



**FOR IMMEDIATE RELEASE: July 15, 2021**

## **CoSIDA Academic All-District® Women's Track & Field / Cross Country Team Released**

The 2020-21 Academic All-District® Women's Track & Field / Cross Country Team, selected by CoSIDA, recognizes the nation's top student-athletes for their combined performances in the competition realm and in the classroom. The CoSIDA Academic All-America® program separately recognizes honorees in four divisions — NCAA Division I, NCAA Division II, NCAA Division III and NAIA.

First-team Academic All-District® honorees advance to the CoSIDA Academic All-America® ballot. First-, second- and third-team Academic All-America® honorees will be announced in mid-August.

The CoSIDA Academic All-District® teams include the student-athletes listed on the following pages and are divided into geographic districts across the United States and Canada.

The Division II and III CoSIDA Academic All-America® programs are partially financially supported by the NCAA Division II and III national governance structures to assist CoSIDA with handling the awards fulfillment aspects for the 2020-21 Divisions II and III Academic All-America® programs. The NAIA CoSIDA Academic All-America® program is partially financially supported through the NAIA national office.

For more information about CoSIDA's Academic All-District® and Academic All-America® Teams program, visit [AcademicAllAmerica.com](http://AcademicAllAmerica.com) on CoSIDA.com.





# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division I

#### NCAA DIVISION I – DISTRICT 1 (CT, MA, ME, NH, NY, RI, VT)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Nina Bjorkman	Manhattan College	Sr.	3.88	Environmental Science
Ashley Dana	Central Connecticut State University	Sr.	3.90	Psychological Science
Annie Heffernan	Syracuse University	Gr.	3.95/3.95	Global Health
Emily Mackay	Binghamton University	Sr.	3.56	Psychology
Jennika Mannesto	University of New Hampshire	Gr.	3.95/4.00	Elementary Education
Sophia Masciarelli	Hofstra University	Jr.	3.74	English
Olivia Okoli	Harvard University	Sr.	3.90	Neuroscience
Lasma Padedze	Manhattan College	Sr.	3.87	Psychology
Angie Rafter	Central Connecticut State University	Sr.	3.96	English
Gianna Tedeschi	Marist College	Sr.	3.51	Biology
Lisa Tertsch	Harvard University	Sr.	3.89	Economics
Ijeoma Uche	Brown University	Sr.	3.57	Public Health
Amanda Vestri	Syracuse University	Sr.	3.88	Health & Exercise Science

#### NCAA DIVISION I – DISTRICT 2 (DC, DE, KY, MD, NJ, PA, WV)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Celera Barnes	University of Kentucky	Gr.	3.83/4.00	Kinesiology (UG) / Medical Science (G)
Shannon Cody	Saint Francis University	Sr.	4.00	Accounting
Laura Ehrenberger	Duquesne University	Sr.	4.00	Pharmacy
Emma Foster	U.S. Naval Academy	Sr.	3.88	Operations Research
Grayce French	Villanova University	Gr.	3.95/3.95	Public Administration (G)
McKenna Keegan	Villanova University	Gr.	3.60/3.60	Public Administration (G)
Molly Leppelmeier	University of Kentucky	Sr.	4.00	Computer Science
Megan Moss	University of Kentucky	So.	3.65	Human Health Sciences & Pharmacy
Senna Ohlsson	Loyola University Maryland	Sr.	3.84	Biology / English
Sam Orié	U.S. Naval Academy	Sr.	3.85	Chemistry
Abby Steiner	University of Kentucky	Jr.	3.79	Exercise Science
Maddie Warrender	U.S. Naval Academy	Jr.	3.97	English
Shelbi Wuss	American University	Sr.	3.97	Biochemistry

#### NCAA DIVISION I – DISTRICT 3 (NC, TN, VA)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Brittany Aveni	Duke University	Sr.	3.98	Biology
Elena Brown-Soler	Duke University	Gr.	3.84/3.67	Bioethics & Science Policy
Kelsey Chmiel	North Carolina State University	Sr.	4.00	Animal Science/
Calli Doan	Liberty University	Jr.	3.99	Exercise Science
Annabelle Eastman	George Mason University	Jr.	3.83	Kinesiology
Riley Felts	Charlotte	Jr.	4.00	Civil Engineering
Paige Hofstad	University of North Carolina	Sr.	3.74	Public Policy / Peace, War & Defense
Hannah Jefcoat	University of Tennessee	Sr.	3.93	Kinesiology
Michaela Meyer	University of Virginia	Gr.	3.32/3.89	Nursing
Noel Palmer	Liberty University	Sr.	4.00	Biology
Hannah Steelman	North Carolina State University	Sr.	3.74	Psychology



