

Carleton Relays - 4/16/2021 to 4/17/2021

Carleton College

Results

10 Capistrant-Kinney, Trigg FR Gustavus 2:03.81

Men 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Quiring, Wyatt	SO Gustavus	11.45q 0.2
2	Zeitchick, Seth	FR Gustavus	11.55q 0.2
3	Nissen, Matthew	FR St. Olaf	11.79q 0.2
4	Fisher, Henry	FR St. Olaf	11.80q 0.2
5	Flentje, Dominic	FR Gustavus	12.02q 0.2
5	Souksavath, Sean	FR St. Olaf	12.02q -0.5
7	Basu, Henry	JR Macalester	12.03q -0.5
8	Kazor, Jonathan	FR Macalester	12.21q -0.5
9	Elahi, Rayan	FR St. Olaf	12.55 -0.5

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Quiring, Wyatt	SO Gustavus	22.52 -1.7
2	Zeitchick, Seth	FR Gustavus	23.03 -1.7
3	Forbes, Duncan	SO St. Olaf	23.22 -1.7
4	Wieker, Evan	FR Gustavus	23.95 -1.7
5	Fisher, Henry	FR St. Olaf	24.02 -1.3
6	Flentje, Dominic	FR Gustavus	24.05 -1.7
7	Kildal-Brandt, Stefan	FR St. Olaf	24.47 -1.3
8	Basu, Henry	JR Macalester	24.72 -1.3
9	Day, Logan	SO St. Olaf	24.73 -1.3
10	Gonzalez-Ramirez, Jose	FR St. Olaf	24.96 2.6
11	Sullivan, Logan	FR Gustavus	25.28 2.6
12	Nissen, Matthew	FR St. Olaf	25.57 2.6

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Rives, Bridger	SO Carleton	52.36
2	Kennedy, Liam	FR Carleton	52.37
3	Fong, Jeremy	FR Carleton	52.79
4	Nichols, Danny	FR St. Olaf	53.28
5	Gonzalez-Ramirez, Jose	FR St. Olaf	54.44

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Stresemann, Sam	JR St. Olaf	1:57.87
2	Fong, Jeremy	FR Carleton	1:58.60
3	Primozych, Sam	SR St. Olaf	1:59.07
4	Perry, Ben	SO Carleton	2:00.22
	58.72 (58.72)	2:00.22 (1:01.51)	
5	Marble, Jack	FR Gustavus	2:00.93
6	Gast, Dylan	SO Gustavus	2:01.84
7	Rives, Bridger	SO Carleton	2:02.65
8	McManus, Charlie	FR Macalester	2:03.05
	1:00.09 (1:00.09)	2:03.05 (1:02.96)	
9	McNall, Spencer	JR Macalester	2:03.62
	1:00.53 (1:00.53)	2:03.62 (1:03.09)	

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11	Gilbertson, Henrik	SO	St. Olaf	2:04.12	17	Vanspriell, Sam	FR	Macalester	4:19.02
12	Abdi Mohamed, Mohamed	JR	Macalester	2:04.37		50.53 (50.53)		2:00.45 (1:09.92)	3:11.72 (1:11.28)
13	Michels, Corbin	FR	Gustavus	2:04.51	18	Montresor, Kevin	FR	St. Olaf	4:21.04
14	Witt, Lachlan	SO	Macalester	2:04.99		48.95 (48.95)		1:59.78 (1:10.84)	3:11.33 (1:11.55)
	1:01.38 (1:01.38)		2:04.99 (1:03.61)						
15	Michael, Zane	SO	Gustavus	2:05.12					
16	Finn, Michael	JR	St. Olaf	2:05.92					
17	Johnson, Adrian	SR	Macalester	2:06.60					
18	Hansen, Marcus	FR	Gustavus	2:06.75					
19	Diercks, Korrigan	FR	Gustavus	2:07.84					
20	Gushwa, Agro	FR	Gustavus	2:08.34					
21	McCabe, Jack	SO	Gustavus	2:10.10					
22	Mayer, Max	SO	St. Olaf	2:11.14					
23	Hunsanger, Brett	JR	Macalester	2:11.36					
24	Mayse, Smith	JR	Macalester	2:12.35					
25	Marble, Sam	FR	Gustavus	2:15.59					

