

Tribute Triangular #2020
Hosted by UW-La Crosse

Men 100 Meter Dash

| Name | Yr | School | H# | Result | W |
|----------------------|----------------------|--------------|----|--------|-----|
| Preliminaries | | | | | |
| 1 | Holden, Seth | JR La Crosse | 2 | 10.69 | 5.5 |
| 2 | Koenecke, Josh | JR La Crosse | 1 | 10.72 | 3.1 |
| 3 | DeBruin, Troy | SR La Crosse | 3 | 10.85 | 2.2 |
| 4 | Reichart, Spencer | SO La Crosse | 2 | 10.80 | 5.5 |
| 5 | Heilman, Brent | JR Stout | 3 | 10.94 | 2.2 |
| 6 | Sadowski, Samuel | SR La Crosse | 2 | 10.96 | 5.5 |
| 7 | Conroy, Tyler | FR La Crosse | 1 | 11.15 | 3.1 |
| 8 | Steinberg, Mackenson | JR Stout | 1 | 11.18 | 3.1 |
| 9 | Harris, Tyler | SO La Crosse | 3 | 11.18 | 2.2 |
| 10 | Hermes, Andrew | FR La Crosse | 2 | 11.19 | 5.5 |
| 11 | Wente, Carter | FR Stout | 3 | 11.24 | 2.2 |
| 12 | Hahn, Carter | FR La Crosse | 3 | 11.25 | 2.2 |
| 13 | Nesja, Daniel | SO Stout | 2 | 11.28 | 5.5 |
| 14 | Kotarak, Justin | JR La Crosse | 1 | 11.33 | 3.1 |
| 15 | Daley, Evan | SO La Crosse | 2 | 11.50 | 5.5 |
| 16 | Crory, Nick | SO La Crosse | 3 | 11.55 | 2.2 |
| 17 | Asembo, Jakes | FR Stout | 2 | 11.65 | 5.5 |
| 18 | Green, Caleb | FR Stout | 1 | 11.69 | 3.1 |
| 19 | Roerber, Jack | FR Stout | 3 | 11.74 | 2.2 |
| 20 | Roehl, Chase | SO La Crosse | 1 | 11.79 | 3.1 |
| 21 | Flentje, Dominic | FR Gustavus | 1 | 11.88 | 3.1 |
| 22 | Wieker, Evan | FR Gustavus | 3 | 12.28 | 2.2 |
| 23 | Helget, Zachary | FR Stout | 1 | 12.70 | 3.1 |

Men 100 Meter Dash

| Name | Yr | School | Result | W |
|---------------|----------------------|--------------|--------|-----|
| Finals | | | | |
| 1 | Holden, Seth | JR La Crosse | 10.57 | 4.5 |
| 2 | Koenecke, Josh | JR La Crosse | 10.63 | 4.5 |
| 3 | DeBruin, Troy | SR La Crosse | 10.66 | 4.5 |
| 4 | Heilman, Brent | JR Stout | 10.67 | 4.5 |
| 5 | Reichart, Spencer | SO La Crosse | 10.80 | 4.5 |
| 6 | Sadowski, Samuel | SR La Crosse | 11.02 | 4.5 |
| 7 | Harris, Tyler | SO La Crosse | 11.07 | 4.5 |
| 8 | Steinberg, Mackenson | JR Stout | 11.10 | 4.5 |
| 9 | Conroy, Tyler | FR La Crosse | 11.13 | 4.5 |
| 10 | Hermes, Andrew | FR La Crosse | 11.21 | 4.5 |

Men 200 Meter Dash

| Name | Yr | School | H# | Result | W |
|---------------|-------------------|--------------|----|--------|-----|
| Finals | | | | | |
| 1 | DeBruin, Troy | SR La Crosse | 1 | 21.51 | 3.8 |
| 2 | Holden, Seth | JR La Crosse | 1 | 21.55 | 3.8 |
| 3 | Heilman, Brent | JR Stout | 1 | 21.78 | 3.8 |
| 4 | Pearce, Caden | SO La Crosse | 1 | 21.85 | 3.8 |
| 5 | Reichart, Spencer | SO La Crosse | 2 | 22.05 | 4.2 |
| 6 | Sullivan, Jake | JR La Crosse | 1 | 22.27 | 3.8 |
| 7 | Quiring, Wyatt | SO Gustavus | 2 | 22.34 | 4.2 |
| 8 | Hill, Addison | FR La Crosse | 1 | 22.38 | 3.8 |
| 9 | Hahn, Carter | FR La Crosse | 2 | 22.48 | 4.2 |
| 10 | Kotarak, Justin | JR La Crosse | 1 | 22.71 | 3.8 |
| 11 | Conroy, Tyler | FR La Crosse | 2 | 22.79 | 4.2 |

