hamline | 4:40.00 | 4:38.11 | 2 | |
| 16 | Ben Aoki-Sherwood | SR Carleton | 4:40.00 | 4:39.37 | 2 | |
| 17 | Jordan Galloway | FR Macalester | 4:37.00 | 4:40.23 | 2 | |
| 18 | Gabe Kuecker | SO Bethel (Minn.) | 4:45.00 | 4:43.55 | 2 | |
| 19 | Mateo Useche | JR Macalester | 4:35.00 | 4:43.72 | 3 | |
| 20 | Lucas LiaBraaten | FR Hamline | 4:50.00 | 4:44.46 | 1 | |
| 21 | Cole Peske | SR Macalester | 4:37.00 | 4:45.10 | 2 | |
| 22 | Angelo Fiataruolo | FR St. Olaf | 4:50.00 | 4:45.11 | 1 | |
| 23 | Aidan St George | JR Bethel (Minn.) | 4:40.00 | 4:45.82 | 2 | |
| 24 | Aidan Appel | SO Macalester | 4:47.00 | 4:47.14 | 2 | |
| 25 | Brock Adams | SO Macalester | 4:39.00 | 4:47.73 | 2 | |
| 26 | Ben Mazor | SO Carleton | 4:50.00 | 4:48.28 | 1 | |
| 27 | Gael Manzur Strandlund | FR St. Olaf | 4:55.00 | 4:48.44 | 1 | |
| 28 | Henry Nelson | FR Augsburg | 4:48.34 | 4:50.39 | 2 | |
| 29 | Ben Chao | SR Carleton | 4:50.00 | 4:50.86 | 1 | |
| 30 | Hogan Smith | FR Gustavus Adolphus | | 4:54.72 | 1 | |
| 31 | David Price | SO Bethel (Minn.) | 5:20.00 | 5:10.14 | 1 | |
| 32 | Josh Hagen | FR Crown | | 5:13.64 | 1 | |
| 33 | Ike Hatlevig | SO Macalester | 5:09.00 | 5:16.32 | 1 | |
| 34 | Aaron Puent | SR Augsburg | 5:05.38 | 5:25.06 | 1 | |
| 35 | Sam Brenner | FR Gustavus Adolphus | | 5:26.41 | 1 | |
| -- | Jack Meiners | FR Gustavus Adolphus | | DNS | 1 | |

Men 3000 Meter Run

Facility: F 8:29.52 2012 Ben Sathre, St. Thomas
 Meet: M 8:53.34 2019 Andy Barnhart, Bethel

| Name | Year | School | Seed | Finals | H# | Points |
|------|-------------------|----------------------|---------|----------|----|--------|
| 1 | Roy Llewellyn | FR Carleton | 9:02.94 | 8:39.85M | 2 | 10 |
| 2 | Tor Olsson | SO Macalester | 9:06.00 | 8:42.46M | 2 | 8 |
| 3 | Ben Crotteau | SO Macalester | 9:03.00 | 8:43.39M | 2 | 6 |
| 4 | Elijah Jones | SR Carleton | 9:02.93 | 8:45.00M | 2 | 5 |
| 5 | Mohammed Bati | FR Augsburg | 8:56.14 | 8:48.36M | 2 | 4 |
| 6 | Nick Ihrke | SO Macalester | 9:00.00 | 8:50.69M | 2 | 3 |
| 7 | Reece McKee | SO Macalester | 9:04.50 | 8:58.97 | 2 | 2 |
| 8 | Jake Wielgos | SO Gustavus Adolphus | 9:05.00 | 9:01.79 | 2 | 1 |
| 9 | Logan McCullough | SO Gustavus Adolphus | 9:05.00 | 9:07.61 | 2 | |
| 10 | Henry Hinchcliffe | SO Gustavus Adolphus | 9:05.00 | 9:11.38 | 2 | |
| 11 | Derk Lyford | JR St. Olaf | 9:00.00 | 9:12.19 | 2 | |
| 12 | Reese Thompson | SO Bethel (Minn.) | 9:15.00 | 9:12.85 | 2 | |
| 13 | Trevor LaVigne | SO Gustavus Adolphus | 9:05.00 | 9:14.61 | 2 | |
| 14 | Tyler Edwards | FR Macalester | 9:23.00 | 9:24.92 | 2 | |
| 15 | Ryan Bernstein | FR Carleton | 9:45.00 | 9:25.98 | 1 | |
| 16 | Jonah Kalsnes | SO Gustavus Adolphus | 9:30.00 | 9:29.96 | 1 | |
| 17 | Soren Sackreiter | FR Gustavus Adolphus | | 9:34.17 | 1 | |
| 18 | Jonathan Pattie | FR St. Olaf | 9:35.00 | 9:41.26 | 1 | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Men 3000 Meter Run**