Men 1500 Meter Run

Name	Yr	School	Finals
Finals			
1	Kosche, Reuben	SO St. Olaf	3:58.64
	47.38 (47.38)	1:56.13 (1:08.76)	2:58.61 (1:02.48)
2	Sather, Zak	FR Carleton	4:03.22
	47.80 (47.80)	1:56.39 (1:08.59)	2:59.16 (1:02.78)
3	Munoz, Julian	FR St. Olaf	4:04.98
	48.04 (48.04)	3:00.43 (2:12.39)	3:07.84 (7.41)
4	Wallin, Tucker	FR Gustavus	4:05.56
	48.22 (48.22)	1:56.99 (1:08.77)	3:02.33 (1:05.34)
5	Cassidy, Elliott	SO St. Olaf	4:05.81
	47.62 (47.62)	1:56.08 (1:08.46)	2:58.80 (1:02.72)
6	Sagedahl, Penn	FR St. Olaf	4:07.04
	47.77 (47.77)	1:56.59 (1:08.83)	3:00.79 (1:04.20)
7	Curtis, Ian	FR St. Olaf	4:08.75
	49.27 (49.27)	1:56.90 (1:07.64)	3:03.10 (1:06.20)
8	Getty, Drew	FR Macalester	4:12.95
	50.07 (50.07)	1:59.68 (1:09.61)	3:09.14 (1:09.47)
9	Lynn, David	FR St. Olaf	4:14.05
	49.94 (49.94)	1:59.48 (1:09.55)	3:08.33 (1:08.85)
10	Bocovich, Logan	FR St. Olaf	4:14.23
	47.57 (47.57)	1:56.45 (1:08.88)	1:56.76 (0.32)
11	Ellefson-Carnes, Arne	FR St. Olaf	4:15.63
	49.75 (49.75)	1:58.04 (1:08.30)	3:05.11 (1:07.08)
12	Perry, Ben	SO Carleton	4:16.28
	48.17 (48.17)	1:57.07 (1:08.90)	3:09.02 (1:11.96)
13	Estrada, Gabe	FR St. Olaf	4:16.30
	50.65 (50.65)	2:00.33 (1:09.68)	3:11.12 (1:10.79)
14	Scruggs, Nathan	JR Gustavus	4:16.60
	51.97 (51.97)	2:01.96 (1:10.00)	3:10.64 (1:08.68)
15	Cote, Anders	FR St. Olaf	4:17.82
	49.09 (49.09)	1:59.73 (1:10.65)	3:09.67 (1:09.94)
16	Fendig, Alex	FR Macalester	4:18.80
	50.33 (50.33)	1:59.96 (1:09.64)	3:10.95 (1:10.99)

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Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
19 Kerr, Fred	JR	Macalester	4:21.44
52.23 (52.23)	2:02.50 (1:10.28)	3:11.11 (1:08.61)	
20 Herzog, Jonah	JR	St. Olaf	4:22.16
49.75 (49.75)	2:00.21 (1:10.47)	3:11.65 (1:11.44)	
21 Miest, Jackson	FR	Gustavus	4:28.90
52.62 (52.62)	2:04.12 (1:11.51)	3:18.14 (1:14.03)	
22 Simcox, Luke	FR	St. Olaf	4:29.04
51.98 (51.98)	2:02.23 (1:10.25)	3:13.10 (1:10.88)	
23 Useche, Mateo	FR	Macalester	4:31.80
52.24 (52.24)	2:03.51 (1:11.28)	3:21.18 (1:17.67)	
24 Kerbeshian, Nick	JR	Gustavus	4:35.24
53.12 (53.12)	2:05.57 (1:12.45)	3:22.17 (1:16.60)	
25 Rachlin, Peter	SO	Macalester	4:48.24
51.23 (51.23)	2:03.93 (1:12.71)	3:23.55 (1:19.62)	

7 Bowman, Henry	FR	Carleton	15:50.72
35.68 (35.68)	1:50.98 (1:15.31)	3:04.77 (1:13.80)	
4:20.35 (1:15.58)	5:36.64 (1:16.29)	6:53.97 (1:17.34)	
8:12.25 (1:18.28)	9:29.98 (1:17.74)	10:46.54 (1:16.57)	
12:03.78 (1:17.24)	13:22.15 (1:18.38)	14:39.41 (1:17.26)	

