

START LIST

#1 Men's 100 Meters

| Lane | Name | Team | Time |
|-----------------------|---------------------|--------------------|-------|
| Section 1 of 3 | | | |
| 1 | KOONER, Dylan | St. Olaf | 11.55 |
| 2 | LINCOLN, Derrick | St. Olaf | 11.46 |
| 3 | BLANEY, Jack | Gustavus Adolphus | 11.35 |
| 4 | KAISER, Adam | St. Olaf | 11.12 |
| 5 | TAORMINA, Justin | Minnesota State | 10.76 |
| 6 | NIXON, Artavius | Minnesota State | 10.83 |
| 7 | LISTER, Jayden | Wis.-River Falls | 11.34 |
| 8 | JOHNSON, Isaiah | Unattached | 11.40 |
| 9 | MALINIS, Andre | Wis.-River Falls | 11.54 |
| Section 2 of 3 | | | |
| 1 | VARELA, Raul | Bethel (Minn.) | 12.02 |
| 2 | VERCHOTA, Bobby | Gustavus Adolphus | 11.78 |
| 3 | ALEXANDER, Brayxton | Martin Luther | 11.76 |
| 4 | JARVIS, Micah | Martin Luther | 11.63 |
| 5 | EMBU, Ovie | Concordia-St. Paul | 11.58 |
| 6 | TURRIFF, Evan | Martin Luther | 11.61 |
| 7 | KREN, Joshua | Martin Luther | 11.70 |
| 8 | LEWIS, Urvin | Martin Luther | 11.78 |
| 9 | CHECKETT, Aidan | St. Olaf | 11.96 |
| Section 3 of 3 | | | |
| 1 | NABOKOV, Pushkin | St. Olaf | NT |
| 2 | ADIGUN, David | Unattached | 13.80 |
| 3 | HUTTON-LAU, Jett | Bethel (Minn.) | 12.50 |
| 4 | SMITH, Albert | Bethel (Minn.) | 12.23 |
| 5 | SEREBOUR, Ababio | Gustavus Adolphus | 12.12 |
| 6 | TROY, Avery | Gustavus Adolphus | 12.19 |
| 7 | WIESSENBERGER, Ja | Gustavus Adolphus | 12.30 |
| 8 | DORAN, Madison | St. Benedict | 13.76 |
| 9 | WORDELL, Joshua | Martin Luther | NT |

#28 Women's 100 Meters

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|-------|
| Section 1 of 3 | | | |
| 1 | GILES, DeAnna | Gustavus Adolphus | 13.70 |
| 2 | ZDECHLIK, Grace | St. Benedict | 13.43 |
| 3 | PERRENOUD, Grace | Bethel (Minn.) | 13.01 |
| 4 | SCOTT, Grace | Bethel (Minn.) | 12.65 |
| 5 | CANFALL, Toni | Concordia-St. Paul | 11.96 |
| 6 | EDEH, Enyo | Minnesota State | 12.31 |
| 7 | SCHIPPER, Addie | Minnesota State | 12.93 |
| 8 | STEWART, Allison | Wis.-River Falls | 13.04 |
| 9 | HOLTHAUS, Morgan | St. Benedict | 13.50 |
| Section 2 of 3 | | | |
| 1 | NOVAK, Danielle | Crown | 17.47 |
| 2 | HILL, Mya | Crown | 14.45 |
| 3 | ELIASON, Ella | Bethel (Minn.) | 14.30 |
| 4 | CONARRO, Matraca | Wis.-River Falls | 14.02 |
| 5 | DIETRICH, Adrianna | Wis.-River Falls | 13.85 |
| 6 | SPEIDEL, Dacoda | St. Benedict | 14.00 |
| 7 | ENDE, Kayla | Bethel (Minn.) | 14.10 |
| 8 | DOYLE, Chloe | Bethel (Minn.) | 14.45 |
| 9 | CASTOR, Sydnie | Crown | 16.69 |
| Section 3 of 3 | | | |
| 3 | SOUTTHIVONG, Brian | Bethany Lutheran | NT |
| 4 | FIXSEN, Mary | Minnesota State | NT |
| 5 | BANKS, Tyra | Gustavus Adolphus | NT |
| 6 | BECKMANN, Emily | Minnesota State | NT |
| 7 | MOKHTARY, Olivia | Gustavus Adolphus | NT |
| 8 | STROM, Laura | Bethany Lutheran | NT |

START LIST

#2 Men's 200 Meters

| Lane | Name | Team | Time |
|-----------------------|---------------------|--------------------|-------|
| Section 1 of 5 | | | |
| 1 | KASPER, Adam | Wis.-River Falls | 23.38 |
| 2 | BLANEY, Jack | Gustavus Adolphus | 23.31 |
| 3 | RICHTER, Bryan | Carleton | 22.83 |
| 4 | LEWISON, Drew | Minnesota State | 22.64 |
| 5 | NIXON, Artavius | Minnesota State | 22.12 |
| 6 | KAISER, Adam | St. Olaf | 22.45 |
| 7 | SCHWARTZ, Ben | Carleton | 22.74 |
| 8 | KULSTAD, Zach | Carleton | 23.08 |
| 9 | BRISTOL, Logan | Minnesota State | 23.32 |
| Section 2 of 5 | | | |
| 1 | ROONEY, Taylor | Gustavus Adolphus | 24.03 |
| 2 | JOHNSON, Noah | Gustavus Adolphus | 24.03 |
| 3 | JONES, Nic | Bethel (Minn.) | 23.93 |
| 4 | FLUNO, Collin | Wis.-River Falls | 23.69 |
| 5 | SCHOENFELDER, Jon | St. Thomas (Minn.) | 23.66 |
| 6 | HAWKINS, Cody | Wis.-River Falls | 23.67 |
| 7 | PRATER, Joshua | St. Thomas (Minn.) | 23.81 |
| 8 | BALGE, Philip | Martin Luther | 24.01 |
| 9 | MONTPLAISIR, Matthe | Gustavus Adolphus | 24.03 |
| Section 3 of 5 | | | |
| 1 | KOONER, Dylan | St. Olaf | 24.57 |
| 2 | BJORK, Sean | Bethel (Minn.) | 24.40 |
| 3 | GU, Vincent | Carleton | 24.25 |
| 4 | VARELA, Raul | Bethel (Minn.) | 24.16 |
| 5 | DUMOULIN, Alexander | Gustavus Adolphus | 24.03 |
| 6 | QUIRING, Wyatt | Gustavus Adolphus | 24.03 |
| 7 | SCHUGEL, Jack | Gustavus Adolphus | 24.21 |
| 8 | MUSABYIMANA, Wilso | Unattached | 24.40 |
| 9 | SMITH, Albert | Bethel (Minn.) | 24.46 |
| Section 4 of 5 | | | |
| 2 | JOHNSON, Benjamin | Bethany Lutheran | 26.58 |
| 3 | HUONDER, Dalton | Bethany Lutheran | 25.82 |
| 4 | BAUER, Max | Gustavus Adolphus | 25.01 |
| 5 | BALTS, Brady | Wis.-River Falls | 24.83 |
| 6 | LINCOLN, Derrick | St. Olaf | 24.94 |
| 7 | CHECKETT, Aidan | St. Olaf | 25.05 |
| 8 | SEREBOUR, Ababio | Gustavus Adolphus | 26.41 |
| Section 5 of 5 | | | |
| 4 | TROY, Avery | Gustavus Adolphus | NT |
| 5 | WIESSENBERGER, Ja | Gustavus Adolphus | 27.93 |
| 6 | GULBRANDSON, Reec | Bethany Lutheran | NT |

