

2018 MIAC Swimming & Diving Championships
Jean Freeman Aquatic Center Univ. of Minnesota
Results - Thursday Finals

Event 1 Men 200 Yard Freestyle Relay

1:22.39 ST17 Selection Time 2017

1:22.54 B NCAA B Qual

Team	Relay	Seed Time	Finals Time
1 University of Saint Thomas		1:24.33	1:21.44 ST17
1) Negaard, Tom JR	2) Biwer, Bailey SR	3) Neilsen, Hunter SO	4) Hynes, Charles SR
2 Gustavus Adolphus College		1:27.31	1:23.89
1) Sonnek, Tanner JR	2) Clark, Will SO	3) Deyak, Sam FR	4) Peters, Andrew JR
3 Saint John's University		1:28.91	1:25.30
1) Noecker, Curtis SR	2) Culloton, Aidan SR	3) Dockendorf, Mitchell FR	4) Heller, Luke SO
4 Carleton College		1:28.86	1:26.19
1) Reeves, Nick SO	2) Fitch, Stevie FR	3) Heinzl, Jack FR	4) Dalluge, Jack SO
5 Saint Olaf College		1:27.92	1:26.22
1) Hones, Marcel FR	2) Thiede, Brodie JR	3) Gergen, Cal SO	4) Kretzmann, Ian SO
6 Hamline University		1:28.89	1:27.55
1) Clay, Cody JR	2) Grivna, Nick FY	3) Gorman, Hodd SR	4) Breheim, Greg SO
7 Saint Mary's University of Min		1:35.13	1:32.18
1) Wells, Jack	2) Rades, Griffin	3) Sawchuk, Nick	4) Mockler, Brian
8 Macalester College		1:33.70	1:35.96
1) Berman, Gabe FR	2) Dyer, Sam JR	3) West, Jay SO	4) Tormene, Matteo SR

Event 2 Women 200 Yard Freestyle Relay

1:34.63 ST17 Selection Time 2017

1:35.63 B NCAA B Qual

Team	Relay	Seed Time	Finals Time
1 Gustavus Adolphus College		1:38.75	1:33.73 ST17
1) Holwerda, Kennedy SR	2) Webster, Maggie JR	3) Lokensgard, Alyssa SO	4) Reilly, Kate SR
2 University of Saint Thomas		1:36.77	1:34.90 B
1) Howard, Alex JR	2) Molitor, Tiana SR	3) Smarjesse, Kate JR	4) Strauss, Katelyn JR
3 Carleton College		1:39.42	1:38.24
1) Mather, Caroline JR	2) Mayer, Morgan SO	3) Dowling, Eveline SO	4) Lester, Anisa SR
4 College of Saint Benedict		1:43.66	1:40.15
1) Allyson, Zoe FR	2) Mokhtary, Meghan SO	3) Kratz, Meghan SO	4) Rudin, Kristina SR
5 Saint Olaf College		1:43.09	1:40.28
1) Punyko, Kelly JR	2) McLarnan, Nina SR	3) Metelmann, Solvay SO	4) Maruyama, Emily SR
6 Saint Catherine University		1:43.18	1:41.03
1) Hernandez-Nietling, Franceska	2) Hagstrom, Tori FR	3) Green, Charlotte FR	4) Grohman, Sydney FR
7 Hamline University		1:43.55	1:42.51
1) Boulanger, Mara JR	2) Gregorio, Elizabeth SR	3) White, Bryce SO	4) Martinek, Taylor JR
8 Macalester College		1:46.98	1:42.86
1) Eide, Miriam SO	2) Roghair, Ariel SO	3) Thompson, Ana SO	4) Lund, Kaia SR
9 Concordia		1:48.99	1:43.79
1) Marcus, Allison	2) Larson, Lydia	3) Warren, Amy	4) Backes, Anna
10 Augsburg College		1:46.36	1:45.63
1) Pedersen, Amanda FR	2) Luke, Lindsey	3) Kirchoff, Carli SO	4) Mangel, Morgan
11 Saint Mary's University of Min		1:48.86	1:50.89
1) King, Claire	2) Shefchik, Brooke	3) Hansen, Amanda	4) Camarato, Erica

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Event 3 Men 500 Yard Freestyle

