

**MIAC Indoor Championships**  
**St. Olaf College**  
**Tostrud Center - 2/21/2019 to 2/23/2019**  
**Results**

**Men 60 Meter Dash**MIAC Record: **6.81 # 2018** Emmanuel Egbujor

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Drew Schoenbauer	SR St. John's (	6.94Q
2	Ryan Miller	SO St. John's (	6.96Q
3	Eric Douville	FR St. Thomas	7.00Q
4	Conor White	SR St. Thomas	7.08q
5	Kyle Lichttenegger	SR Saint Mary's	7.11q
6	Bryan Richter	JR Carleton	7.12q
7	Nic Jones	FR Bethel (Minn	7.17q
8	Jack Young	FR St. John's (	7.18q
9	Malachi Lossow	SO Bethel (Minn	7.18
10	Colin Duellman	SR St. Thomas	7.21
11	Nicholas Spann	SR St. Thomas	7.22
12	Kaleb Keener	FR St. Thomas	7.24
13	Jack Blaney	SR Gustavus Ado	7.26
14	Randall Clintsman	JR St. John's (	7.28
15	Miracle Adebajo	JR Augsburg	7.29
16	Harrison Grandgenett	FR St. Thomas	7.30
17	Matt Gish	FR St. John's (	7.30
18	Sam Rosario	JR Augsburg	7.31
19	Matthew Boone	SO Saint Mary's	7.33
20	Jackson Devereaux	SO St. John's (	7.39
21	Kyle Stichman	SR Bethel (Minn	7.42
22	Raul Varela	FR Bethel (Minn	7.43
23	Remington Brisbois	SO Hamline	7.54

**Men 60 Meter Dash**MIAC Record: **6.81 # 2018** Emmanuel Egbujor

Name	Yr	School	Finals
<b>Finals</b>			
1	Ryan Miller	SO St. John's (	6.96
2	Drew Schoenbauer	SR St. John's (	6.99
3	Eric Douville	FR St. Thomas	6.99
4	Kyle Lichttenegger	SR Saint Mary's	7.02
5	Bryan Richter	JR Carleton	7.09
6	Nic Jones	FR Bethel (Minn	7.13
7	Conor White	SR St. Thomas	7.14
8	Jack Young	FR St. John's (	7.20

**Men 400 Meter Dash**MIAC Record: **48.78 # 2004** Matt Shannon

Name	Yr	School	Finals
<b>Finals</b>			
1	Carl Klamm	SR Bethel (Minn	49.07
	23.507 (23.507)	49.061 (25.554)	
2	Shawn Monroe	JR Bethel (Minn	49.95
	23.751 (23.751)	49.946 (26.195)	
3	Isaac Erickson	JR Bethel (Minn	49.97
	23.988 (23.988)	49.965 (25.977)	
4	Cal Wright	FR Concordia-Mo	50.34
	24.072 (24.072)	50.338 (26.266)	

5	Nolan Metz	FR Bethel (Minn	50.46
	23.914 (23.914)	50.460 (26.546)	
6	Omavi Collison	FR St. John's (	50.67
	25.362 (25.362)	50.662 (25.300)	
7	Mason Thedens	FR St. Thomas	50.92
	24.115 (24.115)	50.914 (26.799)	
8	Zach Kulstad	SO Carleton	51.02
	23.987 (23.987)	51.014 (27.027)	
9	Joshua Prater	JR St. Thomas	51.29
	23.856 (23.856)	51.283 (27.427)	
10	Ben Sorenson	JR Hamline	51.32
	24.147 (24.147)	51.318 (27.171)	
11	Brandon Loverude	SO Bethel (Minn	51.55
	24.519 (24.519)	51.541 (27.022)	
12	David Palmer	JR Macalester	51.65
	24.042 (24.042)	51.643 (27.601)	
13	Keegan Greaney	SO Macalester	51.67
	24.473 (24.473)	51.665 (27.192)	
14	Brady Labine	SO St. John's (	52.22
	25.916 (25.916)	52.220 (26.304)	
15	Tyler Johnson	SO St. John's (	52.52
	25.277 (25.277)	52.520 (27.243)	
16	Micah Smith	FR Bethel (Minn	52.59
	24.561 (24.561)	52.587 (28.026)	
17	Jack Schugel	SR Gustavus Ado	53.12
	25.625 (25.625)	53.114 (27.489)	
18	Ben Frederickson	SR St. John's (	53.94
	24.741 (24.741)	53.934 (29.193)	