| | | | | | | |
|----|-------------------|----|-------------------|----------|----------|---|
| 19 | Habetamu Abide | FR | Bethel (Minn.) | 9:45.00 | 9:44.63 | 1 |
| 20 | Andrew Jamison | FR | Carleton | 10:00.00 | 9:44.79 | 1 |
| 21 | Jack McFetridge | FR | St. Olaf | 9:30.00 | 9:47.11 | 1 |
| 22 | Will Janzen | FR | Gustavus Adolphus | | 9:53.52 | 1 |
| 23 | Jonah Johnson | SO | Gustavus Adolphus | | 9:56.75 | 1 |
| 24 | Mauricio Vite | SO | St. Olaf | 9:30.00 | 9:58.62 | 1 |
| 25 | Evan Dallas | FR | Bethel (Minn.) | 11:25.00 | 10:46.78 | 1 |
| 26 | Kedran St. George | FR | Bethel (Minn.) | 11:25.00 | 10:52.57 | 1 |
| 27 | Pollei Ali | FR | Augsburg | 11:09.08 | 11:01.37 | 1 |
| -- | Alex Fendig | JR | Macalester | 9:24.00 | DNS | 2 |

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Facility: F 8.15 2018 Taylor Rooney, Gustavus Adolphus

Meet: M 8.23 2019 Taylor Rooney, Gustavus Adolphus

Name Year School Seed Prelims H#

Preliminaries

| | | | | | | |
|----|-----------------------|----|-------------------|-------|---------|----------|
| 1 | Jayson Ekiyor | SO | Bethel (Minn.) | 8.23 | M 8.18Q | 2 |
| 2 | Josh Thomsen | SO | Hamline | 8.40 | 8.25Q | 1 8.244 |
| 3 | Lucas Kramarczuk | JR | St. Olaf | 8.22 | 8.30Q | 3 |
| 4 | Josh Sampson | JR | Bethel (Minn.) | 8.27 | 8.25q | 1 8.250 |
| 5 | David Myres | JR | Bethel (Minn.) | 8.42 | 8.59q | 2 |
| 6 | Micah Smith | SR | Bethel (Minn.) | 9.40 | 9.18q | 2 |
| 7 | Josh Lee | SO | Bethel (Minn.) | 9.20 | 9.20q | 3 |
| 8 | Connor McCormick | FR | Gustavus Adolphus | | 9.35q | 1 |
| 9 | Cole Matetich | SO | Gustavus Adolphus | | 9.36 | 1 |
| 10 | Hamza Mahamud | FR | Macalester | | 9.37 | 2 |
| 11 | Jackson Bassett | SO | St. Olaf | 9.57 | 9.69 | 1 |
| 12 | Aki Wada | FR | Macalester | | 9.75 | 2 |
| 13 | Andrew Cogley | SO | St. Olaf | 10.09 | 9.80 | 1 |
| 14 | Will Skemp | FR | St. Olaf | | 9.82 | 3 |
| 15 | Aaron Elseth | FR | Bethel (Minn.) | | 10.02 | 3 10.018 |
| 15 | Sebastian Stefanowicz | FR | Macalester | | 10.02 | 2 10.018 |
| 17 | Layton Borst | SO | St. Olaf | 9.31 | 10.19 | 3 |
| 18 | Grant Baker | SO | Gustavus Adolphus | | 10.41 | 3 |
| 19 | Nick Suchomel | SO | Macalester | 10.14 | 10.62 | 2 |
| -- | Calvin Moeller | SO | Gustavus Adolphus | | DNS | 3 |

