



GUSTAVUS

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GUSTAVUS GYMNASTICS MEET NOTES

GUSTAVUS SPORTS INFORMATION

2017 SCHEDULE

DATE	OPPONENT	TIME/RESULT
JANUARY		
7	UW-Oshkosh *	W 175.550-174.725
13	Winona State University *	L 182.400-184.150
21	UW-WHITEWATER * (Alumni/Youth Day)	L 181.725-188.275
FEBRUARY		
3	John Zuerlein Invite (UW-Stout, Winona State)	3rd of 3/181.925
10	HAMLIN UNIVERSITY *	W 184.600-184.350
17	Iowa State, Illinois State	3rd of 3/186.275
24	UW-STOUT * (Parents Night)	L 183.000-185
26	Best of Minnesota (@ University of Minnesota)	4th of 4/184.550
MARCH		
3	UW-Eau Claire Invite	3rd of 3/184.750
10	UW-LA CROSSE * (Senior Night)	L 184.725-188.900
17-19	WIAC/NCGA West Regional Qualifier	Winona, Minn.
31-April 1	NCGA Championships	Menomonie, Wis.

HOME GAMES IN BOLD CAPS

* DENOTES WIAC CONTEST

2017 ROSTER

Name	Events	Yr.	Hometown/High School
Emily Anderson	AA	Jr.	Mendota Heights, Minn./Convent of the Visitation
Samantha Ardy	AA	So.	Thousand Oaks, Calif./Chaminade College Prep
Grace Arnold	AA	Fy.	Huntsville, Ala./Excalibur Christian School
Victoria Aycock	V, B, F	So.	Buffalo, Minn./St. Cloud Tech
Emily Bell	AA	Fy.	Palm Coast, Fla./Palm Coast
Lauren Casey	AA	Fy.	Apple Valley, Minn./Eastview
Leah Dargis	AA	Fy.	Bloomington, Minn./Jefferson
Jamie Erdely	AA	So.	Phoenix, Ariz./Xavier College Preparatory
Jessica Gerczynski	AA	Fy.	Kiowa, Colo./Elizabeth
Leah Heilig	AA	Fy.	Forest Lake, Minn./Forest Lake
Lisa Jerden	B, BB, F	Jr.	Tucson, Ariz./Catalina Foothills
Lauren Kershner	AA	Sr.	Marine, Ill./Triad
Alex Kopp	AA	Sr.	Wayzata, Minn./Providence Academy
Amanda Malo	AA	So.	Greenwood, Minn./Minnetonka
Abby Meger	AA	Fy.	Belle Plaine, Minn./Belle Plaine
Jaimie Niedermayer	BB, F	Sr.	New Prague, Minn./New Prague
Jessica Niedermayer	B, BB	Sr.	New Prauge, Minn./New Prague
Kate Schneider	AA	Jr.	Albany, Minn./St. Cloud Apollo
Katy Trunk	AA	So.	North Branch, Minn./North Branch
Veronica Vasina	AA	So.	Arvada, Colo./West
Maggie Willis	V, F	Jr.	San Bernardino, Calif./Cajon

Head Coach: Aryn DeGroot (Third Season)