**Men 800 Meter Run**MIAC Record: **1:52.54 # 2010** Max Hanson

Name	Yr	School	Finals
<b>Finals</b>			
1	Carl Kozlowski	SO St. Thomas	1:55.04
	28.542 (28.542)	57.361 (28.819)	1:25.711 (28.350)
	1:55.038 (29.327)		
2	Jesse Middendorf	FR Concordia-Mo	1:56.73
	28.763 (28.763)	58.068 (29.305)	1:27.123 (29.055)
	1:56.725 (29.602)		
3	Joey Cook-Gallardo	JR Carleton	1:56.74
	28.389 (28.389)	57.714 (29.325)	1:27.263 (29.549)
	1:56.738 (29.475)		
4	Noah Johnson	FR Gustavus Ado	1:57.68
	29.357 (29.357)	59.759 (30.402)	1:29.579 (29.820)
	1:57.677 (28.098)		
5	Kevin Lamb	SR St. John's (	1:58.21
	29.130 (29.130)	59.610 (30.480)	1:29.214 (29.604)
	1:58.202 (28.988)		
6	Ben Roen	SO Hamline	1:58.24
	28.912 (28.912)	58.611 (29.699)	1:28.012 (29.401)
	1:58.240 (30.228)		
7	Evan Hatton	SR Bethel (Minn	1:58.62
	28.734 (28.734)	58.114 (29.380)	1:28.549 (30.435)
	1:58.616 (30.067)		

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**Results**

<b>Finals ... (Men 800 Meter Run)</b>			
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
8 Ezekiel Lelinga	SO	Bethel (Minn)	1:59.05
28.289 (28.289)	57.823 (29.534)	1:28.492 (30.669)	
1:59.050 (30.558)			
9 Spencer Grant	SR	Macalester	2:00.00
28.785 (28.785)	58.621 (29.836)	1:29.767 (31.146)	
1:59.994 (30.227)			
10 Jack Osborne	FR	St. Thomas	2:00.85
28.978 (28.978)	59.282 (30.304)	1:30.144 (30.862)	
2:00.847 (30.703)			
11 Connor Haugrud	SO	Concordia-Mo	2:01.65
28.475 (28.475)	58.209 (29.734)	1:29.532 (31.323)	
2:01.644 (32.112)			
12 Peter Aehl	JR	St. Olaf	2:02.54
29.518 (29.518)	59.775 (30.257)	1:31.039 (31.264)	
2:02.531 (31.492)			
13 Luke Malek	FR	St. Olaf	2:02.96
29.284 (29.284)	59.464 (30.180)	1:31.124 (31.660)	
2:02.952 (31.828)			
14 Aidan Tollefson	SR	Bethel (Minn)	2:04.34
30.383 (30.383)	1:02.251 (31.868)	1:32.526 (30.275)	
2:04.338 (31.812)			
15 Tony Smith	JR	St. Thomas	2:04.53
31.720 (31.720)	1:02.916 (31.196)	1:34.746 (31.830)	
2:04.529 (29.783)			
16 Gabe Segura	SO	Bethel (Minn)	2:05.53
30.867 (30.867)	1:02.609 (31.742)	1:34.312 (31.703)	
2:05.528 (31.216)			
17 Spencer McNall	FR	Macalester	2:05.63
31.057 (31.057)	1:02.652 (31.595)	1:33.773 (31.121)	
2:05.630 (31.857)			
18 Bailey LaChance	SR	St. Thomas	2:05.74
30.667 (30.667)	1:02.360 (31.693)	1:33.747 (31.387)	
2:05.734 (31.987)			
19 Ryan Houseman	SO	St. John's (	2:06.22
31.546 (31.546)	1:02.856 (31.310)	1:34.486 (31.630)	
2:06.215 (31.729)			
20 Nick Olfert	FR	Gustavus Ado	2:07.74
31.831 (31.831)	31.842 (0.011)	1:02.955 (31.113)	
2:07.731 (1:04.776)			
21 Samuel Karlson	SR	St. Thomas	2:10.46
28.219 (28.219)	57.975 (29.756)	1:33.223 (35.248)	
2:10.453 (37.230)			

<b>Men 1 Mile Run</b>			
<b>MIAC Record:</b>	<b>4:11.94 # 2014</b>	<b>Grant Wintheiser</b>	
<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1 Lucas Mueller	SO	Carleton	4:12.82
33.901 (33.901)	34.391 (0.490)	1:06.058 (31.667)	
2:10.193 (1:04.135)	2:41.752 (31.559)	3:12.522 (30.770)	
3:43.224 (30.702)	4:12.812 (29.588)		

