

LEE KROUGH INVITATIONAL
Saturday, April 11th, 2015

FIELD EVENTS:

10:00	JAVELIN- MEN WOMEN	1 FLIGHT 2 FLIGHTS
11:00	SHOT PUT - MEN HAMMER - WOMEN HIGH JUMP - WOMEN FOLLOWED BY MEN	1 FLIGHT 2 FLIGHTS 20 ATHLETES 9 ATHLETES
11:15	POLE VAULT- WOMEN FOLLOWED BY MEN LONG JUMP- WOMEN FOLLOWED BY MEN TRIPLE JUMP- MEN FOLLOWED BY WOMEN	13 ATHLETES 7 ATHLETES 1 FLIGHT 1 FLIGHT 1 FLIGHT 1 FLIGHT
12:30	DISCUS- WOMEN HAMMER - MEN	2 FLIGHTS 2 FLIGHTS
2:30	DISCUS - MEN SHOT PUT - WOMEN	2 FLIGHTS 2 FLIGHTS

RUNNING EVENTS:

12:15	STEEPLE CHASE (W)	1 HEAT
12:30	STEEPLE CHASE (M)	1 HEAT
12:45	100 METER HURDLE PRELIMS	2 HEATS
12:55	110 METER HURDLE PRELIMS	2 HEATS
1:05	100 METER DASH PRELIMS (W)	3 HEATS
1:15	100 METER DASH PRELIMS (M)	3 HEATS
1:25	5000 METERS (W)	1 HEAT
1:50	400 METER RELAY (W)	1 HEAT
1:55	400 METER RELAY (M)	1 HEAT
2:00	1500 METERS (W)	2 HEATS
2:15	1500 METERS (M)	1 HEAT
2:25	110 METER HURDLE FINALS	1 HEAT
2:30	100 METER HURDLE FINALS	1 HEAT
2:35	400 METERS (W)	2 HEATS
2:43	400 METERS (M)	2 HEATS
2:51	100 METERS FINALS(W)	1 HEAT
2:56	100 METERS FINALS(M)	1 HEAT
3:00	800 METERS (W)	2 HEATS
3:10	800 METERS (M)	2 HEATS
3:23	400 METER HURDLES (W)	2 HEATS
3:33	400 METER HURDLES (M)	1 HEAT
3:38	200 METERS (W)	3 HEATS
3:48	200 METERS (M)	3 HEATS
4:00	5000 METERS (M)	1 HEAT
4:20	1600 METER RELAY (W)	1 HEAT
4:25	1600 METER RELAY (M)	1 HEAT

WE WILL TRY TO STAY ON SCHEDULE AS BEST WE CAN!