| | | | | | |
|-----|----------------------|--------------|---|-------|-----|
| 12 | Steinberg, Mackenson | JR Stout | 2 | 22.89 | 4.2 |
| 13 | Carroll, Lucas | JR Stout | 2 | 22.94 | 4.2 |
| 14 | Zeitchick, Seth | FR Gustavus | 3 | 23.13 | 3.1 |
| 15 | Pischke, Andrew | JR La Crosse | 2 | 23.38 | 4.2 |
| 16 | Johnson, Noah | SO Gustavus | 3 | 23.62 | 3.1 |
| 17 | Cady, William | FR La Crosse | 3 | 23.76 | 3.1 |
| 18 | Wieker, Evan | FR Gustavus | 3 | 24.15 | 3.1 |
| 19 | Sullivan, Justin | FR La Crosse | 3 | 24.40 | 3.1 |
| 20 | Flentje, Dominic | FR Gustavus | 3 | 24.50 | 3.1 |
| 21 | Gushwa, Agro | FR Gustavus | 2 | 24.58 | 4.2 |
| 22 | Sullivan, Logan | FR Gustavus | 3 | 26.20 | 3.1 |
| 23 | Helget, Zachary | FR Stout | 3 | 26.21 | 3.1 |
| --- | Koenecke, Josh | JR La Crosse | 1 | DNF | 3.8 |

Men 400 Meter Dash

| Name | Yr | School | H# | Result |
|---------------|--------------------|-------------|----|--------|
| Finals | | | | |
| 1 | Lohrenz, Cody | JR Stout | 1 | 50.38 |
| 2 | Carroll, Lucas | JR Stout | 1 | 51.48 |
| 3 | Zeitchick, Seth | FR Gustavus | 1 | 51.71 |
| 4 | Pulchinski, Keegan | FR Stout | 1 | 51.96 |
| 5 | Jelinek, Owen | FR Stout | 1 | 52.08 |
| 6 | Dick, Brandon | FR Stout | 1 | 52.55 |
| 7 | Hess, John | SO Stout | 2 | 53.28 |
| 8 | Oviguian, Peter | FR Gustavus | 2 | 53.64 |
| 9 | Zachgo, Hayden | FR Stout | 1 | 54.00 |
| 10 | Gushwa, Agro | FR Gustavus | 2 | 54.42 |

Men 800 Meter Run

| Name | Yr | School | Result |
|---------------|------------------------|--------------|---------|
| Finals | | | |
| 1 | Madoch, Michael | SO La Crosse | 1:57.18 |
| 2 | Kisting, Tyler | FR La Crosse | 1:57.27 |
| 3 | Hansford, Brian | SR La Crosse | 1:57.71 |
| 4 | Schacherl, Nathan | FR La Crosse | 1:59.00 |
| 5 | Franz, Chad | FR La Crosse | 2:00.40 |
| 6 | Degonda, Jack | SO Gustavus | 2:02.76 |
| 7 | Capistrant-Kinney, Tri | FR Gustavus | 2:04.16 |
| 8 | Wallin, Tucker | FR Gustavus | 2:06.05 |
| 9 | Marble, Jack | FR Gustavus | 2:06.97 |
| 10 | Hansen, Marcus | FR Gustavus | 2:07.05 |
| --- | Lueck, Dirk | FR La Crosse | DNF |

Men 1500 Meter Run

| Name | Yr | School | Result |
|---------------|------------------|-------------|---------|
| Finals | | | |
| 1 | Scruggs, Nathan | JR Gustavus | 4:23.53 |
| 2 | Wilson, Josh | SO Gustavus | 4:27.87 |
| 3 | Kerbeshian, Nick | JR Gustavus | 4:54.00 |

Men 5000 Meter Run

| Name | Yr | School | Result |
|---------------|--------------------|-------------|----------|
| Finals | | | |
| 1 | Hinchcliffe, Henry | FR Gustavus | 15:24.64 |
| 2 | Stumbo, Andrew | JR Gustavus | 15:27.92 |
| 3 | Grant, Garet | SO Gustavus | 15:29.60 |

