

MIAC CROSS COUNTRY CHAMPIONSHIPS

Northfield, MN
Carleton College

Saturday, November 2, 2019

MEET OFFICIALS

Timing:
Wayzata Results, Inc



OFFICIAL MEET REPORT
printed: 11/2/2019 12:39 PM

Race #3
WOMEN • 6 Kilometers (3.73 Miles)

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Carleton	25	1-3-6-7-8(10)(21)	1:50:56	22:12
2 St. Thomas (Minn.)	68	11-12-13-15-17(19)(25)	1:53:14	22:39
3 St. Olaf	79	4-9-16-22-28(30)(33)	1:53:57	22:48
4 Gustavus Adolphus	108	2-18-24-27-37(38)(39)	1:55:10	23:02
5 Concordia-Moorhead	149	14-26-31-35-43(59)(63)	1:57:16	23:28
6 St. Benedict	191	23-29-41-44-54(55)(61)	1:59:22	23:53
7 Macalester	203	32-36-40-46-49(51)(52)	1:59:56	24:00
8 Hamline	224	5-20-62-66-71(72)(74)	2:00:21	24:05
9 Bethel (Minn.)	250	34-45-56-57-58(60)(64)	2:01:56	24:24
10 St. Catherine (Minn.)	272	42-48-50-65-67(70)(75)	2:02:41	24:33
11 Saint Mary's (Minn.)	343	47-69-73-76-78(79)(81)	2:10:04	26:01
12 Augsburg	360	53-68-77-80-82(83)(84)	2:14:25	26:53

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM	1K	5K
1 MOSBORG, Amanda	JR	285	Carleton	1	21:33.6	---	5:46.8	3:35.6	3:32.2	17:58.2
2 WINTER, Tierney	JR	341	Gustavus Adolphus	2	21:56.9	0:23.9	5:53.1	3:39.5	3:32.5	18:31.8
3 MAYFIELD, Clara	FR	284	Carleton	3	22:00.7	0:27.7	5:54.1	3:40.1	3:32.3	18:24.4
4 HAWGOOD, Bryony	SR	431	St. Olaf	4	22:03.7	0:30.7	5:54.9	3:40.6	3:32.0	18:21.2
5 DOLAN, Helen	JR	346	Hamline	5	22:04.0	0:31.0	5:55.0	3:40.7	3:33.0	18:30.7
6 GEIST, Marietta	SR	279	Carleton	6	22:26.0	0:53.0	6:00.8	3:44.3	3:40.4	18:50.3
7 GREENLEE, Emma	JR	280	Carleton	7	22:27.1	0:54.1	6:01.1	3:44.5	3:36.0	18:50.8
8 MAAG, Sophia	FR	283	Carleton	8	22:28.5	0:55.5	6:01.5	3:44.7	3:40.7	18:50.1
9 FISHER, Lisa	SR	427	St. Olaf	9	22:29.6	0:56.6	6:01.8	3:44.9	3:35.3	18:46.9
10 SCHUDA, Helen	SR	289	Carleton	(10)	22:32.2	0:59.2	6:02.5	3:45.4	3:40.5	18:50.2
11 MOLL, Olivia	SO	470	St. Thomas (Minn.)	11	22:33.6	1:00.6	6:02.9	3:45.6	3:40.4	18:48.6
12 NESS, Sara	SR	471	St. Thomas (Minn.)	12	22:33.8	1:00.8	6:02.9	3:45.6	3:40.4	18:50.7
13 LAUNDER, Jenny	SR	463	St. Thomas (Minn.)	13	22:36.5	1:03.5	6:03.7	3:46.1	3:40.4	18:52.4
14 MILLER, Meritt	SO	305	Concordia-Moorhea	14	22:38.7	1:05.7	6:04.2	3:46.4	3:40.1	18:53.6
15 BREUCKMAN, Katie	SR	449	St. Thomas (Minn.)	15	22:42.3	1:09.3	6:05.2	3:47.0	3:40.8	18:57.5
16 MICKELSON, Ellen	SO	435	St. Olaf	16	22:46.0	1:13.0	6:06.2	3:47.7	3:41.5	19:07.1
17 MILLER, Sara	JR	469	St. Thomas (Minn.)	17	22:47.1	1:14.1	6:06.5	3:47.8	3:42.5	19:05.6
18 KULSETH, Kourtney	JR	323	Gustavus Adolphus	18	22:47.6	1:14.6	6:06.6	3:47.9	3:40.3	18:59.0
19 CLARKE, Molly	SR	451	St. Thomas (Minn.)	(19)	22:55.1	1:22.1	6:08.7	3:49.2	3:49.1	19:06.0
20 MADDUX, Alexandra	SO	350	Hamline	20	22:59.1	1:26.1	6:09.7	3:49.8	3:47.0	19:14.5
21 BOYD, Ruthie	SR	276	Carleton	(21)	22:59.9	1:26.9	6:09.9	3:50.0	3:40.9	19:10.9
22 BALAS, Stephanie	JR	424	St. Olaf	22	23:11.4	1:38.4	6:13.0	3:51.9	3:41.4	19:27.5
23 RENIER, Tracy	SO	407	St. Benedict	23	23:11.9	1:38.9	6:13.1	3:52.0	3:41.0	19:04.0
24 RAMON, Iliana	SO	333	Gustavus Adolphus	24	23:11.9	1:38.9	6:13.1	3:52.0	3:40.8	19:27.4
25 SCHEUERMAN, Carly	JR	473	St. Thomas (Minn.)	(25)	23:12.1	1:39.1	6:13.2	3:52.0	3:49.1	19:30.2
26 HUBBELL, Martha	SR	459	St. Thomas (Minn.)	-	23:13.4	1:40.4	6:13.6	3:52.2	3:45.5	19:23.2
27 ANDERSEN, Kara	SR	292	Concordia-Moorhea	26	23:16.0	1:43.0	6:14.3	3:52.7	3:41.6	19:21.3
28 MIEST, Mackinzee	SO	326	Gustavus Adolphus	27	23:22.3	1:49.3	6:16.0	3:53.7	3:41.4	19:22.3

