

# Carleton Relays Women

## Carleton College

### April 23, 2016

#### 100 Meter Dash

1	Jillian Krier, Jr, Bethel	12.62[+0.3w] H4
2	Teja Foy, Sr, Minnesota Morris	12.883[+0.3w] H4
3	Danielle Peterson, Fr, Bethel	12.885[+1.7w] H3
4	McKayla Stowell, Fr, Gustavus	12.889[+0.3w] H4
5	Mikayla Hensch, Jr, Hamline	12.93[+0.3w] H4
6	Emma Russ, Sr, Carleton	12.96[+1.7w] H3
7	LaKeya Rudolph, So, Concordia St Paul	13.07[+1.7w] H3
8	Mallory Butchko, Fr, Gustavus	13.10[+1.7w] H3
9	Emma Grisanzio, Jr, Carleton	13.143[+1.7w] H3
10	Jalia Anderson, Fr, Gustavus	13.147w[+3.3w] H2
11	Izzy Shafer, So, Hamline	13.17[+0.3w] H4
12	Ashley Waalen, Jr, Augsburg	13.26[+1.7w] H3
13	Maddison Ackiss, Fr, Gustavus	13.36[+1.7w] H3
14	Elizabeth Hickey, So, Augsburg	13.46[+1.7w] H3
15	Lexi Kodet, Fr, Hamline	13.69w[+3.3w] H2
16	Hayley Cermin, So, Bethel	13.73w[+3.3w] H2
17	Katrina Diaz, Fr, Hamline	13.80w[+3.3w] H2
18	Grace Cooper, Jr, Bethel	13.866w[+3.3w] H2
19	Prabhjot Singh, Fr, Gustavus	13.875w[+3.3w] H2
20	Sarina Staurseth, Fr, North Central Univ	13.953w[+3.3w] H2
21	Olivia Kessler, Fr, Hamline	13.954w[+3.3w] H2
22	Alannah Menk, Fr, Bethany Lutheran	14.26[+2.0w] H1
23	Elsie Abrahamson, So, Bethany Lutheran	16.82[+2.0w] H1
	Nikaylah Woody, So, Augsburg	DNC[+2.0w] H1
	Jessica Stendahl, Fr, Concordia St Paul	DNC[+2.0w] H1
	Jasmine Carr, Sr, North Central Univ	DNC[+2.0w] H1
	Colleen Croy, Jr, Bethany Lutheran	DNC[+2.0w] H1
	Caitlin Funnell, Fr, North Central Univ	DNC[+2.0w] H1
	Yu Ito, Fr, Minnesota Morris	DNC[+2.0w] H1
	Kara Komoto, Jr, Macalester	DNC[+0.3w] H4

#### 200 Meter Dash

1	Amelia Campbell, Sr, Carleton	26.42[-3.5w] H6
2	Jillian Krier, Jr, Bethel	26.50[-3.5w] H6
3	AddieKay Johnson, Fr, Bethel	26.85[-3.5w] H6
4	Hannah Sonsalla, So, Macalester	26.93[-3.5w] H6
5	America Gray, Fr, Concordia St Paul	26.99[-3.0w] H5
6	Nikaylah Woody, So, Augsburg	27.06[-1.8w] H4
7	Wakpor Ighovojah, So, Concordia St Paul	27.33[-3.0w] H5
8	Izzy Shafer, So, Hamline	27.530[-3.5w] H6
9	Maddy Kunshier, Fr, Concordia St Paul	27.536[-3.0w] H5
10	Mikayla Hensch, Jr, Hamline	27.78[-3.0w] H5
11	Anik Regan, Jr, Macalester	27.89[-3.0w] H5
12	Tonya Piergies, Fr, Carleton	28.01[-1.8w] H4
13	Jalia Anderson, Fr, Gustavus	28.16[-4.7w] H3
14	LaKeya Rudolph, So, Concordia St Paul	28.31[-1.8w] H4
15	Alia Benedict, Fr, Macalester	28.36[-4.7w] H3
16	Mallory Butchko, Fr, Gustavus	28.38[-4.7w] H3
17	Ana Metzmaker, Fr, Concordia St Paul	28.73[-3.0w] H5
18	Rachel Winter, So, Martin Luther	28.81[-4.7w] H3
19	Danielle Peterson, Fr, Bethel	28.89[-1.8w] H4
20	Tess Olinger, Fr, Gustavus	29.26[-4.7w] H3
21	Prabhjot Singh, Fr, Gustavus	29.44[+0.0w] H2
22	Katrina Diaz, Fr, Hamline	29.48[-4.7w] H3
23	Grace Cooper, Jr, Bethel	29.54[+0.0w] H2
24	Elizabeth Hickey, So, Augsburg	29.61[-1.8w] H4
25	Alaina Quaranta, Fr, Augsburg	29.78[-1.2w] H1
26	Hayley Cermin, So, Bethel	30.092[-4.7w] H3
27	Yu Ito, Fr, Minnesota Morris	30.093[+0.0w] H2
28	Melanie Bartenstein, So, Hamline	30.21[+0.0w] H2
29	Colleen Croy, Jr, Bethany Lutheran	30.42[-1.2w] H1
30	Olivia Kessler, Fr, Hamline	30.59[-1.2w] H1
31	Samantha Petterson, Jr, Bethel	31.50[-1.2w] H1
	Sarah Estey, Fr, Augsburg	DNC[-1.2w] H1
	Caitlin Funnell, Fr, North Central Univ	DNC[-1.2w] H1