Men 60 Meter Hurdles

Facility: F 8.15 2018 Taylor Rooney, Gustavus Adolphus

Meet: M 8.23 2019 Taylor Rooney, Gustavus Adolphus

Name Year School Prelims Finals Points

Finals

| | | | | | | |
|---|------------------|----|-------------------|------|-------|---------|
| 1 | Jayson Ekiyor | SO | Bethel (Minn.) | 8.18 | 8.14F | 10 |
| 2 | Josh Thomsen | SO | Hamline | 8.25 | 8.17M | 8 8.162 |
| 3 | Josh Sampson | JR | Bethel (Minn.) | 8.25 | 8.17M | 6 8.165 |
| 4 | Lucas Kramarczuk | JR | St. Olaf | 8.30 | 8.24 | 5 |
| 5 | David Myres | JR | Bethel (Minn.) | 8.59 | 8.59 | 4 |
| 6 | Micah Smith | SR | Bethel (Minn.) | 9.18 | 9.08 | 3 |
| 7 | Josh Lee | SO | Bethel (Minn.) | 9.20 | 9.23 | 2 |
| 8 | Connor McCormick | FR | Gustavus Adolphus | 9.35 | 9.55 | 1 |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Men 4x200 Meter Relay**

| Facility: F 1:29.00 2018 | | Bethel, Bethel | | | |
|--------------------------|--|---------------------------------------|---------|----|----------|
| Meet: M 1:31.54 2021 | | Gustavus Adolphus, Gustavus Adolphus | | | |
| | | I Subah, S Zeitchick, N Le, W Quiring | | | |
| School | | Seed | Finals | H# | Points |
| 1 Bethel (Minn.) 'A' | | 1:35.00 | 1:33.32 | 2 | 10 |
| 1) Levi Korum SO | | | | | |
| 3) Tony Haack FR | | | | | |
| 2 St. Olaf 'A' | | 1:35.00 | 1:33.74 | 2 | 8 |
| 1) Henry Fisher SO | | | | | |
| 3) Tyler Gunderson SO | | | | | |
| 3 Gustavus Adolphus 'A' | | 1:34.00 | 1:33.92 | 2 | 6 |
| 1) Seth Zeitchick JR | | | | | |
| 3) Danny Bies SO | | | | | |
| 4 Augsburg 'A' | | 1:35.79 | 1:37.88 | 2 | 5 |
| 1) Trajen Clayton FR | | | | | |
| 3) Fritz Landherr SR | | | | | |
| 5 St. Olaf 'B' | | 1:40.00 | 1:40.13 | 1 | |
| 1) Eh Ler Moo FR | | | | | |
| 3) Jackson Bassett SO | | | | | |
| 6 Gustavus Adolphus 'B' | | 1:40.00 | 1:40.65 | 1 | 1:40.645 |
| 1) Matthew Skelly SO | | | | | |
| 3) Calvin Moeller SO | | | | | |
| 7 Gustavus Adolphus 'C' | | 1:41.00 | 1:40.65 | 1 | 1:40.646 |
| 1) Cole Matetich SO | | | | | |
| 3) Grant Baker SO | | | | | |
| 8 Hamline 'A' | | | 1:41.68 | 1 | 4 |
| 1) Reece Thomas SO | | | | | |
| 3) Carter Kienholz SO | | | | | |

Men 4x400 Meter Relay

| Facility: F 3:21.45 2009 | | Bethel, Bethel | | | |
|-----------------------------|--|--|----------|----|--------|
| Meet: M 3:25.86 2018 | | Bethel, Bethel | | | |
| | | D Wahlstedt, K Olsen, B Loverude, S Monroe | | | |
| School | | Seed | Finals | H# | Points |
| 1 Bethel (Minn.) 'A' | | 3:23.00 | 3:23.12M | 4 | 10 |
| 1) David Myres JR | | | | | |
| 3) Joel Smith SR | | | | | |
| 2 Carleton 'A' | | 3:33.00 | 3:34.09 | 4 | 8 |
| 1) Alistair Pattison JR | | | | | |
| 3) Josh Meier SO | | | | | |
| 3 St. Olaf 'A' | | 3:37.00 | 3:36.02 | 3 | 6 |
| 1) Alex Bittner FR | | | | | |
| 3) Jackson Marsh SO | | | | | |
| 4 Bethel (Minn.) 'C' | | 3:33.00 | 3:36.45 | 3 | |
| 1) Micah Smith SR | | | | | |
| 3) Tad Stewart JR | | | | | |
| 5 St. Olaf 'B' | | 3:42.00 | 3:40.22 | 2 | |
| 1) Jose Gonzalez-Ramirez JR | | | | | |
| 3) Julian Munoz JR | | | | | |
| 6 Macalester 'A' | | 3:31.00 | 3:40.27 | 4 | 5 |
| 1) Jeff Wang SO | | | | | |
| 3) Lachlan Witt SR | | | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Men 4x400 Meter Relay**