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INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1K	5K
29 HUDSON RASMUSSEN, Ber	SR	282	Carleton	-	23:22.9	1:49.9	6:16.1	3:53.8	3:44.0	19:29.1
30 ALBRECHT, Christine	FR	423	St. Olaf	28	23:25.8	1:52.8	6:16.9	3:54.3	3:41.3	19:30.7
31 GUTZMANN, Althea	JR	399	St. Benedict	29	23:30.0	1:57.0	6:18.0	3:55.0	3:50.7	19:49.5
32 MARKOWSKI, Lauren	JR	433	St. Olaf	(30)	23:30.3	1:57.3	6:18.1	3:55.0	3:52.8	19:43.5
33 FORNESS, Miriah	SR	295	Concordia-Moorhea	31	23:30.8	1:57.8	6:18.2	3:55.1	3:43.1	19:32.5
34 STERN, Lena	SO	375	Macalester	32	23:32.6	1:59.6	6:18.7	3:55.4	3:49.8	19:40.5
35 MOORE, Meredith	SR	436	St. Olaf	(33)	23:42.4	2:09.4	6:21.3	3:57.1	3:46.9	19:46.0
36 HAGE, Anna	SO	263	Bethel (Minn.)	34	23:43.4	2:10.4	6:21.6	3:57.2	3:43.5	19:47.5
37 FREDRICKSON, Isabel	SO	297	Concordia-Moorhea	35	23:45.1	2:12.1	6:22.1	3:57.5	3:45.3	19:46.8
38 FRESHWATERS, Danielle	SO	359	Macalester	36	23:49.8	2:16.8	6:23.3	3:58.3	3:50.0	19:49.7
39 ENGBRETSON, Lily	SO	317	Gustavus Adolphus	37	23:50.5	2:17.5	6:23.5	3:58.4	3:49.3	19:55.2
40 BLAKE, Josie	JR	314	Gustavus Adolphus	(38)	23:53.9	2:20.9	6:24.4	3:59.0	3:49.0	19:52.0
41 ANDERSON, Haley	SR	310	Gustavus Adolphus	(39)	23:56.3	2:23.3	6:25.0	3:59.4	3:49.3	20:03.5
42 SIMPSON, Lydia	SR	374	Macalester	40	23:57.5	2:24.5	6:25.4	3:59.6	3:58.1	19:59.9
43 MERTEN, Johanna	JR	404	St. Benedict	41	23:58.8	2:25.8	6:25.7	3:59.8	3:51.4	20:12.6
44 CLARK, Julia	JR	415	St. Catherine (Minn.)	42	24:00.6	2:27.6	6:26.2	4:00.1	3:48.3	20:04.2
45 HORNE, Lillian	FR	281	Carleton	-	24:01.5	2:28.5	6:26.5	4:00.2	3:48.5	20:09.5
46 RUGLOSKI, Emily	SO	308	Concordia-Moorhea	43	24:05.5	2:32.5	6:27.5	4:00.9	3:48.3	20:03.0
47 WACHOWIAK, Jena	JR	411	St. Benedict	44	24:05.7	2:32.7	6:27.6	4:00.9	3:54.8	20:10.0
48 SWANSON, Erika	FR	271	Bethel (Minn.)	45	24:09.1	2:36.1	6:28.5	4:01.5	3:43.7	20:06.6
49 PASSMORE, Gabriela	SR	331	Gustavus Adolphus	-	24:11.0	2:38.0	6:29.0	4:01.8	3:49.0	20:13.3
50 HAUCH, Jena	JR	430	St. Olaf	-	24:11.0	2:38.0	6:29.0	4:01.8	3:47.1	20:08.2
