

MIAC Indoor Championships
Carleton College
Recreation Center - 2/24/2022 to 2/26/2022
Results - Friday Events

Event 1 Men 55 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Jayson Ekiyor	FR Bethel	7.65	7.69Q	1
2 Lucas Kramarczuk	SO St. Olaf	7.79	7.91Q	3
3 David Myres	FR Bethel	7.84	7.97Q	2
4 Demetri Lord	FR St. Olaf	7.91	7.93q	1
5 Josh Thomsen	FR Hamline	7.65	7.98q	2
6 Jared Stanke	SO St. Johns	8.10	8.06q	2
7 Lukas Walton	JR Bethel	8.09	8.15q	1
8 Justus White	SO St. Johns	8.22	8.20q	2
9 Zach Angstman	JR Hamline	8.34	8.28	1
10 Brandon Doe	FR Augsburg	8.11	8.40	3
11 Nick Edwards	SR St. Olaf	8.22	8.45	3
12 Logan Hennen	FR St. Johns	8.54	8.48	3
13 Matthew Nissen	FR St. Olaf	8.45	8.49	1
14 Layton Borst	FR St. Olaf	8.65	8.62	2
15 Max Lelwica	FR St. Johns	8.82	8.63	1
16 Josh Lee	FR Bethel	8.55	8.65	3
17 Jackson Bassett	FR St. Olaf	8.80	8.81	1
18 Justin Veimau	SO Macalester	8.99	9.05	2
19 Woody Rian	FR St. Olaf	9.20	9.17	3
20 Dan Magu	FR Bethel	9.26	9.53	3
21 Nick Suchomel	FR Macalester	9.42	9.81	2

Event 1 Men 55 Meter Hurdles

Name	Year School	Prelims	Finals
Finals			
1 Jayson Ekiyor	FR Bethel	7.69	7.78
2 David Myres	FR Bethel	7.97	7.81
3 Lucas Kramarczuk	SO St. Olaf	7.91	7.89
4 Josh Thomsen	FR Hamline	7.98	7.98
5 Demetri Lord	FR St. Olaf	7.93	7.99
6 Lukas Walton	JR Bethel	8.15	8.16
7 Justus White	SO St. Johns	8.20	8.19
8 Jared Stanke	SO St. Johns	8.06	8.24

Event 2 Women 55 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Kelsie Sealock	SO Bethel	8.09	8.13Q	3
2 Birgen Nelson	SO Gustavus	8.00	8.18Q	1
3 Nayeli Williams	FR Carleton	8.60	8.74Q	2
4 Rebekah Salfer	JR St. Olaf	8.75	8.71q	1
5 AnnaGrace Nelson	FR Bethel	8.67	8.78q	2
6 Danielle Miller	FR Gustavus	8.73	8.86q	3
7 Peyton Selle	SO Concordia	8.87	8.90q	3
8 McKenzie Williams	FR St. Scholastica	8.76	8.93q	1
9 Stephanie Pickthorn	SR St. Benedict	8.89	9.04	2
10 Cecelia Miller	SR Hamline	9.34	9.28	1

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11	Burnices Barlue	FR St. Catherine	9.24	9.29	1
12	Nicole Lilleberg	JR Concordia	8.92	9.40	2
13	Riki Poore	SO St. Olaf	9.20	9.41	3
14	Julianna Boyum	FR Hamline	9.55	9.55	2
15	Makenna Huetten	FR Gustavus	9.43	9.58	2
16	Emmarie Byom	FR Saint Marys	9.54	9.62	2
17	Jenna Kalevik	FR Concordia	9.95	9.78	3
18	Gabriele Hannah	FR Hamline	9.90	9.88	1
19	Hannah King	SO Bethel	9.54	10.10	3
20	Cynthia Garcia Balmaceda	SO Bethel	10.21	10.40	1
21	Alli Joerger	FR Gustavus	10.36	11.18	2
22	Ally Stackhouse	FR Bethel	9.42	11.61	3

Event 2 Women 55 Meter Hurdles

Name	Year School	Prelims	Finals
=====			
Finals			
1	Kelsie Sealock	SO Bethel	8.13 7.96
2	Birgen Nelson	SO Gustavus	8.18 8.14
3	Rebekah Salfer	JR St. Olaf	8.71 8.63
4	AnnaGrace Nelson	FR Bethel	8.78 8.69
5	Nayeli Williams	FR Carleton	8.74 8.79
6	Danielle Miller	FR Gustavus	8.86 8.93
7	Peyton Selle	SO Concordia	8.90 8.95
8	McKenzie Williams	FR St. Scholastica	8.93 9.21

Event 3 Men 5000 Meter Run

Name	Year School	Seed	Finals
=====			
1	Stephen Lavey	JR Carleton	14:38.34 14:31.30
	14:31.294 (14:31.294)		
2	Munir Isahak	SR Concordia	14:57.37 14:31.91
	14:31.905 (14:31.905)		
3	Will Kelly	FR St. Olaf	15:35.17 14:49.53
	14:49.523 (14:49.523)		
4	Henry Bowman	SO Carleton	15:09.31 14:57.03
	14:57.026 (14:57.026)		
5	Logan Bocovich	SO St. Olaf	15:02.50 14:58.00
	14:57.996 (14:57.996)		
6	Adam Nakasaka	JR Carleton	15:08.14 14:58.38
	14:58.372 (14:58.372)		
7	Andrew Skemp	FR St. Olaf	15:13.90 15:06.92
	15:06.912 (15:06.912)		
8	Chris Melville	FR Carleton	15:31.10 15:18.74
	15:18.740 (15:18.740)		
9	Arne Ellefson-Carnes	SO St. Olaf	15:34.71 15:24.00
	15:23.997 (15:23.997)		
10	Bryce Knutson	JR Gustavus	15:29.32 15:25.54
	15:25.533 (15:25.533)		
11	Lucas Schnirring	JR Gustavus	15:39.50 15:26.78
	15:26.779 (15:26.779)		

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....Event 3 Men 5000 Meter Run

12	Joe Lee	FR Concordia	15:48.11	15:28.60
	15:28.594 (15:28.594)			
13	Kevin Montresor	SO St. Olaf	15:38.82	15:29.08
	15:29.077 (15:29.077)			
14	Matt Payne	SO Gustavus	15:44.02	15:39.81
	15:39.808 (15:39.808)			
15	Anders Cote	FR St. Olaf	15:40.62	15:42.83
	15:42.827 (15:42.827)			
16	Andy Goldsmith	JR St. Johns	15:34.45	15:44.56
	15:44.553 (15:44.553)			
17	Garet Grant	JR Gustavus	15:44.18	15:48.19
	15:48.190 (15:48.190)			
18	Eamon Cavanaugh	FR St. Johns	15:51.39	15:52.36
	15:52.358 (15:52.358)			

Event 4 Women 5000 Meter Run

Name	Year School	Seed	Finals
1 Fiona Smith	SO St. Benedict	16:42.91	17:20.20
	17:20.192 (17:20.192)		
2 Sofia Carlson	FR St. Olaf	17:58.25	17:40.29
	17:40.290 (17:40.290)		
3 Alison Bode	FR St. Olaf	18:03.47	17:45.28
	17:45.278 (17:45.278)		
4 Iliana Ramon	JR Gustavus	18:33.56	17:58.55
	17:58.548 (17:58.548)		
5 Tracy Renier	SR St. Benedict	18:30.88	18:03.71
	18:03.707 (18:03.707)		
6 Mikayla Erlenborn	FR Bethel	18:20.45	18:05.27
	18:05.263 (18:05.263)		
7 Phoebe Ward	FR Carleton	18:40.26	18:11.00
	18:10.999 (18:10.999)		
8 Bridget Tetmeyer	FR St. Benedict	18:39.84	18:20.13
	18:20.121 (18:20.121)		
9 Sylvia Greene	SO Macalester	19:14.25	18:47.06
	18:47.058 (18:47.058)		
10 Josie Harms	FR Bethel	19:23.28	18:50.67
	18:50.663 (18:50.663)		
11 Emily DeMorett	JR St. Benedict	19:26.58	18:57.65
	18:57.650 (18:57.650)		
12 Raina Moorjani	FR Bethel	19:10.99	18:58.92
	18:58.918 (18:58.918)		
13 Marte Borgmann	SO Carleton	19:35.12	19:15.51
	19:15.508 (19:15.508)		
14 Laura Hardwick	FR Bethel	19:26.95	19:18.04
	19:18.037 (19:18.037)		
15 Gracia Larsen-Schmidt	FR St. Olaf	19:30.88	19:26.60
	19:26.593 (19:26.593)		
16 Amelia Landsverk	JR Concordia	19:36.38	19:28.52
	19:28.514 (19:28.514)		
17 Seneca Norvell	JR St. Olaf	20:19.37	19:46.55
	19:46.545 (19:46.545)		