| | | | | | |
|----|---------------------------|---------|---------|---|---|
| 7 | Bethel (Minn.) 'B' | 3:33.00 | 3:40.49 | 3 | |
| | 1) Gabe Kuecker SO | | | | |
| | 2) Grant Graber SO | | | | |
| | 3) Luke Peterson SO | | | | |
| | 4) Clark Nelson SO | | | | |
| 8 | Gustavus Adolphus 'A' | 3:29.00 | 3:40.83 | 4 | 4 |
| | 1) Peter Oviguiian JR | | | | |
| | 2) Agro Gushwa SO | | | | |
| | 3) Tucker Wallin JR | | | | |
| | 4) Yahya Bashir SO | | | | |
| 9 | Hamline 'A' | 3:38.00 | 3:41.44 | 2 | 3 |
| | 1) Josh Thomsen SO | | | | |
| | 2) Eric Pfenning-Wendt FR | | | | |
| | 3) Raul Ortiz SO | | | | |
| | 4) David Couper SO | | | | |
| 10 | Gustavus Adolphus 'B' | 3:37.00 | 3:44.38 | 3 | |
| | 1) Korrigan Diercks SO | | | | |
| | 2) Marcus Hansen JR | | | | |
| | 3) Mark Rud FR | | | | |
| | 4) Noah Stageberg SO | | | | |
| 11 | St. Olaf 'D' | 3:50.00 | 3:45.67 | 1 | |
| | 1) Owen Chamberlin FR | | | | |
| | 2) Waylon Kurts FR | | | | |
| | 3) Anders Cote SO | | | | |
| | 4) Kevin Turlington FR | | | | |
| 12 | St. Olaf 'C' | 3:50.00 | 3:47.40 | 1 | |
| | 1) Angelo Fiataruolo FR | | | | |
| | 2) Eli Doran FR | | | | |
| | 3) Andrew Cogley SO | | | | |
| | 4) Layton Borst SO | | | | |
| 13 | Crown 'A' | 3:46.38 | 3:49.32 | 2 | 2 |
| | 1) Seth E. Johnson SO | | | | |
| | 2) Austin Carlson SO | | | | |
| | 3) Caleb Kuske FR | | | | |
| | 4) Malek Folston SR | | | | |
| 14 | Carleton 'B' | 3:50.00 | 3:49.92 | 1 | |
| | 1) Gabe Nichols FR | | | | |
| | 2) Ben Mazor SO | | | | |
| | 3) Emerson Lange FR | | | | |
| | 4) Ben Chao SR | | | | |

Men High Jump

Facility: F 2.10m 2010

Jay Quick, Bethel

Meet: M 2.02m 2016

Logan Hovie, Macalester

| Name | Year | School | Seed | Finals | Points |
|---|------|-------------------|-------|--------|--------------|
| 1 Cole Matetich | SO | Gustavus Adolphus | 1.91m | 1.90m | 6-02.75 10 |
| 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 | | | | | |
| O O PPP PPP O O O XXX | | | | | |
| 2 Danny Bies | SO | Gustavus Adolphus | 1.90m | 1.90m | 6-02.75 8 |
| 1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 | | | | | |
| PPP O PPP O O XXO XO XXX | | | | | |
| 3 Michael Braun | SO | Hamline | 1.92m | 1.85m | 6-00.75 5.50 |
| 1.60 1.65 1.70 1.75 1.80 1.85 1.90 | | | | | |
| PPP PPP PPP PPP O XXO XXX | | | | | |
| 3 Simon Swenson | FR | Bethel (Minn.) | | 1.85m | 6-00.75 5.50 |
| 1.60 1.65 1.70 1.75 1.80 1.85 1.90 | | | | | |
| PPP O O O O XXO XXX | | | | | |
| 5 Alec Braun | SO | Bethel (Minn.) | 1.88m | 1.80m | 5-10.75 4 |
| 1.60 1.65 1.70 1.75 1.80 1.85 | | | | | |
| PPP O O O O XXX | | | | | |
| 6 Iain Lee | FR | Hamline | 1.67m | 1.75m | 5-08.75 3 |
| 1.60 1.65 1.70 1.75 1.80 | | | | | |
| PPP PPP PPP XXO XXX | | | | | |
| 7 Ian Mortensen | JR | Carleton | 1.67m | 1.70m | 5-07.00 2 |
| 1.60 1.65 1.70 1.75 | | | | | |
| O XO O XXX | | | | | |
| 8 Micah Smith | SR | Bethel (Minn.) | | 1.60m | 5-03.00 1 |
| 1.60 1.65 | | | | | |
| O XXX | | | | | |