Assistant Coach: Tyler Oare

LAST MEET'S LINEUP

Vault



1. LAUREN KERSHNER



2. LEAH HEILIG



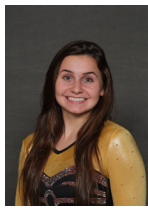
1. AMANDA MALO



2. EMILY ANDERSON



3. VERONICA VASINA



4. AMANDA MALO



3. ALEX KOPP



4. LAUREN KERSHNER



5. ALEX KOPP



6. SAM ARDY



5. SAM ARDY

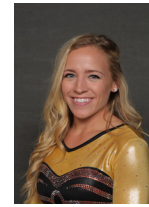


6. VERONICA VASINA

Bars



1. JESSICA NIEDERMAYER



2. ALEX KOPP



3. EMILY ANDERSON



4. AMANDA MALO



5. SAM ARDY



6. LAUREN KERSHNER

Beam



1. JAIMIE NIEDERMAYER



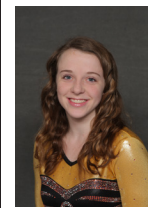
2. VICTORIA AYCOCK



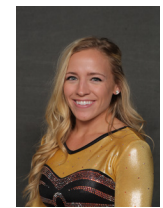
3. LAUREN KERSHNER



4. AMANDA MALO



5. EMILY ANDERSON



6. ALEX KOPP

Floor

SEASON AND CAREER NUMBERS

TEAM RESULTS							ALEX KOPP											
Date	Meet	Vault	Bars	Beam	Floor	Total/AA	Date	Meet	Vault	Bars	Beam	Floor	Total/AA					
1/7	@ UW-Oshkosh	44.725	41.975	43.250	45.600	175.550	1/13	@ Winona State	9.400	9.175	9.525	8.950	37.050					
1/13	@ Winona State	45.775	45.500	45.550	45.575	182.400	1/21	vs. UW-Whitewater	9.550	9.025	9.625	9.500	37.700					
1/21	vs. UW-Whitewater	47.125	44.375	44.225	46.000	181.725	2/3	@ JZ Invite	9.525	9.175	7.475	9.525	35.700					
2/3	@ JZ Invite	46.900	45.450	42.750	46.825	181.925	2/10	vs. Hamline	9.300	9.225	8.800	9.575	36.825					
2/10	vs. Hamline	45.850	46.075	44.900	47.775	184.600	2/17	@ Iowa State, Illinois State	9.550	9.250	9.450	9.700	37.950					
2/17	@ Iowa State, Illinois State	46.950	45.975	45.425	47.925	186.275	2/24	vs. UW-Stout	9.500	9.225	8.175	9.425	36.325					
2/24	vs. UW-Stout	45.925	45.550	44.700	46.825	183.000	2/26	@ Best of Minnesota	9.625	9.375	7.950	9.600	36.550					
2/26	@ Best of Minnesota	46.900	47.025	44.575	46.050	184.550	3/3	@ UW-Eau Claire	9.500	9.350	7.850	9.450	36.150					
3/3	@ UW-Eau Claire	46.600	46.075	45.625	46.450	184.750	3/10	vs. UW La Crosse	9.575	9.500	9.275	9.650	38.000					
3/10	vs. UW-La Crosse	46.700	46.450	45.175	46.400	184.725	Career High:		9.625	9.500	9.700	9.850	38.525					
School Record:							47.350	47.025	45.625	48.775	187.425							
EMILY ANDERSON							AMANDA MALO											
1/7	@ UW-Oshkosh	8.775	8.700		8.925		1/7	@ UW-Oshkosh	8.900	7.900	7.500	9.250	33.550					
1/13	@ Winona State	8.925	8.850		9.450		1/13	@ Winona State	9.125	8.925	7.400	9.150	34.600					
1/21	vs. UW-Whitewater	9.250	8.900		8.600		1/21	vs. UW-Whitewater	9.425	9.000	8.050	9.400	35.875					
2/3	@ JZ Invite	9.300	9.000	8.550	9.450	36.300	2/3	@ JZ Invite	9.350	8.600	8.675	9.475	36.100					
2/10	vs. Hamline	9.025	8.775	8.275	9.650	35.725	2/10	vs. Hamline	9.250	8.925	9.150	9.500	36.825					
2/17	@ Iowa State, Illinois State	9.250	8.400	9.100	9.675	36.425	2/17	@ Iowa State, Illinois State	9.350	9.425	8.875	9.625	37.275					
2/24	vs. UW-Stout	8.975			9.600		2/24	vs. UW-Stout	9.050	9.225	9.050	9.375	36.700					
2/26	@ Best of Minnesota		9.225		8.825		2/26	@ Best of Minnesota	9.375	9.300	8.400	9.375	36.450					
3/3	@ UW-Eau Claire		9.000	8.425	9.425		3/3	@ UW-Eau Claire	9.200	9.050	9.200	9.350	36.800					
3/10	vs. UW-La Crosse		8.975	8.500	9.175		3/10	vs. UW La Crosse	9.450	8.050	9.125	9.375	36.000					
Career High:							9.300	9.225	9.100	9.675	36.425	Career High:						