Men 5000 Meter Run

Name	Yr	School	Finals
Finals			
1 Wilkinson, Matthew	JR	Carleton	14:23.66
32.10 (32.10)	1:39.71 (1:07.61)	2:49.41 (1:09.70)	
3:58.42 (1:09.01)	5:08.66 (1:10.25)	6:17.95 (1:09.29)	
7:28.01 (1:10.06)	8:38.97 (1:10.96)	9:48.99 (1:10.03)	
10:59.15 (1:10.17)	12:09.00 (1:09.85)	13:17.66 (1:08.67)	
2 Hinchcliffe, Henry	FR	Gustavus	15:20.31
33.99 (33.99)	1:48.06 (1:14.08)	3:01.45 (1:13.39)	
4:16.06 (1:14.62)	5:31.20 (1:15.14)	6:45.95 (1:14.75)	
8:00.37 (1:14.42)	9:16.46 (1:16.10)	10:31.99 (1:15.53)	
11:45.32 (1:13.34)	12:59.02 (1:13.71)	14:11.30 (1:12.28)	
3 Santos, Ben	SO	Carleton	15:23.07
33.76 (33.76)	1:47.91 (1:14.16)	3:02.45 (1:14.54)	
4:16.73 (1:14.28)	5:30.96 (1:14.24)	6:45.73 (1:14.77)	
8:00.95 (1:15.23)	9:16.75 (1:15.81)	10:32.19 (1:15.44)	
11:46.27 (1:14.08)	13:00.00 (1:13.73)	14:14.06 (1:14.07)	
4 Nakasaka, Adam	SO	Carleton	15:27.49
35.40 (35.40)	1:50.58 (1:15.19)	3:04.51 (1:13.93)	
4:19.75 (1:15.25)	5:33.81 (1:14.06)	6:47.83 (1:14.03)	
8:02.46 (1:14.63)	9:17.14 (1:14.68)	10:31.79 (1:14.65)	
11:47.06 (1:15.27)	13:03.34 (1:16.29)	14:18.56 (1:15.22)	
5 Massanari, Noah	FR	St. Olaf	15:30.72
35.17 (35.17)	1:50.53 (1:15.36)	3:04.96 (1:14.44)	
4:20.42 (1:15.46)	5:34.67 (1:14.25)	6:49.78 (1:15.12)	
8:05.67 (1:15.89)	9:21.55 (1:15.89)	10:37.94 (1:16.39)	
11:54.84 (1:16.91)	13:11.73 (1:16.90)	14:26.20 (1:14.47)	
6 Lawhead, Brock	FR	St. Olaf	15:34.75
34.57 (34.57)	1:50.22 (1:15.65)	3:04.58 (1:14.37)	
4:19.83 (1:15.25)	5:33.88 (1:14.06)	6:48.04 (1:14.17)	
8:02.65 (1:14.62)	9:17.41 (1:14.76)	9:35.72 (18.31)	
10:32.71 (57.00)	11:49.24 (1:16.53)	13:07.96 (1:18.72)	
14:24.00 (1:16.05)			

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8	Melville, Chris	FR	Carleton	15:56.59	3	Levy, Elijah	SR	Macalester	36:55.91
	36.53 (36.53)	1:51.79 (1:15.27)	3:07.07 (1:15.28)			1:24.53 (1:24.53)	2:50.38 (1:25.86)	4:15.43 (1:25.05)	
	5:36.95 (2:29.89)	6:54.24 (1:17.29)	8:12.51 (1:18.27)			5:39.83 (1:24.40)	7:05.17 (1:25.35)	8:31.24 (1:26.08)	
	9:29.66 (1:17.15)	10:46.12 (1:16.47)	12:03.54 (1:17.42)			9:57.48 (1:26.25)	11:26.06 (1:28.58)	12:56.01 (1:29.95)	
	13:22.72 (1:19.19)	14:41.54 (1:18.82)				14:25.54 (1:29.54)	15:56.18 (1:30.64)	17:26.30 (1:30.12)	
9	Chao, Ben	FR	Carleton	15:57.93		18:56.33 (1:30.03)	20:27.07 (1:30.75)	21:57.48 (1:30.42)	
	36.82 (36.82)	1:52.37 (1:15.55)	3:09.95 (1:17.59)			23:28.71 (1:31.23)	25:00.24 (1:31.53)	26:31.87 (1:31.64)	
	4:27.16 (1:17.21)	5:43.51 (1:16.35)	7:00.83 (1:17.32)			28:01.55 (1:29.68)	29:33.27 (1:31.73)		
	8:18.56 (1:17.74)	10:53.10 (2:34.55)	12:10.72 (1:17.62)			32:33.86 (1:29.84)	34:03.94 (1:30.09)	35:32.88 (1:28.94)	
	13:28.34 (1:17.63)	14:46.76 (1:18.43)				36:55.91 (1:23.04)			
10	Ripley, Lars	SO	St. Olaf	16:01.66					
	1:51.28 (1:51.28)	3:06.73 (1:15.45)	4:23.58 (1:16.86)						
	5:39.76 (1:16.18)	6:58.85 (1:19.09)	8:18.26 (1:19.42)						
	9:37.05 (1:18.80)	10:55.06 (1:18.01)	12:14.18 (1:19.12)						
	13:32.67 (1:18.50)	14:50.57 (1:17.90)							
11	Franke, Charles	FR	Gustavus	17:24.34					
	36.07 (36.07)	1:53.73 (1:17.66)	3:14.09 (1:20.37)						
	4:36.58 (1:22.49)	5:59.74 (1:23.17)	7:25.58 (1:25.84)						
	8:51.85 (1:26.28)	10:18.76 (1:26.91)	11:45.70 (1:26.95)						
	13:12.38 (1:26.68)	14:38.79 (1:26.42)	16:03.81 (1:25.02)						