51 ERICSON, Kasey	SO	454	St. Thomas (Minn.)	-	24:14.4	2:41.4	6:29.9	4:02.4	3:57.7	20:14.6
52 PTACEK, Anya	SR	372	Macalester	46	24:15.5	2:42.5	6:30.2	4:02.6	3:58.4	20:15.8
53 STOVALL, Maya	FR	291	Carleton	-	24:18.0	2:45.0	6:30.9	4:03.0	4:01.3	20:21.0
54 FRANKE, Danielle	SR	382	Saint Mary's (Minn.)	47	24:18.5	2:45.5	6:31.0	4:03.1	3:44.8	20:10.9
55 ANDERSON, Olivia	FR	413	St. Catherine (Minn.)	48	24:20.0	2:47.0	6:31.4	4:03.3	3:49.2	20:14.7
56 WOLTERMAN, Anya	SR	379	Macalester	49	24:20.7	2:47.7	6:31.6	4:03.4	4:04.0	20:26.4
57 SWANSON, Anya	SO	422	St. Catherine (Minn.)	50	24:21.1	2:48.1	6:31.7	4:03.5	3:58.4	20:26.6
58 HOPPE, Brooke	JR	362	Macalester	(51)	24:22.4	2:49.4	6:32.1	4:03.7	3:58.1	20:20.7
59 TIMAR-WILCOX, Estelle	SO	376	Macalester	(52)	24:24.1	2:51.1	6:32.5	4:04.0	3:58.6	20:26.6
60 KROLL, Anna	JR	462	St. Thomas (Minn.)	-	24:25.2	2:52.2	6:32.8	4:04.2	4:00.7	20:30.3
61 BARANY, Zoe	FR	246	Augsburg	53	24:28.6	2:55.6	6:33.7	4:04.8	3:44.3	20:29.0
62 PAULSEN, Tayler	JR	437	St. Olaf	-	24:31.0	2:58.0	6:34.4	4:05.2	3:54.3	20:33.9
63 FULTON, Emilee	JR	278	Carleton	-	24:31.8	2:58.8	6:34.6	4:05.3	3:58.9	20:33.4
64 KILDE, Ingrid	SR	364	Macalester	-	24:35.6	3:02.6	6:35.6	4:05.9	4:04.1	20:30.7
65 RUDE, Kennedy	JR	408	St. Benedict	54	24:35.8	3:02.8	6:35.6	4:06.0	3:51.5	20:32.6
66 SANTANGELO, Taylor	SO	409	St. Benedict	(55)	24:36.6	3:03.6	6:35.9	4:06.1	3:50.6	20:35.3
67 THORISON, Meg	JR	272	Bethel (Minn.)	56	24:38.9	3:05.9	6:36.5	4:06.5	3:55.3	20:37.1
68 NELSON, Ellie	JR	270	Bethel (Minn.)	57	24:41.6	3:08.6	6:37.2	4:06.9	3:55.9	20:36.0
69 HOLLOWAY, Malakai	SO	266	Bethel (Minn.)	58	24:42.6	3:09.6	6:37.5	4:07.1	3:56.1	20:39.5
70 LANDSVERK, Amelia	FR	303	Concordia-Moorhea	(59)	24:43.0	3:10.0	6:37.6	4:07.2	3:51.1	20:39.9
71 BERTAGNOLI, Alli	FR	446	St. Thomas (Minn.)	-	24:43.7	3:10.7	6:37.8	4:07.3	4:03.5	20:48.8
72 CARGILL, Ellie	SO	257	Bethel (Minn.)	(60)	24:44.6	3:11.6	6:38.0	4:07.4	4:00.1	20:35.7
73 ANDERSON, Kristiana	FR	390	St. Benedict	(61)	24:45.5	3:12.5	6:38.3	4:07.6	3:55.2	20:36.2
74 ROSSMAN, Megan	SR	442	St. Olaf	-	24:45.6	3:12.6	6:38.3	4:07.6	3:52.7	20:41.2