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Finals ... (Men 5000 Meter Run)

| Name | Yr | School | Result |
|----------------------|----|----------|----------|
| 4 Knutson, Bryce | SO | Gustavus | 15:48.88 |
| 5 Gilbertson, Jeremy | JR | Gustavus | 15:51.25 |
| 6 Olson, Casey | JR | Gustavus | 15:51.65 |
| 7 LaVigne, Trevor | FR | Gustavus | 16:08.10 |
| 8 McCullough, Eamonn | SO | Gustavus | 16:32.48 |
| 9 Payne, Matt | SO | Gustavus | 16:36.37 |
| 10 McCullough, Logan | FR | Gustavus | 16:37.70 |
| 11 Olson, Anders | JR | Gustavus | 16:53.34 |

Men 110 Meter Hurdles

| Name | Yr | School | H# | Result | W |
|----------------------|----|-----------|----|--------|-----|
| Preliminaries | | | | | |
| 1 Rooney, Taylor | JR | Gustavus | 1 | 14.00 | 3.9 |
| 2 Murman, Dillon | JR | La Crosse | 2 | 14.63 | 3.7 |
| 3 Reilly, Carson | FR | La Crosse | 2 | 15.05 | 3.7 |
| 4 Wente, Carter | FR | Stout | 1 | 15.36 | 3.9 |
| 5 Jones, Ben | JR | La Crosse | 2 | 15.47 | 3.7 |
| 6 Beck, Noah | FR | Stout | 2 | 15.59 | 3.7 |
| 7 Zachgo, Hayden | FR | Stout | 2 | 16.68 | 3.7 |
| 8 Block, Gunnar | FR | La Crosse | 1 | 17.02 | 3.9 |
| 9 Dick, Brandon | FR | Stout | 2 | 20.91 | 3.7 |
| --- Pischke, Andrew | JR | La Crosse | 1 | DNF | 3.9 |
| --- Daley, Evan | SO | La Crosse | 2 | DNF | 3.7 |

Men 110 Meter Hurdles

| Name | Yr | School | Result | W |
|------------------|----|-----------|--------|-----|
| Finals | | | | |
| 1 Rooney, Taylor | JR | Gustavus | 13.72 | 5.1 |
| 2 Murman, Dillon | JR | La Crosse | 14.53 | 5.1 |
| 3 Reilly, Carson | FR | La Crosse | 14.78 | 5.1 |
| 4 Wente, Carter | FR | Stout | 15.12 | 5.1 |
| 5 Beck, Noah | FR | Stout | 15.34 | 5.1 |
| 6 Jones, Ben | JR | La Crosse | 15.57 | 5.1 |
| 7 Zachgo, Hayden | FR | Stout | 16.58 | 5.1 |
| 8 Block, Gunnar | FR | La Crosse | 16.67 | 5.1 |

Men 400 Meter Hurdles

| Name | Yr | School | Result |
|-----------------|----|----------|---------|
| Finals | | | |
| 1 Beck, Noah | FR | Stout | 59.20 |
| 2 Wente, Carter | FR | Stout | 1:01.95 |
| 3 Baker, Grant | FR | Gustavus | 1:05.34 |

Men 4x400 Meter Relay

| Team | Relay | Result |
|-------------------------|--------------------------|---------|
| Finals | | |
| 1 Wis.-Stout | A | 3:27.61 |
| 1) Lohrenz, Cody JR | 2) Pulchinski, Keegan FR | |
| 3) Jelinek, Owen FR | 4) Hess, John SO | |
| 2 Wis.-La Crosse | B | 3:29.77 |
| 1) Turner, Alex JR | 2) Madoch, Michael SO | |
| 3) Kisting, Tyler FR | 4) Hansford, Brian SR | |
| 5) Schacherl, Nathan FR | 6) Franz, Chad FR | |

| | | |
|----------------------|-----------------------|---------|
| 3 Gustavus Adolphus | A | 3:33.79 |
| 1) Quiring, Wyatt SO | 2) Olfert, Nick SO | |
| 3) Subah, Isaiah FR | 4) Wilson, Josh SO | |
| 4 Gustavus Adolphus | B | 3:34.34 |
| 1) Johnson, Noah SO | 2) Gushwa, Agro FR | |
| 3) Fette, Alec FR | 4) Zeitchick, Seth FR | |
| 5) Gast, Dylan SO | | |
| 5 Wis.-La Crosse | C | 3:35.28 |
| 1) Daley, Evan SO | 2) Jones, Ben JR | |
| 3) Block, Gunnar FR | 4) Larson, Logan SO | |