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....Event 4 Women 5000 Meter Run

18 Charlotte Adams SO Hamline 20:21.16 20:06.16
 20:06.154 (20:06.154)

Event 5 Men 55 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Samuel Eben Ebai	SO	St. Scholastica	6.43	6.43Q	2
2 Kevin Arthur	SO	St. Johns	6.43	6.52Q	3
3 Ryan Miller	SR	St. Johns	6.45	6.56Q	1
4 Anthony Marsh	FR	Concordia	6.53	6.57q	1
5 Varney Conneh	JR	Augsburg	6.66	6.63q	2
6 Carson Kiehne	FR	Gustavus	6.60	6.65q	3
7 Nolan Morical	FR	Concordia	6.74	6.69q	3 6.683
8 Dylan Arnold	FR	St. Olaf	6.72	6.69q	2 6.689
9 Colin Conteh	SO	Concordia	6.66	6.73	1 6.723
10 Jack Young	JR	St. Johns	6.66	6.73	3 6.725
11 Isaiah Subah	FR	Gustavus	6.72	6.76	2
12 Nathan Le	FR	Gustavus	6.74	6.77	1 6.768
13 Sean Diedrich	FR	St. Scholastica	6.66	6.77	2 6.770
14 Matthew Skelly	FR	Gustavus	6.80	6.78	1
15 Grant Anderson	SO	Concordia	6.71	6.79	1
16 Taron Busby	SR	Augsburg	6.83	6.80	2
17 Nick Barrett	FR	Gustavus	6.81	6.82	3
18 Hillary Makori	FR	St. Johns	6.85	6.85	3
19 Dawson Schaffer	SO	Concordia	6.86	6.87	3
20 Albert Smith	JR	Bethel	6.85	6.88	1
					6.875 (6.875)
21 Matt Gish	JR	St. Johns	6.85	6.90	1
22 Tae'Vion Wilkins	FR	Hamline	6.84	6.99	2
23 David Couper	FR	Hamline	6.89	7.11	2
-- Cort Doyle	FR	Bethel	6.72	DQ	3

Event 5 Men 55 Meter Dash

Name	Year	School	Prelims	Finals
Finals				
1 Samuel Eben Ebai	SO	St. Scholastica	6.43	6.39
2 Kevin Arthur	SO	St. Johns	6.52	6.49
3 Varney Conneh	JR	Augsburg	6.63	6.66
4 Dylan Arnold	FR	St. Olaf	6.69	6.69
5 Carson Kiehne	FR	Gustavus	6.65	6.71
6 Nolan Morical	FR	Concordia	6.69	6.76
7 Anthony Marsh	FR	Concordia	6.57	7.44
8 Ryan Miller	SR	St. Johns	6.56	32.68

Event 6 Women 55 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Kate Gallagher	SO	St. Benedict	7.38	7.38Q	3

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....Event 6 Women 55 Meter Dash

2	Tiana Johnson	SO St. Benedict	7.46	7.39Q	2
3	Sarah Stellmach	FR Bethel	7.31	7.41Q	1
4	Jailyn Robinson	SO Hamline	7.37	7.42q	2
5	Kate Carlson	FR Gustavus	7.55	7.44q	2
6	Madi Genz	FR St. Catherine	7.52	7.47q	1
7	Jireh Babalola	SO Bethel	7.38	7.48q	3
8	Dacoda Speidel	SR St. Benedict	7.49	7.51q	1
9	Sydney Klausler	SR Saint Marys	7.64	7.59	3
10	Brianna Parsons	FR Augsburg	7.62	7.63	3
11	Daya Davidson	JR St. Scholastica	7.64	7.65	2
12	Carlie Heinecke	JR Concordia	7.66	7.67	1
13	Essence Boe	SO Hamline	7.71	7.72	1
14	Ellie Logelin	FR Hamline	7.74	7.77	3
15	Grace Zdechlik	SR St. Benedict	7.74	7.79	2
16	Riley Roberts	FR Carleton	7.79	7.83	2
17	Mary Wunderlich	FR Concordia	7.84	7.84	1
18	Clare Collins	JR St. Olaf	7.78	7.85	3
19	Hailey Johnson	JR St. Benedict	8.00	7.93	3 7.927
20	Penny Hunter	SO Macalester	7.88	7.93	2 7.929
21	Olivia Thomley	SO Gustavus	7.87	7.95	1
22	Katie Petersen	FR Gustavus	8.12	8.09	2
23	Mya Bishop	SO Augsburg	8.08	8.13	3
24	Liliana Olson	SO Hamline	8.12	8.15	1

Event 6 Women 55 Meter Dash

Name	Year School	Prelims	Finals
=====			
Finals			
1	Jailyn Robinson	SO Hamline	7.42 7.34
2	Kate Gallagher	SO St. Benedict	7.38 7.37
3	Sarah Stellmach	FR Bethel	7.41 7.39
4	Jireh Babalola	SO Bethel	7.48 7.40 7.393
5	Tiana Johnson	SO St. Benedict	7.39 7.40 7.398
6	Kate Carlson	FR Gustavus	7.44 7.45
7	Dacoda Speidel	SR St. Benedict	7.51 7.55
8	Madi Genz	FR St. Catherine	7.47 7.58

Event 7 Men 1 Mile Run

Name	Year School	Seed	Finals	H#
=====				
1	Calvin Boone	FR St. Scholastica	4:17.84	4:14.28 3
	32.501 (32.501)	1:04.251 (31.750)	1:36.682 (32.432)	2:09.980 (33.298)
	2:41.055 (31.075)	3:12.216 (31.161)	4:14.271 (1:02.055)	
2	Lloyd Young	SO St. Johns	4:13.79	4:15.33 3
	32.920 (32.920)	33.948 (1.028)	1:05.046 (31.098)	1:36.866 (31.821)
	2:10.175 (33.309)	2:41.207 (31.032)	3:12.086 (30.879)	4:15.326 (1:03.241)
3	Reuben Kosche	JR St. Olaf	4:18.99	4:16.10 3
	33.741 (33.741)	1:05.378 (31.638)	1:38.034 (32.656)	2:10.042 (32.008)
	2:40.886 (30.844)	3:13.848 (32.962)	4:16.092 (1:02.244)	
4	Ian Curtis	FR St. Olaf	4:16.12	4:16.67 3
	33.407 (33.407)	1:04.869 (31.462)	1:37.317 (32.449)	2:10.518 (33.201)
	2:42.153 (31.635)	3:14.319 (32.166)	4:16.664 (1:02.346)	