#29 Women's 200 Meters

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|-------|
| Section 1 of 4 | | | |
| 1 | ALBENESIUS, Anna | Minnesota State | 27.23 |
| 2 | STEWART, Allison | Wis.-River Falls | 27.06 |
| 3 | HUDSPETH, Kaylee | Minnesota State | 26.72 |
| 4 | BAD MOCCASIN, Chel | Minnesota State | 26.55 |
| 5 | CANFALL, Toni | Concordia-St. Paul | 24.52 |
| 6 | EDEH, Enyo | Minnesota State | 25.45 |
| 7 | SCOTT, Grace | Bethel (Minn.) | 26.63 |
| 8 | KUNSHIER, Maddy | Concordia-St. Paul | 26.72 |
| 9 | FIXSEN, Mary | Minnesota State | 27.11 |
| Section 2 of 4 | | | |
| 1 | BODE, Claire | Bethel (Minn.) | 28.60 |
| 2 | SPEIDEL, Dacoda | St. Benedict | 28.16 |
| 3 | ROGERS, Hannah | Bethel (Minn.) | 28.00 |
| 4 | HOLTHAUS, Morgan | St. Benedict | 27.86 |
| 5 | CONRADI, Lauren | Bethel (Minn.) | 27.50 |
| 6 | BECKMANN, Emily | Minnesota State | 27.57 |
| 7 | OLINGER, Tess | Gustavus Adolphus | 27.94 |
| 8 | TEICHROEW, Erin | Gustavus Adolphus | 28.07 |
| 9 | ZDECHLIK, Grace | St. Benedict | 28.40 |
| Section 3 of 4 | | | |
| 1 | PATTERSON, Paige | Gustavus Adolphus | 29.46 |
| 2 | CONARRO, Matraca | Wis.-River Falls | 29.20 |
| 3 | HILL, Mya | Crown | 29.01 |
| 4 | DIETRICH, Adrianna | Wis.-River Falls | 28.82 |
| 5 | SOUTTHIVONG, Brian | Bethany Lutheran | 28.65 |
| 6 | KUHN, Cathryn | St. Benedict | 28.68 |
| 7 | STUDER, Rachel | Gustavus Adolphus | 28.88 |
| 8 | DOYLE, Chloe | Bethel (Minn.) | 29.02 |
| 9 | MCDERMOTT, Madelin | Gustavus Adolphus | 29.23 |
| Section 4 of 4 | | | |
| 2 | MOKHTARY, Olivia | Gustavus Adolphus | NT |
| 3 | BALZER, Becca | Bethel (Minn.) | 31.08 |
| 4 | STROM, Laura | Bethany Lutheran | 29.89 |
| 5 | THOMPSON, Taylor | Gustavus Adolphus | 29.58 |
| 6 | BROOKS, Sarah | Martin Luther | 29.62 |
| 7 | SCHWANKE, Marina | Crown | 30.67 |
| 8 | KNEISS, Samantha | Bethany Lutheran | 33.33 |

START LIST

#3 Men's 400 Meters

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|-------|
| Section 1 of 3 | | | |
| 1 | COATES, Austin | St. Thomas (Minn.) | 52.11 |
| 2 | QUIRING, Wyatt | Gustavus Adolphus | 51.93 |
| 3 | SMITH, Micah | Bethel (Minn.) | 51.52 |
| 4 | JOHNSON, Noah | Gustavus Adolphus | 51.00 |
| 5 | KULSTAD, Zach | Carleton | 49.73 |
| 6 | LEWISON, Drew | Minnesota State | 50.22 |
| 7 | SCHOENFELDER, Jon | St. Thomas (Minn.) | 51.33 |
| 8 | RICHTER, Bryan | Carleton | 51.91 |
| 9 | SCHUGEL, Jack | Gustavus Adolphus | 52.09 |
| Section 2 of 3 | | | |
| 2 | MUSABYIMANA, Wilso | Unattached | 55.00 |
| 3 | SCHULTZ, Noah | St. Thomas (Minn.) | 53.92 |
| 4 | MORGENSTERN, Tim | Concordia-St. Paul | 53.10 |
| 5 | OLFERT, Nick | Gustavus Adolphus | 52.60 |
| 6 | GETZLOFF, Liam | St. Olaf | 52.90 |
| 7 | GU, Vincent | Carleton | 53.28 |
| 8 | KARLSON, Samuel | St. Thomas (Minn.) | 54.50 |
| Section 3 of 3 | | | |
| 4 | MELSO, Jacob | Martin Luther | NT |
| 5 | SULLIVAN, Liam | Carleton | 55.34 |
| 6 | GULBRANDSON, Reec | Bethany Lutheran | 56.53 |

#30 Women's 400 Meters

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|---------|
| Section 1 of 3 | | | |
| 1 | ALBENESIUS, Anna | Minnesota State | 1:02.33 |
| 2 | MAGNUSON, Lauren | Concordia-St. Paul | 1:01.78 |
| 3 | HUDSPETH, Kaylee | Minnesota State | 1:01.43 |
| 4 | KUNSHIER, Maddy | Concordia-St. Paul | 1:01.25 |
| 5 | BAD MOCCASIN, Chel | Minnesota State | 59.62 |
| 6 | KLINGELHUTZ, Kelly | St. Benedict | 59.90 |
| 7 | HILL, Megan | Gustavus Adolphus | 1:01.40 |
| 8 | KRASOWSKI, Casey | St. Benedict | 1:01.74 |
| 9 | MITCH, Laura | St. Benedict | 1:01.91 |
| Section 2 of 3 | | | |
| 2 | MCDERMOTT, Madelin | Gustavus Adolphus | 1:07.99 |
| 3 | ROGERS, Hannah | Bethel (Minn.) | 1:04.56 |
| 4 | KUHN, Cathryn | St. Benedict | 1:04.10 |
| 5 | SPEIDEL, Dacoda | St. Benedict | 1:03.56 |
| 6 | BROWN, Maria | Concordia-St. Paul | 1:04.00 |
| 7 | CRAWFORD, Rachel | Minnesota State | 1:04.52 |
| 8 | TEICHROEW, Erin | Gustavus Adolphus | 1:07.31 |
| 9 | SCHWANKE, Marina | Crown | 1:08.55 |
| Section 3 of 3 | | | |
| 4 | WERNING, Holly | Concordia-St. Paul | 1:13.93 |
| 5 | PARR-DAVIS, Taylor | Concordia-St. Paul | 1:09.43 |
| 6 | BUTLER, Delaney | Concordia-St. Paul | 1:10.43 |

START LIST

#5 Men's 800 Meters

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|---------|
| Section 1 of 3 | | | |
| 1 | PRIMOZICH, Sam | St. Olaf | 1:59.56 |
| 2 | THEDENS, Mason | St. Thomas (Minn.) | 1:58.22 |
| 3 | PRINCE, Stefan | Bethany Lutheran | 1:58.37 |
| 4 | KASPER, Adam | Wis.-River Falls | 1:59.27 |
| 5 | CARL, Brian | St. Thomas (Minn.) | 1:57.21 |
| 6 | KOSCHE, Reuben | St. Olaf | 1:59.90 |
| 7 | ANDERSON, William | St. Olaf | 2:00.01 |
| 8 | MADIGAN, Ben | Gustavus Adolphus | 2:00.33 |
| 9 | CASSIDY, Eliott | St. Olaf | 2:00.54 |
| Section 2 of 3 | | | |
| 1 | TOLLEFSON, Aidan | Bethel (Minn.) | 2:03.84 |
| 2 | AEHL, Peter | St. Olaf | 2:02.54 |
| 3 | DEGONDA, Jack | Gustavus Adolphus | 2:07.00 |
| 4 | RASMUSSEN, Anders | Bethel (Minn.) | 2:05.00 |
| 5 | GAST, Dylan | Gustavus Adolphus | 2:01.00 |
| 6 | GUSTAFSON, Brennan | Gustavus Adolphus | 2:06.46 |
| 7 | LIEN, Harry | Concordia-St. Paul | 2:10.44 |
| 8 | WISCHNACK, Andrew | Gustavus Adolphus | 2:07.42 |
| 9 | JOHNSON, Kristofer | St. Olaf | 2:10.86 |
| Section 3 of 3 | | | |
| 1 | JACOBY, Zach | Wis.-River Falls | 2:20.22 |
| 2 | TWEIT, Benjamin | Bethany Lutheran | 2:12.60 |
| 3 | WILSON, Josh | Gustavus Adolphus | 2:13.31 |
| 4 | MCCABE, Jack | Gustavus Adolphus | 2:13.84 |
| 5 | ANDERSON, Jakin | Bethany Lutheran | NT |
| 6 | MICHAEL, Zane | Gustavus Adolphus | 2:11.10 |
| 7 | CARTER, Ethan | Martin Luther | NT |
| 8 | GREENBERG, Jared | Concordia-St. Paul | NT |