Men High Jump

| Name | Yr | School | Result |
|-------------------|----|-----------|---------------|
| Finals | | | |
| 1 Haynes, Matt | SR | La Crosse | 1.86m 6-01.25 |
| 2 Dick, Brandon | FR | Stout | 1.81m 5-11.25 |
| 3 Zachgo, Hayden | FR | Stout | 1.76m 5-09.25 |
| 4 Sullivan, Logan | FR | Gustavus | 1.66m 5-05.25 |
| --- Wieker, Evan | FR | Gustavus | NH |

Men Pole Vault

| Name | Yr | School | Result |
|----------------------|----|-----------|----------------|
| Finals | | | |
| 1 Knoche, Tommy | JR | La Crosse | 4.88m 16-00.00 |
| 2 Larson, Logan | SO | La Crosse | 4.73m 15-06.25 |
| 3 Petron, Hawkin | FR | Stout | 4.58m 15-00.25 |
| 4 Schuster, Kaleb | JR | La Crosse | 4.43m 14-06.25 |
| 5 Young, Gaelen | FR | La Crosse | 4.28m 14-00.50 |
| 6 Tomazevic, Jacob | SO | Stout | 4.28m 14-00.50 |
| 7 Hayes, Zach | FR | La Crosse | 4.28m 14-00.50 |
| 8 Schultz, Christian | FR | La Crosse | 4.13m 13-06.50 |
| 9 Popke, Sashi | FR | La Crosse | 4.13m 13-06.50 |
| 9 Block, Gunnar | FR | La Crosse | 4.13m 13-06.50 |
| 11 Jones, Ben | JR | La Crosse | 3.68m 12-00.75 |
| 12 Fredrick, Owen | SO | Gustavus | 3.68m 12-00.75 |
| 13 Urbaniak, Ben | FR | Gustavus | 3.38m 11-01.00 |

Men Long Jump

| Name | Yr | School | Result | W |
|--------------------|----|-----------|----------------|-----|
| Finals | | | | |
| 1 Sadowski, Samuel | SR | La Crosse | 7.41m 24-03.75 | 6.2 |
| 2 Hermes, Andrew | FR | La Crosse | 6.60m 21-08.00 | 3.7 |
| 3 Daley, Evan | SO | La Crosse | 6.56m 21-06.25 | 4.1 |
| 4 Roeber, Jack | FR | Stout | 6.52m 21-04.75 | 3.4 |
| 5 Zastrow, Noah | JR | Stout | 6.42m 21-00.75 | 1.4 |
| 6 Subah, Isaiah | FR | Gustavus | 6.20m 20-04.25 | 1.0 |
| 7 Lee, Isaac | SR | Stout | 6.07m 19-11.00 | 4.1 |
| 8 Asembo, Jakes | FR | Stout | 6.06m 19-10.75 | 4.2 |
| 9 Dick, Brandon | FR | Stout | 5.91m 19-04.75 | 4.5 |
| 10 Zachgo, Hayden | FR | Stout | 5.88m 19-03.50 | 5.1 |
| 11 Fette, Alec | FR | Gustavus | 5.73m 18-09.75 | 2.4 |
| 12 Loera, Jonathan | FR | Stout | 5.60m 18-04.50 | 5.0 |
| --- Nesja, Daniel | SO | Stout | FOUL | |

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Men Triple Jump

| Name | Yr | School | Result | W |
|------------------|----|-----------|-----------------|-----|
| Finals | | | | |
| 1 Crary, Nick | SO | La Crosse | 13.57m 44-06.25 | 2.6 |
| 2 Roehl, Chase | SO | La Crosse | 13.44m 44-01.25 | 1.9 |
| 3 Cady, William | FR | La Crosse | 13.42m 44-00.50 | 3.7 |
| 4 Fette, Alec | FR | Gustavus | 12.29m 40-04.00 | 4.5 |
| 5 Subah, Isaiiah | FR | Gustavus | 11.95m 39-02.50 | 2.5 |