Vanessa Seljeskog Classic - 1/21/2023

Macalester College

Results - All

....Men High Jump

9 Logan Sullivan SO Gustavus Adolphus 1.71m 1.60m 5-03.00
 1.60 1.65
 XO XXX

Men Pole Vault

Facility: F 5.00m 2012 Josh Owens, Gustavus Adolphus
 Meet: M 4.35m 2017 Derek Huntley, Gustavus Adolphus

| Name | Year | School | Seed | Finals | Points |
|---------------------|------|-------------------|--|--------|---------------|
| 1 Samuel Gardeen | SO | Bethel (Minn.) | 4.19m | 4.25m | 13-11.25 10 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 4.40 | | |
| | | | PPP PPP PPP PPP PPP PPP PPP PPP O O O O XXX | | |
| 2 Dylan Arnold | SO | St. Olaf | 4.60m | 4.10m | 13-05.25 8 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 | | |
| | | | PPP PPP PPP PPP PPP PPP PPP PPP PPP O XO XXX | | |
| 3 Layton Borst | SO | St. Olaf | 4.16m | 4.10m | 13-05.25 6 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.10 4.25 | | |
| | | | PPP PPP PPP PPP PPP PPP PPP XO O XXO XXO XXX | | |
| 4 Oliver Engstrom | FR | Hamline | 3.65m | 3.80m | 12-05.50 5 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 3.95 | | |
| | | | PPP PPP PPP PPP PPP PPP O PPP O XXX | | |
| 5 Joe Ream | FR | Gustavus Adolphus | | 3.65m | 11-11.75 4 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 3.80 | | |
| | | | PPP PPP PPP PPP PPP O XO O XXX | | |
| 6 Tim Adams | SO | Carleton | 3.65m | 3.50m | 11-05.75 3 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 3.50 3.65 | | |
| | | | PPP PPP PPP PPP PPP O O XXX | | |
| 7 Forest Menter | FR | St. Olaf | 3.20m | 3.20m | 10-06.00 1.50 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 | | |
| | | | PPP PPP PPP O O XXX | | |
| 7 Logan Marzinske | SO | Gustavus Adolphus | 3.55m | 3.20m | 10-06.00 1.50 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 | | |
| | | | PPP PPP PPP O O XXX | | |
| 9 Andrew Cogley | SO | St. Olaf | 2.90m | 3.20m | 10-06.00 |
| | | | 2.60 2.75 2.90 3.05 3.20 3.35 | | |
| | | | PPP O O XO O XXX | | |
| 10 Connor McCormick | FR | Gustavus Adolphus | | 2.90m | 9-06.25 |
| | | | 2.60 2.75 2.90 3.05 | | |
| | | | O XO O XXX | | |
| 11 Trevor Wellman | SO | Bethel (Minn.) | 3.05m | 2.75m | 9-00.25 |
| | | | 2.60 2.75 2.90 | | |
| | | | PPP O XXX | | |
| -- Demetri Lord | SO | St. Olaf | 3.50m | NH | |
| | | | 2.60 2.75 2.90 3.05 | | |
| | | | PPP PPP PPP XXX | | |
| -- Gael Ramirez | SO | Bethel (Minn.) | 3.53m | NH | |
| | | | 2.60 2.75 2.90 3.05 | | |
| | | | PPP PPP PPP XXX | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****Men Long Jump**