#31 Women's 800 Meters

| Lane | Name | Team | Time |
|-----------------------|---------------------|--------------------|---------|
| Section 1 of 3 | | | |
| 1 | HOLLOWAY, Malakai | Bethel (Minn.) | 2:25.16 |
| 2 | BLAKE, Josie | Gustavus Adolphus | 2:20.79 |
| 3 | HAGE, Anna | Bethel (Minn.) | 2:26.50 |
| 4 | ANDERSON, Haley | Gustavus Adolphus | 2:26.74 |
| 5 | COLE, Grace | Bethel (Minn.) | 2:26.50 |
| 6 | BIBLE, Taniya | Concordia-St. Paul | 2:28.31 |
| 7 | SANTANGELO, Taylor | St. Benedict | 2:19.97 |
| 8 | HAXTON, Ashley | Gustavus Adolphus | 2:30.00 |
| 9 | CRAWFORD, Rachel | Minnesota State | 2:30.55 |
| Section 2 of 3 | | | |
| 1 | SAUER, Morgan | Bethany Lutheran | 2:35.46 |
| 2 | DOYLE, Nora | St. Benedict | 2:36.90 |
| 3 | SCHMIDT, Elena | Concordia-St. Paul | 2:30.80 |
| 4 | ASP, Lynnea | Crown | 2:35.23 |
| 5 | LUTTIO, Laura | Bethel (Minn.) | 2:37.00 |
| 6 | MERTEN, Johanna | St. Benedict | 2:31.23 |
| 7 | WHITE, Paige | Minnesota State | 2:33.35 |
| 8 | VOSS, Marissa | Bethany Lutheran | 2:37.01 |
| 9 | NYHUS, Belle | Gustavus Adolphus | 2:38.12 |
| Section 3 of 3 | | | |
| 1 | PAUL, Sally | Bethel (Minn.) | 2:45.00 |
| 2 | MILLER, Leah | Martin Luther | 2:40.41 |
| 3 | OLSEN, Aimee | Martin Luther | 2:40.96 |
| 4 | ZARLING, Miriam | Wis.-River Falls | 2:51.06 |
| 5 | DARLING, Jessica | Crown | 2:53.11 |
| 6 | OLSEN, Emmalie | Martin Luther | 2:38.48 |
| 7 | JENTGES, Allison | Bethany Lutheran | 3:25.18 |
| 8 | PALUBICKI, Alecia | Martin Luther | 2:58.61 |
| 9 | VASQUEZ PENA, Beatr | Bethel (Minn.) | 3:04.79 |
| 10 | LOBERGER, Katie | Martin Luther | 3:16.49 |
| 11 | OSTHOFF, Taryn | St. Benedict | 2:54.31 |

START LIST

#6 Men's 1500 Meters

| Lane | Name | Team | Time |
|-----------------------|---------------------|--------------------|---------|
| Section 1 of 3 | | | |
| 1 | HERZOG, Jonah | St. Olaf | 4:10.07 |
| 2 | PAVELKA, Bridger | Gustavus Adolphus | 4:07.75 |
| 3 | BETHKE, Tyler | Bethel (Minn.) | 4:16.00 |
| 4 | BRENK, Christopher | St. Olaf | 4:10.99 |
| 5 | FINN, Michael | St. Olaf | 4:20.06 |
| 6 | GETZLOFF, Alec | St. Olaf | 4:17.00 |
| 7 | DEWEY, Ian | Concordia-St. Paul | 4:20.00 |
| 8 | WISCHNACK, Andrew | Gustavus Adolphus | 4:17.49 |
| 9 | KIRTLEY, Alec | St. Olaf | 4:18.70 |
| 10 | DEGONDA, Jack | Gustavus Adolphus | 4:19.00 |
| 11 | BITTER, Benjamin | Martin Luther | 4:07.41 |
| 12 | GILBERTSON, Jeremy | Gustavus Adolphus | 4:19.00 |
| 13 | MALEK, Luke | St. Olaf | 4:13.00 |
| Section 2 of 3 | | | |
| 1 | HERMAN, Zach | St. Olaf | 4:23.00 |
| 2 | HUSS, Tim | Bethel (Minn.) | 4:25.00 |
| 3 | ANDERSON, Tyler | Unattached | 4:25.32 |
| 4 | THOMFORDE, Matthe | Concordia-St. Paul | 4:35.38 |
| 5 | TWEIT, Benjamin | Bethany Lutheran | 4:22.75 |
| 6 | WIENS, Jared | Bethel (Minn.) | 4:27.52 |
| 7 | STRESEMANN, Sam | St. Olaf | 4:21.00 |
| 8 | STONE, David | St. Olaf | 4:28.80 |
| 9 | LOERSCH, Josiah | Martin Luther | 4:31.31 |
| 10 | ANDERSON, Jakin | Bethany Lutheran | 4:33.13 |
| 11 | HERZOG, Kojo | St. Olaf | 4:24.40 |
| 12 | PEDERSEN, Luke | Bethel (Minn.) | 4:30.00 |
| 13 | DAVIS, Ryan | Bethel (Minn.) | 4:30.00 |
| Section 3 of 3 | | | |
| 1 | MAYER, Max | St. Olaf | 4:40.26 |
| 2 | CARTER, Ethan | Martin Luther | NT |
| 3 | LEZOTTE, Joe | Wis.-River Falls | NT |
| 4 | HICKEY, Ross | Concordia-St. Paul | NT |
| 5 | LEESE, Baylor | Bethel (Minn.) | 4:45.00 |
| 6 | TESCH, Jacob | Bethany Lutheran | 5:03.35 |
| 7 | VONDEYLEN, Caleb | Martin Luther | 4:38.35 |
| 8 | KNUTSON, Eli | St. Olaf | NT |
| 9 | BURLEIGH, Juan | Gustavus Adolphus | NT |
| 10 | FRICK, Chris | St. Olaf | NT |
| 11 | SULLIVAN, Liam | Carleton | NT |
| 12 | MAERTZ, Ryan | Martin Luther | NT |
| 13 | RAABE-PAVLOV, Chris | St. Olaf | NT |

#32 Women's 1500 Meters

| Lane | Name | Team | Time |
|-----------------------|---------------------|--------------------|---------|
| Section 1 of 2 | | | |
| 1 | WEYENBERG, Carisa | Minnesota State | 4:51.86 |
| 2 | LAUER, Jaylynn | Minnesota State | 5:25.00 |
| 3 | THORISON, Meg | Bethel (Minn.) | 5:16.81 |
| 4 | SERRATORE, Megan | Minnesota State | 5:01.85 |
| 5 | ALPERS, Lauren | Bethel (Minn.) | 5:15.00 |
| 6 | PASSMORE, Gabriela | Gustavus Adolphus | 5:15.00 |
| 7 | OLSON, Noelle | Crown | 5:24.33 |
| 8 | CARR, Lydia | Concordia-St. Paul | 5:20.94 |
| 9 | PORTER, Kyla | St. Benedict | 5:17.40 |
| 10 | LINDBERG, Ruth | Concordia-St. Paul | 5:20.10 |
| 11 | MONTPLAISIR, Amand | Minnesota State | 4:49.13 |
| 12 | WACHOWIAK, Jena | St. Benedict | 5:15.34 |
| 13 | LEGER, Haley | Minnesota State | 4:56.09 |
| 14 | CROW, Lydia | Bethel (Minn.) | 5:30.00 |
| 15 | DIEKMAN, Noelle | Bethel (Minn.) | 5:30.00 |
| Section 2 of 2 | | | |
| 1 | WHITCOMB, Elizabeth | Gustavus Adolphus | 5:35.87 |
| 2 | VOEHL, Naomi | Bethel (Minn.) | 6:30.00 |
| 3 | HEGDE, Alyssa | Gustavus Adolphus | 5:56.60 |
| 4 | OLSEN, Emmalie | Martin Luther | 5:37.54 |
| 5 | IVERSEN, Claire | St. Benedict | 6:02.87 |
| 6 | OTTO, Amanda | Gustavus Adolphus | NT |
| 7 | KVEBAK, Elizabeth | Gustavus Adolphus | NT |
| 8 | TURPEN, Sarah | Minnesota State | 5:34.46 |
| 9 | DARLING, Jessica | Crown | NT |
| 10 | SANTANGELO, Taylor | St. Benedict | 5:53.45 |
| 11 | FLOYD, Mackenzie | Bethany Lutheran | NT |
| 12 | MARTENS, Angel | Gustavus Adolphus | NT |
| 13 | MUCHA, Bryn | Gustavus Adolphus | NT |
| 14 | BUTLER, Delaney | Concordia-St. Paul | 6:00.00 |
| 15 | PAULSON, Lindsey | Gustavus Adolphus | NT |