2 Karl Wachter	JR	St. Thomas	4:16.77
34.034 (34.034)	1:05.891 (31.857)	1:37.951 (32.060)	
2:10.007 (32.056)	2:41.550 (31.543)	3:12.823 (31.273)	
3:43.973 (31.150)	4:16.766 (32.793)		
3 Frank Gustafson	JR	Hamline	4:17.74
34.549 (34.549)	1:06.271 (31.722)	1:38.415 (32.144)	
2:11.083 (32.668)	2:43.459 (32.376)	3:16.463 (33.004)	
3:48.316 (31.853)	4:17.739 (29.423)		
4 Sean Lonergan	JR	St. Olaf	4:21.16
1:05.839 (1:05.839)	1:38.072 (32.233)	2:10.577 (32.505)	
2:43.251 (32.674)	3:16.968 (33.717)	3:50.189 (33.221)	
4:21.160 (30.971)			
5 Parker Rosenau	FR	St. Thomas	4:21.95
34.188 (34.188)	1:06.033 (31.845)	2:10.811 (1:04.778)	
2:43.150 (32.339)	3:16.498 (33.348)	3:49.783 (33.285)	
4:21.942 (32.159)			
6 Mohamed Salad	FR	Augsburg	4:27.39
34.203 (34.203)	1:08.228 (34.025)	2:14.819 (1:06.591)	
2:47.969 (33.150)	3:22.388 (34.419)	3:55.784 (33.396)	
4:27.388 (31.604)			
7 Evan David	SO	Carleton	4:29.31
34.683 (34.683)	1:08.821 (34.138)	1:42.855 (34.034)	
2:16.427 (33.572)	2:49.269 (32.842)	3:22.406 (33.137)	
3:55.311 (32.905)	4:29.301 (33.990)		
8 Bridger Pavelka	JR	Gustavus Ado	4:29.57
34.124 (34.124)	1:08.131 (34.007)	1:41.756 (33.625)	
2:14.581 (32.825)	2:47.999 (33.418)	3:22.437 (34.438)	
3:57.762 (35.325)	4:29.566 (31.804)		
9 Biel Wiel	FR	St. Thomas	4:29.62
34.371 (34.371)	1:06.320 (31.949)	1:38.381 (32.061)	
2:13.652 (35.271)	2:47.893 (34.241)	3:22.434 (34.541)	
3:56.718 (34.284)	4:29.611 (32.893)		
10 Ben Perry	FR	Carleton	4:29.63
34.404 (34.404)	1:08.566 (34.162)	1:42.611 (34.045)	
1:42.743 (0.132)	2:15.792 (33.049)	2:48.911 (33.119)	
3:23.129 (34.218)	4:29.628 (1:06.499)		
11 Liam Getzloff	SR	St. Olaf	4:31.10
34.094 (34.094)	1:08.277 (34.183)	1:42.186 (33.909)	
2:15.595 (33.409)	2:49.350 (33.755)	3:24.000 (34.650)	
3:58.664 (34.664)	4:31.097 (32.433)		
12 Ben Santos	FR	Carleton	4:31.16
35.712 (35.712)	1:08.447 (32.735)	1:40.979 (32.532)	
2:14.925 (33.946)	2:49.653 (34.728)	3:24.504 (34.851)	
3:58.438 (33.934)	4:31.158 (32.720)		
13 Elliott Cassidy	FR	St. Olaf	4:31.45
33.789 (33.789)	1:07.978 (34.189)	1:41.853 (33.875)	
2:14.857 (33.004)	2:48.359 (33.502)	3:22.753 (34.394)	
3:56.874 (34.121)	4:31.444 (34.570)		
14 Stephen Lavey	FR	Carleton	4:34.09
34.484 (34.484)	1:08.365 (33.881)	1:42.980 (34.615)	
2:16.650 (33.670)	2:50.481 (33.831)	3:25.114 (34.633)	
4:00.853 (35.739)	4:34.088 (33.235)		

**MIAC Indoor Championships**  
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**Results**

**Finals ... (Men 1 Mile Run)**

Name	Yr	School	Finals
15 Collin Kiley	JR	St. Thomas	4:34.70
35.582 (35.582)	1:09.523 (33.941)	1:45.029 (35.506)	
2:19.572 (34.543)	2:54.005 (34.433)	3:28.936 (34.931)	
4:03.006 (34.070)	4:34.696 (31.690)		
16 Owen Wright	JR	St. Olaf	4:35.78
34.542 (34.542)	1:08.705 (34.163)	2:16.205 (1:07.500)	
2:50.083 (33.878)	3:25.059 (34.976)	4:00.152 (35.093)	
4:35.775 (35.623)			
17 Justin Brecheisen	SR	Bethel (Minn	4:36.04
35.650 (35.650)	1:09.879 (34.229)	1:45.077 (35.198)	
2:19.833 (34.756)	2:53.806 (33.973)	3:29.327 (35.521)	
4:03.549 (34.222)	4:36.035 (32.486)		
18 Andrew Wischnack	JR	Gustavus Ado	4:37.82
35.705 (35.705)	1:09.711 (34.006)	1:44.882 (35.171)	
2:19.327 (34.445)	2:53.951 (34.624)	3:29.461 (35.510)	
4:03.685 (34.224)	4:37.817 (34.132)		
19 William Anderson	SR	St. Olaf	4:38.59
34.908 (34.908)	1:06.881 (31.973)	1:39.284 (32.403)	
2:14.632 (35.348)	2:50.675 (36.043)	3:27.898 (37.223)	
4:05.378 (37.480)	4:38.582 (33.204)		
20 Jake Lepak	JR	Macalester	4:38.85
33.881 (33.881)	1:41.552 (1:07.671)	2:14.218 (32.666)	
2:47.623 (33.405)	3:23.159 (35.536)	4:00.132 (36.973)	
4:38.847 (38.715)			
21 Josh Willard	SO	St. Thomas	4:39.53
35.402 (35.402)	1:09.641 (34.239)	1:45.142 (35.501)	
2:20.298 (35.156)	2:54.762 (34.464)	3:30.581 (35.819)	
4:39.522 (1:08.941)			
22 Jacob Czech	SO	St. John's (	4:39.57
36.542 (36.542)	1:10.219 (33.677)	1:45.547 (35.328)	
2:55.368 (1:09.821)	3:29.913 (34.545)	4:05.001 (35.088)	
4:39.567 (34.566)			
23 Tanner Moris	SO	Saint Mary's	4:39.77
36.007 (36.007)	1:10.241 (34.234)	1:45.322 (35.081)	
2:20.472 (35.150)	2:20.829 (0.357)	2:55.084 (34.255)	
3:30.333 (35.249)	4:39.766 (1:09.433)		
24 Nathan Scruggs	SO	Gustavus Ado	4:39.87
36.395 (36.395)	1:10.474 (34.079)	1:45.351 (34.877)	
2:20.559 (35.208)	2:56.077 (35.518)	3:31.218 (35.141)	
4:39.863 (1:08.645)			
25 Clay Tydings	SO	Carleton	4:40.26
36.326 (36.326)	1:10.513 (34.187)	1:45.055 (34.542)	
2:19.022 (33.967)	2:53.769 (34.747)	3:30.012 (36.243)	
4:05.660 (35.648)	4:40.251 (34.591)		
26 Reuben Kosche	FR	St. Olaf	4:51.21
34.745 (34.745)	1:05.625 (30.880)	1:38.045 (32.420)	
2:15.423 (37.378)	2:55.220 (39.797)	3:34.484 (39.264)	
4:11.673 (37.189)	4:51.207 (39.534)		
27 Michael Kraimer	FR	Concordia-Mo	4:53.85
35.173 (35.173)	1:09.449 (34.276)	1:44.762 (35.313)	
2:20.105 (35.343)	2:56.355 (36.250)	3:35.125 (38.770)	
4:15.578 (40.453)	4:53.847 (38.269)		