Men 10000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Mueller, Lucas	JR	Carleton	31:27.15
	1:16.22 (1:16.22)	2:29.48 (1:13.26)	3:43.29 (1:13.82)	
	4:59.53 (1:16.25)	6:14.22 (1:14.70)	7:29.21 (1:14.99)	
	8:44.89 (1:15.69)	10:01.25 (1:16.36)	11:16.86 (1:15.62)	
	12:32.65 (1:15.79)	13:49.63 (1:16.98)	15:05.36 (1:15.74)	
	16:20.66 (1:15.31)	17:35.74 (1:15.08)	18:50.99 (1:15.25)	
	20:06.52 (1:15.54)	21:22.47 (1:15.96)	22:38.73 (1:16.26)	
	23:55.65 (1:16.93)	25:12.59 (1:16.94)		
	27:44.55 (1:16.34)	28:59.35 (1:14.80)	30:14.46 (1:15.11)	
	31:27.15 (1:12.70)			
2	Raabe-Pavlov, Chris	SO	St. Olaf	33:50.22
	1:19.49 (1:19.49)	2:39.99 (1:20.50)	4:01.19 (1:21.21)	
	5:22.13 (1:20.95)	6:46.68 (1:24.55)	8:06.98 (1:20.30)	
	9:30.04 (1:23.06)	10:50.86 (1:20.83)	12:12.08 (1:21.22)	
	13:34.11 (1:22.04)	14:55.65 (1:21.55)	16:16.52 (1:20.88)	
	17:39.46 (1:22.94)	19:00.11 (1:20.65)	20:21.39 (1:21.28)	
	21:42.73 (1:21.35)	23:04.02 (1:21.29)	24:26.14 (1:22.12)	
	25:48.48 (1:22.34)	27:11.66 (1:23.18)		
	29:54.71 (1:21.22)	31:16.45 (1:21.74)	32:36.14 (1:19.69)	
	33:50.22 (1:14.08)			

Carleton Relays - 4/16/2021 to 4/17/2021

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Men 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Rooney, Taylor	JR Gustavus	14.00 +0.0
2	Kramarczuk, Lucas	FR St. Olaf	15.20 +0.0
3	Lord, Demetri	FR St. Olaf	16.21 +0.0
4	Colich, Jacob	FR St. Olaf	16.57 +0.0
5	Day, Logan	SO St. Olaf	17.58 +0.0
6	Rian, Woody	FR St. Olaf	18.22 1.0
7	Mortensen, Ian	FR Carleton	18.46 1.0

Men 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Colich, Jacob	FR St. Olaf	58.16
2	Kramarczuk, Lucas	FR St. Olaf	58.75
3	Kinnucan, Ryan	JR Macalester	1:01.60
4	Baker, Grant	FR Gustavus	1:02.91

Men 3000 Meter Steeplechase

Name	Yr	School	Finals
Finals			
1	Kelly, Will	FR St. Olaf	9:50.20
2	Lindgren, Lukas	JR St. Olaf	10:14.40
3	Lange, Jens	SO St. Olaf	10:18.20
4	Narum, Anders	SO St. Olaf	10:35.30
5	Larson, Peter	SO St. Olaf	10:53.70