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division I

#### NCAA DIVISION I – DISTRICT 4 (AL, FL, GA, PR, SC)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Emilie Berge	University of South Alabama	Gr.	3.98/4.00	Biology (UG) / Environmental Toxicology (G)
Mercy Chelangat	University of Alabama	Jr.	3.67	Public Health
Tamara Clark	University of Alabama	Sr.	3.57	Public Health
Addi Coggins	Florida State University	Jr.	3.99	Marketing
Jessica Drop	University of Georgia	Sr.	3.90	Cellular Biology
Emma Kuntz	Furman University	Sr.	3.93	Mathematics / Economics
Daija Lampkin	University of Alabama	Sr.	4.00	Public Health / Pre-Med
Bria Matthews	Georgia Tech	Gr.	3.92/3.70	Electrical & Computer Engineering
Kara Nix	University of North Alabama	Sr.	4.00	Industrial Hygiene / Chemistry
Maudie Skyring	Florida State University	Gr.	4.00/3.92	Marketing
Samantha Zelden	University of Alabama	Gr.	4.00/4.00	Exercise Science (UG) / Kinesiology (G)

#### NCAA DIVISION I – DISTRICT 5 (IL, IN, MI, OH)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
McKenzie Altmayer	Bradley University	Gr.	3.96/4.00	English Creative Writing
Gabby Bailey	Kent State University	Jr.	3.55	Exercise Science
Casey Bogues	University of Dayton	So.	3.74	Middle Childhood Education / Intervention Specialist
Alice Hill	University of Michigan	Sr.	4.00	Ecology, Evolution & Biodiversity / Neuroscience
Karmen Koch	Butler University	Jr.	3.99	Pharmacy
Sydney Laufenberg	Illinois State University	Gr.	3.57/4.00	Family & Consumer Sciences (G)
Jenna Magness	Michigan State University	Sr.	3.51	Chemical Engineering
Jocelyn Quilse	Indiana State University	Sr.	3.78	Communication
Stephanie Sherman	University of Toledo	Sr.	3.94	Bioengineering
Rachel Tanczos	University of Notre Dame	Sr.	3.91	Psychology / Theology
Grace Tennant	Kent State University	Sr.	3.81	Physical Education
Ashley Tutt	Northern Illinois University	Sr.	3.85	History

#### NCAA DIVISION I – DISTRICT 6 (AR, IA, LA, MN, MO, MS, MT, ND, SD, WI, WY)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Sydney Anderson	Louisiana Tech University	Sr.	3.51	Comp. Science / Cyber Security & Cloud Computing
Nastassja Campbell	University of Arkansas	Jr.	4.00	Communication
Lisa Gunnarsson	Louisiana State University	Sr.	4.00	Mechanical Engineering
Shelby Gunnells	North Dakota State University	Gr.	4.00/4.00	Geology
Bethany Hasz	University of Minnesota	Gr.	3.96/4.00	Sport & Exercise Science
Abby Kohut-Jackson	University of Minnesota	Sr.	3.93	Spanish Studies
Val Larson	University of Minnesota	Gr.	3.89/4.00	Sport & Exercise Science
Cailie Logue	Iowa State University	Sr.	4.00	Kinesiology
Carla Nicosia	Montana State University	Gr.	3.49/4.00	Exercise Physiology & Nutrition
Babette Vandeput	Arkansas State University	Sr.	3.58	Mechanical Engineering
Amira Young	University of Minnesota	Jr.	3.36	Kinesiology