START LIST

#7 Men's 5000 Meters

| Lane | Name | Team | Time |
|-----------------------|------------------|-------------------|----------|
| Section 1 of 1 | | | |
| 1 | KERBESHIAN, Nick | Gustavus Adolphus | 16:13.08 |
| 2 | SIMON, Jackson | St. Olaf | NT |
| 3 | BRANDS, Joshua | Martin Luther | 16:35.35 |
| 4 | JOHNSON, Braydon | Wis.-River Falls | NT |
| 5 | NARUM, Anders | St. Olaf | NT |
| 6 | GALLEY, Jace | Unattached | 15:43.12 |
| 7 | FOREMAN, Nick | Unattached | 17:00.00 |
| 8 | OLSON, Anders | Gustavus Adolphus | 17:00.00 |

#33 Women's 5000 Meters

| Lane | Name | Team | Time |
|-----------------------|------------------|--------------------|----------|
| Section 1 of 1 | | | |
| 1 | LINDBERG, Kara | Concordia-St. Paul | 18:41.21 |
| 2 | WELU, Heidi | Minnesota State | NT |
| 3 | NELSON, Rachel | St. Benedict | 20:30.00 |
| 4 | RAMON, Iliana | Gustavus Adolphus | 19:04.21 |
| 5 | MESFIN, Lucia | Concordia-St. Paul | 19:08.00 |
| 6 | PORATH, Nicole | Unattached | NT |
| 7 | PIERCE, Morgan | St. Benedict | 17:56.92 |
| 8 | SCHIFSKY, Lotus | Gustavus Adolphus | 19:54.77 |
| 9 | CARR, Lydia | Concordia-St. Paul | 19:32.49 |
| 10 | DIEBERGER, Megan | St. Benedict | 20:30.00 |
| 11 | LINDBERG, Ruth | Concordia-St. Paul | 19:14.00 |
| 12 | GOFF, Abby | St. Benedict | 18:30.00 |

START LIST

#34 Women's 100m Hurdles

| Lane | Name | Team | Time |
|-----------------------|-----------------------|--------------------|-------|
| Section 1 of 2 | | | |
| 1 | MAHOTA, Maggie | St. Benedict | 18.98 |
| 2 | STUDER, Rachel | Gustavus Adolphus | 17.56 |
| 3 | DEKNIKKER, Karley | Gustavus Adolphus | 17.30 |
| 4 | WILLIAMS, Syri | Bethel (Minn.) | 16.11 |
| 5 | MULCAHY, Christabelle | Concordia-St. Paul | 14.41 |
| 6 | ROBERTSON, Kimberl | Wis.-River Falls | 15.67 |
| 7 | PICKTHORN, Stephani | St. Benedict | 16.90 |
| 8 | ENDE, Kayla | Bethel (Minn.) | 17.45 |
| 9 | THOMPSON, Taylor | Gustavus Adolphus | 18.08 |
| Section 2 of 2 | | | |
| 3 | DAVIS, Emma | Gustavus Adolphus | NT |
| 4 | MORETON, Natasha | Martin Luther | 20.99 |
| 5 | PAUL, Sally | Bethel (Minn.) | 19.22 |
| 6 | DOBBERSTEIN, Emily | Martin Luther | 20.25 |
| 7 | HAGESTUEN, Nora | Gustavus Adolphus | NT |

#8 Men's 110m Hurdles

| Lane | Name | Team | Time |
|-----------------------|------------------|-------------------|-------|
| Section 1 of 1 | | | |
| 2 | FINNE, Nelson | Gustavus Adolphus | 18.63 |
| 3 | HUTTON-LAU, Jett | Bethel (Minn.) | 17.90 |
| 4 | JAMES, Djimon | Minnesota State | 15.91 |
| 5 | ROONEY, Taylor | Gustavus Adolphus | 14.29 |
| 6 | BRISTOL, Logan | Minnesota State | 14.55 |
| 7 | WALTON, Lukas | Bethel (Minn.) | 16.75 |
| 8 | STICHMAN, Kyle | Bethel (Minn.) | 18.02 |
| 9 | FRICK, Chris | St. Olaf | 19.17 |

START LIST

#35 Men's 400m Hurdles

| Lane | Name | Team | Time |
|-----------------------|------------------|--------------------|---------|
| Section 1 of 1 | | | |
| 1 | PRINCE, Stefan | Bethany Lutheran | NT |
| 2 | MCCUE, Ryan | Bethany Lutheran | NT |
| 3 | OTTO, Micah | Martin Luther | 1:03.25 |
| 4 | KARNGAR, Trokon | Bethel (Minn.) | 59.00 |
| 5 | SEALOCK, Tyler | Bethel (Minn.) | 56.50 |
| 6 | SCOTT, Benjamin | St. Olaf | 57.51 |
| 7 | VERCHOTA, Bobby | Gustavus Adolphus | 1:00.91 |
| 8 | VONDEYLEN, Caleb | Martin Luther | 1:04.67 |
| 9 | ONYEUKWU, Bruno | Concordia-St. Paul | NT |

#46 Women's 400m Hurdles

| Lane | Name | Team | Time |
|-----------------------|--------------------|--------------------|---------|
| Section 1 of 2 | | | |
| 1 | SMITH, Haley | St. Benedict | 1:15.97 |
| 2 | DEKNIKKER, Karley | Gustavus Adolphus | 1:14.06 |
| 3 | MAHOTA, Maggie | St. Benedict | 1:11.37 |
| 4 | TAYLOR, Tacora | Concordia-St. Paul | 1:09.92 |
| 5 | CIESYNSKI, Emily | Minnesota-Morris | 1:03.38 |
| 6 | FINNES, Taylor | Bethel (Minn.) | 1:09.53 |
| 7 | BALZER, Mara | Bethel (Minn.) | 1:11.07 |
| 8 | FOLLESTAD, Rachael | Gustavus Adolphus | 1:12.88 |
| 9 | HAUCH, Eryn | St. Benedict | 1:15.46 |
| Section 2 of 2 | | | |
| 4 | HOFFMAN, Chloe | Bethany Lutheran | NT |
| 5 | MORETON, Natasha | Martin Luther | 1:18.95 |
| 6 | DOBBERSTEIN, Emily | Martin Luther | 1:20.38 |