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1K	5K
75 EKLEBERRY, Miranda	FR	347	Hamline	62	24:47.7	3:14.7	6:38.8	4:07.9	3:58.0	20:43.0
76 O'CONNOR, Quinn	JR	472	St. Thomas (Minn.)	-	24:48.0	3:15.0	6:38.9	4:08.0	3:57.5	20:42.8
77 HIGGINS, Emma	SR	361	Macalester	-	24:49.0	3:16.0	6:39.2	4:08.2	4:03.9	20:40.6
78 HAO, Emily	JR	299	Concordia-Moorhea	(63)	24:49.0	3:16.0	6:39.2	4:08.2	3:55.8	20:33.6
79 STRANDBERG, Elizabeth	FR	443	St. Olaf	-	24:49.5	3:16.5	6:39.3	4:08.2	3:54.1	20:45.7
80 MAXTUTIS, Emma	SR	368	Macalester	-	24:49.5	3:16.5	6:39.3	4:08.2	3:58.2	20:43.5
81 PIHLAJA, Allegra	SO	286	Carleton	-	24:50.0	3:17.0	6:39.4	4:08.3	4:04.6	20:50.9
82 DAMMANN, Morgan	SO	453	St. Thomas (Minn.)	-	24:50.4	3:17.4	6:39.6	4:08.4	4:00.4	20:55.9
83 ALPERS, Lauren	JR	255	Bethel (Minn.)	(64)	24:50.6	3:17.6	6:39.6	4:08.4	4:00.3	20:46.1
84 PRENTISS, Maddy	JR	371	Macalester	-	24:50.7	3:17.7	6:39.6	4:08.4	4:04.6	20:44.2
85 MOEN, Sara	JR	327	Gustavus Adolphus	-	24:51.0	3:18.0	6:39.7	4:08.5	3:57.5	20:50.9
86 MARTIN, Juliette	JR	418	St. Catherine (Minn.)	65	24:51.4	3:18.4	6:39.8	4:08.6	3:58.8	20:49.6
87 BOLCER, Gabbie	SO	447	St. Thomas (Minn.)	-	24:51.8	3:18.8	6:39.9	4:08.6	4:00.1	20:49.6
88 SCHAFER, Nell	FR	287	Carleton	-	24:54.5	3:21.5	6:40.7	4:09.1	4:04.8	20:51.7
89 FORNSHELL, Carly	SO	296	Concordia-Moorhea	-	24:55.6	3:22.6	6:41.0	4:09.3	3:49.2	20:48.7
90 MICHALAK, Katie	SO	468	St. Thomas (Minn.)	-	24:55.8	3:22.8	6:41.0	4:09.3	4:00.3	20:46.6
91 CROCHET, Ali	JR	452	St. Thomas (Minn.)	-	24:57.5	3:24.5	6:41.5	4:09.6	3:58.2	20:47.4
92 SEVERSON, Julia	FR	334	Gustavus Adolphus	-	25:00.2	3:27.2	6:42.2	4:10.0	3:48.9	20:53.8
93 LORENZ, Kelly	FR	304	Concordia-Moorhea	-	25:01.5	3:28.5	6:42.5	4:10.2	4:00.9	21:01.6
94 MADER, Emma	SO	351	Hamline	66	25:05.3	3:32.3	6:43.6	4:10.9	3:58.5	20:59.1
95 BRANDT, Morgan	FR	414	St. Catherine (Minn.)	67	25:07.7	3:34.7	6:44.2	4:11.3	3:59.0	20:59.6
96 SHEELY, Ann	JR	253	Augsburg	68	25:08.3	3:35.3	6:44.3	4:11.4	3:58.0	20:59.3
97 COLNES, Jesse	FR	357	Macalester	-	25:08.6	3:35.6	6:44.4	4:11.4	4:03.7	21:08.5
98 DRAKE, Brennan	SO	358	Macalester	-	25:09.8	3:36.8	6:44.8	4:11.6	3:58.2	20:59.8
99 MARINC, Anna	SO	383	Saint Mary's (Minn.)	69	25:10.2	3:37.2	6:44.9	4:11.7	4:14.4	21:08.1
100 LAVIGNE, Claire	FR	417	St. Catherine (Minn.)	(70)	25:11.5	3:38.5	6:45.2	4:11.9	3:58.5	20:59.3
101 BURNS, Hannah	FR	450	St. Thomas (Minn.)	-	25:11.8	3:38.8	6:45.3	4:12.0	4:00.9	21:00.7
102 LOTH, Taylor	SR	402	St. Benedict	-	25:12.4	3:39.4	6:45.5	4:12.1	4:02.3	21:10.5
103 BORGMANN, Marte	FR	275	Carleton	-	25:12.7	3:39.7	6:45.5	4:12.1	4:04.8	21:06.2
104 ANDERSON, Sarah	SR	311	Gustavus Adolphus	-	25:15.1	3:42.1	6:46.2	4:12.5	3:57.6	21:04.2
105 THIELEN, Olivia	JR	475	St. Thomas (Minn.)	-	25:16.9	3:43.9	6:46.7	4:12.8	4:09.5	21:14.8
106 KOIVISTO, Taina	FR	322	Gustavus Adolphus	-	25:17.6	3:44.6	6:46.8	4:12.9	4:13.8	21:15.1
107 SHEPARD, Aubrey	SR	410	St. Benedict	-	25:18.9	3:45.9	6:47.2	4:13.1	4:09.5	21:17.8
108 SHAPIRO, Sarah	JR	290	Carleton	-	25:20.0	3:47.0	6:47.5	4:13.3	3:58.6	21:12.8
109 ZIEMANN, Sarah	SO	476	St. Thomas (Minn.)	-	25:22.4	3:49.4	6:48.1	4:13.7	4:09.7	21:19.7
110 WALL, Sara	JR	412	St. Benedict	-	25:23.7	3:50.7	6:48.5	4:13.9	4:04.0	21:17.9
111 LYREK, Amaya	FR	466	St. Thomas (Minn.)	-	25:23.9	3:50.9	6:48.5	4:14.0	4:11.6	21:15.7
112 DANZL, Emily	FR	345	Hamline	71	25:24.3	3:51.3	6:48.6	4:14.0	4:05.4	21:25.4
113 KEMP, Ellen	JR	432	St. Olaf	-	25:24.7	3:51.7	6:48.8	4:14.1	3:54.9	21:12.9
114 CLAYCOMB, Ruth	FR	356	Macalester	-	25:26.3	3:53.3	6:49.2	4:14.4	4:04.8	21:18.6
115 GERBER, Grace	FR	455	St. Thomas (Minn.)	-	25:27.2	3:54.2	6:49.4	4:14.5	4:12.3	21:19.0
116 PERCY, Rachel	SO	370	Macalester	-	25:28.4	3:55.4	6:49.7	4:14.7	4:16.8	21:20.8
117 WEBERG, Molly	FR	338	Gustavus Adolphus	-	25:35.8	4:02.8	6:51.7	4:16.0	4:06.2	21:32.0
118 SIMON, Jaycie	FR	474	St. Thomas (Minn.)	-	25:37.6	4:04.6	6:52.2	4:16.3	4:00.7	21:20.2
119 WATERS, Sophia	FR	444	St. Olaf	-	25:40.8	4:07.8	6:53.1	4:16.8	4:11.3	21:28.8
120 RODRIGUEZ, Madeline	FR	373	Macalester	-	25:44.0	4:11.0	6:53.9	4:17.3	4:22.4	21:42.4