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division I

#### NCAA DIVISION I – DISTRICT 7 (CO, ID, KS, NE, NM, NV, OK, TX)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Nicola Ader	University of Nevada	Sr.	3.78	Criminal Justice / Political Science & Intl. Affairs
Bailey Ashmore	University of North Texas	Gr.	4.00/4.00	Materials Science and Engineering
Ariane Ballner	Oklahoma State University	Sr.	4.00	Management and Marketing
Sage Hurta	University of Colorado	Sr.	3.98	Chemical and Biological Engineering
Andrianna Jacobs	University of Nebraska	Sr.	4.00	Broadcasting/Journalism/Psychology
Mazie Larsen	Baylor University	Jr.	4.00	Health Science Studies - Pre-Med/Pre-Dental
Aaliyah Miller	Baylor University	Gr.	3.47/3.66	Sports Management
Kaitlin Smith	Houston Baptist University	Gr.	4.00/4.00	Kinesiology - Sports Management
Taylor Somers	Oklahoma State University	Sr.	4.00	Psychology
Sasha Wells	Oral Roberts University	Sr.	4.00	History

#### NCAA DIVISION I – DISTRICT 8 (AK, AZ, CA, HI, OR, UT, WA, Canada)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Alyssa Brewer	University of Southern California	Jr.	3.68	Health & Human Sciences
Carmela Cardama Baez	University of Oregon	Gr.	3.66/3.66	Prevention Science
Naomi Chin	UC San Diego	So.	4.00	Mechanical Engineering
Stephanie Cho	Washington State University	Sr.	4.00	Kinesiology
Anna Cockrell	University of Southern California	Gr.	3.98/4.00	Communications (UG) / Public Policy (G)
Anna Gibson	University of Washington	Sr.	3.97	Environmental Science & Resource Management
Haley Herberg	University of Washington	Jr.	3.54	Civil Engineering
Katie Rainsberger	University of Washington	Sr.	3.97	Medical Anthropology & Global Health
Isabelle Shepherd	UC San Diego	So	4.00	Biochemistry / Cell Biology
TeeTee Terry	University of Southern California	Gr.	3.69/3.83	Communication (UG) / Entrepreneurship (G)
Jorinde van Klinken	Arizona State University	Gr.	3.92	Global Management



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division II

#### NCAA DIVISION II – DISTRICT 1 (Central Atlantic, East Coast, Northeast 10)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Kathleen Amstad	University of New Haven	Gr.	3.98/3.98	Forensic Technology
Sophia Anderle	Stonehill College	Sr.	3.79	Biology
Stephanie Bock	Georgian Court University	Sr.	3.75	Exercise Science
Gabrielle Buissereth	Adelphi University	Jr.	3.46	Nursing
Brittany Gable	Thomas Jefferson University	Jr.	3.96	Pre-Medical Studies
Kathleen Giusti	Stonehill College	Sr.	3.92	Health Science
Gabrielle Griffin	Adelphi University	Jr.	3.54	Exercise Science
Sydney Hurwitz	Bentley University	Sr.	3.73	Actuarial Science
Kai Lash	Holy Family University	Jr.	3.40	Pre-K-4 Education
Claire Mason	Stonehill College	Jr.	3.51	Psychology / Business Management
Alena Masterson	Franklin Pierce University	Jr.	4.00	Communications
Stephanie Phoenix	Franklin Pierce University	Jr.	3.92	Health Sciences
Alexandra Sexton	Stonehill College	Sr.	3.44	Marketing & Graphic Design
Kristen Washington	University of New Haven	Jr.	3.64	Health Sciences

#### NCAA DIVISION II – DISTRICT 2 (Central Intercollegiate, Mountain East, Pennsylvania State)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Hannah Altizer	Concord University	So.	3.94	Business Administration / Accounting
Tori Carr	West Virginia Wesleyan College	Jr.	3.41	Nursing
Danielle Collier	Slippery Rock University	Gr.	3.75/4.00	Physical Therapy (G)
Elizabeth Fleming	Wheeling University	Sr.	3.31	Exercise Science
Caroline Fodor	Wheeling University	Jr.	3.86	Biology
Divonne Franklin	California University of Pennsylvania	Jr.	3.45	Biology
Kyra Gerber	Shippensburg University	Jr.	3.91	Exercise Science
Hannah Kemp	West Liberty University	So.	3.96	Exercise Physiology
Lauren Leaman	West Virginia Wesleyan College	Gr.	3.50/3.50	Business Administration
Jaleesa Mackey	California University of Pennsylvania	Sr.	3.71	Athletic Training
Kasey McNamara	University of Charleston	Jr.	3.64	Digital Media & Design
Nazirah Purnell	Lincoln University	Sr.	3.92	Political Science
Jena Reinheimer	Slippery Rock University	Jr.	4.00	Finance
Danielle Stewart	Wheeling University	Sr.	3.89	Exercise Science / Nursing
Maggie Thompson	Concord University	So.	3.44	Health Science
Alena Wisniewski	Gannon University	Sr.	3.67	Physician Assistant