START LIST

#10 Men's 3000m Steeple

| Lane | Name | Team | Time |
|-----------------------|------------------|--------------------|----------|
| Section 1 of 1 | | | |
| 1 | GREEN, Zeke | Concordia-St. Paul | 10:05.77 |
| 2 | WICKLUND, Ben | Gustavus Adolphus | 10:02.58 |
| 3 | KIVELA, Erik | Bethel (Minn.) | 10:30.00 |
| 4 | LARSON, Peter | St. Olaf | 11:33.85 |
| 5 | MCCULLOUGH, Eamo | Gustavus Adolphus | 10:32.41 |
| 6 | KARL, Tyler | Concordia-St. Paul | 10:31.67 |
| 7 | STORDAHL, Tyler | Gustavus Adolphus | 10:30.77 |
| 8 | WISCHNACK, Alex | Gustavus Adolphus | 9:48.79 |
| 9 | BERGEN, Spencer | Concordia-St. Paul | 10:23.49 |
| 10 | SCRUGGS, Nathan | Gustavus Adolphus | 10:37.34 |
| 11 | LINK, Hunter | Unattached | 10:49.77 |
| 12 | DEWEY, Ian | Concordia-St. Paul | 11:51.87 |
| 13 | LINDGREN, Lukas | St. Olaf | 10:06.61 |
| 14 | DEA, Thomas | St. Olaf | NT |
| 15 | KNODE, Anthony | Bethany Lutheran | NT |

#36 Women's 3000m Steeple

| Lane | Name | Team | Time |
|-----------------------|-------------------|-------------------|----------|
| Section 1 of 1 | | | |
| 1 | WITKOWSKI, Augie | St. Benedict | 12:45.48 |
| 2 | RUPRECH, Alli | St. Benedict | 12:08.65 |
| 3 | RENIR, Tracy | St. Benedict | 12:15.06 |
| 4 | KULSETH, Kourtney | Gustavus Adolphus | 11:49.81 |
| 5 | MIEST, Mackinzee | Gustavus Adolphus | 13:07.46 |
| 6 | BOEHLKE, Rebecca | Martin Luther | 13:09.59 |
| 7 | SEILER, Emma | St. Benedict | 13:29.82 |

START LIST

#12 Men's 4 x 100m Relay

| Lane | Team | | Time |
|-----------------------|-----------------------|---|-------|
| Section 1 of 1 | | | |
| 3 | St. Olaf (A) | A | 44.89 |
| 4 | Martin Luther (B) | B | 44.41 |
| 5 | Gustavus Adolphus (A) | A | 42.62 |
| 6 | Carleton (A) | A | 43.50 |
| 7 | Martin Luther (A) | A | 44.41 |

#47 Women's 4 x 100m Relay

| Lane | Team | | Time |
|-----------------------|------------------------|---|-------|
| Section 1 of 1 | | | |
| 5 | Concordia-St. Paul (A) | A | 48.75 |
| 6 | Martin Luther (A) | A | 55.48 |
| 7 | St. Benedict (A) | A | NT |

START LIST

#13 Men's 4 x 400m Relay

| Lane | Team | Time |
|-----------------------|-----------------------|-----------|
| Section 1 of 1 | | |
| 1 | Bethel (Minn.) (B) | B 3:47.00 |
| 2 | Gustavus Adolphus (C) | C 3:40.00 |
| 3 | Wis.-River Falls (A) | A 3:35.06 |
| 4 | Bethel (Minn.) (A) | A 3:26.50 |
| 5 | St. Olaf (A) | A 3:25.47 |
| 6 | Gustavus Adolphus (A) | A 3:25.72 |
| 7 | Gustavus Adolphus (B) | B 3:30.00 |
| 8 | Martin Luther (A) | A 3:38.99 |
| 9 | Gustavus Adolphus (D) | D 3:40.00 |

#38 Women's 4 x 400m Relay

| Lane | Team | Time |
|-----------------------|-----------------------|-----------|
| Section 1 of 1 | | |
| 3 | Martin Luther (A) | A 4:34.05 |
| 4 | Gustavus Adolphus (A) | A 4:25.00 |
| 5 | Gustavus Adolphus (C) | C 4:07.11 |
| 6 | Bethel (Minn.) (A) | A 4:15.00 |
| 7 | Gustavus Adolphus (B) | B 4:25.00 |
| 8 | St. Benedict (A) | A NT |

START LIST

#22 Men's High Jump

| Lane | Name | Team | Mark |
|---------------|-------------------|--------------------|-------|
| Flight 1 of 1 | | | |
| 1 | LANDWEHR, Jonas | Martin Luther | 1.66m |
| 2 | EKTNITPHONG, Troy | Gustavus Adolphus | 1.67m |
| 3 | SCHARF, Andrew | Martin Luther | 1.76m |
| 4 | WALTON, Lukas | Bethel (Minn.) | 1.84m |
| 5 | JONES, David | Crown | 1.85m |
| 6 | LICHLITER, Bill | St. Thomas (Minn.) | 1.86m |
| 7 | KULSTAD, Zach | Carleton | 1.90m |
| 8 | BRISTOL, Logan | Minnesota State | 1.91m |
| 9 | OJIKA, Benjamin | Minnesota State | 1.91m |
| 10 | POWERS, Parker | Concordia-St. Paul | 1.92m |
| 11 | ROONEY, Taylor | Gustavus Adolphus | 2.00m |
| 12 | BROWN, Deveyon | Minnesota State | 2.05m |

#74 Women's High Jump

| Lane | Name | Team | Mark |
|---------------|---------------------|--------------------|-------|
| Flight 1 of 1 | | | |
| 1 | BROCKER, Halley | Gustavus Adolphus | 1.51m |
| 2 | VOSS, Marissa | Bethany Lutheran | 1.48m |
| 3 | WESTEMEIER, Rachel | Concordia-St. Paul | 1.50m |
| 4 | THOMPSON, Taylor | Gustavus Adolphus | 1.42m |
| 5 | MORETON, Natasha | Martin Luther | 1.46m |
| 6 | KOELZ, Sadie | Bethel (Minn.) | 1.44m |
| 7 | PAEVERUD, Ella | Concordia-St. Paul | 1.63m |
| 8 | CONARRO, Matraca | Wis.-River Falls | 1.35m |
| 9 | SPEHAR, Suntina | St. Benedict | NM |
| 10 | PICKTHORN, Stephani | St. Benedict | NM |
| 11 | BALZER, Becca | Bethel (Minn.) | NM |
| 12 | HOLTHAUS, Morgan | St. Benedict | NM |

START LIST

#18 Men's Pole Vault

| Lane | Name | Team | Mark |
|---------------|---------------------|--------------------|-----------|
| Flight 1 of 1 | | | |
| 1 | FLUNO, Collin | Wis.-River Falls | 2.81m |
| 2 | HILL, Justin | Wis.-River Falls | 3.39m |
| 3 | SCHEGEL, Abe | Bethel (Minn.) | 3.69m |
| 4 | HAMMERSCHMIDT, Jo | Unattached | 12' 1.75" |
| 5 | FRICK, Chris | St. Olaf | 3.90m |
| 6 | HAWKINS, Cody | Wis.-River Falls | 3.99m |
| 7 | TURNER, Dominique | Wis.-River Falls | 4.01m |
| 8 | KNUTSON, Eli | St. Olaf | 4.17m |
| 9 | KNIGHTON-JOHNSON | Bethel (Minn.) | 4.20m |
| 10 | JEPPESON, Marshall | Concordia-St. Paul | 4.30m |
| 11 | BURY, Michael | St. Thomas (Minn.) | 4.38m |
| 12 | MCPHERSON, Mark | Minnesota State | 4.43m |
| 13 | RITZENTHALER, Aidan | St. Thomas (Minn.) | 4.50m |
| 14 | DOCKENDORF, Drew | Concordia-St. Paul | 4.75m |