Men Shot Put

| Name | Yr | School | Result |
|----------------------|----|-----------|-----------------|
| Finals | | | |
| 1 Orzolek, Steven | SO | Gustavus | 16.38m 53-09.00 |
| 2 Ruechel, Kevin | JR | Stout | 15.67m 51-05.00 |
| 3 Benzinger, Alec | JR | Stout | 15.38m 50-05.50 |
| 4 Graf, Daniel | SR | La Crosse | 15.06m 49-05.00 |
| 5 Sitko, Bryce | SO | La Crosse | 13.22m 43-04.50 |
| 6 Lampman, Michael | JR | La Crosse | 13.08m 42-11.00 |
| 7 Bugella, Jacob | JR | Stout | 11.92m 39-01.25 |
| 8 Millard, Derek | SO | Stout | 11.88m 38-11.75 |
| 9 Gag, Connor | SO | Gustavus | 11.75m 38-06.75 |
| 10 Peters, Kyle | FR | La Crosse | 11.02m 36-02.00 |
| 11 Grace, Douglas | FR | La Crosse | 10.95m 35-11.25 |
| 12 Kraus, Isaac | FR | Stout | 10.42m 34-02.25 |
| 13 Kuehl, Anthony | FR | Stout | 9.19m 30-02.00 |
| --- Walechka, Connor | SO | Stout | FOUL |

Men Discus Throw

| Name | Yr | School | Result |
|----------------------|----|-----------|---------------|
| Finals | | | |
| 1 Ruechel, Kevin | JR | Stout | 53.26m 174-09 |
| 2 Lampman, Michael | JR | La Crosse | 48.20m 158-02 |
| 3 Benzinger, Alec | JR | Stout | 47.55m 156-00 |
| 4 Karau, Nate | FR | Stout | 45.73m 150-00 |
| 5 Sitko, Bryce | SO | La Crosse | 41.73m 136-11 |
| 6 Grace, Douglas | FR | La Crosse | 41.10m 134-10 |
| 7 Bugella, Jacob | JR | Stout | 41.08m 134-09 |
| 8 Gag, Connor | SO | Gustavus | 40.37m 132-05 |
| 9 Kraus, Isaac | FR | Stout | 39.70m 130-03 |
| 10 Graf, Daniel | SR | La Crosse | 37.94m 124-06 |
| 11 Hammen, Will | FR | Stout | 37.61m 123-05 |
| 12 Peters, Kyle | FR | La Crosse | 37.19m 122-00 |
| 13 Millard, Derek | SO | Stout | 36.13m 118-06 |
| 14 Williams, Aiden | SO | La Crosse | 33.67m 110-05 |
| --- Kuehl, Anthony | FR | Stout | FOUL |
| --- Walechka, Connor | SO | Stout | FOUL |

Men Hammer Throw

| Name | Yr | School | Result |
|----------------------|----|-----------|---------------|
| Finals | | | |
| 1 Bugella, Jacob | JR | Stout | 58.19m 190-11 |
| 2 Graf, Daniel | SR | La Crosse | 51.57m 169-02 |
| 3 Orzolek, Steven | SO | Gustavus | 51.40m 168-08 |
| 4 Beiswanger, Joshua | FR | Gustavus | 49.03m 160-10 |
| 5 Benzinger, Alec | JR | Stout | 48.80m 160-01 |

| | | | |
|--------------------|----|-----------|---------------|
| 6 Williams, Aiden | SO | La Crosse | 46.45m 152-05 |
| 7 Lampman, Michael | JR | La Crosse | 45.00m 147-08 |
| 8 Walechka, Connor | SO | Stout | 44.73m 146-09 |
| 9 Karau, Nate | FR | Stout | 43.30m 142-01 |
| 10 Ruechel, Kevin | JR | Stout | 42.40m 139-01 |
| 11 Millard, Derek | SO | Stout | 39.59m 129-11 |
| 12 Kraus, Isaac | FR | Stout | 35.81m 117-06 |
| 13 Kuehl, Anthony | FR | Stout | 32.59m 106-11 |
| --- Grace, Douglas | FR | La Crosse | FOUL |
| --- Sitko, Bryce | SO | La Crosse | FOUL |

Men Javelin Throw

| Name | Yr | School | Result |
|--------------------|----|-----------|---------------|
| Finals | | | |
| 1 Schmida, Joe | SR | La Crosse | 53.61m 175-11 |
| 2 Morrison, Alec | JR | La Crosse | 50.35m 165-02 |
| 3 Dragseth, Luke | FR | Gustavus | 34.66m 113-08 |
| 4 Oviguiian, Peter | FR | Gustavus | 33.37m 109-06 |

Men - Team Rankings - 18 Events Scored

| | |
|----------------------|-----|
| 1) Wis.-La Crosse | 124 |
| 2) Wis.-Stout | 101 |
| 3) Gustavus Adolphus | 97 |