4:20.26 ANCAA A Qual

4:31.03 ST17 Selection Time 2017

4:33.78 BNCAA B Qual

Meet Qualifying: 5:38.39

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Biwer, Bailey	SR	University of Saint Thomas	4:42.19	4:33.19	B
2 Melton, Warren	SR	University of Saint Thomas	4:39.01	4:35.44	
3 Gorman, Hodd	SR	Hamline University	4:38.12	4:37.43	
4 Boerner, Adam	FR	University of Saint Thomas	4:44.07	4:42.06	
5 Dawson, Zach	SO	Gustavus Adolphus College	4:43.35	4:43.33	
6 Eyman Casey, Abe	JR	Saint Olaf College	4:45.90	4:46.75	
7 Fitch, Stevie	FR	Carleton College	4:47.71	4:48.25	
8 Grivna, Nick	FY	Hamline University	4:45.66	4:51.90	
B - Final					
9 Dalluge, Jack	SO	Carleton College	4:48.75	4:46.11	
10 Christianson, Mack	FR	Gustavus Adolphus College	4:52.15	4:47.33	
11 Olson, Mick	FR	Saint John's University	4:51.44	4:49.92	
12 Pauley, Ryan	SO	Saint John's University	4:51.56	4:51.13	
13 Campbell, Joe	SR	Hamline University	4:52.61	4:53.54	
14 Darwish, Sam	SO	Carleton College	4:54.61	4:54.61	
15 Battiste, Alex	JR	Carleton College	4:57.75	4:54.85	
16 Berg, Ice	JR	Hamline University	4:55.28	4:56.15	
Preliminaries					
17 McCarty, Zach	FR	Saint Olaf College	4:59.30		
18 Greenvall, Ben	JR	Carleton College	5:00.19		
19 Winter, Jake	FR	Carleton College	5:00.52		
20 Clay, Cody	JR	Hamline University	5:05.41		
21 Cancino, Christian	SR	Saint John's University	5:06.87		
22 Belzer, Tristan	FR	Carleton College	5:08.70		
23 Tong, DQ	JR	Saint Olaf College	5:08.71		
24 Lekki, Spencer	FR	Carleton College	5:13.63		
25 Mockler, Brian		Saint Mary's University of Min	5:14.37		
26 Heuchert, Christian	SO	Carleton College	5:19.36		
27 Sawchuk, Nick		Saint Mary's University of Min	5:33.72		

Event 4 Women 500 Yard Freestyle

4:45.33 ANCAA A Qual

4:59.08 ST17 Selection Time 2017

5:00.62 BNCAA B Qual

Meet Qualifying: 6:03.02

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Strauss, Katelyn	JR	University of Saint Thomas	5:04.89	4:59.92	B
2 Wolff, Marissa	FR	Saint Olaf College	5:02.02	5:03.10	
3 Howard, Alex	JR	University of Saint Thomas	5:03.07	5:05.50	
4 Rizzo, Linnea	JR	Saint Olaf College	5:09.74	5:06.50	
5 Ericson, Kasey	FR	University of Saint Thomas	5:08.68	5:07.52	
6 Croasdell, Caitlin	SO	Saint Olaf College	5:06.02	5:08.24	
7 Jensen, Helen	SO	Saint Olaf College	5:08.12	5:09.20	
8 Behrens, Gretchen	FR	University of Saint Thomas	5:10.15	5:13.82	

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B - Final ... (Event 4 Women 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
B - Final				
9 Schroeder, Mira	JR	University of Saint Thomas	5:18.69	5:12.06
10 Vancil, Molly	JR	University of Saint Thomas	5:11.52	5:12.20
11 Pawlenty, Paige	SO	University of Saint Thomas	5:11.77	5:12.21
12 Peterson, McKenna	SO	Saint Catherine University	5:17.52	5:15.31
13 Bjorklund, Amelia	FR	Gustavus Adolphus College	5:18.95	5:19.59
14 Mayfield, Allie	SO	Gustavus Adolphus College	5:20.13	5:19.78
15 Lance, Anna	FR	Saint Olaf College	5:18.78	5:20.96
16 Boonstra, Megan	SR	Gustavus Adolphus College	5:22.45	5:24.94