| Facility: F 6.94m 2018 | | Connor White, St. Thomas | | | | |
|------------------------|-------|--------------------------|-------|--------|----------|--------|
| Meet: M 6.70m 2019 | | J.J. Arimi, Macalester | | | | |
| Name | Year | School | Seed | Finals | H# | Points |
| 1 Grant Nelson | FR | Bethel (Minn.) | 6.65m | 6.49m | 21-03.50 | 2 10 |
| 6.49m 5.78m 6.01m | FOUL | 5.78m | FOUL | | | |
| 2 Josh Charlton | SO | St. Olaf | 6.53m | 6.26m | 20-06.50 | 2 8 |
| 6.19m 6.26m 6.26m | 6.10m | 6.10m | FOUL | | | |
| 3 Eh Ler Moo | FR | St. Olaf | 6.31m | 6.12m | 20-01.00 | 2 6 |
| 6.12m 5.98m | FOUL | 6.03m | 4.76m | FOUL | | |
| 4 Simon Swenson | FR | Bethel (Minn.) | 6.10m | 6.11m | 20-00.50 | 2 5 |
| 6.11m 5.91m 6.08m | 5.97m | 5.67m | 5.97m | | | |
| 5 Teris Watson | FR | Hamline | 5.73m | 5.96m | 19-06.75 | 1 4 |
| 5.61m 5.51m | FOUL | 5.80m | 5.96m | 5.86m | | |
| 6 Steven Petkau | JR | Crown | 6.14m | 5.94m | 19-06.00 | 2 3 |
| 5.88m 5.94m 5.71m | 5.62m | 5.52m | FOUL | | | |
| 7 Demetri Lord | SO | St. Olaf | 6.46m | 5.92m | 19-05.25 | 2 2 |
| 5.92m 5.89m 5.76m | 5.79m | 5.82m | FOUL | | | |
| 8 Andrew Cogley | SO | St. Olaf | 6.06m | 5.90m | 19-04.25 | 2 1 |
| 5.78m 5.78m 5.85m | 5.90m | FOUL | 5.86m | | | |
| 9 Will Skemp | FR | St. Olaf | 5.77m | 5.49m | 18-00.25 | 2 |
| 5.28m 5.49m 5.14m | | | | | | |
| 10 Iain Lee | FR | Hamline | 5.60m | 5.44m | 17-10.25 | 1 |
| 5.44m | FOUL | 5.34m | | | | |
| 11 Nathan Le | SO | Gustavus Adolphus | 6.05m | 5.42m | 17-09.50 | 2 |
| 5.12m 5.15m 5.42m | FOUL | 5.39m | 5.14m | | | |
| 12 Carter Kienholz | SO | Hamline | | 5.28m | 17-04.00 | 1 |
| 5.16m 5.11m 5.28m | | | | | | |
| 13 Jaden Quast | FR | Bethel (Minn.) | 5.65m | 5.23m | 17-02.00 | 1 |
| 5.23m | FOUL | 4.96m | | | | |
| 14 Layton Borst | SO | St. Olaf | 5.54m | 5.16m | 16-11.25 | 1 |
| 5.16m 5.01m 4.87m | | | | | | |
| 15 Trevor Wellman | SO | Bethel (Minn.) | 5.39m | 5.05m | 16-07.00 | 1 |
| 4.85m 5.05m | FOUL | | | | | |
| 16 Sam Ridders | SO | St. Olaf | 5.64m | 5.02m | 16-05.75 | 1 |
| 4.95m 4.82m 5.02m | | | | | | |
| 17 TJ Somsacksy | FR | Hamline | 5.21m | 4.51m | 14-09.75 | 1 |
| 4.51m | FOUL | 4.36m | | | | |
| -- Kevin Wang | FR | Macalester | | FOUL | | 1 |
| FOUL | FOUL | FOUL | | | | |