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....Event 7 Men 1 Mile Run

5 Tucker Wallin	SO Gustavus	4:22.92	4:17.52	3
33.848 (33.848)	1:05.568 (31.721)	1:37.732 (32.164)	2:11.020 (33.288)	
2:42.446 (31.426)	3:14.609 (32.163)	4:17.511 (1:02.902)		
6 Ben Santos	JR Carleton	4:20.38	4:17.73	3
1:04.656 (1:04.656)	1:37.469 (32.814)	2:10.576 (33.107)	2:41.833 (31.257)	
3:13.600 (31.767)	4:17.721 (1:04.121)			
7 Mitchell Grand	SO St. Johns	4:17.24	4:17.77	3
33.068 (33.068)	1:05.010 (31.942)	1:37.070 (32.061)	2:10.305 (33.235)	
2:40.749 (30.444)	3:11.262 (30.513)	4:17.765 (1:06.503)		
8 Noah Massanari	SO St. Olaf	4:23.97	4:22.43	3
1:05.711 (1:05.711)	1:38.219 (32.508)	2:11.248 (33.029)	2:42.920 (31.673)	
4:22.429 (1:39.509)				
9 Dillon Diekmann	JR St. Johns	4:27.52	4:25.17	2
1:40.356 (1:40.356)	1:40.555 (0.199)	2:14.747 (34.192)	2:47.651 (32.905)	
2:48.670 (1.019)	3:20.669 (31.999)	3:53.821 (33.152)	4:25.168 (31.348)	
10 Jonathan Laughlin	JR St. Scholastica	4:24.70	4:25.55	2
33.040 (33.040)	1:06.150 (33.110)	1:40.052 (33.902)	2:14.380 (34.328)	
2:47.963 (33.583)	3:21.040 (33.077)	3:53.395 (32.356)	4:25.546 (32.151)	
11 Nathan Neu	FR St. Scholastica	4:30.80	4:25.82	2
33.346 (33.346)	1:06.480 (33.134)	2:15.038 (1:08.559)	3:21.796 (1:06.758)	
3:54.522 (32.726)	4:25.818 (31.296)	4:25.820 (0.002)		
12 Avery Watts	SO Carleton	4:31.26	4:26.27	2
33.866 (33.866)	1:06.954 (33.088)	1:40.732 (33.779)	2:15.154 (34.422)	
2:48.321 (33.167)	3:21.420 (33.100)	3:54.085 (32.665)	4:26.261 (32.176)	
13 Jack Degonda	JR Gustavus	4:26.95	4:26.59	2
33.596 (33.596)	1:06.709 (33.113)	2:14.819 (1:08.110)	2:48.130 (33.311)	
3:20.879 (32.749)	3:53.028 (32.150)	4:26.587 (33.559)	4:26.589 (0.003)	
14 Nathan Meyer	JR St. Johns	4:29.38	4:28.15	2
34.686 (34.686)	1:07.477 (32.792)	2:15.212 (1:07.735)	2:48.731 (33.519)	
3:22.807 (34.076)	3:55.917 (33.110)	4:28.148 (32.232)	4:28.149 (0.001)	
15 Julian Munoz	SO St. Olaf	4:28.05	4:28.91	2
1:06.485 (1:06.485)	1:40.264 (33.780)	1:40.575 (0.311)	2:14.544 (33.969)	
2:47.310 (32.766)	3:20.335 (33.026)	3:53.977 (33.642)	4:28.905 (34.929)	
16 Olaf Coffey	FR St. Olaf	4:32.19	4:29.56	2
1:07.140 (1:07.140)	1:40.874 (33.734)	2:15.411 (34.538)	2:48.756 (33.345)	
3:22.429 (33.674)	3:56.140 (33.711)	4:29.558 (33.419)		
17 Trevor LaVigne	SO Gustavus	4:32.16	4:29.80	2
34.673 (34.673)	1:07.270 (32.598)	2:15.737 (1:08.467)	2:49.184 (33.447)	
3:22.132 (32.948)	3:55.493 (33.362)	4:29.792 (34.299)		
18 Henry Hinchcliffe	FR Gustavus	4:24.51	4:31.15	3
34.376 (34.376)	1:06.651 (32.275)	1:39.542 (32.891)	2:13.575 (34.033)	
2:47.571 (33.996)	4:31.145 (1:43.574)			
19 Nick Ihrke	FR Macalester	4:34.23	4:31.90	1
36.013 (36.013)	1:09.583 (33.570)	1:44.730 (35.147)	2:18.655 (33.925)	
2:53.093 (34.438)	3:26.940 (33.848)	4:00.909 (33.969)	4:31.892 (30.983)	
20 Anders Narum	JR St. Olaf	4:36.27	4:31.93	1
36.466 (36.466)	1:10.169 (33.703)	1:45.372 (35.204)	2:19.215 (33.843)	
2:52.809 (33.594)	3:25.869 (33.060)	3:58.924 (33.056)	4:31.925 (33.001)	
21 Mateo Useche	SO Macalester	4:37.48	4:33.42	1
36.368 (36.368)	1:10.222 (33.854)	2:19.041 (1:08.820)	2:53.247 (34.206)	
3:27.262 (34.016)	4:01.147 (33.885)	4:33.418 (32.271)		
22 Cole Nowacki	SO Concordia	4:38.31	4:33.86	1
35.245 (35.245)	1:09.381 (34.136)	1:44.503 (35.122)	2:18.812 (34.309)	
2:52.600 (33.789)	3:26.129 (33.529)	3:59.882 (33.754)	4:33.860 (33.978)	

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....Event 7 Men 1 Mile Run

23 Alex Fendig	SO Macalester	4:37.92	4:34.90	1
36.214 (36.214)	1:10.035 (33.821)	1:44.953 (34.918)	2:19.442 (34.490)	
2:53.359 (33.917)	3:27.976 (34.618)	4:01.524 (33.548)	4:34.899 (33.375)	
24 Reece McKee	FR Macalester	4:35.48	4:35.35	1
35.850 (35.850)	36.083 (0.233)	1:09.430 (33.347)	1:44.964 (35.534)	
2:19.316 (34.353)	2:53.592 (34.276)	3:28.039 (34.448)	4:35.348 (1:07.309)	
25 Brock Lawhead	FR St. Olaf	4:34.26	4:37.71	1
1:09.953 (1:09.953)	1:44.529 (34.576)	2:18.826 (34.297)	2:52.730 (33.905)	
3:26.428 (33.698)	4:01.249 (34.822)	4:37.707 (36.458)		
26 Jake Wielgos	FR Gustavus	4:33.94	4:39.31	1
35.706 (35.706)	1:45.152 (1:09.446)	2:19.250 (34.099)	2:53.562 (34.312)	
3:28.279 (34.717)	4:03.709 (35.430)	4:39.302 (35.593)		
27 Gabe Estrada	FR St. Olaf	4:34.73	4:42.12	1
36.664 (36.664)	1:10.358 (33.694)	1:45.510 (35.153)	2:19.917 (34.407)	
2:54.237 (34.320)	3:29.590 (35.353)	4:05.397 (35.808)	4:42.112 (36.715)	

Event 8 Women 1 Mile Run

Name	Year School	Seed	Finals	H#
1 Clara Mayfield	SO Carleton	4:53.68	4:52.70	3
35.577 (35.577)	1:10.270 (34.693)	1:46.077 (35.808)	2:22.465 (36.388)	
2:59.237 (36.772)	3:36.362 (37.125)	4:14.745 (38.383)	4:52.696 (37.952)	
2 Ellen Mickelson	SR St. Olaf	4:59.76	5:02.85	3
37.535 (37.535)	1:13.486 (35.952)	1:50.511 (37.025)	2:28.172 (37.662)	
3:06.671 (38.499)	3:45.878 (39.207)	4:24.821 (38.944)	5:02.846 (38.025)	
3 Maria Blaesing	SO Macalester	5:05.91	5:03.46	3
38.070 (38.070)	1:13.942 (35.872)	1:50.902 (36.960)	2:28.731 (37.829)	
3:07.116 (38.385)	3:46.242 (39.126)	4:25.235 (38.994)	5:03.452 (38.217)	
4 Katie Gebert	SO St. Olaf	5:14.59	5:12.14	3
39.114 (39.114)	1:17.239 (38.125)	1:57.089 (39.851)	2:36.974 (39.885)	
3:14.947 (37.973)	3:53.348 (38.402)	4:33.075 (39.727)	5:12.140 (39.065)	
5 Mary Blanchard	FR Carleton	5:16.34	5:12.78	3
39.634 (39.634)	1:17.357 (37.723)	1:18.363 (1.006)	1:58.487 (40.124)	
2:38.477 (39.990)	3:18.088 (39.612)	3:57.208 (39.120)	5:12.773 (1:15.566)	
6 Isabel Fredrickson	SR Concordia	5:23.39	5:14.19	3
39.245 (39.245)	1:17.276 (38.031)	1:17.528 (0.252)	1:57.194 (39.667)	
2:37.370 (40.176)	3:55.879 (1:18.509)	4:35.197 (39.319)	5:14.189 (38.992)	
7 Helen Cross	FR Carleton	5:16.72	5:14.41	3
38.798 (38.798)	1:17.139 (38.341)	1:17.178 (0.039)	1:56.856 (39.679)	
2:37.022 (40.166)	3:16.119 (39.098)	4:35.393 (1:19.274)	5:14.405 (39.012)	
8 Sophie Call	SO St. Olaf	5:17.31	5:17.31	3
39.008 (39.008)	1:17.241 (38.233)	1:57.039 (39.799)	2:37.326 (40.287)	
3:16.585 (39.260)	3:17.152 (0.567)	3:57.486 (40.335)	5:17.308 (1:19.822)	
9 Sam Posey	JR St. Olaf	5:20.84	5:20.71	3
38.866 (38.866)	1:17.159 (38.293)	1:56.950 (39.792)	2:37.185 (40.235)	
3:16.410 (39.226)	3:57.822 (41.412)	4:39.194 (41.372)	5:20.709 (41.515)	
10 Grace Cole	JR Bethel	5:28.47	5:25.48	2
42.179 (42.179)	1:21.792 (39.613)	2:03.166 (41.375)	2:43.730 (40.564)	
3:24.932 (41.202)	4:06.172 (41.240)	4:46.711 (40.539)	5:25.479 (38.769)	
11 Olivia Corbo	FR Carleton	5:35.79	5:27.58	2
43.467 (43.467)	2:04.236 (1:20.770)	2:45.907 (41.671)	4:08.740 (1:22.833)	
4:47.356 (38.617)	5:27.571 (40.215)			