Preliminaries

17 Meyer, Ada	SO	Carleton College	5:25.43	
18 Mahoney, Claudia	FR	College of Saint Benedict	5:26.81	
19 Lachman, Margaret	FR	Carleton College	5:27.44	
20 Menso, Ellie	SR	Saint Catherine University	5:30.04	
21 Murphy, Morgan	SO	College of Saint Benedict	5:33.66	
22 Shefchik, Brooke		Saint Mary's University of Min	5:39.28	
23 Sailors, Olivia	SO	Macalester College	5:44.45	
24 Laurie, Mykayla	FR	Saint Catherine University	5:46.97	
25 Kinsman, Georgie	FR	Saint Catherine University	5:47.21	
26 Haram, Alyssa		Saint Mary's University of Min	5:48.22	
27 Whyte, Morgan	SO	Carleton College	5:49.61	
28 Doughty, Robyn	SR	Saint Olaf College	5:50.93	
29 Kane, Skyler	SO	Hamline University	5:53.03	
30 Murray, Hannah		Concordia	5:55.59	
31 Hansen, Amanda		Saint Mary's University of Min	5:58.40	

Event 5 Men 200 Yard IM

1:45.47 A NCAA A Qual

1:50.28 ST17 Selection Time 2017

1:51.98 B NCAA B Qual

Meet Qualifying: 2:19.17

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Larson, Nolan	FR	Gustavus Adolphus College	1:53.48	1:51.23 B
2 Sonnek, Tanner	JR	Gustavus Adolphus College	1:54.02	1:52.19
3 Larson, Max	JR	University of Saint Thomas	1:54.47	1:53.87
4 Sklar, Ryan	SO	Gustavus Adolphus College	1:56.20	1:56.03
5 Loepfe, John	SO	Saint Olaf College	1:56.55	1:56.20
6 Herrli, Joe	SO	University of Saint Thomas	1:56.95	1:56.56
7 Anderson, Brady	SR	University of Saint Thomas	1:56.89	1:57.12
8 Dockendorf, Mitchell	FR	Saint John's University	1:55.62	1:59.28
B - Final				
9 Rades, Griffin		Saint Mary's University of Min	1:58.92	1:56.35
10 Reynolds, Gus	JR	Saint Olaf College	1:59.88	1:57.38
11 Chang, Andrew	FR	Carleton College	1:57.33	1:58.06
12 Birkliid, Caleb	SO	Saint John's University	1:57.91	1:58.41
13 Robb, Alexander	SR	University of Saint Thomas	1:59.69	1:59.22
14 Glass, Colin	SO	University of Saint Thomas	1:58.88	1:59.29
15 Larson, Sam	FR	University of Saint Thomas	1:58.97	1:59.47
16 Altaweel, Will	FR	Carleton College	2:00.19	1:59.95

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Preliminaries ... (Event 5 Men 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time
Preliminaries				
17	He, Kevin	SR Saint John's University	2:01.14	
18	Greenblat, Eli	FR Saint John's University	2:01.80	
19	Hanson, Isaac	FY Hamline University	2:02.12	
20	Fitzloff, Thomas	FR Gustavus Adolphus College	2:02.34	
21	Wetzel, Ryan	SO Carleton College	2:03.43	
22	Hobar, Andy	FY Hamline University	2:04.06	
23	McGee, Gabe	JR Hamline University	2:04.75	
24	Lee, Grant	FR Carleton College	2:05.81	
25	Roback, Lee	FY Hamline University	2:05.89	
26	Tostenson, Aaron	JR Saint John's University	2:06.82	
27	Carsen, Max	FY Hamline University	2:08.07	
28	Kalsow, Brandan	SO Saint John's University	2:08.71	
29	West, Jay	SO Macalester College	2:17.55	