#50 Women's Pole Vault

| Lane | Name | Team | Mark |
|---------------|--------------------|-------------------|-------|
| Flight 1 of 1 | | | |
| 1 | STELTEN, Lee | St. Benedict | NM |
| 2 | DALKI, Elisabeth | St. Benedict | NM |
| 3 | HOFF, Oliva | St. Benedict | NM |
| 4 | BAKER, Gabby | Bethany Lutheran | NM |
| 5 | SCHAEFFER, Chelsea | St. Benedict | NM |
| 6 | WITHAM, Zoe | St. Benedict | NM |
| 7 | GOETZMAN, Julia | Bethel (Minn.) | 2.23m |
| 8 | HENNEN, Alexis | Bethel (Minn.) | 2.23m |
| 9 | STROM, Laura | Bethany Lutheran | 2.53m |
| 10 | RIETH, Jenna | Gustavus Adolphus | 2.60m |
| 11 | SCHMIDT, Kellie | Bethel (Minn.) | 2.68m |
| 12 | SINGH, Prabhjot | Gustavus Adolphus | 2.75m |
| 13 | MOR, Doris-Klein | Gustavus Adolphus | 2.82m |
| 14 | DORN, Madison | Bethel (Minn.) | 2.95m |
| 15 | HAXTON, Ashley | Gustavus Adolphus | 2.98m |
| 16 | BUTCHKO, Mallory | Gustavus Adolphus | 3.12m |
| 17 | KOELZ, Sadie | Bethel (Minn.) | 3.34m |
| 18 | VOSS, Tessa | Minnesota State | 3.35m |
| 19 | ROBERTSON, Kimberl | Wis.-River Falls | 3.43m |

START LIST

#15 Men's Long Jump

| Lane | Name | Team | Mark |
|----------------------|---------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | HUONDER, Dalton | Bethany Lutheran | NM |
| 2 | DORAN, Madison | St. Benedict | 4.13m |
| 3 | JOHNSON, Benjamin | Bethany Lutheran | 5.40m |
| 4 | LANDWEHR, Jonas | Martin Luther | 5.43m |
| 5 | BALTS, Brady | Wis.-River Falls | 5.51m |
| 6 | TROY, Avery | Gustavus Adolphus | 5.64m |
| 7 | SCHEGEL, Abe | Bethel (Minn.) | 5.75m |
| 8 | SULLIVAN, Liam | Carleton | 5.75m |
| 9 | VAN LANNEN, Tyler | Bethel (Minn.) | 5.83m |
| 10 | JOHNSTON, Jake | Minnesota State | 6.23m |
| 11 | RICH, Keegan | Bethany Lutheran | 6.24m |
| Flight 2 of 2 | | | |
| 1 | AYOBAMIDELE, Steph | Minnesota State | 6.27m |
| 2 | TURNER, Dominique | Wis.-River Falls | 6.28m |
| 3 | BJORK, Sean | Bethel (Minn.) | 6.32m |
| 4 | JONES, Nic | Bethel (Minn.) | 6.35m |
| 5 | STICHMAN, Kyle | Bethel (Minn.) | 6.35m |
| 6 | MONTPLAISIR, Matthe | Gustavus Adolphus | 6.39m |
| 7 | PRATER, Joshua | St. Thomas (Minn.) | 6.59m |
| 8 | LICHLITER, Bill | St. Thomas (Minn.) | 6.60m |
| 9 | DUMOULIN, Alexander | Gustavus Adolphus | 6.65m |
| 10 | RAMNARINE, Cameron | Minnesota State | 6.83m |
| 11 | SHURE, Nick | Unattached | 22' 6" |

#39 Women's Long Jump

| Lane | Name | Team | Mark |
|----------------------|----------------------|--------------------|-------|
| Flight 1 of 2 | | | |
| 1 | HAGESTUEN, Nora | Gustavus Adolphus | NM |
| 2 | PATTERSON, Paige | Gustavus Adolphus | NM |
| 3 | KNEISS, Samantha | Bethany Lutheran | 3.84m |
| 4 | MORETON, Natasha | Martin Luther | 4.18m |
| 5 | HILL, Mya | Crown | 4.28m |
| 6 | SOUTTHIVONG, Brian | Bethany Lutheran | 4.38m |
| 7 | STUCKMAYER, Kelsi | St. Benedict | 4.50m |
| 8 | BANKS, Tyra | Gustavus Adolphus | 4.50m |
| 9 | GILES, DeAnna | Gustavus Adolphus | 4.63m |
| Flight 2 of 2 | | | |
| 1 | DIETRICH, Adrianna | Wis.-River Falls | 4.67m |
| 2 | STUDER, Rachel | Gustavus Adolphus | 4.74m |
| 3 | BODE, Claire | Bethel (Minn.) | 4.76m |
| 4 | ELIASON, Ella | Bethel (Minn.) | 4.83m |
| 5 | WILLIAMS, Syri | Bethel (Minn.) | 4.85m |
| 6 | ZINKEL, Tyra | Concordia-St. Paul | 5.08m |
| 7 | DEGEN, Jenna | St. Benedict | 5.20m |
| 8 | PERRENOUD, Grace | Bethel (Minn.) | 5.29m |
| 9 | ATLADOTTIR, Steinunn | Minnesota State | 5.35m |

START LIST

#14 Men's Triple Jump

| Lane | Name | Team | Mark |
|---------------|---------------------|--------------------|--------|
| Flight 1 of 1 | | | |
| 1 | BALTS, Brady | Wis.-River Falls | 11.39m |
| 2 | JONES, David | Crown | 11.65m |
| 3 | MONTPLAISIR, Matthe | Gustavus Adolphus | 12.10m |
| 4 | VAN LANNEN, Tyler | Bethel (Minn.) | 12.17m |
| 5 | BALGE, Philip | Martin Luther | 12.34m |
| 6 | JOHNSON, Andrew | Concordia-St. Paul | 12.36m |
| 7 | EKTNITPHONG, Troy | Gustavus Adolphus | 12.51m |
| 8 | RICH, Keegan | Bethany Lutheran | 13.20m |
| 9 | DUMOULIN, Alexander | Gustavus Adolphus | 13.55m |
| 10 | RAMNARINE, Cameron | Minnesota State | 13.65m |
| 11 | AYOBAMIDELE, Steph | Minnesota State | 13.82m |

#40 Women's Triple Jump

| Lane | Name | Team | Mark |
|---------------|----------------------|--------------------|--------|
| Flight 1 of 1 | | | |
| 1 | WESTEMEIER, Rachel | Concordia-St. Paul | 9.60m |
| 2 | STUCKMAYER, Kelsi | St. Benedict | 10.00m |
| 3 | PATTERSON, Paige | Gustavus Adolphus | 10.07m |
| 4 | MCDERMOTT, Madelin | Gustavus Adolphus | 10.15m |
| 5 | HANSEN, Caroline | Minnesota State | 10.18m |
| 6 | HILL, Mya | Crown | 10.22m |
| 7 | PICKTHORN, Stephani | St. Benedict | 10.57m |
| 8 | ZINKEL, Tyra | Concordia-St. Paul | 10.98m |
| 9 | ATLADOTTIR, Steinunn | Minnesota State | 11.18m |

START LIST

#16 Men's Shot Put

| Lane | Name | Team | Mark |
|----------------------|--------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | ROONEY, Taylor | Gustavus Adolphus | NM |
| 2 | FRICK, Chris | St. Olaf | 9.89m |
| 3 | FLUNKER, Dominic | Bethany Lutheran | 9.95m |
| 4 | PESHON, Ozzie | Bethany Lutheran | 10.59m |
| 5 | WHITE, Aengus | St. Olaf | 12.11m |
| 6 | THOMPSON, Matthew | Gustavus Adolphus | 12.21m |
| 7 | MILLER, Adam | Concordia-St. Paul | 12.50m |
| 8 | NELSON, Russell | Bethel (Minn.) | 12.54m |
| 9 | WILSON, Seamus | Gustavus Adolphus | 12.60m |
| 10 | BRADLEY, Andrew | Gustavus Adolphus | 12.62m |
| 11 | NELSON, Wes | Bethel (Minn.) | 13.19m |
| 12 | FOELSKE, Caleb | Martin Luther | 13.24m |
| Flight 2 of 2 | | | |
| 1 | IRONS, Gabe | Bethel (Minn.) | 13.36m |
| 2 | HUTCHINSON, Thoma | Concordia-St. Paul | 13.77m |
| 3 | LARSON, Keegan | Concordia-St. Paul | 14.15m |
| 4 | ORZOLEK, Steven | Gustavus Adolphus | 15.10m |
| 5 | FEUERBORN, Parker | St. Thomas (Minn.) | 15.80m |
| 6 | GUSTAVESON, Marcu | Concordia-St. Paul | 15.99m |
| 7 | KURTZ-ENKO, Nathan | St. Olaf | 15.99m |
| 8 | HENSCH, Michael | Gustavus Adolphus | 16.39m |
| 9 | DANHAUER, David | St. Thomas (Minn.) | 16.57m |
| 10 | O'BRIEN, Gage | St. Thomas (Minn.) | 16.72m |
| 11 | NABA, Bedale | Minnesota State | 16.78m |