Jasmine Carr, Sr, North Central Univ	DNC[+0.0w] H2
Mari De La Cruz, Fr, Crown College	DNC[+0.0w] H2
Sarah Cox, So, Gustavus	DNC[+0.0w] H2
McKayla Stowell, Fr, Gustavus	DNC[-1.8w] H4
Maddison Ackiss, Fr, Gustavus	DNC[-1.8w] H4
Callie Jones, Jr, Augsburg	DNC[-3.0w] H5
Teja Foy, Sr, Minnesota Morris	DNC[-3.5w] H6
Erika Shady, So, Concordia St Paul	DNC[-3.5w] H6

#### 400 Meter Dash

1	Reilly Simon, Sr, Carleton	56.78 H4
2	Hannah Pollard-Garber, Sr, Macalester	59.04 H4
3	Sidney Paulson, So, Minnesota Morris	59.12 H4
4	America Gray, Fr, Concordia St Paul	59.59 H4
5	Kaitlin Bembenek, Sr, Gustavus	59.92 H4
6	Kayla McKinsey, Sr, Carleton	60.15 H3
7	Lydia Hildebrandt, Fr, Bethany Lutheran	61.13 H2
8	Kristy Dellwo, So, Hamline	61.23 H4
9	Brianna Baker, Sr, Hamline	61.75 H3
10	Maddy Kunshier, Fr, Concordia St Paul	62.08 H3
11	Erin Porter, Sr, Macalester	62.10 H3
12	Abby Duevel, Fr, Bethel	62.33 H2
13	Wakpor Ighovojah, So, Concordia St Paul	63.30 H3
14	Mikaela Algren, Jr, Gustavus	64.21 H2
15	Rachel Winter, So, Martin Luther	64.88 H1
16	Tess Olinger, Fr, Gustavus	65.20 H2
17	Katherine Novak, Fr, Minnesota Morris	65.21 H1
18	Ana Metzmaker, Fr, Concordia St Paul	65.29 H2
19	Kayla Norris, So, Bethany Lutheran	68.54 H1
20	Mariah Berthiaume, Fr, Bethany Lutheran	69.40 H1
21	Lydia Wildauer, So, Bethany Lutheran	71.12 H1
22	Sarah Quinn, Fr, Martin Luther	78.47 H1
	Tanna Boyle, Sr, Minnesota Morris	DNC H1
	Kalle Burney, So, Concordia St Paul	DNC H3

#### 800 Meter Run

1	Erin Alpers, So, Bethel	2:17.00 H1
2	Rebecca Wesley, Unat	2:17.92 H1
3	Ruth Steinke, Sr, Carleton	2:19.82 H1
4	Holly Hankins, So, Hamline	2:20.71 H1
5	Mary Cornelius, Jr, Augsburg	2:23.06 H1
6	Dorrian Jaffe, So, Carleton	2:23.08 H1
7	Lydia Hayes, So, Gustavus	2:23.10 H1
8	Maggie Marcus, Sr, Concordia St Paul	2:23.96 H1
9	Mikaela Algren, Jr, Gustavus	2:24.26 H1
10	Abigail Schnabel, Fr, Gustavus	2:24.55 H1
11	Elsa Sandeno, Fr, Carleton	2:27.27 H2
12	Abby Sharer, So, Carleton	2:29.36 H2
13	Winona Rachel, Jr, Carleton	2:30.09 H2
14	Sadie Novak-Klug, So, Gustavus	2:30.22 H1
15	Lorn Sherwood-Caballero, So, Macalester	2:31.42 H3
16	Madeline Abbott, So, Macalester	2:31.53 H3
17	Meg Griffin, Fr, Hamline	2:31.62 H2
18	Emma Blom, Jr, Augsburg	2:32.35 H2
19	Katrin O'Grady, Fr, Macalester	2:32.87 H3
20	Katherine Novak, Fr, Minnesota Morris	2:33.22 H2
21	Lexi Friesen, Fr, Bethel	2:33.33 H3
22	Hannah Goemann, Jr, Minnesota Morris	2:33.43 H2
23	Elisabeth Anderson, So, Minnesota Morris	2:34.13 H3
24	Anna Solfest, So, Minnesota Running Clu	2:34.17 H2
25	Laura Rafferty, So, Carleton	2:36.39 H3
26	Abby Cyr, Sr, Hamline	2:37.28 H2
27	Rosie Cobb, So, Macalester	2:37.31 H4
28	Sarah Ward, Sr, Minnesota Running Clu	2:37.61 H3
29	Laura Luttio, Fr, Bethel	2:37.63 H4
30	McKinzie Fettig, So, Bethel	2:38.61 H3