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121 KRUMHOLZ, Sarah	FR	268	Bethel (Minn.)	-	25:45.3	4:12.3	6:54.3	4:17.5	4:00.5	21:33.5
122 BURLESON-KING, Shylie	JR	344	Hamline	(72)	25:47.0	4:14.0	6:54.7	4:17.8	4:05.5	21:28.9
123 WHITCOMB, Elizabeth	JR	339	Gustavus Adolphus	-	25:47.1	4:14.1	6:54.8	4:17.8	4:14.2	21:34.9
124 SWANSON, Anna	FR	386	Saint Mary's (Minn.)	73	25:52.2	4:19.2	6:56.1	4:18.7	4:02.8	21:41.4
125 VANDERWAL, Carissa	FR	337	Gustavus Adolphus	-	25:52.4	4:19.4	6:56.2	4:18.7	3:57.1	21:31.9
126 KLINKNER, Elizabeth	FR	461	St. Thomas (Minn.)	-	25:53.8	4:20.8	6:56.5	4:19.0	4:08.9	21:33.3
127 ROONEY, Kaitlyn	SO	307	Concordia-Moorhea	-	25:55.7	4:22.7	6:57.1	4:19.3	4:05.2	21:43.0
128 HOSTETLER, Kayla	SR	363	Macalester	-	25:56.4	4:23.4	6:57.2	4:19.4	4:04.8	21:39.1
129 HILL, Megan	JR	321	Gustavus Adolphus	-	25:59.3	4:26.3	6:58.0	4:19.9	4:04.0	21:39.1
130 COLE, Grace	SO	258	Bethel (Minn.)	-	25:59.4	4:26.4	6:58.1	4:19.9	3:55.7	21:26.7
131 JOHNSON, Caroline	SO	460	St. Thomas (Minn.)	-	26:02.2	4:29.2	6:58.8	4:20.4	4:08.9	21:44.3
132 BARCLAY, Katie	SO	391	St. Benedict	-	26:02.3	4:29.3	6:58.8	4:20.4	4:12.6	21:44.5
133 HUBBELL, Harriet	JR	458	St. Thomas (Minn.)	-	26:02.7	4:29.7	6:58.9	4:20.4	3:49.6	21:42.6
134 STORLEY, Caitlyn	FR	335	Gustavus Adolphus	-	26:05.2	4:32.2	6:59.6	4:20.9	4:13.6	22:01.0
135 GORDON, Holly	JR	428	St. Olaf	-	26:09.8	4:36.8	7:00.8	4:21.6	4:10.3	21:57.4
136 CUTLAN, Marissa	FR	260	Bethel (Minn.)	-	26:12.0	4:39.0	7:01.4	4:22.0	4:00.4	21:51.5
137 LONG, McKendra	FR	464	St. Thomas (Minn.)	-	26:12.1	4:39.1	7:01.5	4:22.0	4:16.9	21:57.6
138 DIEKMAN, Noelle	JR	261	Bethel (Minn.)	-	26:19.3	4:46.3	7:03.4	4:23.2	4:19.3	22:03.7
139 BRABEC, Erin	FR	343	Hamline	(74)	26:20.2	4:47.2	7:03.6	4:23.4	4:10.6	22:04.2
140 MEILANDER, Janey	FR	403	St. Benedict	-	26:21.4	4:48.4	7:04.0	4:23.6	4:09.5	22:07.8
141 IVESDAL, Grace	FR	302	Concordia-Moorhea	-	26:22.4	4:49.4	7:04.2	4:23.7	4:16.8	22:06.0
142 PETERSEN, Klaire	FR	353	Hamline	-	26:27.1	4:54.1	7:05.5	4:24.5	4:09.9	22:10.0