**Men 5000 Meter Run**

MIAC Record: 14:26.70 # 1983

Nick Manciu

Name	Yr	School	Finals
<b>Finals</b>			
1 Matthew Wilkinson	SO	Carleton	14:38.93
2 Tris Dodge	SR	Carleton	14:52.58
3 Thomas Lerdall	SR	St. Olaf	14:52.67
4 Elliot Kadrofske	JR	St. Olaf	15:07.31
5 Andrew Stumbo	SO	Gustavus Ado	15:10.21
6 James Mathison	SR	St. John's (	15:14.72
7 George McGivern	JR	St. Thomas	15:16.70
8 Cameron Meikle	JR	Carleton	15:19.63
9 Christopher Brenk	JR	St. Olaf	15:39.88
10 Eric Wicklund	JR	Concordia-Mo	15:43.68
11 Garet Grant	FR	Gustavus Ado	15:44.93
12 Kyle Mehrhof	SR	Hamline	15:45.98
13 Jonah Herzog	SO	St. Olaf	15:46.02
14 Noah Knees Kern	SO	Concordia-Mo	15:56.81
15 Keenan Ronayne	SR	Carleton	15:58.14
16 Tyler Bethke	SR	Bethel (Minn	16:04.37
17 Andrew Plumb	SR	St. Olaf	16:06.74
18 Matt Payne	FR	Gustavus Ado	16:24.81

**Men 60 Meter Hurdles**

MIAC Record: 8.15 # 2018

Taylor Rooney

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Taylor Rooney	SO	Gustavus Ado	# 8.14Q
2 Erik Anderson	FR	St. Thomas	8.53Q
3 Max Martin	SR	St. John's (	8.71Q
4 Willie Julkes	JR	Concordia-Mo	8.74q
5 Dylan Olson	SR	Hamline	8.75q
6 Jonah Schoenfelder	JR	St. Thomas	8.88q
7 Austin Coates	JR	St. Thomas	8.88q
8 Joel Smith	FR	Bethel (Minn	8.90q
9 Benjamin Scott	JR	St. Olaf	8.99
10 Drew Probst	FR	St. Thomas	9.21
11 Danny Welshons	FR	St. John's (	9.22
12 Brady Thompson	FR	Macalester	9.24
13 Ben Nelson	FR	St. Thomas	9.36
13 Tyler Adler	SO	St. Thomas	9.36
15 Jake Probst	SR	Concordia-Mo	9.38
16 Jett Hutton-Lau	FR	Bethel (Minn	9.64
17 McKail Hertzog	SO	Hamline	9.67
18 Joel Peterson	FR	Hamline	9.92
19 Brendan Baker	JR	St. John's (	10.43
20 Kevyn Perkins	FR	St. Thomas	11.73