31 Sarah Trachtenberg, Jr, Carleton	2:38.94 H4
32 Anna Lieske, So, Bethany Lutheran	2:40.70 H3
33 Jessica Berlinger, Fr, Bethany Lutheran	2:49.92 H4
34 Abby Lash, Fr, Martin Luther	2:51.17 H4
35 Libby Liu, Sr, Macalester	2:51.21 H4
36 Mattie Daub, Fr, Macalester	2:53.11 H4
37 Veronica Zapata, Fr, Macalester	2:53.61 H4
38 Sarah Holmquist, Sr, Crown College	2:54.66 H4
39 Betsy Schein, Fr, Macalester	2:59.61 H4
40 Juweria Hassan, Fr, Augsburg	3:09.66 H4
Madeline Egan, Fr, Carleton	DNC H3
Laura Nakasaka, Jr, Carleton	DNC H3
Nadia Mezic, Fr, Macalester	DNC H2
Nicole Nipper, Jr, Carleton	DNC H2
Annika Halverson, So, Bethel	DNC H1

### 1500 Meter Run

1 Ruth Steinke, Sr, Carleton	4:44.74 H3
2 Nicole Nipper, Jr, Carleton	4:54.09 H3
3 Lydia Hayes, So, Gustavus	4:56.33 H3
4 Brenna Kennedy, Sr, Hamline	5:01.62 H3
5 Sadie Novak-Klug, So, Gustavus	5:03.49 H3
6 Winona Rachel, Jr, Carleton	5:04.17 H3
7 Alyssa Nash, So, Hamline	5:04.40 H3
8 Lorn Sherwood-Caballero, So, Macalester	5:04.574 H2
8 Madeline Dopp, Fr, Hamline	5:04.574 H3
10 Mata Agre, Sr, Gustavus	5:04.67 H3
11 Abigail Schnabel, Fr, Gustavus	5:05.07 H3
12 Courtney Branch, Sr, Gustavus	5:06.45 H2
13 Sophie Glassford, Sr, Carleton	5:08.28 H3
14 Pombie Silverman, Jr, Carleton	5:09.04 H3
15 Madeline Abbott, So, Macalester	5:09.62 H2
16 Abigail Walker, Fr, Carleton	5:09.69 H2
17 Elena Smith, Fr, Macalester	5:09.78 H3
18 Elisabeth Anderson, So, Minnesota Morris	5:10.58 H2
19 Amy Reimer, Fr, Bethel	5:10.63 H2
20 Lauren Shurson, Sr, Gustavus	5:11.37 H3
21 Erin Spatenka, Jr, Concordia St Paul	5:11.68 H2
22 Lydia Herath, Fr, Bethel	5:12.14 H2
23 Anna Solfest, So, Minnesota Running Clu	5:12.72 H2
24 Hannah Goemann, Jr, Minnesota Morris	5:17.05 H1
25 Emma Vinella-Brusher, Sr, Carleton	5:18.24 H3
26 Holly Ellingson, Fr, Macalester	5:22.32 H1
27 MaKena Hofer, Sr, Gustavus	5:23.81 H1
28 Carmen Garson-Shumway, So, Macalester	5:24.08 H2
29 Dasha Terenteva, Sr, Gustavus	5:24.27 H1
30 Halle Marr, Sr, Bethel	5:25.65 H1
31 Margaret Stelzner, So, Macalester	5:27.97 H2
32 Kelly Segura, Fr, Bethel	5:28.40 H1
33 Lotus Schifsky, Fr, Gustavus	5:28.70 H1
34 Olivia Crocker, Jr, Gustavus	5:30.01 H1
35 Sarah Ward, Sr, Minnesota Running Clu	5:30.29 H1
36 Ruth Lindberg, Fr, Concordia St Paul	5:31.03 H2
37 Erin Roth, Sr, Carleton	5:33.32 H2
38 Anna Pape, So, Bethel	5:36.19 H1
39 Nikki Betzler, Sr, Bethel	5:38.68 H1
40 Holly Werning, Fr, Concordia St Paul	5:38.92 H1
41 Rosie Cobb, So, Macalester	5:41.59 H2
42 Mandy Hansen, So, Minnesota Running Clu	5:41.76 H1
43 Kathrene Garcia, So, Macalester	5:41.92 H2
44 Maria Gilbert, So, Minnesota Running Clu	5:42.03 H1
45 Caitlin Olson, Fr, Augsburg	5:42.39 H1
46 Rachel Mohr, Sr, Gustavus	5:44.62 H1
47 Savannah Dimick, So, Minnesota Running Clu	5:47.82 H1
48 Hallie Kircher-Henning, Fr, Macalester	5:50.69 H1
49 Abby Lash, Fr, Martin Luther	5:54.55 H1
50 Betsy Schein, Fr, Macalester	6:04.95 H1
51 Sarah Melcher, Jr, Martin Luther	6:14.37 H1
52 Chelsea Schlegel, Fr, Minnesota Morris	6:20.80 H1
Rachel Thaemert, Jr, Concordia St Paul	DNC H1
Bekah Schulte, Fr, Bethel	DNC H2
Olivia Rosenow, So, Gustavus	DNC H2
Jordan Gray, So, Concordia St Paul	DNC H3
Marit Sonnesyn, Sr, Gustavus	DNC H3