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Gustavus	A 42.54
	1) Zeitchick, Seth FR	2) Rooney, Taylor JR
	3) DuMoulin, Alexander SO	4) Quiring, Wyatt SO
2	Macalester	A 45.99
	1) Kinnucan, Ryan JR	2) Murphy, Will SO
	3) Basu, Henry JR	4) Arimi, Johanan SR
3	Gustavus	B 46.53
	1) Troy, Avery JR	2) Wieker, Evan FR
	3) Baker, Grant FR	4) Flentje, Dominic FR

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	St. Olaf	A 3:29.52
	1) Peper, Stephen SO	2) Forbes, Duncan SO
	3) Nichols, Danny FR	4) Colich, Jacob FR
2	Carleton	A 3:30.79
	1) Kennedy, Liam FR	2) Mortensen, Ian FR
	3) Rives, Bridger SO	4) Fong, Jeremy FR
3	Macalester	A 3:37.88
	1) Kinnucan, Ryan JR	2) McNall, Spencer JR
	3) McManus, Charlie FR	4) Witt, Lachlan SO

Men High Jump

Name	Yr	School	Finals
Finals			
1	Peper, Stephen	SO St. Olaf	2.06m
2	Edwards, Nick	JR St. Olaf	1.78m
3	Subramanian, Aravindh	SO Carleton	1.78m
4	Wieker, Evan	FR Gustavus	1.73m
5	Gushwa, Agro	FR Gustavus	1.68m

Men Pole Vault

Name	Yr	School	Finals
Finals			
1	Schuster, Owen	SO Carleton	4.12m
2	Elahi, Rayan	FR St. Olaf	3.82m
3	Urbaniak, Ben	FR Gustavus	3.52m
3	Askegaard, Lars	FR St. Olaf	3.52m
---	Fredrick, Owen	SO Gustavus	NH

Men Long Jump

Name	Yr	School	Finals
Finals			
1	DuMoulin, Alexander	SO Gustavus	6.68m 0.5
2	Arimi, Johanan	SR Macalester	6.41m 1.1
3	Peper, Stephen	SO St. Olaf	6.32m 0.7
4	Murphy, Will	SO Macalester	6.18m 1.4
5	Kramarczuk, Lucas	FR St. Olaf	6.08m +0.0
6	Day, Logan	SO St. Olaf	5.87m 0.7
7	Troy, Avery	JR Gustavus	5.71m 2.1
8	Lord, Demetri	FR St. Olaf	5.51m +0.0
9	Souksavath, Sean	FR St. Olaf	5.44m +0.0
9	Edwards, Nick	JR St. Olaf	5.44m +0.0
11	Rian, Woody	FR St. Olaf	4.89m +0.0

Men Triple Jump

Name	Yr	School	Finals
Finals			
1	DuMoulin, Alexander	SO Gustavus	13.67m 1.3
2	Arimi, Johanan	SR Macalester	12.61m +0.0
3	Murphy, Will	SO Macalester	12.54m +0.0
4	Subramanian, Aravindh	SO Carleton	12.15m 1.6

Men Shot Put

Name	Yr	School	Finals
Finals			
1	Orzolek, Steven	SO Gustavus	16.03m
2	Gag, Connor	SO Gustavus	10.63m

Men Discus Throw

Name	Yr	School	Finals
Finals			
1	Gag, Connor	SO Gustavus	41.93m
2	Anderson, Erik	SR Macalester	30.96m
3	Lord, Demetri	FR St. Olaf	27.45m

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4	Mortensen, Ian	FR Carleton	26.48m
5	Askegaard, Lars	FR St. Olaf	26.35m
6	Rian, Woody	FR St. Olaf	24.49m

Men Hammer Throw

	Name	Yr	School	Finals
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Finals

1	Orzolek, Steven	SO	Gustavus	48.66m
2	Beiswanger, Joshua	FR	Gustavus	48.03m

Men Javelin Throw

	Name	Yr	School	Finals
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Finals

1	Mortensen, Ian	FR	Carleton	51.94m
2	Eckersley-Ray, Noah	FR	Carleton	48.46m
3	Edwards, Nick	JR	St. Olaf	39.47m
4	Dragseth, Luke	FR	Gustavus	38.12m
5	Veimau, Justin	FR	Macalester	35.98m
6	Lord, Demetri	FR	St. Olaf	35.40m
7	Rian, Woody	FR	St. Olaf	35.35m
8	Peper, Stephen	SO	St. Olaf	27.00m