**Men 60 Meter Hurdles**

MIAC Record: 8.15 # 2018

Taylor Rooney

Name	Yr	School	Finals
<b>Finals</b>			
1 Taylor Rooney	SO	Gustavus Ado	8.19

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**Results**

**Finals ... (Men 60 Meter Hurdles)**

Name	Yr	School	Finals
2 Max Martin	SR	St. John's (	8.56
3 Erik Anderson	FR	St. Thomas	8.58
4 Joel Smith	FR	Bethel (Minn	8.72
5 Willie Julkes	JR	Concordia-Mo	8.74
6 Austin Coates	JR	St. Thomas	8.76
7 Jonah Schoenfelder	JR	St. Thomas	8.82
8 Dylan Olson	SR	Hamline	8.85

**Men Distance Medley**

**MIAC Record: 10:15.58 # 2017 Carleton**

**W Edstrom, M Hicks, C Sikes, D Cook-Gallardo**

Team	Relay	Finals
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**Finals**

1 Carleton		10:25.53
1) Adam Nakasaka FR	2) Nick Brusilow SO	
3) Bridger Rives FR	4) Lucas Mueller SO	
2 Bethel (Minn.)		10:30.47
1) Andy Barnhart JR	2) Joel Smith FR	
3) Cooper Hitt FR	4) Ike Mendel FR	
3 St. Olaf		10:36.59
1) Sam Primozich SO	2) Benjamin Scott JR	
3) Zach Herman JR	4) Justin Furcich SR	
4 Hamline		10:39.51
1) Aric Brodie FR	2) Alberto Mendez SR	
3) Matt Lorah SO	4) Frank Gustafson JR	
5 Gustavus Adolphus		10:44.20
1) Nick Kerbeshian SO	2) Wyatt Quiring FR	
3) Ben Madigan JR	4) Alex Wischnack SR	
6 St. John's (Minn.)		10:47.53
1) Justus Fast FR	2) David Russell SO	
3) Christopher Stanek SO	4) Seth Jackson SO	
7 Macalester		10:47.54
1) Edwin Reyes Herrera JR	2) Brett Hunsanger FR	
3) Chris Boranian SR	4) Fred Kerr FR	
8 St. Thomas		10:50.36
1) Erik Sworski SO	2) Jonah Schoenfelder JR	
3) Landon Javens FR	4) Chase Graff JR	
9 Saint Mary's (Minn.)		10:51.40
1) Jordan Malikowski SO	2) Andrew Allemann SR	
3) Ben Borash JR	4) Isaiah Olsem SO	
10 Concordia-Moorhead		11:01.90
1) Munir Isahak SO	2) Jake Svenby FR	
3) Justin Kringler FR	4) Nolan Christenson FR	
11 Augsburg		11:22.36
1) Mohamed Salad FR	2) Parker Blake FR	
3) Jackson Gerber JR	4) Greg Miller SO	

**Men High Jump**

**MIAC Record: 2.17m # 1995 Kenneth Hoffmann**

Name	Yr	School	Finals
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**Finals**

1 Taylor Rooney	SO	Gustavus Ado	1.98m
2 Andrew Smith	SR	Macalester	1.95m

2 Stephen Peper	FR	St. Olaf	1.95m
4 Christian Velishek	FR	Hamline	J1.95m
5 Christian Beamer	SO	Saint Mary's	1.90m
6 Zach Kulstad	SO	Carleton	J1.90m
7 Noah Steward	FR	St. Thomas	1.85m
8 Jarick Rieffer	SO	Hamline	J1.85m
8 Hayden Gagnon	FR	Concordia-Mo	J1.85m
10 Sam Rademacher	FR	St. John's (	1.80m
10 Conor White	SR	St. Thomas	1.80m
12 Alex Bailey	SO	Augsburg	J1.80m
13 Kyle Lichttenegger	SR	Saint Mary's	J1.80m
14 Joe Anyasike	FR	St. John's (	1.75m
--- Drew Probst	FR	St. Thomas	NH
--- Hunter Westman	FR	St. John's (	NH
--- Bill Lichliter	JR	St. Thomas	NH

**Men Long Jump**

**MIAC Record: 7.38m # 1994 Leonard Jones**

Name	Yr	School	Finals
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**Finals**

1 Conor White	SR	St. Thomas	7.21m
2 Nicholas Spann	SR	St. Thomas	7.06m
3 Desmond Steward	SR	Saint Mary's	6.69m
4 J.J. Arimi	SO	Macalester	6.54m
5 Bill Lichliter	JR	St. Thomas	J6.54m
6 Jake Kelly	SO	St. Thomas	6.48m
7 Alexander DuMoulin	FR	Gustavus Ado	6.47m
8 Michael Wallace	FR	St. John's (	6.45m
9 Christian Velishek	FR	Hamline	6.43m
10 Adam Ridders	JR	St. Thomas	6.36m
11 Nic Jones	FR	Bethel (Minn	6.35m
12 Kyle Lichttenegger	SR	Saint Mary's	6.33m
13 Peter Keel	JR	Carleton	6.29m
14 Matthew Montplaisir	JR	Gustavus Ado	6.26m
15 Collin Trout	JR	St. John's (	6.20m
16 Kaleb Keener	FR	St. Thomas	6.15m
17 Sean Bjork	FR	Bethel (Minn	6.13m
18 Chris Frick	SR	St. Olaf	J6.13m
19 Landon Mitteness	FR	Augsburg	5.94m
20 Jake LePard	SO	Concordia-Mo	5.76m