#### NCAA DIVISION II – DISTRICT 3 (Conference Carolinas, Peach Belt, South Atlantic)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Morgan Bailey	Carson-Newman University	So.	4.00	Religious Studies / Exercise Science
Marlee Baker	Carson-Newman University	So.	4.00	Psychology
Maria Chellah	Lincoln Memorial University	Jr.	3.50	Biology
Kylie Dahlberg	Lenoir-Rhyne University	Sr.	3.97	Biology
Meg Davis	King University	Jr.	3.89	Elementary Education with ESL
Amanda Lowe	Carson-Newman University	Gr.	3.63/3.63	Business Administration
Jessie Mescal	Flagler College	Jr.	3.94	Strategic Communications / Public Relations
Susan Nelson	Carson-Newman University	So.	4.00	Exercise Science
Katy Neubert	King University	So.	4.00	Cell & Molecular Biology
Abby Owens	Carson-Newman University	So.	4.00	Math
Rachel Strayer	Carson-Newman University	Jr.	3.97	Exercise Science
Elise Ulseth	Queens University of Charlotte	Jr.	3.66	Exercise & Sport Science
Amy Zadroga	Carson-Newman University	Sr.	3.84	Exercise Science



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division II

#### NCAA DIVISION II – DISTRICT 4 (Great Lakes Intercollegiate, Great Lakes Valley, Great Midwest)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Lauren Bailey	University of Indianapolis	Sr.	3.70	Public Health Education & Promotion
Casey Berberich	Maryville University	Sr.	3.92	Physical Therapy
Taryn Christy	University of Illinois Springfield	Jr.	3.97	Political Science
Jennifer Comastri	University of Southern Indiana	Gr.	3.62/4.00	Health Administration (G)
Maryssa Depies	Hillsdale College	Sr.	3.93	Biochemistry
Marisa Gwinner	Tiffin University	Jr.	3.70	Digital Media Design
Allison Heinzer	Lewis University	Sr.	3.76	Special & Elementary Education
Jada Hoffman	Lewis University	Jr.	3.75	Public Relations / Advertising
Rachel Miller	Ashland University	Sr.	3.96	Public Relations & Strategic Communication
Rachel Sweeney	Cedarville University	Sr.	4.00	Pharmaceutical Science

#### NCAA DIVISION II – DISTRICT 5 (Gulf South, Southern Intercollegiate, Sunshine State)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Ukeyvia Beckwith	Embry-Riddle Aeronautical University (Fla.)	Sr.	3.35	Aerospace & Occupational Safety
Hannah Flemming	Florida Southern College	Sr.	4.00	Philosophy
Ysabella Guerra	Florida Southern College	Sr.	3.95	Biology
Sophia Gustely	Embry-Riddle Aeronautical University (Fla.)	Jr.	3.92	Business Administration
Amber Mason	Spring Hill College	Jr.	3.87	Health Science
Paige Patterson	Saint Leo University	Jr.	3.94	Biology
Mary Elizabeth Shelton	Spring Hill College	Jr.	3.93	Biochemistry
Chelsea Walker	Christian Brothers University	Sr.	3.74	Business Administration
Alyssa Zack	Embry-Riddle University (Fla.)	So.	3.38	Mechanical Engineering
Sarah Zamot	Florida Southern College	Sr.	3.96	Nursing