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....Event 8 Women 1 Mile Run

12 Piper Dean	FR Carleton	5:28.83	5:29.83	2
42.990 (42.990)	1:21.984 (38.994)	2:03.465 (41.482)	2:44.084 (40.619)	
3:25.661 (41.578)	4:07.376 (41.715)	4:49.075 (41.699)	5:29.827 (40.753)	
13 Maggie Froh	SO Macalester	5:35.23	5:31.47	2
43.315 (43.315)	1:22.729 (39.414)	2:04.532 (41.803)	2:46.268 (41.736)	
3:27.428 (41.160)	4:10.403 (42.976)	4:52.691 (42.288)	5:31.461 (38.770)	
14 Erika Swanson	SO Bethel	5:34.58	5:37.57	2
42.454 (42.454)	1:21.555 (39.101)	2:02.948 (41.393)	2:44.430 (41.483)	
3:26.206 (41.776)	4:09.871 (43.665)	4:54.696 (44.826)	5:37.564 (42.868)	
15 Nell Schafer	SO Carleton	5:29.66	5:38.16	2
42.392 (42.392)	1:22.136 (39.744)	2:03.958 (41.822)	2:45.645 (41.688)	
3:27.205 (41.560)	4:10.996 (43.792)	4:55.440 (44.444)	5:38.157 (42.718)	
16 Anna Decker	FR Bethel	5:38.74	5:38.43	2
42.728 (42.728)	1:22.343 (39.615)	2:03.686 (41.344)	2:45.273 (41.587)	
3:26.791 (41.518)	3:27.109 (0.318)	4:10.095 (42.986)	5:38.426 (1:28.332)	
17 Marissa Cutlan	SO Bethel	5:41.13	5:42.20	1
44.783 (44.783)	1:26.569 (41.786)	2:08.370 (41.801)	2:51.205 (42.835)	
3:34.485 (43.281)	4:19.028 (44.543)	5:03.059 (44.031)	5:42.200 (39.141)	
18 Sophie Gossard	JR St. Olaf	5:45.03	5:43.66	1
44.996 (44.996)	45.147 (0.151)	1:26.842 (41.696)	2:08.717 (41.875)	
2:52.073 (43.357)	3:35.166 (43.093)	4:19.349 (44.183)	5:43.654 (1:24.305)	
19 Olivia Edstrom	SO St. Olaf	5:40.41	5:45.24	1
44.825 (44.825)	1:26.588 (41.763)	2:08.500 (41.912)	2:51.903 (43.404)	
3:36.801 (44.898)	4:22.461 (45.660)	5:08.064 (45.604)	5:45.234 (37.170)	
20 Julia Clark	SR St. Catherine	5:39.78	5:46.13	1
44.947 (44.947)	1:27.078 (42.131)	2:07.712 (40.634)	2:50.129 (42.417)	
3:34.778 (44.650)	4:19.070 (44.292)	5:04.081 (45.011)	5:46.122 (42.042)	
21 Lucy Lyngen	SO St. Benedict	5:45.00	5:46.57	1
45.381 (45.381)	1:27.341 (41.961)	2:09.152 (41.811)	2:52.661 (43.510)	
3:37.347 (44.686)	4:22.891 (45.545)	5:06.928 (44.037)	5:46.564 (39.636)	
22 Sydney Hagen	FR Gustavus	5:47.97	5:46.77	1
46.002 (46.002)	1:27.768 (41.766)	2:10.355 (42.588)	2:53.343 (42.988)	
3:37.573 (44.230)	4:22.953 (45.381)	5:07.664 (44.711)	5:46.765 (39.102)	
23 Zoe Plechaty	JR St. Olaf	5:46.60	5:47.58	1
45.879 (45.879)	1:27.106 (41.227)	2:09.239 (42.133)	2:52.771 (43.533)	
3:37.148 (44.377)	4:22.162 (45.014)	5:05.881 (43.719)	5:47.578 (41.697)	
24 Claire Schoenfield	FR Gustavus	5:49.87	5:48.32	1
1:27.757 (1:27.757)	2:10.437 (42.681)	2:53.585 (43.148)	3:37.594 (44.009)	
4:23.142 (45.548)	5:07.694 (44.552)	5:48.319 (40.625)		
25 Airial Johnson	FR Concordia	5:53.19	5:57.26	1
45.724 (45.724)	1:28.491 (42.767)	2:55.944 (1:27.453)	3:40.908 (44.964)	
4:27.460 (46.552)	5:13.937 (46.477)	5:57.251 (43.314)		

Event 9 Men 400 Meter Dash

Name	Year School	Seed	Finals	H#
1 Tommy Kern	FR Concordia	48.77	49.54	3
23.147 (23.147)	49.539 (26.393)			
2 Cal Wright	SR Concordia	49.03	49.72	3
23.458 (23.458)	49.716 (26.258)			
3 Jacob Parent	FR Bethel	49.95	49.82	3
23.037 (23.037)	49.811 (26.774)			

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....Event 9 Men 400 Meter Dash

4	Joel Smith	JR Bethel	49.80	50.30	3
	23.209 (23.209)	50.293 (27.084)			
5	Arlo Heitler	FR Macalester	50.77	50.36	2
	23.934 (23.934)	50.356 (26.422)			
6	Wyatt Quiring	JR Gustavus	50.47	50.60	2
	23.662 (23.662)	50.600 (26.938)			
7	Tyler Sealock	JR Bethel	51.33	51.07	2
	24.093 (24.093)	51.064 (26.971)			
8	Brady Labine	JR St. Johns	50.98	51.19	2
	24.276 (24.276)	51.188 (26.912)			
9	Omavi Collison	JR St. Johns	51.95	51.67	1
	24.874 (24.874)	51.670 (26.797)			
10	Seth Zeitchick	SO Gustavus	51.88	51.76	1
	24.764 (24.764)	51.756 (26.992)			
11	Trevor Tiongson	FR Concordia	52.97	51.92	2
	25.020 (25.020)	51.916 (26.896)			
12	Garrett Jackson	JR Saint Marys	51.64	52.32	1
	24.224 (24.224)	52.315 (28.091)			
13	Hayden Gagnon	SR Concordia	52.50	52.54	3
	24.627 (24.627)	52.538 (27.912)			
14	Jeff Wang	FR Macalester	52.18	52.99	1
	25.097 (25.097)	52.989 (27.892)			
15	Ryan Kinnucan	SR Macalester	52.48	53.08	3
	24.695 (24.695)	53.080 (28.385)			
16	Peter Oviguiian	FR Gustavus	53.46	53.28	1
	25.655 (25.655)	53.275 (27.620)			
17	Yahya Bashir	FR Gustavus	53.46	53.38	1
	25.070 (25.070)	53.371 (28.301)			
18	Dawson Schaffer	SO Concordia	53.46	54.07	2
	25.315 (25.315)	54.070 (28.755)			