### 5000 Meter Run

1 Kimber Meyer, Jr, Macalester	18:19.17
2 Morgan Richmond, Sr, Carleton	18:33.49
3 Mata Agre, Sr, Gustavus	18:36.48
4 Emily Sands, Jr, Gustavus	19:26.67
5 Sarissa Falk, Jr, Hamline	19:35.31
6 Megan Sauer, Jr, Bethany Lutheran	20:00.35
7 Mandy Hansen, So, Minnesota Running Clu	20:12.87
8 Martha Torstenson, So, Carleton	20:30.85
9 Megan Weaver, Fr, Gustavus	20:39.30
10 Natalie Kessler, Jr, Bethel	21:09.62
11 Katie Farquhar, Fr, Bethany Lutheran	21:31.31
12 Maria Gilbert, So, Minnesota Running Clu	22:23.99
13 Brittany Molstad, Jr, Bethany Lutheran	25:09.33
Kirsten Elyea, So, Bethany Lutheran	DNC
Olivia Rosenow, So, Gustavus	DNC
Lea Davidson, So, Macalester	DNC

### 10000 Meter Run

1 Samantha Schnirring, Fr, Carleton	39:43.83
2 Claire Trujillo, Jr, Carleton	40:10.10
3 Rachel Frantz, Fr, Augsburg	41:44.00
4 Lea Davidson, So, Macalester	42:11.39

### 100 Meter Hurdles

1 Wakpor Ighovojah, So, Concordia St Paul	15.04w[+3.7w] H3
2 Amelia Campbell, Sr, Carleton	15.09w[+3.7w] H3
3 Bailey Cook, Sr, St. Thomas	15.21w[+3.7w] H3
4 Brooke Hunter, Jr, Macalester	15.70w[+3.7w] H3
5 Josi Hendrickson, So, Hamline	15.93w[+3.5w] H2
6 Tonya Piergies, Fr, Carleton	16.00w[+3.7w] H3
7 Megan Eckberg, So, Gustavus	16.15w[+3.7w] H3
8 Kari Marzinske, So, Bethany Lutheran	16.80w[+3.5w] H2
9 Jordan Walls, Fr, Hamline	16.90w[+3.5w] H2
10 Gabby Ivy, Fr, Macalester	17.040w[+3.5w] H2
10 Jessica Stendahl, Fr, Concordia St Paul	17.040w[+3.5w] H2
12 Alaina Quaranta, Fr, Augsburg	17.51w[+3.5w] H2
13 Jordan Schwakopf, Fr, Gustavus	17.66w[+3.5w] H2
14 Stephanie Rockhoff, Jr, Martin Luther	17.77w[+3.6w] H1
15 Samantha Petterson, Jr, Bethel	18.12w[+3.6w] H1
16 Charlotte Huebner, Jr, Martin Luther	18.24w[+3.6w] H1
17 Brooke Rhoden, Fr, Martin Luther	20.98w[+3.6w] H1
Sarah Cox, So, Gustavus	DNCw[+3.6w] H1
Rebecca Rosario, So, Hamline	DNCw[+3.6w] H1
Anna Futterer, Fr, Hamline	DNCw[+3.7w] H3

### 400 Meter Hurdles

1 Emily Ciesynski, Fr, Minnesota Morris	65.30 H2
2 Emma Russ, Sr, Carleton	65.32 H2
3 Gabby Ivy, Fr, Macalester	69.34 H2
4 Nicole Balzer, Jr, Bethel	70.02 H2
5 Hannah Steele, Jr, Bethel	71.48 H2
6 Kari Marzinske, So, Bethany Lutheran	73.48 H1
7 Jordan Schwakopf, Fr, Gustavus	78.92 H1
8 Renee Johnson, Jr, Bethel	79.86 H2
Rebecca Rosario, So, Hamline	DNC H1

### 3000m Steeplechase

1 Sarah Jonathan, Sr, Macalester	11:03.05
2 Laura Gould, So, Macalester	12:50.32
3 Bailey Meyer, Fr, Bethel	12:58.70
4 Amy Pelz, Fr, Macalester	13:04.42
5 Kaitlyn Lindaman, So, Macalester	13:06.48
6 Morgan Sauer, Fr, Bethany Lutheran	13:31.57
7 Sarah Holmquist, Sr, Crown College	16:13.39