143 LUNDGREN, Claudia	SR	465	St. Thomas (Minn.)	-	26:28.1	4:55.1	7:05.8	4:24.7	4:00.4	22:03.7
144 ENGLISH, Nadia	FR	318	Gustavus Adolphus	-	26:28.9	4:55.9	7:06.0	4:24.8	4:14.1	22:05.4
145 ADAMS, Charlotte	FR	342	Hamline	-	26:29.1	4:56.1	7:06.0	4:24.8	4:05.6	22:03.6
146 POSEY, Sam	SO	440	St. Olaf	-	26:29.7	4:56.7	7:06.2	4:24.9	4:16.5	22:11.1
147 PERKINS, Megan	SO	420	St. Catherine (Minn.)	(75)	26:39.9	5:06.9	7:08.9	4:26.6	4:11.8	22:20.6
148 PLECHATY, Zoe	FR	438	St. Olaf	-	26:41.4	5:08.4	7:09.3	4:26.9	4:10.9	22:16.6
149 ANDERSEN, Gwen	SO	445	St. Thomas (Minn.)	-	26:46.7	5:13.7	7:10.7	4:27.8	4:12.3	22:20.8
150 LEMKE, Maddy	FR	325	Gustavus Adolphus	-	26:47.4	5:14.4	7:10.9	4:27.9	4:18.4	22:25.5
151 KVEBAK, Elizabeth	JR	324	Gustavus Adolphus	-	26:49.4	5:16.4	7:11.5	4:28.2	4:19.9	22:20.6
152 FRIBERG, Rachel	SO	298	Concordia-Moorhea	-	26:51.5	5:18.5	7:12.0	4:28.6	4:17.5	22:24.8
153 FLACK, Olivia	FR	397	St. Benedict	-	26:53.4	5:20.4	7:12.5	4:28.9	4:19.8	22:38.3
154 SWEET, Amelia	SR	387	Saint Mary's (Minn.)	76	26:55.1	5:22.1	7:13.0	4:29.2	4:14.6	22:36.7
155 KINTOP, Chloe	FR	250	Augsburg	77	26:55.9	5:22.9	7:13.2	4:29.3	4:15.0	22:37.4
156 KATHMAN, Emily	SO	349	Hamline	-	26:56.1	5:23.1	7:13.2	4:29.3	4:09.9	22:24.9
157 FAILS, Lydia	JR	262	Bethel (Minn.)	-	26:59.3	5:26.3	7:14.1	4:29.9	4:19.3	22:30.5
158 HARBO, Ingrid	SO	300	Concordia-Moorhea	-	27:00.2	5:27.2	7:14.4	4:30.0	4:17.5	22:28.0
159 MOLLGAARD, Ari	FR	405	St. Benedict	-	27:04.6	5:31.6	7:15.5	4:30.8	4:26.0	22:45.5
160 LIEBERS, Mary	SO	366	Macalester	-	27:08.4	5:35.4	7:16.6	4:31.4	4:28.3	22:57.3
161 HAUGEN, Emily	JR	456	St. Thomas (Minn.)	-	27:08.6	5:35.6	7:16.6	4:31.4	4:22.2	22:41.7
162 HEGDE, Alyssa	SO	320	Gustavus Adolphus	-	27:11.7	5:38.7	7:17.5	4:32.0	4:28.7	22:50.5
163 CANESI, Briana	FR	315	Gustavus Adolphus	-	27:16.2	5:43.2	7:18.7	4:32.7	4:20.0	22:51.1
164 IVERSEN, Claire	SO	400	St. Benedict	-	27:16.6	5:43.6	7:18.7	4:32.8	4:25.9	22:45.0
165 MEYER, Emma	SO	419	St. Catherine (Minn.)	-	27:16.8	5:43.8	7:18.8	4:32.8	4:15.5	22:46.4
166 PAULSON, Lindsey	SO	332	Gustavus Adolphus	-	27:17.3	5:44.3	7:18.9	4:32.9	4:28.8	22:47.3