SAMANTHA ARDY							JAIMIE NIEDERMAYER											
1/7	@ UW-Oshkosh	9.100	7.200	8.775			1/7	@ UW-Oshkosh			8.575	9.000						
1/13	@ Winona State	9.125	9.400	9.425			1/13	@ Winona State			8.850	8.900						
1/21	vs. UW-Whitewater	9.425	8.550	9.350			1/21	vs. UW-Whitewater			8.350	9.100						
2/10	vs. Hamline		9.500	9.025			2/3	@ JZ Invite			7.825	9.125						
2/17	@ Iowa State, Illinois State	9.400	7.550	8.750			2/10	vs. Hamline				9.450						
2/24	vs. UW-Stout	9.150	8.450	9.475			2/17	@ Iowa State, Illinois State				9.400						
2/26	@ Best of Minnesota	8.825	9.550	8.950			2/24	vs. UW-Stout				9.175						
3/3	@ UW-Eau Claire	9.550	9.475	9.425			2/26	@ Best of Minnesota				9.050						
3/10	vs. UW-La Crosse	8.925	9.425	9.450			3/3	@ UW-Eau Claire				8.900						
Career High:							9.575	9.575	9.475	9.250	37.400	Career High:						
GRACE ARNOLD							JESSICA NIEDERMAYER											
1/7	@ UW-Oshkosh	8.175	8.650				1/13	@ Winona State			8.450							
2/3	@ JZ Invite		8.975				1/21	vs. UW-Whitewater			8.700							
2/24	vs. UW-Stout	8.850					2/3	@ JZ Invite			8.450							
Career High:								8.975	8.650			Career High:						
VICTORIA AYCOCK							KATY TRUNK											
1/7	@ UW-Oshkosh				8.950		1/7	@ UW-Oshkosh	8.900			7.775	9.000					
1/13	@ Winona State				8.825		1/13	@ Winona State	9.125									
1/21	vs. UW-Whitewater				8.025		1/21	vs. UW-Whitewater	9.225									
2/3	@ JZ Invite				9.000		2/3	@ JZ Invite	9.250									
2/10	vs. Hamline				9.200		2/10	vs. Hamline	9.150									
2/17	@ Iowa State, Illinois State				9.200		2/17	@ Iowa State, Illinois State				9.250						
2/24	vs. UW-Stout				9.250		2/24	vs. UW-Stout				9.000						
2/26	@ Best of Minnesota				8.875		2/26	@ Best of Minnesota				8.525						
3/3	@ UW-Eau Claire				8.800		Career High:		8.100	8.865	9.150	8.850	32.300					
3/10	vs. UW-La Crosse				8.950		VERONICA VASINA											
Career High:										9.250		9.250	9.000					
LEAH DARGIS							LAUREN KERSHNER											
1/7	@ UW-Oshkosh	8.700					1/7	@ UW-Oshkosh	9.050	8.950	9.475	9.475	36.950					
2/3	@ JZ Invite	9.150					1/13	@ Winona State	9.000	9.150	9.300	9.125	36.575					
2/10	vs. Hamline	8.900					1/21	vs. UW-Whitewater	9.475	8.900	8.200	9.400	35.975					
Career High:							9.150											
LEAH HELIG							LEAH HELIG											
2/17	@ Iowa State, Illinois State	9.375					2/3	@ JZ Invite	9.475	9.175	9.250	9.250	37.150					
2/24	vs. UW-Stout	8.875					2/10	vs. Hamline	9.125	9.425	9.500	9.600	37.650					
2/26	@ Best of Minnesota				9.275		2/17	@ Iowa State, Illinois State	9.275	9.450	8.025	9.525	36.275					
3/3	@ UW-Eau Claire				9.250		2/24	vs. UW-Stout	9.250	9.250	8.775	8.900	36.175					
3/10	vs. UW-La Crosse				9.300		2/26	@ Best of Minnesota	9.300	9.400	9.550	9.150	37.400					
Career High:							9.475	9.450	9.675	9.600	37.650	Career High:						
LEAH HELIG							LEAH HELIG											
2/17	@ Iowa State, Illinois State	9.375					3/3	@ UW-Eau Claire	9.225	8.525	9.675	9.325	36.750					
2/24	vs. UW-Stout	8.875					3/10	vs. UW-La Crosse	9.350	9.350	8.800	9.250	36.750					
2/26	@ Best of Minnesota				9.350		Career High:							9.475	9.450			
3/3	@ UW-Eau Claire				9.075		LEAH HELIG											
Career High:							9.375											