Event 6 Women 200 Yard IM

2:00.51 A NCAA A Qual

2:05.78 ST17 Selection Time 2017

2:06.68 B NCAA B Qual

Meet Qualifying: 2:35.38

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1	Herrli, Nicole	SR University of Saint Thomas	2:11.24	2:08.59
2	Pesik, Haley	JR Gustavus Adolphus College	2:10.49	2:09.63
3	Holwerda, Kennedy	SR Gustavus Adolphus College	2:10.69	2:10.31
4	Hernandez-Nietling, Franceska	FR Saint Catherine University	2:13.63	2:11.01
5	Voss, Mary Jane	SR Saint Catherine University	2:11.76	2:12.43
6	Auran, Hailey	FR Gustavus Adolphus College	2:13.58	2:12.67
7	Young, Kenzie	SR College of Saint Benedict	2:13.49	2:12.83
8	Thompson, Ana	SO Macalester College	2:13.58	2:13.91
B - Final				
9	Lederer, Emma	SO Carleton College	2:14.48	2:12.87
10	Melody, Erin	JR University of Saint Thomas	2:14.41	2:13.74
11	Teichmiller, Hailey	SO Gustavus Adolphus College	2:15.28	2:14.75
12	Thate, Rachel	SO Gustavus Adolphus College	2:15.28	2:14.80
13	Gergely, Anna	JR Carleton College	2:15.34	2:14.85
14	Nevin, Sophia	FR Saint Olaf College	2:16.17	2:16.49
15	Grossman, Kate	FR Carleton College	2:16.28	2:17.85
16	McMahon, Molly	FR Saint Catherine University	2:16.38	2:18.22
Preliminaries				
17	Rising, Katie	JR Saint Catherine University	2:16.69	
18	Kinney, Maddie	JR College of Saint Benedict	2:16.79	
19	Groebner, Ashley	JR College of Saint Benedict	2:16.99	
20	Warren, Amy	Concordia	2:17.13	
21	Voss, Deidree	SO University of Saint Thomas	2:17.30	
22	Wichmann, Kelly	FR Saint Olaf College	2:17.40	
23	Clough, Skyler	SO College of Saint Benedict	2:18.26	
24	Rose, Melissa	JR University of Saint Thomas	2:20.46	
25	Borgmann, Liv	JR Macalester College	2:20.96	
26	Shea, Johannah	SO University of Saint Thomas	2:21.97	
27	Eide, Miriam	SO Macalester College	2:22.07	

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Preliminaries ... (Event 6 Women 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time
28 Molus, Andrea	SO	College of Saint Benedict	2:23.54	
29 Meyer, Sammi	FR	Saint Catherine University	2:24.80	
30 Marcus, Allison		Concordia	2:25.37	
31 Pohlman, Annika	SR	Saint Olaf College	2:25.55	
32 Goldman, Micah	JR	Saint Catherine University	2:27.58	
33 Quandt, Emme		Saint Mary's University of Min	2:31.00	
34 Camarato, Erica		Saint Mary's University of Min	2:34.06	

Event 7 Men 50 Yard Freestyle

19.66 A NCAA A Qual

20.49 ST17 Selection Time 2017

20.68 B NCAA B Qual

Meet Qualifying: 24.64

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Negaard, Tom	JR	University of Saint Thomas	21.02	21.00
2 Neilsen, Hunter	SO	University of Saint Thomas	21.30	21.18
3 Hynes, Charles	SR	University of Saint Thomas	21.11	21.29
4 Peters, Andrew	JR	Gustavus Adolphus College	21.41	21.41
5 Reeves, Nick	SO	Carleton College	21.54	21.50
6 Omar, Omar	SO	University of Saint Thomas	21.49	21.53
7 Wiesen, Zach	JR	University of Saint Thomas	21.52	21.56
8 Kretzmann, Ian	SO	Saint Olaf College	21.52	21.61
B - Final				
9 Deyak, Sam	FR	Gustavus Adolphus College	21.75	21.53
10 Heller, Luke	SO	Saint John's University	21.59	21.63
11 Hones, Marcel	FR	Saint Olaf College	21.59	21.77
12 Clark, Will	SO	Gustavus Adolphus College	21.85	21.81
13 Noecker, Curtis	SR	Saint John's University	21.62	21.88
14 Stone, Nate	FR	University of Saint Thomas	21.70	22.04
15 Vandevoorde, Michael	SR	University of Saint Thomas	21.87	22.07
16 Culloton, Aidan	SR	Saint John's University	21.88	22.27

Preliminaries

17 Gergen, Cal	SO	Saint Olaf College	22.03	
18 Heinzl, Jack	FR	Carleton College	22.04	
19 Kearney, Matthew	SR	University of Saint Thomas	22.12	
20 DeSutter, Ben	JR	Gustavus Adolphus College	22.28	
21 Thiede, Brodie	JR	Saint Olaf College	22.34	
22 Breheim, Greg	SO	Hamline University	22.36	
23 Odermann, Friedrich	SO	Saint John's University	22.43	
24 Wells, Jack		Saint Mary's University of Min	22.45	
25 Kennedy, Zachary	SO	Saint John's University	22.53	
26 Conati, Ari	SO	Carleton College	22.56	
27 Murphy, Devin	FR	Saint John's University	22.63	
28 Stoltz, Jack	SR	Hamline University	22.65	
29 Tormene, Matteo	SR	Macalester College	23.67	
30 Pelutis, Dmitriy	JR	Saint Olaf College	23.89	
31 Fleming, Dennis	SO	Hamline University	23.93	
32 Anderson, Ben	FY	Hamline University	23.97	
33 Berman, Gabe	FR	Macalester College	24.12	
34 Mikolchak, Alex	FR	Carleton College	25.07	