### 4x100 Meter Relay

1 Bethel	49.18
2 Macalester	49.43
3 Carleton	49.71
4 Gustavus	50.25
5 Minnesota Morris	50.44
6 Bethany Lutheran	53.18
7 Martin Luther	55.65

**4x400 Meter Relay**

1	Hamline A	4:01.21 H1
2	Macalester	4:04.00 H1
3	Carleton	4:05.28 H1
4	Bethel B	4:07.93 H1
5	Gustavus	4:08.96 H1
6	Bethel A	4:12.45 H1
7	Carleton	4:14.56 H2
8	Hamline B	4:28.39 H1
9	Bethel C	4:30.53 H2
10	Carleton C	4:41.95 H2
11	Martin Luther	4:42.28 H2
12	Minnesota Running Club	4:43.55 H2
	Macalester C	DNC H2
	Hamline C	DNC H2
	Augsburg	DNC H2
	Macalester B	DNC H1

**Long Jump**

1	Carolyn Saulsberry, Sr, Hamline	17-6 3/4 (5.35m)
		(5.35, 5.13, 5.20, 4.90)
2	Hanna Frekot, Fr, Bethel	17-0 (5.18m)[+1.2w]
		(5.03, 5.18, F, 5.05)
3	Callie Jones, Jr, Augsburg	16-4 1/2 (4.99m)
		(F, 4.99, 4.93, 4.97)
4	Molly McGrath, So, Minnesota Morris	16-0 1/2 (4.89m)
		(4.19, 4.48, 4.89, 4.70)
5	Anna Neeser, Fr, Gustavus	15-11 1/2 (4.86m)[+1.5w]
		(4.80, 4.80, 4.86, 4.15)
5	Josi Hendrickson, So, Hamline	15-11 1/2 (4.86m)[-1.0w]
		(4.77, 4.00, 4.86, 4.76)
7	Hayley Cermin, So, Bethel	15-9 3/4 (4.82m)
		(F, 4.55, 4.82, 4.72)
8	Alicia Doerr, Sr, Minnesota Morris	15-6 3/4 (4.74m)[-2.6w]
		(4.74, F, F, 5.22)
9	Katie Dillie, Jr, Bethel	15-6 1/4 (4.73m)
		(4.68, F, 4.73, 4.63)
10	Megan Eckberg, So, Gustavus	15-5 (4.70m)[+0.0w]
		(4.25, F, F, 4.70)
11	Kalle Burney, So, Concordia St Paul	15-2 3/4 (4.64m)
		(P, 4.64, P, P)
12	Courtney Hlavka, Fr, Bethel	15-2 (4.62m)[+0.9w]
		(4.54, 4.62, 4.50, 4.50)
12	Ashley Waalen, Jr, Augsburg	15-2 (4.62m)[-0.2w]
		(3.74, 4.62, F, 4.43)
14	Jade St Germain, So, Martin Luther	15-1 1/2 (4.61m)[+0.5w]
		(4.57, 4.61, F, 4.60)
15	Charlotte Huebner, Jr, Martin Luther	14-10 (4.52m)[+0.4w]
		(4.33, 4.42, 4.51, 4.52)
16	Halla Dontje Lindell, Fr, Macalester	14-9 1/4w (4.50m)[+2.5w]
		(4.09, 4.48, 4.43, 4.50)
17	Brooke Hunter, Jr, Macalester	14-3 3/4 (4.36m)[+2.0w]
		(4.24, 4.36, 4.01, F)
18	Emily Muir, So, Martin Luther	13-10 1/4 (4.22m)[+1.2w]
		(3.95, 4.17, 4.15, 4.22)
19	Alannah Menk, Fr, Bethany Lutheran	13-9 1/2w (4.20m)[+2.1w]
		(4.10, 4.06, 3.81, 4.20)

**Triple Jump**

1	Anna Neeser, Fr, Gustavus	33-6 1/2 (10.22m)
		(10.21, 10.03, 10.22, 10.17)
2	Emily Muir, So, Martin Luther	31-11 1/2 (9.74m)
		(9.24, F, 9.74, 9.34)
3	Anna Lieske, So, Bethany Lutheran	31-8 (9.65m)
		(F, 9.51, 9.64, 9.65)
4	Stephanie Rockhoff, Jr, Martin Luther	30-9 1/4 (9.38m)
		(9.35, F, 9.26, 9.38)
5	Lydia Wildauer, So, Bethany Lutheran	28-7 (8.71m)
		(F, 8.66, 8.71, 8.70)
	Sarina Staurseth, Fr, North Central Univ	DNC
	Allie Simpson, Fr, Bethel	DNC