Men Triple Jump

| Facility: F 15.01m 2012 | | Eyo Ekpo, St. Thomas | | | |
|-------------------------|--------|---------------------------------------|--------|---------|-------------|
| Meet: M 12.86m 2019 | | Alexander DuMoulin, Gustavus Adolphus | | | |
| Name | Year | School | Seed | Finals | Points |
| 1 Lucas Kramarczuk | JR | St. Olaf | 13.85m | 13.97mM | 45-10.00 10 |
| 13.34m 13.49m | FOUL | 13.61m | FOUL | 13.97m | |
| 2 Riley Hodin | SO | Macalester | 13.20m | 12.86mM | 42-02.25 8 |
| FOUL 12.40m 12.62m | 12.61m | FOUL | 12.86m | | |
| 3 Michael Braun | SO | Hamline | | 12.85m | 42-02.00 6 |
| FOUL 12.85m | FOUL | 12.71m | FOUL | FOUL | |
| 4 Steven Petkau | JR | Crown | 13.15m | 12.66m | 41-06.50 5 |
| 12.41m 12.66m 12.37m | 12.56m | 12.34m | 12.34m | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Men Triple Jump**

| | | | | | | | |
|---|---|----|----------------|--------|--------|----------|---|
| 5 | Sean Souksavath | JR | St. Olaf | 13.22m | 12.49m | 40-11.75 | 4 |
| | 11.78m 11.63m FOUL 12.10m 12.49m 12.12m | | | | | | |
| 6 | Sebastian Stefanowicz | FR | Macalester | | 12.02m | 39-05.25 | 3 |
| | 12.02m 11.74m 11.30m 11.29m FOUL FOUL | | | | | | |
| 7 | Jaden Quast | FR | Bethel (Minn.) | 11.00m | 11.58m | 38-00.00 | 2 |
| | 11.46m 11.58m 11.58m FOUL FOUL FOUL | | | | | | |

Men Shot Put

| Facility: F 17.07m 2018 | | Michael Hensch, Gustavus Adolphus | | | | | |
|-------------------------|---|-----------------------------------|-------------------|--------|--------|----------|------|
| Meet: M 16.06m 2018 | | Michael Hensch, Gustavus Adolphus | | | | | |
| Name | Year | School | Seed | Finals | H# | Points | |
| 1 | Cade Feist | SO | St. Olaf | 15.02m | 14.73m | 48-04.00 | 2 10 |
| | 13.42m 14.06m 14.39m FOUL 13.92m 14.73m | | | | | | |
| 2 | Evan Larsen | SO | Bethel (Minn.) | 13.50m | 13.89m | 45-07.00 | 2 8 |
| | 13.45m 13.19m 13.59m 13.89m FOUL 13.56m | | | | | | |
| 3 | Adam Hokanson | FR | Bethel (Minn.) | | 13.75m | 45-01.50 | 1 6 |
| | 13.64m 13.06m 13.11m 13.50m FOUL 13.75m | | | | | | |
| 4 | Arnauld Dedry | SR | St. Olaf | 12.28m | 12.33m | 40-05.50 | 2 5 |
| | 11.50m 12.33m 11.05m 12.31m 11.00m 11.39m | | | | | | |
| 5 | Trevor Wellman | SO | Bethel (Minn.) | 11.50m | 11.57m | 37-11.50 | 2 4 |
| | 11.53m 11.50m 11.33m 11.57m 11.21m 11.26m | | | | | | |
| 6 | Ian Mortensen | JR | Carleton | 11.42m | 11.46m | 37-07.25 | 2 3 |
| | 10.99m 10.86m 10.56m 11.46m PASS FOUL | | | | | | |
| 7 | Max Menache | SO | Macalester | 12.23m | 11.31m | 37-01.25 | 2 2 |
| | FOUL FOUL 11.19m FOUL 10.99m 11.31m | | | | | | |
| 8 | Abe Schegel | SR | Bethel (Minn.) | 10.95m | 10.87m | 35-08.00 | 2 1 |
| | 10.87m FOUL 10.19m 10.71m 9.77m 10.11m | | | | | | |
| 9 | Ryan Edelman | FR | St. Olaf | 10.57m | 10.75m | 35-03.25 | 2 |
| | 10.46m 9.81m FOUL 10.75m 10.30m FOUL | | | | | | |
| 10 | Aiden Yang | SO | Macalester | | 10.13m | 33-03.00 | 1 |
| | 8.99m 9.67m 10.13m | | | | | | |
| 11 | Aaron Elseth | FR | Bethel (Minn.) | | 8.52m | 27-11.50 | 1 |
| | 8.52m 7.78m 6.43m | | | | | | |
| 12 | Gael Ramirez | SO | Bethel (Minn.) | | 8.37m | 27-05.50 | 1 |
| | 7.99m 8.37m 8.37m | | | | | | |
| 13 | Connor McCormick | FR | Gustavus Adolphus | | 7.59m | 24-11.00 | 1 |
| | 7.59m PASS PASS | | | | | | |
| 14 | Alazar Hailu | SO | Macalester | | 7.33m | 24-00.75 | 1 |
| | FOUL 7.33m 6.63m | | | | | | |
| 15 | Dylan Delaske | SO | Bethel (Minn.) | 8.73m | 7.30m | 23-11.50 | 1 |
| | 7.15m 7.30m 6.88m | | | | | | |
| -- | Galen McGlynn | FR | St. Olaf | 8.54m | DNS | | 1 |
| -- | Austin Mills | FR | Macalester | | DNS | | 1 |