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Preliminaries ... (Event 7 Men 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
35 Cirillo, Ryan	SO	Macalester College	25.48	

Event 8 Women 50 Yard Freestyle

22.77 ANCAA Qual

23.59 ST17 Selection Time 2017

23.75 BNCAA B Qual

Meet Qualifying: 27.98

Name	Yr	School	Prelim Time	Finals Time
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A - Final						
1	Webster, Maggie	JR	Gustavus Adolphus College	23.13	23.25	ST17
2	Reilly, Kate	SR	Gustavus Adolphus College	23.70	23.49	ST17
3	Mather, Caroline	JR	Carleton College	23.74	23.93	
4	Molitor, Tiana	SR	University of Saint Thomas	24.25	24.13	
5	Smarjesse, Kate	JR	University of Saint Thomas	24.08	24.15	
6	Martinek, Taylor	JR	Hamline University	24.25	24.32	
7	Lokensgard, Alyssa	SO	Gustavus Adolphus College	24.39	24.46	
8	Rudin, Kristina	SR	College of Saint Benedict	24.54	24.67	

B - Final						
9	Kohorst, Alyssa	FR	Gustavus Adolphus College	24.69	24.33	
10	Punyko, Kelly	JR	Saint Olaf College	24.77	24.53	
11	Lester, Anisa	SR	Carleton College	24.63	24.73	
12	Pokornowski, Hana	FR	Gustavus Adolphus College	24.82	24.89	
13	Grohman, Sydney	FR	Saint Catherine University	25.05	25.07	
14	Mayer, Morgan	SO	Carleton College	24.93	25.15	
15	Cassens, Haley	JR	University of Saint Thomas	24.99	25.34	
16	White, Bryce	SO	Hamline University	25.01	25.35	

Preliminaries

17	McLarnan, Nina	SR	Saint Olaf College	25.19	
18	Allyson, Zoe	FR	College of Saint Benedict	25.23	
19	Christensen, Ashley	SO	University of Saint Thomas	25.24	
20	Kratz, Meghan	SO	College of Saint Benedict	25.31	
21	Mokhtary, Meghan	SO	College of Saint Benedict	25.34	
22	Mangel, Morgan		Augsburg College	25.35	
23	Dowling, Eveline	SO	Carleton College	25.60	
*24	Westendorp, Madeline	SO	Gustavus Adolphus College	25.63	
*24	Ridgeway, Emma	SR	College of Saint Benedict	25.63	
26	Backes, Anna		Concordia	25.65	
27	Aylward, Hannah	JR	Carleton College	25.69	
28	Manivel, Marcella	FR	Carleton College	25.84	
29	Weires, Sydney	SO	College of Saint Benedict	25.86	
30	Hagstrom, Tori	FR	Saint Catherine University	25.93	
31	Noel, Lauren	SR	College of Saint Benedict	26.03	
32	Metelmann, Solvay	SO	Saint Olaf College	26.13	
33	Culver, Emily	SR	Carleton College	26.21	
34	King, Claire		Saint Mary's University of Min	26.28	
35	Dyke, Erin	FR	Carleton College	26.32	
36	Crane, Marie	SO	Macalester College	26.43	
37	Green, Charlotte	FR	Saint Catherine University	26.50	
38	Marks, Emily	SR	Carleton College	26.65	
39	Kirchoff, Carli	SO	Augsburg College	26.80	
40	Shin, Delaney	SO	Saint Olaf College	26.87	

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Preliminaries ... (Event 8 Women 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
*41 Larson, Lydia		Concordia	26.93	
*41 Sperling, Elmira	SO	Saint Olaf College	26.93	
43 O'Connell, Ann Marie		Concordia	27.01	
44 Luke, Lindsey		Augsburg College	27.22	
45 Gregorio, Elizabeth	SR	Hamline University	27.82	
46 Matlack, Emily	JR	Saint Catherine University	30.06	

Event 9 Men 1 mtr Diving

425.00 A NCAA A Qual

275.00 B NCAA B Qual

Name	Yr	School	Prelim Score	Finals Score
Finals				
1 Grabowski, Andrew	SR	University of Saint Thomas	447.50	469.85 A
2 Bican, Logan	SO	Gustavus Adolphus College	437.15	442.20 A
3 Cuddy, Kieran	FR	Macalester College	398.60	427.30 A
4 Jorgensen Duus, Leif	JR	Saint Olaf College	453.40	413.40 B
5 Theis, Josh	SO	Gustavus Adolphus College	398.65	399.40 B
6 Bovee, Jonathan	SO	Gustavus Adolphus College	382.00	393.80 B
7 Scholberg, Carson	JR	Gustavus Adolphus College	346.45	383.85 B
8 Tomporowski, Josh	SR	Saint John's University	357.60	348.80 B