**Shot Put**

1	Kara Helgeson, Jr, Gustavus	40-0 3/4 (12.21m)
		(11.57, 12.21, 11.86, 11.22)
2	Hayley Solheim, Jr, Gustavus	39-1 1/4 (11.92m)
		(10.85, 11.27, 11.92, 11.42)
3	Ivannie Robertson, So, Hamline	38-7 1/2 (11.77m)
		(11.40, 11.77, 11.12, 11.42)
4	Casie Carlson, Fr, Gustavus	37-8 3/4 (11.50m)
		(10.26, 10.58, 11.50, 10.64)
5	Gabby Koel, Jr, Hamline	37-6 1/2 (11.44m)
		(9.87, 11.44, 11.05, 11.12)
6	Kristy Haffner, Sr, North Central Univ	34-4 1/4 (10.47m)
		(10.47, 9.72, 9.76, 9.42)
7	Madeline Hoffert, Fr, Bethel	32-7 1/2 (9.94m)
		(9.94, F, F, F)
8	Cassandra Anklam, Fr, Martin Luther	30-11 1/4 (9.43m)
		(F, 9.23, 8.93, 9.43)
9	Marissa Milless, Fr, Bethany Lutheran	30-9 (9.37m)
		(F, 9.36, 9.06, 9.37)
10	Lindsey Stewart, Jr, Bethany Lutheran	30-2 1/4 (9.20m)
		(8.99, 9.15, 8.83, 9.20)
11	Arianna Emmons, So, Bethany Lutheran	27-0 (8.23m)
		(7.73, 8.23, 8.09, F)
12	Josephine Avery, Fr, Martin Luther	25-10 1/4 (7.88m)
		(7.49, 7.88, 7.26, 7.19)
13	Tanya Sherrard, Jr, Bethany Lutheran	25-1 1/4 (7.65m)
		(7.24, 7.65, 6.79, 6.91)
	Jordan Judd, Fr, Minnesota Morris	ND
		(F, F, F, F)
	Olivia Johnson, Fr, Bethel	DNC
	Karissa Hildebrand, Sr, North Central Univ	DNC
	Natasha George, Fr, North Central Univ	DNC
	Sarah Swanson, Sr, Gustavus	DNC
	Abigail Wisness, Fr, Minnesota Morris	DNC

**Discus Throw**

1	Anna Ripke, Fr, Concordia St Paul	121-10 (37.15m)
		(37.15, F, F, 36.75)
2	Hayley Solheim, Jr, Gustavus	114-7 (34.94m)
		(F, 34.94, F, F)
3	Kara Helgeson, Jr, Gustavus	112-0 (34.14m)
		(28.84, F, 34.14, 32.25)
4	Amanda Passaglia, So, Bethel	111-8 (34.05m)
		(F, 34.05, 31.48, 33.51)
5	Ivannie Robertson, So, Hamline	110-9 (33.77m)
		(33.77, 32.52, 31.32, 32.23)
6	Kiana Verdugo, So, Hamline	110-7 (33.71m)
		(32.05, 33.06, 32.40, 33.71)
7	Casie Carlson, Fr, Gustavus	108-10 (33.19m)
		(33.01, 30.98, 31.97, 33.19)
8	Risa Luther, Sr, Macalester	103-6 (31.55m)
		(F, F, 31.55, F)
9	Sierra Paske, Fr, Minnesota Morris	102-11 (31.38m)
		(F, F, 27.56, 31.38)
10	Kali Kuusisto, Jr, Augsburg	101-7 (30.97m)
		(30.97, F, 29.77, 30.89)
11	Katherine Hoglin, Fr, Gustavus	101-5 (30.93m)
		(29.03, 30.41, 30.73, 30.93)
12	Tanya Sherrard, Jr, Bethany Lutheran	84-5 (25.73m)
		(F, F, 24.80, 25.73)
13	Lindsey Stewart, Jr, Bethany Lutheran	84-3 (25.69m)
		(23.59, 25.69, 25.38, 24.48)
14	Josephine Avery, Fr, Martin Luther	82-4 (25.10m)
		(20.78, 23.62, F, 25.10)
15	Madeline Hoffert, Fr, Bethel	81-9 (24.93m)
		(23.99, 24.93, F, F)
16	Amber Paske, Fr, Minnesota Morris	81-6 (24.84m)
		(24.05, 24.65, 24.84, 22.40)
17	Jordan Judd, Fr, Minnesota Morris	81-0 (24.70m)
		(F, 24.70, F, F)
18	Marissa Milless, Fr, Bethany Lutheran	79-8 3/4 (24.30m)
		(24.30, 20.49, 23.13, 24.10)
19	Elsie Abrahamson, So, Bethany Lutheran	56-2 3/4 (17.14m)
		(13.87, 13.89, 17.14, F)
	Rachel Brooker, So, Augsburg	DNC
	Karissa Hildebrand, Sr, North Central Univ	DNC

Olivia Johnson, Fr, Bethel DNC  
 Natasha George, Fr, North Central Univ DNC  
 Kristy Haffner, Sr, North Central Univ DNC  
 Abigail Wisness, Fr, Minnesota Morris DNC  
 Katherine Meier, Sr, Macalester DNC