#### NCAA DIVISION II – DISTRICT 6 (Lone Star, Rocky Mountain)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Caroline Bachman	Eastern New Mexico University	Sr.	4.00	Biology
Zoe Baker	Colorado School of Mines	Jr.	4.00	Computer Science
Summer Grubbs	University of Texas at Tyler	Jr.	4.00	Biology
Nele Heinrich	West Texas A&M University	Gr.	3.92/4.00	General Business (UG) / MBA (G)
Yasmine Hernandez	Colorado State University - Pueblo	Sr.	3.69	Nursing
Valda Kabia	West Texas A&M University	Gr.	3.95/3.72	Health Sciences (UG) / MBA (G)
Jenna McKinley	Colorado State University - Pueblo	Sr.	3.96	Physical Education
Hannah Miller	Colorado School of Mines	So.	3.85	Environmental Engineering
Xiomara Robinson	Black Hills State University	So.	3.73	Biology
Caroline Schwab	Oklahoma Christian University	Jr.	3.71	Biology / Pre-Med
Hailey Streff	Colorado State University - Pueblo	Jr.	3.96	Biology
Mia Van Oudsthoorn	Angelo State University	Sr.	3.97	Chemistry
Miriam Zanovello	West Texas A&M University	Jr.	3.95	Biochemistry





# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division II

#### NCAA DIVISION II – DISTRICT 7 (Great American, Mid-America, Northern Sun)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
WPatty Jo English	Augustana University	Jr.	4.00	History / Government (double major)
Laia Gonzalez	University of Central Missouri	Sr.	3.88	Design & Drafting Technology
Haven Lander	Pittsburg State University	Gr.	3.94/4.00	Human Resource Development
Kara Lindberg	Concordia-St. Paul	Sr.	4.00	Accounting
Rebecca Manteuffel	Southwest Minnesota State University	Sr.	3.76	Elementary Education
Mearah Miedema	Augustana University	Sr.	4.00	Art / Education
D'Andra Morris	University of Mary	Sr.	3.70	Business Administration / Marketing
Trace Mosby	Pittsburg State University	Sr.	3.73	Management
Ida Narbuvoll	University of Mary	Gr.	3.76/4.00	Engineering (UG) / Project Management (G)
Virgi Scardanzan	Washburn University	Sr.	3.91	Kinesiology
Hannah VanBuskirk	University of Central Missouri	Sr.	4.00	Criminal Justice

#### NCAA DIVISION II – DISTRICT 8 (California Collegiate, Great Northwest, Pacific West)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Chinenye Agina	Azusa Pacific University	Sr.	3.79	Kinesiology
Elle Alexander	Azusa Pacific University	Gr.	3.89/4.00	Leadership
Scout Cai	Seattle Pacific University	Sr.	3.72	Exercise Science
Bethany Danner	Northwest Nazarene University	Sr.	4.00	Secondary Education
Ayana Fields	Cal Poly Pomona	Jr.	3.70	Kinesiology
Dania Holmberg	Seattle Pacific University	Sr.	3.91	Psychology
Natalia Novak	Academy of Art University	Sr.	3.82	Communications & Media Technologies
Nora Pizzella	Chico State	Sr.	3.92	Environmental Science / Geography
Hava Turner	Academy of Art University	Jr.	3.76	Motion Pictures & Television
Sara Wagenfeld	Azusa Pacific University	Gr.	3.96/3.96	English (G)
Meagan Warwick	Azusa Pacific University	Sr.	3.70	Biology & Humanities



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division III

#### NCAA DIVISION III – DISTRICT 1 (MA, ME)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Katie Bacher	MIT	Gr.	4.00/4.00	Computer Science
Skylar Barthelmes	Worcester Polytechnic Institute	Gr.	3.67/3.66	Mechanical Engineering
Katie Collins	MIT	Sr.	4.00	Brain & Cognitive Sciences
Izzi Gengaro	MIT	Jr.	4.00	Chemical-Biological Engineering
Emily LaPlante	Springfield College	Sr.	3.80	Athletic Training
Sydney Packard	Worcester Polytechnic Institute	Gr.	3.95/4.00	Chemical Engineering
Melissa Rowland	Tufts University	Sr.	3.98	Electrical Engineering
Sophia Slovenski	University of Southern Maine	Jr.	3.94	Exercise Science
Arden Tanner	Worcester Polytechnic Institute	Sr.	3.97	Biomedical Engineering / Mechanical Engineering
Katie Williams	MIT	Sr.	3.84	Biological Engineering