ALL-TIME INDIVIDUAL EVENT TOP SCORES

VAULT

Name	Score	Season
1. Amanda Parker	9.750	2002-03
2. Brittany Moore	9.700	2006-07
3. Ashley Erickson	9.650	2003-04
3. Amanda Parker	9.650	2001-02
5. Alex Kopp	9.625	2015-16
5. Alex Kopp	9.625	2016-17
7. Alyssa Cox	9.600	2003-04
7. Alex Kopp	9.600	2015-16
9. Alyssa Cox	9.575	2003-04
9. Alex Kopp	9.575	2015-16
9. Sam Ardy	9.575	2015-16
9. Alex Kopp	9.575	2015-16
9. Alex Kopp	9.575	2016-17

BALANCE BEAM

Name	Score	Season
1. Katie Korteum	9.750	1998-99
2. Alex Kopp	9.700	2015-16
3. Amanda Parker	9.675	2002-03
3. Lauren Kershner	9.675	2016-17
5. Lauren Hansen	9.650	2008-09
5. Amanda Parker	9.650	2003-04
5. Amanda Parker	9.650	2002-03
8. Sam Opsahl	9.625	2012-13
8. Alex Kopp	9.625	2016-17
10. Alex Kopp	9.600	2015-16
11. Ellie Roscher	9.575	2001-02
11. Amanda Parker	9.575	2003-04
11. Amanda Parker	9.575	2001-02

UNEVEN BARS

Name	Score	Season
1. Jamie Ries	9.625	2013-14
2. Amanda Parker	9.600	2003-04
2. Amanda Parker	9.600	2003-04
4. Sam Ardy	9.575	2015-16
5. Amanda Parker	9.500	2003-04
5. Amanda Parker	9.500	2003-04
5. Sam Ardy	9.500	2015-16
5. Sam Ardy	9.500	2016-17
5. Alex Kopp	9.500	2016-17
10. Ashley Erickson	9.475	2003-04
10. Ashley Erickson	9.475	2003-04
10. Alex Kopp	9.475	2015-16

FLOOR EXERCISE

Name	Score	Season
1. Alex Kopp	9.850	2015-16
2. Therese Gay	9.800	2003-04
2. Ali Legler	9.800	2003-04
4. Amanda Parker	9.775	2003-04
4. Alex Kopp	9.775	2015-16
6. Nicole Gergen	9.750	2003-04
7. Amanda Parker	9.725	2003-04
7. Amanda Parker	9.725	2002-03
9. Alex Kopp	9.700	2015-16
9. Alex Kopp	9.700	2016-17

ALL-AROUND

Name	Score	Season
1. Alex Kopp	38.525	2015-16
2. Alex Kopp	38.100	2015-16
3. Amanda Parker	38.050	2003-04
4. Alex Kopp	38.000	2016-17
5. Amanda Parker	37.975	2003-04
6. Alex Kopp	37.950	2016-17
7. Amanda Parker	37.875	2003-04
8. Amanda Parker	37.800	2002-03
8. Alex Kopp	37.800	2015-16
10. Alex Kopp	37.775	2015-16

Bold face indicates active gymnast

ALL-TIME TEAM RECORDS (since 1981)

TOP "5" SCORES (calculated on scores of five gymnasts in each event)

1. 187.425	NCGA Nationals	2003-04
2. 186.275	vs. Iowa State, Illinois State	2016-17
3. 184.750	Eau Claire Invite	2016-17
4. 184.725	vs. UW-La Crosse	2016-17
5. 184.600	vs. Hamline	2016-17
6. 184.550	Best of Minnesota	2016-17
7. 184.475	WIAC Championship	2015-16
8. 184.300	Best of Minnesota	2015-16
9. 183.925	vs. UW-Stout	2003-04
10. 183.400	Gershon Invite	2003-04
10. 183.400	vs. Hamline	2015-16

TOP "4" SCORES (calculated on scores of four gymnasts in each event)

1. 145.800	NCGA Nationals	1998-99
2. 145.775	NCGA Regionals	2001-02
3. 145.550	NCGA Nationals	1990-91 * National Champ
4. 144.600	NCGA Nationals	1997-98
4. 144.600	NCGA Nationals	1993-94 * National Champ