**Hammer Throw**

1 Amanda Passaglia, So, Bethel 147-8 (45.01m)  
 (41.86, 42.23, 45.01, 41.28)  
 2 Risa Luther, Sr, Macalester 142-9 (43.53m)  
 (43.24, F, 40.26, 43.53)  
 3 Kiana Verdugo, So, Hamline 138-5 (42.18m)  
 (40.06, F, 42.18, 38.75)  
 4 Bailey Van Den Heuvel, Fr, Gustavus 128-9 (39.25m)  
 (F, F, 39.25, F)  
 5 Kali Kuusisto, Jr, Augsburg 127-3 (38.78m)  
 (38.78, F, F, F)  
 6 Sierra Paske, Fr, Minnesota Morris 127-1 (38.75m)  
 (38.75, 36.54, F, 37.81)  
 7 Kassidy Przymus, Fr, Minnesota Morris 118-1 (36.01m)  
 (33.03, 36.01, F, F)  
 8 Lindsey Stewart, Jr, Bethany Lutheran 117-8 (35.86m)  
 (35.86, 34.37, 33.32, 33.07)  
 9 Allyson Opps, Jr, Hamline 115-7 (35.22m)  
 (F, 35.22, F, 35.13)  
 10 Taylor Nordby, Jr, Minnesota Morris 103-11 (31.69m)  
 (31.69, 31.51, 25.30, F)  
 11 Jade St Germain, So, Martin Luther 102-1 (31.13m)  
 (25.88, 28.14, 29.26, 31.13)  
 12 Madeline Hoffert, Fr, Bethel 93-8 (28.57m)  
 (28.06, 28.10, 28.57, 27.59)  
 13 Olivia Johnson, Fr, Bethel 92-3 (28.13m)  
 (26.15, F, F, 28.13)  
 14 Josephine Avery, Fr, Martin Luther 84-9 (25.84m)  
 (F, 25.84, F, F)  
 15 Cassandra Anklam, Fr, Martin Luther 79-9 1/4 (24.31m)  
 (F, 24.31, 22.99, F)  
 16 Arianna Emmons, So, Bethany Lutheran 64-4 (19.61m)  
 (F, F, 19.61, F)  
 17 Sarah Melcher, Jr, Martin Luther 45-4 1/4 (13.82m)  
 (11.03, 11.48, 12.66, 13.82)  
 Anna Ripke, Fr, Concordia St Paul ND  
 (F, F, F, F)  
 Rachel Brooker, So, Augsburg DNC  
 Sarah Swanson, Sr, Gustavus DNC  
 Sami Brinkmann, So, Minnesota Morris DNC

**Javelin Throw**

1 Trish Hare, Jr, Carleton 138-11 (42.35m)  
 (40.41, 42.35, 31.61, 34.41)  
 2 Amelia Campbell, Sr, Carleton 123-0 (37.49m)  
 (34.17, 37.49, F, 35.53)  
 3 Clara Baumann, So, Macalester 117-6 (35.83m)  
 (30.77, 33.35, 33.70, 35.83)  
 4 Marisa Morgan, So, Gustavus 113-8 (34.65m)  
 (34.65, 31.44, 30.68, 29.79)  
 5 Taylor Nordby, Jr, Minnesota Morris 102-5 (31.22m)  
 (31.22, 28.49, 28.23, 26.11)  
 6 Brooke Hunter, Jr, Macalester 100-10 (30.75m)  
 (27.17, 30.75, 27.33, 25.09)  
 7 Charlotte Huebner, Jr, Martin Luther 98-8 (30.09m)  
 (30.09, 28.68, 27.39, 27.39)  
 8 Karin Canakes, Fr, Bethel 96-10 (29.53m)  
 (27.88, 28.99, 29.53, 29.36)  
 9 Erica Young, Jr, Concordia St Paul 94-4 (28.77m)  
 (26.50, 28.77, F, 28.52)  
 10 Kari Marzinske, So, Bethany Lutheran 93-9 (28.58m)  
 (20.10, 28.58, 23.42, 27.65)  
 11 Bailey Van Den Heuvel, Fr, Gustavus 88-5 (26.96m)  
 (26.96, F, 21.55, F)  
 12 Janet Putz, Fr, Martin Luther 87-11 (26.80m)  
 (26.80, 24.54, 26.01, 15.21)  
 13 Mariah Berthiaume, Fr, Bethany Lutheran 87-2 (26.58m)  
 (22.07, 18.51, 19.00, 26.58)  
 14 Alannah Menk, Fr, Bethany Lutheran 86-3 (26.29m)  
 (24.43, 22.62, 22.71, 26.29)