Men Weight Throw

| Facility: F 18.67m 2019 | | Eric Dols, Hamline | | | | | |
|-------------------------|-------------------------------------|-----------------------------------|-------------------|--------|--------|----------|----|
| Meet: M 17.65m 2019 | | Michael Hensch, Gustavus Adolphus | | | | | |
| Name | Year | School | Seed | Finals | Points | | |
| 1 | Joshua Beiswanger | JR | Gustavus Adolphus | 15.85m | 15.84m | 51-11.75 | 10 |
| | 12.56m 15.84m 15.25m FOUL FOUL FOUL | | | | | | |

Vanessa Seljeskog Classic - 1/21/2023**Macalester College****Results - All****....Men Weight Throw**

| | | | | | | |
|----|---------------|----------------------|-------------|--------|----------|---|
| 2 | Max Menache | SO Macalester | 13.33m | 14.06m | 46-01.50 | 8 |
| | FOUL 13.39m | FOUL 12.94m | FOUL 14.06m | | | |
| 3 | Victor Wright | SR Macalester | 12.50m | 13.69m | 44-11.00 | 6 |
| | 13.69m 13.61m | FOUL FOUL | FOUL FOUL | | | |
| 4 | Evan Larsen | SO Bethel (Minn.) | 13.50m | 13.27m | 43-06.50 | 5 |
| | 11.45m 13.11m | 11.37m | FOUL FOUL | 13.27m | | |
| 5 | Zach Stordahl | SO Gustavus Adolphus | 13.50m | 13.07m | 42-10.75 | 4 |
| | 12.11m 12.60m | 12.48m | FOUL 12.60m | 13.07m | | |
| 6 | Ryan Edelman | FR St. Olaf | 12.85m | 12.95m | 42-06.00 | 3 |
| | 12.55m 12.95m | 12.37m | FOUL FOUL | FOUL | | |
| 7 | Arnauld Dedry | SR St. Olaf | 12.19m | 12.57m | 41-03.00 | 2 |
| | 11.78m 10.86m | FOUL FOUL | 12.57m | 12.10m | | |
| 8 | Adam Hokanson | FR Bethel (Minn.) | | 12.50m | 41-00.25 | 1 |
| | 10.77m | FOUL 12.12m | 11.18m | 12.50m | FOUL | |
| 9 | Cade Feist | SO St. Olaf | 13.50m | 11.84m | 38-10.25 | |
| | FOUL 11.84m | FOUL FOUL | FOUL 11.76m | | | |
| 10 | Galen McGlynn | FR St. Olaf | 11.70m | 11.38m | 37-04.00 | |
| | 11.03m 11.38m | 10.78m | | | | |
| -- | Austin Mills | FR Macalester | | DNS | | |

 Women - Team Rankings - 17 Events Scored

| | | | |
|--------------------------|-------|----------------------|-----|
| 1) Bethel (Minn.) | 138 | 2) Gustavus Adolphus | 122 |
| 3) Carleton | 117 | 4) St. Olaf | 105 |
| 5) Hamline | 64.50 | 6) Macalester | 32 |
| 7) St. Catherine (Minn.) | 31 | 8) Augsburg | 30 |
| 9) Crown | 10.50 | | |

 Men - Team Rankings - 17 Events Scored

| | | | |
|----------------------|--------|---------------|--------|
| 1) Bethel (Minn.) | 170.50 | 2) St. Olaf | 136.50 |
| 3) Gustavus Adolphus | 103.50 | 4) Macalester | 71 |
| 4) Carleton | 71 | 6) Augsburg | 47 |
| 7) Hamline | 43.50 | 8) Crown | 12 |