MIAC CROSS COUNTRY CHAMPIONSHIPS

Northfield, MN
Carleton College

Saturday, November 2, 2019

MEET OFFICIALS

Timing:
Wayzata Results, Inc



OFFICIAL MEET REPORT
printed: 11/2/2019 12:39 PM

Race #3 WOMEN • 6 Kilometers (3.73 Miles)

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	1K	5K
167 MICHELSON, Katherine	SR	269	Bethel (Minn.)	-	27:23.0	5:50.0	7:20.5	4:33.8	4:19.3	22:49.3
168 CONNELLY, Tiana	SO	393	St. Benedict	-	27:23.6	5:50.6	7:20.6	4:33.9	4:25.9	22:49.7
169 HAGESTUEN, Nora	SO	319	Gustavus Adolphus	-	27:28.6	5:55.6	7:22.0	4:34.8	4:28.5	22:58.9
170 MUCHA, Bryn	SO	329	Gustavus Adolphus	-	27:30.0	5:57.0	7:22.3	4:35.0	4:28.5	22:55.8
171 ERICKSON, Nicole	SR	396	St. Benedict	-	27:32.4	5:59.4	7:23.0	4:35.4	4:26.4	23:07.4
172 BITNER, Lauren	FR	425	St. Olaf	-	27:34.0	6:01.0	7:23.4	4:35.7	4:21.3	22:55.9
173 HAXTON, Ashley	FR	264	Bethel (Minn.)	-	27:38.0	6:05.0	7:24.5	4:36.3	4:19.7	23:02.2
174 BEYER, Avery	FR	313	Gustavus Adolphus	-	27:43.5	6:10.5	7:26.0	4:37.2	4:07.3	23:12.5
175 RIRIE, Emma	SO	384	Saint Mary's (Minn.)	78	27:47.6	6:14.6	7:27.1	4:37.9	4:17.9	23:05.4
176 MAUZER, Riley	FR	434	St. Olaf	-	27:48.0	6:15.0	7:27.2	4:38.0	4:10.1	22:59.5
177 CROW, Lydia	SO	259	Bethel (Minn.)	-	27:55.8	6:22.8	7:29.3	4:39.3	4:23.9	23:26.9
178 VERGES, Emma	JR	377	Macalester	-	27:57.4	6:24.4	7:29.7	4:39.6	4:28.5	23:20.6
179 WALSH, Rachel	FR	354	Hamline	-	28:00.0	6:27.0	7:30.4	4:40.0	4:23.3	23:33.8
180 ARCHER, Ester	JR	312	Gustavus Adolphus	-	28:04.0	6:31.0	7:31.5	4:40.7	4:32.0	23:46.4
181 FABIN, Tabitha	SO	381	Saint Mary's (Minn.)	(79)	28:05.1	6:32.1	7:31.8	4:40.8	4:20.6	23:21.1
182 OSBORNE, Caroline	SR	406	St. Benedict	-	28:10.9	6:37.9	7:33.3	4:41.8	4:26.3	23:42.7
183 GOSSARD, Sophie	FR	429	St. Olaf	-	28:13.8	6:40.8	7:34.1	4:42.3	4:24.5	23:27.8
184 CARNEY, Sarah	JR	392	St. Benedict	-	28:16.0	6:43.0	7:34.7	4:42.7	4:30.3	23:44.5
185 MOKHTARY, Olivia	SO	328	Gustavus Adolphus	-	28:34.5	7:01.5	7:39.6	4:45.7	4:29.2	24:04.2
186 HARTMAN, Grace	SO	249	Augsburg	80	28:35.6	7:02.6	7:39.9	4:45.9	4:14.5	23:47.2
187 POORE, Addie	JR	439	St. Olaf	-	28:43.6	7:10.6	7:42.1	4:47.3	4:21.6	23:56.4
188 DANIEL, Rebeka	FR	416	St. Catherine (Minn.)	-	28:44.5	7:11.5	7:42.3	4:47.4	4:16.5	24:00.3