#### NCAA DIVISION III – DISTRICT 2 (CT, DC, DE, MD, NH, NJ, RI, VT, WV)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Ella Baran	Johns Hopkins University	Jr.	3.55	Environmental Engineering
Gina Dello Russo	Stevens Institute of Technology	Gr.	3.94/4.00	Mechanical Engineering / Sociotechnical Systems
Susann Foley	Stockton University	Jr.	3.95	Exercise Science
Christine Griffith	Montclair State University	Gr.	3.90/3.99	Industrial Organizational Psychology
Annie Gutierrez	Johns Hopkins University	Sr.	3.66	Chemical & Biomolecular Engineering
Cassie Kearney	Middlebury College	Jr.	3.81	Psychology
Ariel Keklak	Johns Hopkins University	Sr.	3.77	Molecular & Cellular Biology
Veronica Montane	Johns Hopkins University	Sr.	3.57	Neuroscience
Therese Olshanski	Johns Hopkins University	Sr.	3.60	Public Health
Lauren Preston	Stockton University	Jt.	4.00	Health Science

#### NCAA DIVISION III – DISTRICT 3 (NY)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Eileen Bequette	University of Rochester	Sr.	3.64	Mechanical Engineering
Logan Bruce	Ithaca College	Jr.	3.65	Clinical Health Studies
Michaela Burrell	University of Rochester	Sr.	3.44	Ecology & Evolutionary Biology
Parley Hannan	Ithaca College	Sr.	3.59	Integrative Studies
Samantha Healy	Ithaca College	Sr.	3.82	Psychology
Jordan Hurlbut	University of Rochester	Gr.	3.52	Microbiology
Meghan Matheny	Ithaca College	Jr.	3.89	Business Administration
Madison Mulder	SUNY Geneseo	Jr.	3.84	Business Administration / Psychology
Emily Pomainville	SUNY Geneseo	Sr.	3.80	English Literature / Gender & Women Studies
Brooke Stanley	RIT	Gr.	3.98/4.00	Mechanical Engineering





# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NCAA Division III

#### NCAA DIVISION III – DISTRICT 4 (PA)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Marielle Avola	Muhlenberg College	Jr.	3.99	Neuroscience
Erin Doherty	Elizabethtown College	Gr.	3.89/3.97	Occupational Therapy
Mica Hanish	Allegheny College	Sr.	4.00	Mathematics
Sarah Lucas	Allegheny College	Sr.	3.81	Psychology
Natalie Novotni	Moravian College	Sr.	3.94	Nursing
Valerie Reiling	Carnegie Mellon University	Sr.	4.00	Mechanical Engineering
Esther Seeland	Messiah University	Jr.	3.99	Biomedical Engineering
Selena Thomas	Westminster College (PA)	Sr.	3.65	International Business
Lauren Wick	Lebanon Valley College	Sr.	3.90	Physical Therapy
Tessa Zamolyi	Misericordia University	Sr.	3.78	Speech Language Pathology

#### NCAA DIVISION III – DISTRICT 5 (AL, AR, FL, GA, KY, MO, MS, NC, PR, SC, TN, VA)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Stephanie Burnett	University of Lynchburg	Sr.	3.95	Management & Human Resources
Julia Dannenbaum	Washington University in St. Louis	Sr.	3.67	Anthropology / Global Health & the Environment
Lizzie Davis	University of Lynchburg	Jr.	3.95	Biomedical Science
Adrianna DeSantis	Christopher Newport University	Jr.	3.99	Neuroscience
Eka Jose	Washington University in St. Louis	Sr.	3.94	Biology / Anthropology / Global Health & Environment
Allison Shelly	Eastern Mennonite University	Jr.	4.00	Political Science
Zoe Stauffer	Christopher Newport University	Sr.	4.00	Cellular, Molecular & Physiological Biology
Rachel Sullivan	Rhodes College	So.	3.81	Economics
Nakiyah Washington	Piedmont College	So.	3.95	Elementary Education
Jackie Wilson	University of Lynchburg	Sr.	3.88	Biomedical Science