**Men Weight Throw**

**MIAC Record: 19.68m # 2011 Andrew Brueggem**

Name	Yr	School	Finals
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**Finals**

1 Eric Holst	SR	St. Thomas	19.57m
2 Eric Dols	SR	Hamline	19.18m
3 Michael Hensch	SR	Gustavus Ado	18.19m
4 Mitchell Maday	SR	Hamline	17.63m
5 David Danhauer	SR	St. Thomas	16.50m
6 Kai Barber	SO	St. John's (	16.38m
7 Gage O'Brien	JR	St. Thomas	16.16m
8 Jake Steiner	SO	Concordia-Mo	15.66m
9 Dylan Larson	JR	Hamline	15.65m
10 Ben Schelske	SO	Concordia-Mo	14.69m

**MIAC Indoor Championships**  
**St. Olaf College**  
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**Results**

**Finals ... (Men Weight Throw)**

Name	Yr	School	Finals
11 Odera Onwualu	SO	Bethel (Minn	14.38m
12 Gabe Irons	FR	Bethel (Minn	14.33m
13 Wes Nelson	SR	Bethel (Minn	14.32m
14 Garrett Prentis	SO	St. Thomas	14.28m
15 Jay Hendrycks	SR	Hamline	14.01m
16 Ryan Murphy	SO	St. John's (	13.95m
17 Kiefer Miller	JR	Concordia-Mo	13.91m
18 Parker Feuerborn	FR	St. Thomas	13.69m
19 Eli Mollet	FR	St. John's (	13.17m
20 Ryan Reiter	SR	St. John's (	12.46m

**Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Yr	School	Finals
1 Jordan Johnson	JR	St. Thomas	7.24 799
2 Liam Sullivan	JR	Carleton	7.40 745
3 Tyler Adler	SO	St. Thomas	7.40 745
4 Matt Bye	JR	Concordia-Mo	7.46 726
5 Phil Donnelly	FR	Carleton	7.46 726
6 Kyle Stichman	SR	Bethel (Minn	7.47 723
7 Mack Maroushek	FR	St. John's (	7.47 723
8 Ryan Thompson	SO	St. John's (	7.48 719
9 Drew Probst	FR	St. Thomas	7.52 706
10 Tyler Cullen	FR	St. Thomas	7.60 681
11 Dan Wilson	FR	Concordia-Mo	7.60 681
12 Lukas Walton	FR	Bethel (Minn	7.60 681
13 Nelson Finne	SR	Gustavus Ado	7.61 678
14 Zach Paustian	SO	Concordia-Mo	7.63 671
15 Chris Frick	SR	St. Olaf	7.67 659
16 Eli Knutson	SR	St. Olaf	7.72 643
17 Billy Retza	JR	Macalester	7.85 604
18 Christian Beamer	SO	Saint Mary's	7.92 583

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Yr	School	Finals
1 Dan Wilson	FR	Concordia-Mo	2:40.82 864
32.082 (32.082)	1:05.297 (33.215)	1:35.787 (30.490)	
2:12.919 (37.132)	2:40.813 (27.894)		
2 Lukas Walton	FR	Bethel (Minn	2:44.60 823
29.121 (29.121)	1:02.349 (33.228)	1:35.786 (33.437)	
2:10.954 (35.168)	2:44.593 (33.639)		
3 Kyle Stichman	SR	Bethel (Minn	2:50.05 765
32.734 (32.734)	1:07.195 (34.461)	1:40.926 (33.731)	
2:14.412 (33.486)	2:50.041 (35.629)		
4 Tyler Adler	SO	St. Thomas	2:52.47 740
29.503 (29.503)	1:02.736 (33.233)	1:37.604 (34.868)	
2:15.843 (38.239)	2:52.464 (36.621)		
5 Nelson Finne	SR	Gustavus Ado	2:53.22 732
30.300 (30.300)	1:04.956 (34.656)	1:42.685 (37.729)	
2:19.521 (36.836)	2:53.217 (33.696)		