Preliminaries

9 Reid, Kyle	SR	University of Saint Thomas	339.60
10 Godfrey, Andrew	FR	University of Saint Thomas	339.00
11 Santelman, Henri	FR	Gustavus Adolphus College	323.85
12 Urbanski, Tyler	SR	Saint John's University	311.40

Event 10 Men 400 Yard Medley Relay

3:20.23 ST17 Selection Time 2017

3:21.32 B NCAA B Qual

Team	Relay	Seed Time	Finals Time
1 Saint Olaf College		3:36.32	3:24.58
1) Loepfe, John SO	2) Reynolds, Gus JR	3) Hones, Marcel FR	4) Eyman Casey, Abe JR
2 Gustavus Adolphus College		3:32.55	3:25.96
1) Muntifering, Josh FR	2) Sonnek, Tanner JR	3) Sklar, Ryan SO	4) Larson, Nolan FR
3 Saint John's University		3:39.60	3:32.74
1) Dockendorf, Mitchell FR	2) Upton, Jacob JR	3) Pauley, Ryan SO	4) Heller, Luke SO
4 Carleton College		3:39.44	3:32.96
1) Conati, Ari SO	2) Wetzel, Ryan SO	3) Chang, Andrew FR	4) Reeves, Nick SO
5 Hamline University		3:41.37	3:33.62
1) McGee, Gabe JR	2) Hobar, Andy FY	3) Hanson, Isaac FY	4) Gorman, Hodd SR
6 Macalester College		4:08.95	4:05.24
1) Dyer, Sam JR	2) Cirillo, Ryan SO	3) Berman, Gabe FR	4) Tormene, Matteo SR
--- University of Saint Thomas		3:27.39	DQ
1) Negaard, Tom JR	2) Robb, Alexander SR	3) Biwer, Bailey SR	4) Omar, Omar SO

Event 11 Women 400 Yard Medley Relay

3:48.45 ST17 Selection Time 2017

3:51.41 B NCAA B Qual

Team	Relay	Seed Time	Finals Time
1 University of Saint Thomas		3:56.61	3:50.55 B
1) Nelson, Kirsten SO	2) Rose, Melissa JR	3) Strauss, Katelyn JR	4) Howard, Alex JR

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Team	Relay	Seed Time	Finals Time
2 Saint Olaf College		3:59.71	3:54.26
1) Punyko, Kelly JR	2) Nevin, Sophia FR	3) Jensen, Helen SO	4) Wolff, Marissa FR
3 Gustavus Adolphus College		4:04.57	3:55.72
1) Holwerda, Kennedy SR	2) Pesik, Haley JR	3) Reilly, Kate SR	4) Lokensgard, Alyssa SO
4 Carleton College		4:04.39	3:58.55
1) Lederer, Emma SO	2) Meyer, Ada SO	3) Gergely, Anna JR	4) Mather, Caroline JR
5 Saint Catherine University		4:07.55	4:02.57
1) Green, Charlotte FR	2) Hernandez-Nietling, Francesca B)	3) Voss, Mary Jane SR	4) Grohman, Sydney FR
6 College of Saint Benedict		4:10.26	4:06.43
1) Ridgeway, Emma SR	2) Groebner, Ashley JR	3) Young, Kenzie SR	4) Rudin, Kristina SR
7 Macalester College		4:17.52	4:08.26
1) Thompson, Ana SO	2) Borgmann, Liv JR	3) Lund, Kaia SR	4) Eide, Miriam SO
8 Concordia		4:22.81	4:17.40
1) Warren, Amy	2) White, Ciara	3) O'Connell, Ann Marie	4) Backes, Anna
9 Hamline University		4:26.37	4:27.35
1) Gregorio, Elizabeth SR	2) Boulanger, Mara JR	3) Kane, Skyler SO	4) White, Bryce SO
10 Saint Mary's University of Min		4:29.29	4:29.31
1) Haram, Alyssa	2) Camarato, Erica	3) Quandt, Emme	4) Shefchik, Brooke
11 Augsburg College		4:40.20	4:36.61
1) Francois, Autumn FR	2) Mangel, Morgan	3) Kirchoff, Carli SO	4) Luke, Lindsey