Event 10 Women 400 Meter Dash

Name	Year School	Seed	Finals	H#
1 Hannah Sankey	SR Bethel	59.13	58.79	3
	27.757 (27.757)	58.781 (31.025)		
2 Megan Geraets	FR Gustavus	59.26	58.95	3
	27.814 (27.814)	58.948 (31.134)		
3 Mikayla Turek	SO Bethel	1:00.07	1:00.47	3 1:00.461
	28.014 (28.014)	1:00.461 (32.447)		
4 Britta Nordberg	SO Bethel	1:00.35	1:00.47	2 1:00.468
	28.222 (28.222)	1:00.468 (32.246)		
5 Jocelyn Ferguson	FR Carleton	1:00.29	1:00.79	3
	28.024 (28.024)	1:00.783 (32.759)		
6 Lucy Hoelscher	SO Hamline	1:01.62	1:01.43	2
	29.013 (29.013)	1:01.426 (32.413)		
7 Caroline Gearin	SO Saint Marys	1:01.40	1:01.65	2
	28.769 (28.769)	1:01.642 (32.873)		
8 Adisa Preston	FR Macalester	1:02.43	1:02.25	1
	29.553 (29.553)	1:02.243 (32.690)		
9 Makenna Brown	SO Bethel	1:02.49	1:03.10	1
	29.019 (29.019)	1:03.092 (34.074)		

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....Event 10 Women 400 Meter Dash

10	Laura Mitch	SR St. Benedict	1:03.45	1:03.59	3
	30.147 (30.147)	1:03.585 (33.438)			
11	Hailey Gregg	FR Bethel	1:03.98	1:03.86	3
	29.825 (29.825)	1:03.857 (34.033)			
12	Mirjana Ganley	SO St. Benedict	1:04.21	1:04.02	2
	29.213 (29.213)	1:04.013 (34.800)			
13	Audrey Parrott	FR Carleton	1:04.67	1:04.36	1
	31.310 (31.310)	1:04.351 (33.042)			
14	Abbie Swenson	FR Bethel	1:04.54	1:04.90	2
	29.218 (29.218)	1:04.895 (35.678)			
15	Thea Traw	FR Carleton	1:05.37	1:05.90	1
	30.450 (30.450)	1:05.892 (35.442)			
--	Ellie Sholing	SO St. Scholastica	1:01.48	DQ	2 lane violation
	28.678 (28.678)	1:00.591 (31.913)			

Event 11 Men 800 Meter Run

Name	Year	School	Seed	Finals	H#
1 Jesse Middendorf	SR	Concordia	1:53.78	1:53.23	3
	27.394 (27.394)	55.400 (28.006)	1:24.318 (28.919)	1:53.226 (28.908)	
2 Ethan Ash	FR	Carleton	1:56.62	1:56.31	3
	28.773 (28.773)	58.165 (29.392)	1:27.938 (29.774)	1:56.310 (28.372)	
3 Tommy Allen	FR	St. Johns	1:56.42	1:56.45	3
	29.167 (29.167)	58.384 (29.217)	1:28.188 (29.804)	1:56.448 (28.261)	
4 Josh Meier	FR	Carleton	1:59.32	1:57.87	3
	29.434 (29.434)	58.912 (29.479)	1:29.115 (30.203)	1:57.866 (28.751)	
5 Alexei Hensel	SO	St. Johns	1:59.83	1:57.95	3
	29.387 (29.387)	59.110 (29.723)	1:29.103 (29.994)	1:57.945 (28.842)	
6 Alistair Pattison	FR	Carleton	2:00.23	1:59.77	2
	28.300 (28.300)	58.886 (30.586)	1:29.925 (31.039)	1:59.762 (29.837)	
7 Tyler Smith	FR	Gustavus	1:58.88	1:59.95	3
	29.261 (29.261)	58.706 (29.445)	1:28.889 (30.184)	1:59.948 (31.059)	
8 Blake Fuller	FR	Gustavus	2:00.13	1:59.97	2
	27.566 (27.566)	58.542 (30.976)	1:29.037 (30.495)	1:59.961 (30.924)	
9 Sakariya Hussien	JR	Augsburg	2:01.06	2:00.13	2
	27.797 (27.797)	59.096 (31.299)	1:30.059 (30.964)	2:00.121 (30.062)	
10 Solomon Johnson	SR	Concordia	2:02.02	2:00.43	1
	29.569 (29.569)	59.774 (30.205)	1:30.823 (31.049)	2:00.421 (29.598)	
11 Luke Malek	JR	St. Olaf	2:00.13	2:00.87	3
	29.526 (29.526)	59.252 (29.726)	1:29.365 (30.113)	2:00.863 (31.498)	
12 Jens Bartel	FR	Carleton	2:01.67	2:00.91	2
	59.122 (59.122)	1:30.660 (31.538)	2:00.908 (30.249)		
13 Jackson Marsh	FR	St. Olaf	2:00.67	2:01.43	2
	28.357 (28.357)	59.000 (30.643)	1:30.140 (31.140)	2:01.430 (31.290)	
14 Riley Berg	SO	St. Johns	2:03.61	2:02.28	1
	29.951 (29.951)	1:00.314 (30.363)	1:31.522 (31.208)	2:02.272 (30.751)	
15 Getinat Asfaw	SO	Augsburg	2:03.04	2:02.30	1
	29.417 (29.417)	59.810 (30.393)	1:31.581 (31.771)	2:02.294 (30.714)	
16 Derek Douglas	FR	St. Scholastica	2:01.46	2:02.42	2
	28.116 (28.116)	59.327 (31.211)	1:30.932 (31.605)	2:02.414 (31.482)	
17 Will Mattock	SO	St. Johns	2:02.37	2:02.62	1
	29.675 (29.675)	1:00.720 (31.045)	1:31.938 (31.218)	2:02.615 (30.677)	

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18 Henry Kraatz	FR St. Olaf	2:03.94	2:02.66	1
29.353 (29.353)	59.636 (30.284)	1:31.331 (31.695)	2:02.653 (31.322)	
19 Nathan Smith	FR Bethel	2:01.31	2:03.20	2
27.905 (27.905)	58.926 (31.021)	1:30.855 (31.929)	2:03.195 (32.341)	
20 Korrigan Diercks	FR Gustavus	2:02.67	2:03.85	1
29.196 (29.196)	59.321 (30.126)	1:30.972 (31.651)	2:03.847 (32.876)	
21 Marcus Hansen	FR Gustavus	2:03.74	2:04.25	1
29.385 (29.385)	1:00.527 (31.142)	1:32.555 (32.028)	2:04.242 (31.687)	