#41 Women's Shot Put

| Lane | Name | Team | Mark |
|----------------------|---------------------|--------------------|--------|
| Flight 1 of 3 | | | |
| 1 | JENTGES, Allison | Bethany Lutheran | 5.68m |
| 2 | NICHOLSON, Alena | Crown | 5.93m |
| 3 | HAGESTUEN, Nora | Gustavus Adolphus | 7.30m |
| 4 | CASTOR, Sydnie | Crown | 7.46m |
| 5 | VERY, Josephine | Martin Luther | 7.59m |
| 6 | NOVAK, Danielle | Crown | 7.79m |
| 7 | ORVIS, Emily | Martin Luther | 7.98m |
| 8 | HILTON, Emily | Crown | 8.43m |
| 9 | HOBBS, Callista | Wis.-River Falls | 8.69m |
| 10 | FISCHER, Johanna | Martin Luther | 9.49m |
| Flight 2 of 3 | | | |
| 1 | PLOCHER, Leah | Martin Luther | 9.71m |
| 2 | BRUGGER, Bryanne | Wis.-River Falls | 9.82m |
| 3 | BAKER, Gabby | Bethany Lutheran | 9.85m |
| 4 | MANIKOWSKI, Lara | St. Benedict | 9.97m |
| 5 | BACH, Dana | Gustavus Adolphus | 10.29m |
| 6 | WILKERSON, Breanna | Gustavus Adolphus | 10.56m |
| 7 | GIGSTAD, Sarah | St. Benedict | 11.01m |
| 8 | BAKER, Claire | St. Benedict | 11.20m |
| 9 | KLABOUGH, Isabella | Gustavus Adolphus | 11.42m |
| 10 | MCCOLLUM, Jaiden | St. Benedict | 11.50m |
| Flight 3 of 3 | | | |
| 1 | BRATRUD, Dusti | Minnesota State | 11.50m |
| 2 | ANDERSON, Haley | St. Benedict | 11.88m |
| 3 | OLSON-SOLA, Annalee | Gustavus Adolphus | 12.14m |
| 4 | DONLAN, Tia | Concordia-St. Paul | 12.53m |
| 5 | GUSTAFSON, Hannah | Concordia-St. Paul | 13.26m |
| 6 | STAFSLIEN-DUMALE, | Minnesota State | 13.41m |
| 7 | PERRON, Brea | Minnesota State | 13.71m |
| 8 | THOMPSON, Sydney | Minnesota State | 13.97m |
| 9 | BUCKLER, Heather | Minnesota State | 14.64m |

START LIST

#17 Men's Discus

| Lane | Name | Team | Mark |
|----------------------|--------------------|--------------------|--------|
| Flight 1 of 3 | | | |
| 1 | BOYUM, Caleb | Bethany Lutheran | 19.66m |
| 2 | FLUNKER, Dominic | Bethany Lutheran | 24.49m |
| 3 | PESHON, Ozzie | Bethany Lutheran | 26.74m |
| 4 | FINNE, Nelson | Gustavus Adolphus | 26.87m |
| 5 | FRICK, Chris | St. Olaf | 26.93m |
| 6 | ONWUALU, Odera | Bethel (Minn.) | 36.50m |
| 7 | GAG, Connor | Gustavus Adolphus | 36.95m |
| 8 | NELSON, Russell | Bethel (Minn.) | 37.12m |
| 9 | ESPE, David | Gustavus Adolphus | 37.56m |
| 10 | JOHNSON, Dan | Bethel (Minn.) | 37.68m |
| Flight 2 of 3 | | | |
| 1 | WHITE, Aengus | St. Olaf | 38.32m |
| 2 | FOELSKE, Caleb | Martin Luther | 38.90m |
| 3 | ELSTAD, Darik | Minnesota State | 39.75m |
| 4 | NELSON, Wes | Bethel (Minn.) | 40.08m |
| 5 | MAXON, Keith | Gustavus Adolphus | 40.61m |
| 6 | KURTZ-ENKO, Nathan | St. Olaf | 41.45m |
| 7 | PUETT, Andrew | Gustavus Adolphus | 42.84m |
| 8 | IRONS, Gabe | Bethel (Minn.) | 43.49m |
| 9 | FEUERBORN, Parker | St. Thomas (Minn.) | 43.60m |
| Flight 3 of 3 | | | |
| 1 | QUINN, Hunter | Concordia-St. Paul | 44.63m |
| 2 | LARSON, Keegan | Concordia-St. Paul | 44.73m |
| 3 | O'BRIEN, Gage | St. Thomas (Minn.) | 44.90m |
| 4 | CURTIS, Shane | Concordia-St. Paul | 45.18m |
| 5 | HUTCHINSON, Thoma | Concordia-St. Paul | 45.31m |
| 6 | DANHAUER, David | St. Thomas (Minn.) | 45.64m |
| 7 | NABA, Bedale | Minnesota State | 46.02m |
| 8 | HENSCH, Michael | Gustavus Adolphus | 48.14m |
| 9 | GUSTAVESON, Marcu | Concordia-St. Paul | 48.91m |

#48 Women's Discus

| Lane | Name | Team | Mark |
|----------------------|---------------------|--------------------|--------|
| Flight 1 of 3 | | | |
| 1 | HOGLIN, Katherine | Gustavus Adolphus | NM |
| 2 | NICHOLSON, Alena | Crown | 16.08m |
| 3 | JENTGES, Allison | Bethany Lutheran | 16.77m |
| 4 | CASTOR, Sydnie | Crown | 17.09m |
| 5 | HILTON, Emily | Crown | 22.39m |
| 6 | AVERY, Josephine | Martin Luther | 22.46m |
| 7 | BRUGGER, Bryanne | Wis.-River Falls | 26.27m |
| 8 | HOBBS, Callista | Wis.-River Falls | 28.16m |
| 9 | OLSON-SOLA, Annalee | Gustavus Adolphus | 31.01m |
| Flight 2 of 3 | | | |
| 1 | RADDATZ, Katelyn | Martin Luther | 31.35m |
| 2 | WALTER, Eli | St. Benedict | 31.61m |
| 3 | BAKER, Claire | St. Benedict | 32.00m |
| 4 | MANIKOWSKI, Lara | St. Benedict | 32.78m |
| 5 | WAGNER, Lauren | Bethel (Minn.) | 32.97m |
| 6 | ERICKSON, Courtney | Gustavus Adolphus | 33.47m |
| 7 | WILKERSON, Breanna | Gustavus Adolphus | 35.09m |
| 8 | GIGSTAD, Sarah | St. Benedict | 36.90m |
| 9 | KLABOUGH, Isabella | Gustavus Adolphus | 36.99m |
| Flight 3 of 3 | | | |
| 1 | BUCKLER, Heather | Minnesota State | 38.10m |
| 2 | THOMSON, Kara | Minnesota State | 39.03m |
| 3 | GUSTAFSON, Hannah | Concordia-St. Paul | 39.40m |
| 4 | ANDERSON, Haley | St. Benedict | 39.48m |
| 5 | SHANK, Carissa | Minnesota State | 40.18m |
| 6 | RIPKE, Anna | Concordia-St. Paul | 40.91m |
| 7 | FINSTUEN, Haley | Minnesota State | 40.92m |
| 8 | THOMPSON, Sydney | Minnesota State | 45.06m |
| 9 | DONLAN, Tia | Concordia-St. Paul | 45.49m |