#### NCAA DIVISION III – DISTRICT 6 (MI, MN, WI)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Liana Blomgren	The College of St. Scholastica	Sr.	4.00	Exercise Physiology
Helen Dolan	Hamline University	Sr.	3.96	Studio Arts
Larkin Hoepner	University of Wisconsin-Stevens Point	Sr.	3.84	Hydrology
Hannah Kenny	Hope College	Sr.	3.95	Spanish / Social Work
Emma Lawrence	University of Wisconsin-La Crosse	Jr.	3.77	Biology
Alexandra Maddux	Hamline University	Jr.	3.95	Accounting
Annie Needs	Calvin University	Sr.	3.95	Chemical Engineering
Birgen Nelson	Gustavus Adolphus College	So.	3.97	Classics / Political Science
Shelby Nickels	University of Wisconsin-Whitewater	Sr.	3.95	Accounting & Finance
Savannah Rygiewicz	University of Wisconsin-La Crosse	Sr.	3.80	Public Health
Sydney Thompson	University of Wisconsin-Oshkosh	Sr.	3.95	Finance
Paige Woldt	St. Olaf College	Sr.	3.76	Chemistry / Psychology



# 2020-21 Academic All-District® Team Women's Track & Field / Cross Country NCAA Division III

## NCAA DIVISION III – DISTRICT 7 (IL, IN, OH)

### FIRST TEAM

Name	School	Yr.	GPA	Major
Ayana Blair	Illinois Wesleyan University	Sr.	3.82	Biochemistry
Katie Bonney	North Central College	Sr.	3.79	Psychology
Cameron Bujaucius	John Carroll University	Jr.	3.86	Psychology
Favor Ezewuzie	Wheaton College (Illinois)	Sr.	3.71	Elementary Education
Olivia Hurtt	John Carroll University	Jr.	3.99	Biology
Valerie Obear	Trine University	Jr.	3.92	Forensic Science
Emily Smatlak	Anderson University	Sr.	3.93	National Security Studies / Psychology
Rachel TerHaar	University of Chicago	Jr.	3.90	Neuroscience
Kenadee Wayt	University of Mount Union	So.	4.00	Biology
Kelsey Wyman	Illinois Wesleyan University	Sr.	3.86	Neuroscience

## NCAA DIVISION III – DISTRICT 8 (AK, AZ, CA, CO, HI, IA, ID, KS, LA, MT, ND, NE) (NM, NV, OK, OR, SD, TX, UT, WA, WY, Canada)

### FIRST TEAM

Name	School	Yr.	GPA	Major
Elayna Bahl	Loras College	Jr.	3.91	Finance & Accounting
Alison Beeman	University of Dubuque	Sr.	3.69	Digital Art & Design
Breya Christopher	Wartburg College	So.	3.73	Elementary Education
Carina Collet	Wartburg College	Sr.	3.96	English
Holly Dasher	University of Mary Hardin-Baylor	So.	4.00	Education
Marion Edwards	Loras College	Jr.	3.96	Media Studies
Aubrie Fisher	Wartburg College	So.	3.98	Psychology & Sociology
Maria Gonzalez Guerra	Texas Lutheran University	Gr.	4.00/4.00	Business Administration / Accounting
Stevie Lambe	Loras College	Jr.	3.78	Elementary Education
Aspen Rolfes	Nebraska Wesleyan University	Sr.	3.90	Exercise Science
Kassie Rosenbum	Loras College	Sr.	3.49	Kinesiology / Psychology
Alexis Segura	LeTourneau University	Gr.	4.00/4.00	Business Administration



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NAIA

#### NAIA – DISTRICT 1 (AL, CT, DC, DE, FL, GA, MA, MD, ME, MI, NC) (NH, NJ, NY, OH, PA, PR, RI, SC, VA, VT, WV)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Yuriah Bigos	Southeastern University	Jr.	3.71	Exercise Science / Sport Management
Kelsey Billingsley	Cornerstone University (Mich.)	Sr.	3.98	Humanities & Social Studies
Alyssa Campbell	Point Park University	Jr.	4.00	Advertising & Public Relations
Morgan Luedy	Cornerstone University (Mich.)	Sr.	3.89	Exercise Science
Olivia Miller	Carlow University	Sr.	3.67	Biology
Erica Morin	Montreat College	Sr.	3.70	Criminal Justice / Psychology & Human Services
Julia Rohm	Southeastern University	Sr.	3.96	Nursing
Namiah Simpson	Southeastern University	Jr.	3.62	Nursing
Kelli Smith	Cornerstone University (Mich.)	Sr.	3.95	Elementary Education
Amanda Sorokin	Cornerstone University (Mich.)	Sr.	3.68	Exercise Science