Event 12 Women 800 Meter Run

Name	Year School	Seed	Finals	H#
1 Alexandra Maddux	JR Hamline	2:18.31	2:14.07	3
32.011 (32.011)	1:06.276 (34.265)	1:40.851 (34.575)	2:14.067 (33.216)	
2 Elizabeth Donnelly	JR Gustavus	2:11.97	2:14.13	3
32.239 (32.239)	1:06.451 (34.213)	1:40.735 (34.284)	2:14.129 (33.394)	
3 Katherine Geist	FR Carleton	2:15.89	2:14.72	3
32.221 (32.221)	1:06.508 (34.288)	1:40.974 (34.466)	2:14.715 (33.741)	
4 Annessa Ihde	FR Bethel	2:18.86	2:17.52	3
32.833 (32.833)	1:07.093 (34.260)	1:41.829 (34.736)	2:17.512 (35.683)	
5 Lara Erickson	FR Carleton	2:22.14	2:21.73	3
33.238 (33.238)	1:07.701 (34.464)	1:44.720 (37.019)	2:21.727 (37.008)	
6 Ali Seaton	SO St. Olaf	2:21.59	2:21.95	3
33.594 (33.594)	1:08.848 (35.254)	1:45.530 (36.683)	2:21.943 (36.413)	
7 Alice Cutter	FR Carleton	2:26.20	2:24.80	2
34.111 (34.111)	1:11.788 (37.677)	1:49.703 (37.915)	2:24.793 (35.090)	
8 Malakai Holloway	JR Bethel	2:25.44	2:25.01	2
33.826 (33.826)	1:11.893 (38.067)	1:50.058 (38.166)	2:25.006 (34.948)	
9 Drew Frolek	FR Concordia	2:23.06	2:25.48	3
32.673 (32.673)	1:08.535 (35.863)	1:47.162 (38.627)	2:25.474 (38.312)	
10 Emily Brockberg	SO Bethel	2:27.41	2:28.95	2
34.348 (34.348)	1:12.270 (37.923)	1:50.679 (38.409)	2:28.948 (38.269)	
11 Kate Ulrich	FR Carleton	2:26.99	2:29.29	2
34.196 (34.196)	1:12.547 (38.351)	1:51.615 (39.069)	2:29.285 (37.670)	
12 Kalli Smith	FR St. Benedict	2:24.38	2:29.43	2
34.355 (34.355)	1:11.862 (37.507)	1:50.461 (38.599)	2:29.429 (38.968)	
13 Sophie Abernethy	FR St. Olaf	2:27.23	2:29.82	2
33.933 (33.933)	1:12.080 (38.147)	1:51.012 (38.932)	2:29.819 (38.808)	
14 Nora Doyle	SR St. Benedict	2:29.58	2:30.43	2
33.756 (33.756)	1:12.264 (38.509)	1:52.000 (39.736)	2:30.426 (38.426)	
15 Lucy Jagoe	FR St. Benedict	2:33.74	2:31.55	1
33.798 (33.798)	1:10.700 (36.902)	1:51.529 (40.829)	2:31.548 (40.019)	
16 Jules Fromm	FR St. Olaf	2:32.66	2:32.57	1
34.565 (34.565)	1:11.534 (36.969)	1:51.726 (40.193)	2:32.562 (40.836)	
17 Maranda Thier	FR St. Benedict	2:36.29	2:33.51	1
34.925 (34.925)	1:13.360 (38.436)	1:53.831 (40.471)	2:33.504 (39.673)	
18 Esther Nelson	FR Bethel	2:34.76	2:34.47	1
34.324 (34.324)	1:11.869 (37.545)	1:52.722 (40.854)	2:34.466 (41.744)	
19 Kaye Rysdahl	FR Bethel	2:35.73	2:34.93	1
34.994 (34.994)	1:12.307 (37.313)	1:53.122 (40.815)	2:34.925 (41.804)	
20 Natalie Lieser	FR St. Benedict	2:35.33	2:35.62	1
35.108 (35.108)	1:12.615 (37.507)	1:53.689 (41.074)	2:35.620 (41.931)	

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....Event 12 Women 800 Meter Run

21 Alex Cook	SO St. Benedict	2:31.50	2:36.68	1
34.851 (34.851)	1:13.610 (38.760)	1:55.689 (42.079)	2:36.676 (40.988)	

Event 13 Men Distance Medley

School	Seed	Finals
1 St. Johns		10:25.88
1) Thomas Nemanich SO	2) Jorge Hernandez FR	
3) Nathan Clausing SO	4) Lloyd Young SO	
2 Carleton		10:27.23
3 St. Olaf		10:31.88
1) Henrik Gilbertson JR	2) Duncan Forbes JR	
3) Penn Sagedahl SO	4) Noah Massanari SO	
4 Gustavus	10:31.52	10:32.58
1) Jack Degonda JR	2) Seth Zeitchick SO	
3) Markus Rupnow FR	4) Tucker Wallin SO	
5 St. Scholastica		10:40.46
1) Jonathan Laughlin JR	2) Derek Douglas FR	
3) Nathan Neu FR	4) Calvin Boone FR	
6 Macalester		10:48.23
1) Brock Adams FR	2) Spencer McNall SR	
3) Kalid Ali FR	4) Ben Crotteau FR	
7 Augsburg		10:55.42
1) Getinat Asfaw SO	2) Fritz Landherr JR	
3) Bereket Wondimu SO	4) Sakariya Hussien JR	
8 Bethel		10:57.26
1) Grant Graber FR	2) Trokon Karngar JR	
3) Gabe Kuecker FR	4) Noah Meissner FR	
9 Concordia		11:00.66
1) Cole Nowacki SO	2) Albara Mutleq SO	
3) Tanner Olson JR	4) Nolan Christenson SR	
10 Saint Marys		11:21.56
11 Hamline		11:27.75
1) William Saari FR	2) Raul Ortiz FR	
3) Connor Artner FR	4) Michael Kurtz FR	

Event 14 Women Distance Medley

School	Seed	Finals
1 Carleton		12:22.44
1) Libby Rowland FR	2) Ineke Cordova SO	
3) Amy Kropp JR	4) Clara Mayfield SO	
2 St. Olaf		12:33.74
1) Christine Albrecht JR	2) Riley Mauzer JR	
3) Bella Call SO	4) Ellen Mickelson SR	
3 St. Benedict		12:46.03
1) Elise Yeager SO	2) Laura Mitch SR	
3) Kalli Smith FR	4) Fiona Smith SO	
4 Bethel		12:55.21
1) Evie Hage FR	2) Makenna Brown SO	
3) Ruby Gernandt FR	4) Grace Cole JR	
5 Concordia		13:03.64

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....Event 14 Women Distance Medley

1) Eden Smith FR	2) Meg Shercliffe SO	
3) Kelly Lorenz SO	4) Emily Rugloski SR	
6 Macalester		13:06.31
1) Lena Stern SR	2) Sara Gregor JR	
3) Ella Krumm FR	4) Danielle Freshwaters SR	
7 Gustavus		13:07.47
1) Molly Weberg SO	2) Makenna Huetten FR	
3) Kailyn Walukas FR	4) Mackinzee Miest JR	
8 St. Scholastica		13:38.56
1) Lilianne Tapper JR	2) Anna Kiminiski FR	
3) Annika Voss JR	4) Jenna Terrio FR	
9 Saint Marys		13:52.47
10 Hamline		14:00.81
1) Miranda Ekleberry SO	2) Andreiana Aurelius FR	
3) Jalisa Mathews SO	4) Libby Roberdeau FR	

Event 16 Men Long Jump

Name	Year	School	Seed	Finals	H#
1 Anthony Marsh	FR	Concordia	6.72m	6.86m	22-06.25 2
6.75m 6.86m 6.73m	FOUL	6.72m PASS			
2 Alec Ungar	FR	St. Johns	6.69m	6.70m	21-11.75 1
6.21m 6.49m FOUL	6.48m	6.53m 6.70m			
3 Michael Braun	FR	Hamline	6.32m	6.48m	21-03.25 2
FOUL 6.45m 6.48m	6.45m	FOUL FOUL			
4 Johanan Arimi	SR	Macalester	6.25m	6.45m	21-02.00 2
6.43m 6.45m 6.44m	6.36m	6.41m 6.42m			
5 Michael Wallace	JR	St. Johns	6.19m	6.42m	21-00.75 2
6.17m 6.22m 6.42m	6.12m	FOUL 6.28m			
6 Thomas Amberg	JR	Hamline	6.15m	6.33m	20-09.25 2
FOUL 6.05m 6.33m	6.09m	FOUL FOUL			
7 Sean Bjork	JR	Bethel	6.23m	6.25m	20-06.25 1
6.21m 6.23m 6.25m	FOUL	5.82m 5.61m			
8 Nolan Valdez	FR	Concordia	6.37m	6.21m	20-04.50 1
6.15m 5.82m 5.94m	FOUL	6.21m 6.14m			
9 Anthony Thurk	FR	St. Johns	6.31m	6.14m	20-01.75 1
5.72m 6.14m FOUL	5.71m	5.74m 5.68m			
10 Dan Cooper	SO	Saint Marys	6.21m	6.13m	20-01.50 2
5.90m 6.13m 5.83m					
11 Chris Bulwa	FR	Saint Marys	6.08m	6.02m	19-09.00 1
FOUL FOUL 6.02m					
12 Christian Velishek	SR	Hamline	6.83m	6.01m	19-08.75 2
FOUL 6.01m FOUL					
13 Weston Stroschein	FR	St. Scholastica	5.88m	6.00m	19-08.25 2
6.00m 5.97m 5.19m					
14 Isaiah Subah	FR	Gustavus	6.65m	5.97m	19-07.00 1
5.97m FOUL FOUL					
15 Antonio Cisewski	FR	Saint Marys	6.22m	5.96m	19-06.75 1
FOUL 5.96m 5.96m					
16 Josh Charlton	FR	St. Olaf	6.33m	5.87m	19-03.25 1
FOUL 5.87m FOUL					
17 Demetri Lord	FR	St. Olaf	6.24m	5.73m	18-09.75 1
5.73m 5.60m 5.61m					