START LIST

#27 Men's Hammer

| Lane | Name | Team | Mark |
|----------------------|-------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | BOYUM, Caleb | Bethany Lutheran | 17.62m |
| 2 | PESHON, Ozzie | Bethany Lutheran | 30.07m |
| 3 | FLUNKER, Dominic | Bethany Lutheran | 30.88m |
| 4 | JOHNSON, Dan | Bethel (Minn.) | 31.11m |
| 5 | FOELSKE, Caleb | Martin Luther | 31.30m |
| 6 | NELSON, Russell | Bethel (Minn.) | 35.05m |
| 7 | IRONS, Gabe | Bethel (Minn.) | 35.70m |
| 8 | WIMMER, Isaiah | St. Thomas (Minn.) | 37.57m |
| 9 | LARSON, Keegan | Concordia-St. Paul | 37.79m |
| 10 | FEUERBORN, Parker | St. Thomas (Minn.) | 41.15m |
| Flight 2 of 2 | | | |
| 1 | ONWUALU, Odera | Bethel (Minn.) | 42.24m |
| 2 | ELSTAD, Darik | Minnesota State | 43.55m |
| 3 | QUINN, Hunter | Concordia-St. Paul | 44.11m |
| 4 | PLACE, Peter | Wis.-River Falls | 45.85m |
| 5 | NELSON, Wes | Bethel (Minn.) | 45.88m |
| 6 | ORZOLEK, Steven | Gustavus Adolphus | 45.90m |
| 7 | MUNDFROM, Eben | Concordia-St. Paul | 48.99m |
| 8 | O'BRIEN, Gage | St. Thomas (Minn.) | 50.39m |
| 9 | WADO, Nasru | Concordia-St. Paul | 53.89m |
| 10 | HENSCH, Michael | Gustavus Adolphus | 61.07m |

#49 Women's Hammer

| Lane | Name | Team | Mark |
|----------------------|---------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | BRUGGER, Bryanne | Wis.-River Falls | 24.00m |
| 2 | HOBBS, Callista | Wis.-River Falls | 25.03m |
| 3 | ORVIS, Emily | Martin Luther | 26.46m |
| 4 | FISCHER, Johanna | Martin Luther | 26.86m |
| 5 | THOMPSON, Sydney | Minnesota State | 30.00m |
| 6 | VERY, Josephine | Martin Luther | 30.20m |
| 7 | BACH, Dana | Gustavus Adolphus | 31.45m |
| 8 | RADDATZ, Katelyn | Martin Luther | 31.52m |
| 9 | SCHAMMEL, Abigail | Gustavus Adolphus | 31.95m |
| 10 | DEYAK, Remington | St. Benedict | 35.00m |
| 11 | WALTER, Eli | St. Benedict | 37.27m |
| 12 | WAGNER, Lauren | Bethel (Minn.) | 37.85m |
| 13 | ERICKSON, Courtney | Gustavus Adolphus | 39.32m |
| Flight 2 of 2 | | | |
| 1 | ANDERSON, Haley | St. Benedict | 39.70m |
| 2 | GIGSTAD, Sarah | St. Benedict | 40.95m |
| 3 | FINSTUEN, Haley | Minnesota State | 41.26m |
| 4 | DONLAN, Tia | Concordia-St. Paul | 41.26m |
| 5 | RIPKE, Anna | Concordia-St. Paul | 42.94m |
| 6 | NIERLING, Hailey | SW Minnesota St. | 43.08m |
| 7 | HAARSTAD, Annabelle | Minnesota State | 45.45m |
| 8 | BAKER, Claire | St. Benedict | 45.60m |
| 9 | GUSTAFSON, Hannah | Concordia-St. Paul | 45.72m |
| 10 | STAFSLIEN-DUMALE, | Minnesota State | 47.54m |
| 11 | VAN DEN HEUVEL, Bai | Gustavus Adolphus | 49.01m |
| 12 | PERRON, Brea | Minnesota State | 49.19m |
| 13 | KEELIN, Katie | Gustavus Adolphus | 50.71m |

START LIST

#26 Men's Javelin

| Lane | Name | Team | Mark |
|----------------------|------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | HILL, Justin | Wis.-River Falls | 35.83m |
| 2 | TAORMINA, Justin | Minnesota State | 36.00m |
| 3 | FOELSKE, Caleb | Martin Luther | 36.96m |
| 4 | GREGORIUS, Aidan | Martin Luther | 37.76m |
| 5 | MILLER, Adam | Concordia-St. Paul | 38.95m |
| 6 | CURTIS, Shane | Concordia-St. Paul | 39.12m |
| 7 | FINNE, Nelson | Gustavus Adolphus | 40.53m |
| 8 | KIRCHER, Thomas | Minnesota State | 40.92m |
| 9 | ESCHER, Matt | St. Thomas (Minn.) | 40.97m |
| 10 | VENKE, Caleb | Wis.-River Falls | 41.82m |
| 11 | JOHNSON, Dan | Bethel (Minn.) | 42.91m |
| 12 | DESERTO, Vince | St. Thomas (Minn.) | 42.94m |
| Flight 2 of 2 | | | |
| 1 | BOYUM, Caleb | Bethany Lutheran | NM |
| 2 | HEIMERMANN, Matt | St. Thomas (Minn.) | NM |
| 3 | KAMARA, Emmanuel | Wis.-River Falls | NM |
| 4 | VORACHITH, Devin | Wis.-River Falls | NM |
| 5 | BUESGENS, Calvin | Minnesota State | NM |
| 6 | THOMAS, Brayden | Minnesota State | NM |
| 7 | WALTON, Lukas | Bethel (Minn.) | 28.07m |
| 8 | PITTSLEY, Leo | Wis.-River Falls | 30.24m |
| 9 | BURY, Michael | St. Thomas (Minn.) | 32.43m |
| 10 | STICHMAN, Kyle | Bethel (Minn.) | 32.52m |
| 11 | ONYEUKWU, Bruno | Concordia-St. Paul | 33.72m |
| 12 | JONES, David | Crown | 35.41m |

#44 Women's Javelin

| Lane | Name | Team | Mark |
|----------------------|---------------------|--------------------|--------|
| Flight 1 of 2 | | | |
| 1 | THOMPSON, Sydney | Minnesota State | NM |
| 2 | MOEHRING, Erika | St. Benedict | 15.66m |
| 3 | ASP, Lynnea | Crown | 16.10m |
| 4 | HILTON, Emily | Crown | 19.29m |
| 5 | POEHLMAN, Moriah | Martin Luther | 19.86m |
| 6 | MCCOLLUM, Jaiden | St. Benedict | 24.00m |
| 7 | MERTEN, Johanna | St. Benedict | 24.97m |
| 8 | PUTZ, Janet | Martin Luther | 25.68m |
| 9 | BAKER, Gabby | Bethany Lutheran | 26.21m |
| 10 | RIPKE, Anna | Concordia-St. Paul | 27.56m |
| 11 | HUDSPETH, Kaylee | Minnesota State | 27.96m |
| Flight 2 of 2 | | | |
| 1 | MAGNUSON, Lauren | Concordia-St. Paul | 28.48m |
| 2 | ERICKSON, Rachel | Gustavus Adolphus | 28.70m |
| 3 | SIZER, Calli | Gustavus Adolphus | 31.61m |
| 4 | VAN DEN HEUVEL, Bai | Gustavus Adolphus | 31.99m |
| 5 | SPEHAR, Suntina | St. Benedict | 32.22m |
| 6 | THOMSON, Kara | Minnesota State | 32.23m |
| 7 | DEGEN, Hanna | Unattached | 32.32m |
| 8 | DEGEN, Jenna | St. Benedict | 33.80m |
| 9 | WAGNER, Lauren | Bethel (Minn.) | 35.48m |
| 10 | OLSON-SOLA, Annalee | Gustavus Adolphus | 37.46m |