#### NAIA – DISTRICT 2 (AR, IL, IN, KY, LA, MS, TN)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Abbey Brennan	Taylor University	Jr.	3.83	Political Science / Philosophy / Economics
Destiny Copeland	Indiana Institute of Technology	Jr.	3.73	Psychology
Avery DeWolf	Milligan University	Jr.	4.00	Communications
Sarah Harden	Taylor University	Sr.	3.81	Exercise Science
Emily Kearney	Milligan University	Gr.	3.87/4.00	Humanities (G)
Gabrielle Mardis	Milligan University	Jr.	4.00	Child & Youth Development
Bekah Owen	Milligan University	Jr.	3.97	Graphic Design
Livy Schroder	Taylor University	Sr.	3.63	Public Relations
Renique Smith	Indiana Institute of Technology	Sr.	3.72	Criminal Justice
Brooke Studnicki	Taylor University	So.	3.97	Elementary Education
Kaylyn Turner	Dillard University	So.	3.84	Nursing
Lisa Voyles	University of the Cumberlands	So.	3.64	Undeclared



# 2020-21 Academic All-District® Team

## Women's Track & Field / Cross Country

### NAIA

#### NAIA – DISTRICT 3 (IA, KS, MN, MO, ND, NE, SD, WI)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Kayla Allen	Friends University	Sr.	3.88	Business Administration
Rachel Battershell	Concordia University (Neb.)	Jr.	3.99	Exercise Science / Chemistry
Emily Bayer	Missouri Baptist University	Jr.	3.98	Nursing
Kaileigh Dill	Tabor College	Sr.	3.88	Elementary Education
Aubry Donley	Friends University	Jr.	3.81	Health Sciences
Aileen Gurrola	Friends University	Sr.	3.76	Elementary Education
Erin Mapson	Concordia University (Neb.)	Jr.	4.00	Exercise Science
Michaela Pieroni	St. Ambrose University	Jr.	3.98	Human Performance & Fitness
Josie Puelz	Concordia University (Neb.)	So.	4.00	Elementary Education
Elizabeth Stottlemire	Concordia University (Neb.)	Sr.	3.73	Biology

#### NAIA – DISTRICT 4 (AK, AZ, CA, CO, HI, ID, MT, NM, NV, OK) (OR, TX, UT, WA, WY, Canada)

##### FIRST TEAM

Name	School	Yr.	GPA	Major
Emily Adams	Lewis-Clark State College	Sr.	3.70	Kinesiology
Ariana Anderson	Embry-Riddle University (Ariz.)	Jr.	3.97	Aerospace Engineering
Madison Carson	Lewis-Clark State College	Sr.	3.72	Radiographic Science
Brittany Coleman	Warner Pacific University	Sr.	3.30	Social Work
Bailey Cossentine	William Jessup University	Gr.	3.88/3.88	Kinesiology
Kyla Danielson	William Jessup University	Sr.	3.93	Business
Marley Greene	University of Montana Western	Sr.	4.00	Elementary Education
Kaitlyn Heffernan	Oklahoma City University	So.	4.00	Music
Michelle Herbes	Eastern Oregon University	Jr.	3.61	Physical Activity & Health
Alexis Jones	William Jessup University	Jr.	3.95	Kinesiology
Jennifer Maldonado	Arizona Christian University	Jr.	3.91	Early Childhood Education
Eireann O'Connor	University of Montana Western	Sr.	3.32	Natural Horsemanship
Haleigh Schwartz	Northwest University (Wash.)	Sr.	4.00	Biology
Abbey Shirts	College of Idaho	So.	3.94	Exercise Science
Lauren Smith	William Jessup University	Sr.	3.98	Liberal Studies
Ellie Summers	Northwest University (Wash.)	Sr.	3.99	Marketing
Beyel Tubbs	Oklahoma City University	Sr.	3.98	Criminal Justice