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....Event 16 Men Long Jump

18 Cade Downey	FR Bethel	6.13m	5.59m	18-04.25	1
FOUL 5.59m FOUL					
19 Andrew Martin	JR Saint Marys	6.14m	5.54m	18-02.25	2
5.47m 5.47m 5.54m					

Event 19 Women Weight Throw

Name	Year School	Seed	Finals	H#
1 Jenneel Rodney	JR Hamline	17.04m	17.49m	57-04.75 2
15.63m FOUL 17.49m 15.97m 16.49m 16.19m				
2 Cayle Hovland	SR Concordia	16.23m	16.34m	53-07.50 2
16.13m 16.34m 15.71m FOUL 16.11m 16.22m				
3 Maggie Beckmann	SR St. Benedict	16.20m	16.06m	52-08.25 2
15.21m 14.54m 16.06m FOUL 14.17m 14.89m				
4 Anna Becker	JR St. Scholastica	15.72m	15.52m	50-11.00 2
FOUL 15.52m 14.27m 15.51m 14.91m FOUL				
5 Lily Beneke	FR St. Scholastica	15.86m	15.43m	50-07.50 2
15.43m 15.03m 15.38m FOUL 13.43m 14.80m				
6 Allyson Kangas	JR Concordia	15.13m	14.79m	48-06.25 2
13.31m FOUL 14.13m 14.79m FOUL 13.53m				
7 Lexi Ellinghuysen	SO Bethel	13.10m	14.26m	46-09.50 1
13.27m FOUL 13.50m 13.99m FOUL 14.26m				
8 Jacey Schlosser	JR Concordia	14.74m	13.83m	45-04.50 2
FOUL FOUL 13.83m 13.79m FOUL FOUL				
9 Emily White	SR Concordia	13.73m	13.70m	44-11.50 2
13.70m 13.12m 13.47m 12.71m 12.86m 13.20m				
10 Molly Lukenbill	SO Bethel	13.43m	13.46m	44-02.00 1
FOUL 12.54m 13.46m				
11 Kelsie Fettig	FR Bethel	12.63m	13.19m	43-03.25 1
11.99m 12.29m 13.19m				
12 Samantha Kubes	SO Saint Marys	14.23m	12.82m	42-00.75 2
12.64m 12.82m FOUL				
13 Nicole Nelson	FR Gustavus	12.88m	12.53m	41-01.50 1
12.13m 11.90m 12.53m				
14 Madison Fiecke	SR Hamline	13.45m	12.35m	40-06.25 1
12.35m 11.81m FOUL				
15 Neenah Bosman	FR Carleton	13.45m	12.27m	40-03.25 1
FOUL 12.27m 11.48m				
16 Ellie Biggins	SO Hamline	12.37m	11.69m	38-04.25 1
11.46m 10.82m 11.69m				
17 Haley Joos	SO St. Benedict	12.98m	11.49m	37-08.50 1
11.47m FOUL 11.49m				
18 Brooke Kangas	FR Concordia	12.36m	10.89m	35-08.75 1
FOUL FOUL 10.89m				
19 Kendall Bechtold	JR St. Benedict	12.80m	10.14m	33-03.25 1
FOUL 10.14m 10.04m				
-- Madison Reed	FR Hamline	13.61m	FOUL	2
FOUL FOUL FOUL				

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Event 20 Men Weight Throw

Name	Year	School	Seed	Finals	H#
1 Gabe Irons	JR	Bethel	17.96m	18.54m	60-10.00 2
		16.36m 18.54m 18.38m 16.96m FOUL FOUL			
2 Eli Mollet	JR	St. Johns	17.71m	18.18m	59-07.75 2
		16.14m 18.18m 17.38m 17.32m 17.17m 17.02m			
3 Sean Curran	JR	Saint Marys	16.91m	16.92m	55-06.25 2
		16.86m FOUL 16.49m 16.50m 16.92m 16.28m			
4 Gavin Rupp	SO	St. Johns	16.79m	16.28m	53-05.00 2
		15.26m 15.64m FOUL 16.07m FOUL 16.28m			
5 Frankie Bakalars	SR	Saint Marys	15.92m	16.26m	53-04.25 2
		14.87m 15.31m 16.26m FOUL FOUL 15.88m			
6 Cooper Folkestad	SO	Concordia	16.03m	15.97m	52-04.75 2
		15.91m 15.97m FOUL FOUL 15.00m FOUL			
7 Jake Kerzman	SR	Concordia	16.99m	15.61m	51-02.75 2
		FOUL 15.61m FOUL 15.22m 14.41m FOUL			
8 Jaeden Frost	SO	St. Johns	15.54m	15.42m	50-07.25 2
		FOUL 13.57m 15.42m 14.59m FOUL FOUL			
9 Joshua Beiswanger	SO	Gustavus	16.30m	15.38m	50-05.50 2
		FOUL 15.04m FOUL 15.19m 14.71m 15.38m			
10 Brett Hague	SO	St. Johns	14.10m	14.99m	49-02.25 1
		14.99m 14.31m 14.07m			
11 Lucas Doyle	SR	Hamline	15.35m	14.69m	48-02.50 2
		FOUL 14.69m FOUL			
12 Evan Larsen	FR	Bethel	13.79m	14.04m	46-00.75 1
		14.04m 13.85m 12.97m			
13 Jack Genereau	FR	St. Johns	14.77m	13.91m	45-07.75 1
		13.91m 13.11m FOUL			
14 Hunter Tanem	FR	Bethel	14.28m	13.82m	45-04.25 1
		FOUL 13.82m 13.34m			
15 Joseph Mensen	FR	St. Johns	13.84m	13.41m	44-00.00 1
		FOUL 13.41m FOUL			
16 Max Menache	FR	Macalester	13.33m	13.17m	43-02.50 1
		FOUL 13.17m FOUL			
17 Zach Stordahl	FR	Gustavus	12.88m	12.97m	42-06.75 1
		12.31m 12.97m 12.51m			
18 Grant Steger	FR	St. Scholastica	13.59m	11.93m	39-01.75 1
		FOUL FOUL 11.93m			
19 Trevor Christensen	FR	St. Olaf	14.84m	11.88m	38-11.75 1
		11.88m FOUL FOUL			
20 Christopher Jacklen	FR	St. Scholastica	13.98m	11.78m	38-07.75 1
		11.78m FOUL FOUL			

Event 34 Women High Jump

Name	Year	School	Seed	Finals
1 AnnaGrace Nelson	FR	Bethel	1.60m	1.57m 5-01.75
		1.36 1.41 1.46 1.51 1.54 1.57 1.61		
		P P O PPP XXO XXO XXX		
2 Justus Floren	FR	St. Benedict	1.55m	1.54m 5-00.50
		1.36 1.41 1.46 1.51 1.54 1.57		
		P O O XXO XXO XXX		

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....Event 34 Women High Jump