6 Eli Knutson	SR	St. Olaf	2:54.41 720
32.725 (32.725)	1:08.229 (35.504)	2:20.576 (1:12.347)	
2:54.401 (33.825)	2:54.406 (0.005)		
7 Chris Frick	SR	St. Olaf	2:54.74 717
32.510 (32.510)	1:06.967 (34.457)	1:42.302 (35.335)	
2:18.677 (36.375)	2:54.740 (36.063)		
8 Ryan Thompson	SO	St. John's (	2:54.87 715
33.172 (33.172)	1:08.847 (35.675)	1:45.037 (36.190)	
2:21.444 (36.407)	2:54.868 (33.424)		
9 Jordan Johnson	JR	St. Thomas	2:55.43 710
29.680 (29.680)	1:02.097 (32.417)	1:35.572 (33.475)	
2:16.135 (40.563)	2:55.428 (39.293)		
10 Matt Bye	JR	Concordia-Mo	2:55.47 709
32.244 (32.244)	1:06.631 (34.387)	1:42.765 (36.134)	
2:19.773 (37.008)	2:55.470 (35.697)		
11 Drew Probst	FR	St. Thomas	2:55.93 705
29.872 (29.872)	1:04.497 (34.625)	1:42.544 (38.047)	
2:20.651 (38.107)	2:55.923 (35.272)		
12 Liam Sullivan	JR	Carleton	2:58.19 682
34.027 (34.027)	1:11.258 (37.231)	1:48.123 (36.865)	
2:25.778 (37.655)	2:58.183 (32.405)		
13 Billy Retza	JR	Macalester	2:58.37 680
35.062 (35.062)	1:10.578 (35.516)	1:46.921 (36.343)	
2:23.128 (36.207)	2:58.369 (35.241)		
14 Phil Donnelly	FR	Carleton	2:59.16 673
32.939 (32.939)	1:08.532 (35.593)	1:44.743 (36.211)	
2:23.999 (39.256)	2:59.159 (35.160)		
15 Tyler Cullen	FR	St. Thomas	3:01.62 648
33.068 (33.068)	1:09.164 (36.096)	1:45.157 (35.993)	
2:24.402 (39.245)	3:01.613 (37.211)		
16 Christian Beamer	SO	Saint Mary's	3:13.18 541
35.417 (35.417)	1:12.365 (36.948)	1:49.994 (37.629)	
2:33.037 (43.043)	3:13.172 (40.135)		
17 Mack Maroushek	FR	St. John's (	3:16.81 509
36.026 (36.026)	1:12.889 (36.863)	1:51.080 (38.191)	
2:33.582 (42.502)	3:16.808 (43.226)		
18 Zach Paustian	SO	Concordia-Mo	3:18.61 493
34.462 (34.462)	1:11.448 (36.986)	1:49.415 (37.967)	
2:32.751 (43.336)	3:18.606 (45.855)		

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Yr	School	Finals
1 Matt Bye	JR	Concordia-Mo	8.66 823
2 Jordan Johnson	JR	St. Thomas	8.67 820
3 Tyler Adler	SO	St. Thomas	8.97 752
4 Drew Probst	FR	St. Thomas	9.10 724
5 Ryan Thompson	SO	St. John's (	9.19 704
6 Lukas Walton	FR	Bethel (Minn	9.20 702
7 Kyle Stichman	SR	Bethel (Minn	9.28 685
8 Phil Donnelly	FR	Carleton	9.39 662
9 Eli Knutson	SR	St. Olaf	9.56 627
10 Nelson Finne	SR	Gustavus Ado	9.58 623
11 Dan Wilson	FR	Concordia-Mo	9.66 607
12 Liam Sullivan	JR	Carleton	9.74 591

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**Finals ... (Heptathlon: #5 Men 60 Meter Hurdles Heptathlon)**

Name	Yr	School	Finals
13 Billy Retza	JR	Macalester	9.89 562
14 Tyler Cullen	FR	St. Thomas	9.97 547
15 Chris Frick	SR	St. Olaf	10.02 537
16 Christian Beamer	SO	Saint Mary's	10.09 524
17 Mack Maroushek	FR	St. John's (	10.66 423
18 Zach Paustian	SO	Concordia-Mo	10.98 371

**Heptathlon: #4 Men High Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Christian Beamer	SO	Saint Mary's	1.96m 767
2 Matt Bye	JR	Concordia-Mo	1.90m 714
3 Lukas Walton	FR	Bethel (Minn	1.84m 661
4 Nelson Finne	SR	Gustavus Ado	1.78m 610
5 Drew Probst	FR	St. Thomas	1.75m 585
6 Jordan Johnson	JR	St. Thomas	1.72m 560
6 Tyler Adler	SO	St. Thomas	1.72m 560
8 Ryan Thompson	SO	St. John's (	1.69m 536
8 Phil Donnelly	FR	Carleton	1.69m 536
10 Billy Retza	JR	Macalester	1.66m 512
10 Chris Frick	SR	St. Olaf	1.66m 512
10 Eli Knutson	SR	St. Olaf	1.66m 512
13 Tyler Cullen	FR	St. Thomas	1.63m 488
14 Liam Sullivan	JR	Carleton	1.60m 464
14 Dan Wilson	FR	Concordia-Mo	1.60m 464
16 Zach Paustian	SO	Concordia-Mo	1.51m 396
16 Kyle Stichman	SR	Bethel (Minn	1.51m 396
18 Mack Maroushek	FR	St. John's (	1.45m 352

**Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyler Cullen	FR	St. Thomas	4.10m 645
2 Matt Bye	JR	Concordia-Mo	3.90m 590
3 Eli Knutson	SR	St. Olaf	3.80m 562
3 Nelson Finne	SR	Gustavus Ado	3.80m 562
3 Tyler Adler	SO	St. Thomas	3.80m 562
6 Jordan Johnson	JR	St. Thomas	3.70m 535
6 Phil Donnelly	FR	Carleton	3.70m 535
8 Chris Frick	SR	St. Olaf	3.60m 509
9 Lukas Walton	FR	Bethel (Minn	3.50m 482
9 Dan Wilson	FR	Concordia-Mo	3.50m 482
11 Zach Paustian	SO	Concordia-Mo	3.40m 457
12 Christian Beamer	SO	Saint Mary's	3.30m 431
12 Billy Retza	JR	Macalester	3.30m 431
14 Liam Sullivan	JR	Carleton	3.20m 406
14 Kyle Stichman	SR	Bethel (Minn	3.20m 406
16 Mack Maroushek	FR	St. John's (	3.00m 357
17 Drew Probst	FR	St. Thomas	2.90m 333
17 Ryan Thompson	SO	St. John's (	2.90m 333

**Heptathlon: #2 Men Long Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matt Bye	JR	Concordia-Mo	6.43m 682
2 Kyle Stichman	SR	Bethel (Minn	6.35m 664
3 Jordan Johnson	JR	St. Thomas	6.26m 644
4 Chris Frick	SR	St. Olaf	6.21m 632
5 Lukas Walton	FR	Bethel (Minn	6.18m 626
6 Ryan Thompson	SO	St. John's (	6.10m 608
7 Tyler Adler	SO	St. Thomas	6.04m 595
8 Eli Knutson	SR	St. Olaf	5.94m 574
9 Phil Donnelly	FR	Carleton	5.91m 567
10 Nelson Finne	SR	Gustavus Ado	5.82m 548
11 Tyler Cullen	FR	St. Thomas	5.75m 533
12 Christian Beamer	SO	Saint Mary's	5.69m 521
13 Zach Paustian	SO	Concordia-Mo	5.62m 506
14 Dan Wilson	FR	Concordia-Mo	5.56m 494
15 Billy Retza	JR	Macalester	5.55m 492
15 Liam Sullivan	JR	Carleton	5.55m 492
17 Drew Probst	FR	St. Thomas	5.25m 431
18 Mack Maroushek	FR	St. John's (	5.21m 423

**Heptathlon: #3 Men Shot Put Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matt Bye	JR	Concordia-Mo	12.10m 612
2 Jordan Johnson	JR	St. Thomas	11.96m 604
3 Eli Knutson	SR	St. Olaf	11.25m 561
4 Liam Sullivan	JR	Carleton	10.90m 540
5 Ryan Thompson	SO	St. John's (	10.67m 526
6 Dan Wilson	FR	Concordia-Mo	10.10m 492
7 Drew Probst	FR	St. Thomas	10.06m 489
8 Kyle Stichman	SR	Bethel (Minn	9.97m 484
9 Chris Frick	SR	St. Olaf	9.89m 479
10 Tyler Cullen	FR	St. Thomas	9.71m 468
11 Nelson Finne	SR	Gustavus Ado	9.70m 468
12 Tyler Adler	SO	St. Thomas	9.68m 466
13 Billy Retza	JR	Macalester	9.61m 462
14 Lukas Walton	FR	Bethel (Minn	8.99m 425
15 Zach Paustian	SO	Concordia-Mo	8.95m 423
16 Phil Donnelly	FR	Carleton	8.71m 408
17 Christian Beamer	SO	Saint Mary's	8.29m 384
18 Mack Maroushek	FR	St. John's (	8.24m 381

**Men Heptathlon**

MIAC Record:		5088 # 2014	Cameron Clause
Name	Yr	School	Finals
<b>Finals</b>			
1 Matt Bye	JR	Concordia-Mo	4856
2 Jordan Johnson	JR	St. Thomas	4672
3 Tyler Adler	SO	St. Thomas	4420
4 Lukas Walton	FR	Bethel (Minn	4400
5 Nelson Finne	SR	Gustavus Ado	4221
6 Eli Knutson	SR	St. Olaf	4199

**MIAC Indoor Championships**  
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**Results**

**Finals ... (Men Heptathlon)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
7	Ryan Thompson	SO	St. John's (	4141
8	Kyle Stichman	SR	Bethel (Minn	4123
9	Phil Donnelly	FR	Carleton	4107
10	Dan Wilson	FR	Concordia-Mo	4084
11	Chris Frick	SR	St. Olaf	4045
12	Tyler Cullen	FR	St. Thomas	4010
13	Drew Probst	FR	St. Thomas	3973
14	Liam Sullivan	JR	Carleton	3920
15	Christian Beamer	SO	Saint Mary's	3751
16	Billy Retza	JR	Macalester	3743
17	Zach Paustian	SO	Concordia-Mo	3317
18	Mack Maroushek	FR	St. John's (	3168

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**Men - Team Rankings - 11 Events Scored**

1)	St. Thomas	103
2)	Carleton	55
3)	Bethel (Minn.)	53
4)	St. John's (Minn.)	46
4)	Gustavus Adolphus	46
6)	Hamline	33.5
7)	St. Olaf	32
8)	Concordia-Moorhead	28.5
9)	Saint Mary's (Minn.)	15
10)	Macalester	14
11)	Augsburg	3