189 MARTI, Alaina	SR	467	St. Thomas (Minn.)	-	28:47.9	7:14.9	7:43.2	4:48.0	4:22.3	23:59.0
190 BRAKOB, Rose	JR	448	St. Thomas (Minn.)	-	28:49.8	7:16.8	7:43.7	4:48.3	4:31.4	24:03.4
191 BOLLIG, Madalyn	SR	380	Saint Mary's (Minn.)	(81)	28:50.6	7:17.6	7:44.0	4:48.4	4:19.1	24:05.6
192 NYHUS, Belle	SO	330	Gustavus Adolphus	-	29:03.2	7:30.2	7:47.3	4:50.5	4:29.3	24:17.6
193 VANWATERMEULEN, Julia	SO	389	Saint Mary's (Minn.)	-	29:03.7	7:30.7	7:47.5	4:50.6	4:31.4	24:29.8
194 KNUDSEN, Lucy	FR	365	Macalester	-	29:11.3	7:38.3	7:49.5	4:51.9	4:28.3	24:21.0
195 MASSE, Camryn	SO	251	Augsburg	82	29:16.3	7:43.3	7:50.8	4:52.7	4:43.4	24:28.5
196 THIEL, Alyssa	JR	388	Saint Mary's (Minn.)	-	29:29.5	7:56.5	7:54.4	4:54.9	4:34.9	24:39.4
197 WHITAKER-LONG, Maya	FR	254	Augsburg	(83)	29:38.7	8:05.7	7:56.8	4:56.4	4:43.7	24:47.5
198 VASQUEZ PENA, Beatriz	SO	274	Bethel (Minn.)	-	29:41.1	8:08.1	7:57.5	4:56.8	4:25.6	24:52.7
199 BRANDEN, Victoria	FR	294	Concordia-Moorhea	-	29:53.6	8:20.6	8:00.9	4:58.9	4:40.7	24:56.0
200 MATHEWS-SCHMIDT, Jalisa	FR	352	Hamline	-	29:55.8	8:22.8	8:01.4	4:59.3	4:30.3	25:03.5
201 CRAIL, Rebekah	JR	426	St. Olaf	-	29:59.1	8:26.1	8:02.3	4:59.8	4:41.9	25:15.6
202 BASTIAN, Nicole	FR	293	Concordia-Moorhea	-	30:01.2	8:28.2	8:02.9	5:00.2	4:41.1	25:11.9
203 URIBE, Elizabeth	SR	336	Gustavus Adolphus	-	30:09.9	8:36.9	8:05.2	5:01.6	4:33.7	25:06.1
204 OLIPHANT, Jordan	SR	306	Concordia-Moorhea	-	30:24.4	8:51.4	8:09.1	5:04.1	4:50.2	25:24.5
205 GONZALEZ, Jasmine	JR	248	Augsburg	(84)	31:18.9	9:45.9	8:23.7	5:13.1	4:49.9	26:21.0
206 HESS, Eileen	SR	265	Bethel (Minn.)	-	31:27.2	9:54.2	8:25.9	5:14.5	4:57.9	26:22.4
207 SCHWINTEK, Summer	SO	421	St. Catherine (Minn.)	-	32:02.2	10:29.2	8:35.3	5:20.4	4:55.3	26:52.9
208 WILLAERT, Gracie	FR	340	Gustavus Adolphus	-	32:08.6	10:35.6	8:37.0	5:21.4	5:02.1	26:59.1
209 RAMIERZ MARTIN, Ingri	FR	252	Augsburg	-	34:41.4	13:08.4	9:18.0	5:46.9	5:17.3	29:00.6
210 DANIELS, Isabelle	FR	247	Augsburg	-	35:57.2	14:24.2	9:38.3	5:59.5	5:33.0	30:08.0
-- WEST, Maddie	JR	378	Macalester	-	DNF	---	---	---	4:27.0	
-- MAZACK, Clare	SO	369	Macalester	-	DNF	---	---	---	4:04.0	33:17.4