3	Erin Beer	SO Gustavus	1.37m	1.51m	4-11.50
	1.36 1.41 1.46 1.51 1.54				
	O O XO O XXX				
3	Olivia Motley	SO Gustavus	1.50m	1.51m	4-11.50
	1.36 1.41 1.46 1.51 1.54				
	O O XO O XXX				
3	Peyton Selle	SO Concordia	1.56m	1.51m	4-11.50
	1.36 1.41 1.46 1.51 1.54				
	P XO O PPO XXX				
6	Teresa Pettitt-Kenney	JR St. Olaf	1.50m	J1.51m	4-11.50
	1.36 1.41 1.46 1.51 1.54				
	P O XO XO XXX				
7	Alli Joerger	FR Gustavus	1.45m	1.46m	4-09.50
	1.36 1.41 1.46 1.51				
	O O XO XXX				
8	Eve Farrell	JR Carleton	1.53m	J1.46m	4-09.50
	1.36 1.41 1.46 1.51				
	P O XXO XXX				
8	Ally Rakow	FR Gustavus	1.45m	J1.46m	4-09.50
	1.36 1.41 1.46 1.51				
	O O XXO XXX				
10	Jordyn Johnson	FR Concordia	1.45m	1.41m	4-07.50
	1.36 1.41 1.46				
	O O XXX				
11	Jensen Luehrs	FR Gustavus	1.45m	J1.41m	4-07.50
	1.36 1.41 1.46				
	XO O XXX				
12	Aoife Zamacona	SR Hamline	1.43m	J1.41m	4-07.50
	1.36 1.41 1.46				
	O XO XXX				
13	Rebekah Salfer	JR St. Olaf	1.47m	1.36m	4-05.50
	1.36 1.41				
	O XXX				
13	Elizabeth Selisker	SO St. Benedict	1.48m	1.36m	4-05.50
	1.36 1.41				
	O XXX				
13	Toria Strampe	FR St. Scholastica	1.43m	1.36m	4-05.50
	1.36 1.41				
	O XXX				
13	Stephanie Pickthorn	SR St. Benedict	1.47m	1.36m	4-05.50
	1.36 1.41				
	O XXX				
17	Claire Nichols	JR St. Catherine	1.45m	J1.36m	4-05.50
	1.36 1.41				
	XO XXX				
--	Lily Johnson	FR St. Olaf	1.40m	NH	
	1.36				
	XXX				

Event 37 Men Pole Vault

Name	Year School	Seed	Finals
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....Event 37 Men Pole Vault

1	Aidan Gatz	FR Saint Marys	4.52m	4.53m	14-10.25
	3.68 3.83 3.98 4.13 4.28 4.43 4.53 4.63				
	P P P O O O O XXX				
2	Shawn Schindler	JR St. Johns	4.67m	4.43m	14-06.25
	3.68 3.83 3.98 4.13 4.28 4.43 4.53				
	P P P P O O XXX				
3	Joseph Charbonneau	FR St. Johns	4.39m	J4.43m	14-06.25
	3.68 3.83 3.98 4.13 4.28 4.43 4.53				
	P P P O XO XO XXX				
4	Joseph Stauffer	SO St. Johns	4.27m	4.28m	14-00.50
	3.68 3.83 3.98 4.13 4.28 4.43				
	P P O O O XXX				
4	Coleton Strupp	JR Saint Marys	4.38m	4.28m	14-00.50
	3.68 3.83 3.98 4.13 4.28 4.43				
	P P P P O XXX				
4	Owen Schuster	JR Carleton	4.46m	4.28m	14-00.50
	3.68 3.83 3.98 4.13 4.28 4.43				
	P P O O O XXX				
7	Wade Rhonemus	JR Concordia	4.30m	J4.28m	14-00.50
	3.68 3.83 3.98 4.13 4.28 4.43				
	P P P O XO XXX				
8	Samuel Gardeen	FR Bethel	4.19m	4.13m	13-06.50
	3.68 3.83 3.98 4.13 4.28				
	P O O O XXX				
9	Dylan Arnold	FR St. Olaf	4.57m	3.98m	13-00.75
	3.68 3.83 3.98 4.13 4.28				
	P P O PXX X				
10	Mason DeGross	SO St. Johns	3.97m	J3.98m	13-00.75
	3.68 3.83 3.98 4.13				
	XXO XO O XXX				
11	Max Doom	FR St. Johns	4.07m	J3.98m	13-00.75
	3.68 3.83 3.98 4.13				
	O XO XO XXX				
12	Rayan Elahi	FR St. Olaf	4.16m	J3.98m	13-00.75
	3.68 3.83 3.98 4.13				
	O O XXO XXX				
13	Daniel Eickhoff	FR St. Johns	3.97m	3.83m	12-06.75
	3.68 3.83 3.98				
	O XXO XXX				
14	Tim Adams	FR Carleton	3.86m	3.68m	12-00.75
	3.68 3.83				
	O XXX				
14	Erik Ault	FR Concordia	3.90m	3.68m	12-00.75
	3.68 3.83				
	O XXX				
16	Layton Borst	FR St. Olaf	4.16m	J3.68m	12-00.75
	3.68 3.83				
	XXO XXX				
--	Josh Lynch	FR Hamline	4.45m	NH	
	3.68 3.83 3.98 4.13				
	P P P XXX				
--	Zach Paustian	SR Concordia	3.89m	NH	
	3.68				
	X				

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Event 38 Women Long Jump

Name	Year	School	Seed	Finals	H#
1 Jailyn Robinson	SO	Hamline	5.59m	5.41m	17-09.00 2
FOUL 5.26m 5.41m 5.07m 4.98m 5.22m					
2 Sydney Klausler	SR	Saint Marys	5.17m	5.34m	17-06.25 1
5.16m 5.20m 5.34m FOUL 5.15m 4.47m					
3 Jen Valley	SO	Hamline	5.58m	5.30m	17-04.75 2
FOUL FOUL 5.30m 4.95m 5.19m 5.17m					
4 Megan Geraets	FR	Gustavus	5.42m	5.28m	17-04.00 2
FOUL 5.12m 5.11m 5.28m 5.20m 5.26m					
5 Nayeli Williams	FR	Carleton	5.13m	5.27m	17-03.50 1
5.06m FOUL 5.25m FOUL 5.24m 5.27m					
6 Madi Kes	FR	Gustavus	5.22m	5.23m	17-02.00 1
5.06m 4.86m 4.81m 5.23m 5.18m FOUL					
7 Justus Floren	FR	St. Benedict	5.10m	5.13m	16-10.00 2
4.96m 4.76m 4.83m 4.80m 5.13m 4.90m					
8 Mikayla Ennevor	SR	Macalester	4.91m	5.03m	16-06.00 1
4.92m 5.03m FOUL 4.95m 4.97m FOUL					
9 Jordan Terry	SR	Augsburg	4.85m	J5.03m	16-06.00 1
FOUL 4.86m 5.03m 4.61m FOUL 4.89m					
10 Sydney Marsh	JR	Carleton	5.21m	4.93m	16-02.25 1
4.85m 4.84m 4.93m					
11 Ainslee Parker	SO	St. Olaf	4.88m	4.91m	16-01.50 2
4.82m 4.79m 4.91m					
12 Journey Amundson	JR	Macalester	5.05m	4.81m	15-09.50 1
FOUL 4.77m 4.81m					
13 Grace Perrenoud	JR	Bethel	4.96m	4.77m	15-07.75 1
4.62m FOUL 4.77m					
14 Claire Nichols	JR	St. Catherine	4.99m	4.75m	15-07.00 1
FOUL FOUL 4.75m					
15 Reilee Schepper	SR	St. Catherine	5.04m	4.72m	15-06.00 2
FOUL 4.72m FOUL					
16 Ella Eliason	SO	Bethel	4.91m	4.71m	15-05.50 2
FOUL 4.71m FOUL					
17 Elizabeth Selisker	SO	St. Benedict	5.01m	4.68m	15-04.25 2
4.59m FOUL 4.68m					
18 Olivia Thomley	SO	Gustavus	4.66m	4.37m	14-04.00 2
3.58m 4.37m 4.18m					
-- Briana Gilbert	FR	Hamline	5.19m	FOUL	2
FOUL FOUL FOUL					

Women - Team Rankings - 11 Events Scored

1) Bethel	73	2) St. Benedict	65
3) Carleton	60.50	4) Gustavus	57.50
5) St. Olaf	53	6) Hamline	51
7) Concordia	36	8) St. Scholastica	11
8) Macalester	11	10) Saint Marys	10
11) St. Catherine	1		

Men - Team Rankings - 11 Events Scored

1) St. Johns	102	2) Concordia	65
3) Bethel	56	4) St. Olaf	55

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....Event 38 Women Long Jump

5) Carleton	50	6) St. Scholastica	24
6) Saint Marys	24	8) Gustavus	19
9) Hamline	14	10) Macalester	12
11) Augsburg	8		