15 Kali Kuusisto, Jr, Augsburg 86-2 (26.27m)  
 (26.27, 25.08, 25.80, 25.77)  
 16 Kassidy Przymus, Fr, Minnesota Morris 85-8 (26.13m)  
 (P, 20.29, 22.02, 26.13)  
 17 Halla Dontje Lindell, Fr, Macalester 83-1 (25.32m)  
 (25.32, 24.21, 24.73, P)  
 18 Sierra Paske, Fr, Minnesota Morris 80-8 1/2 (24.60m)  
 (24.60, 22.83, P, 19.63)  
 19 Tonya Piergies, Fr, Carleton 74-10 1/2 (22.82m)  
 (21.94, 22.82, P, 20.90)  
 20 Grace Cooper, Jr, Bethel 72-11 3/4 (22.24m)  
 (21.67, 22.24, 20.68, P)  
 21 Sarah Quinn, Fr, Martin Luther 72-4 1/4 (22.05m)  
 (16.50, 14.77, 21.72, 22.05)  
 22 Madeline Hoffert, Fr, Bethel 71-3 1/2 (21.73m)  
 (P, 20.45, 21.73, P)  
 23 Rylee Weisensel, So, Martin Luther 71-1 1/2 (21.68m)  
 (19.04, 19.95, 19.98, 21.68)  
 24 Calli Sizer, Fr, Gustavus 69-9 1/2 (21.27m)  
 (13.78, 21.25, 21.27, P)  
 25 Olivia Johnson, Fr, Bethel 51-6 1/2 (15.71m)  
 (P, 15.71, 13.98, 14.86)  
 Katherine Meier, Sr, Macalester DNC

**High Jump**

1 Bailey Cook, Sr, St. Thomas 5-4 1/4 (1.63m)  
 (1.53, 1.58, 1.63)  
 2 Amelia Campbell, Sr, Carleton 5-0 1/4 (1.53m)  
 (1.43, 1.48, 1.53)  
 2 Katie Dillie, Jr, Bethel 5-0 1/4 (1.53m)  
 (1.43, 1.48, 1.53)  
 2 Katie Zietlow, So, Martin Luther 5-0 1/4 (1.53m)  
 (1.48, 1.53)  
 5 Rylee Weisensel, So, Martin Luther 5-0 1/4 (1.53m)  
 (1.38, 1.43, 1.48, 1.53[2])  
 6 Halla Dontje Lindell, Fr, Macalester 4-10 1/4 (1.48m)  
 (1.38, 1.43, 1.48[2])  
 7 Karin Canakes, Fr, Bethel 4-8 1/4 (1.43m)  
 (1.38, 1.43)  
 8 Courtney Hlavka, Fr, Bethel 4-8 1/4 (1.43m)  
 (1.38, 1.43[2])  
 9 Carly Denler, Jr, Minnesota Morris 4-8 1/4 (1.43m)  
 (1.38[2], 1.43[2])  
 10 Tonya Piergies, Fr, Carleton 4-6 1/4 (1.38m)  
 (1.38)  
 11 Brooke Hunter, Jr, Macalester 4-6 1/4 (1.38m)  
 (1.38[3])  
 Josi Hendrickson, So, Hamline NH  
 Hannah Steele, Jr, Bethel NH

**Pole Vault**

1 Alicia Doerr, Sr, Minnesota Morris 10-8 (3.25m)  
 (2.80[2], 2.95, 3.10, 3.25[2])  
 2 Jalia Anderson, Fr, Gustavus 10-2 (3.10m)  
 (2.65[2], 2.80[3], 2.95, 3.10)  
 3 Mallory Butchko, Fr, Gustavus 10-2 (3.10m)  
 (2.80, 2.95, 3.10[2])  
 4 Carly Denler, Jr, Minnesota Morris 9-8 (2.95m)  
 (2.80[3], 2.95)  
 5 Prabhjot Singh, Fr, Gustavus 9-8 (2.95m)  
 (2.50, 2.65, 2.80[2], 2.95[2])  
 6 Anik Regan, Jr, Macalester 9-8 (2.95m)  
 (2.50, 2.65, 2.80, 2.95[3])  
 7 Kelsey Harms, Sr, Gustavus 9-2 1/4 (2.80m)  
 (2.80)  
 7 Jordan Walls, Fr, Hamline 9-2 1/4 (2.80m)  
 (2.80)  
 9 Audrey Seligman, Jr, Macalester 8-8 1/4 (2.65m)  
 (2.50, 2.65[2])  
 10 Molly McGrath, So, Minnesota Morris 8-2 1/2 (2.50m)  
 (2.50)  
 11 Nikki Bennington, Fr, Macalester 8-2 1/2 (2.50m)  
 (2.20[2], 2.50)  
 12 Anna Lieske, So, Bethany Lutheran 8-2 1/2 (2.50m)  
 (2.20[2], 2.50[2])  
 13 Alyssa Mitchell, Fr, Bethel 7-2 1/2 (2.20m)  
 (2.20)

Clare Craigan, Fr, Bethel  
Brooke Rhoden, Fr, Martin Luther  
Shelbie Walsh, Sr, Gustavus  
Stephanie Rockhoff, Jr, Martin Luther  
Heidi Kostrzewa, Fr, Martin Luther

DNC  
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