

**Gustavus Adolphus College Presents the 14th Annual  
LEE KROUGH INVITATIONAL  
Saturday, April 12, 2014  
10:00 a.m.**

**ENTRY DEADLINE:**

Please have the entries in to RaceberryJam by  
Wednesday 6 p.m. (April 9).

1. Click or go to

<http://www.raceberryjam.com/gacentryform.php>

2. Click on the meet in which you want to register by using the  
“Select Meet” drop down box.

3. Instructions can be found at

<http://www.raceberryjam.com/TFRRScsvcoachdownload.html>

**When the heat sheets are posted on our website there will  
be no additions.**

**QUESTIONS:**

Head Coach Dale Bahr – (507) 933-7657

[dbahr@gac.edu](mailto:dbahr@gac.edu)

**NUMBER OF  
COMPETITORS/EVENT:**

There will be unlimited entries in all running and field events  
except **please limit the number of 200 runners to 5.**

**ENTRY FEE**

\$150.00 per team or \$15.00 per athlete.

**HEAT SHEETS**

Heat Sheets will be on our website by Friday at noon.

**COMPETING TEAMS:**

Gustavus (M&W), MSU-Mankato (M&W), Bethany Lutheran  
(M&W), Martin Luther (M&W), Minnesota-Morris (M&W).

**IMPLEMENT WEIGH-IN:**

Implements will be weighed in from 9:15 to 10:30 in the  
northeast corner of the indoor track. (Only if they could  
qualify for nationals)

**TRACK & FIELD:**

- 1/4 " spikes only
- 9-lane mondo track
- LJ & TJ runways all 4 directions
- 1 HJ Area—mondo surface
- Vault boxes (N, S, E, W)
- Javelin runway is a Mondo surface
- Hammer and discus in separate cages

**CLERKING AREA:**

The clerk will be set up on the javelin runway at the SE corner of the track, in case of bad weather; he will use the overhang at the north end of the Lund Center.

**RULES:**

NCAA rules will govern the meet.

**SCORING:**

We will not score the meet.

**TRAINING FACILITIES:**

Trainers and training will be available beginning one hour prior to competition and throughout the meet at the indoor track. (If you have any special needs, please contact us.)

**PARKING:**

**Buses can now park behind the Lund Center next to the football stadium – it's only 150 meters from the track.** Vans and cars can park in the big lot next to the track.

**RESULTS:**

Available:

<http://www.wayzataresults.com/event/show/60588516>

After the meet:

<http://www.gac.edu/oncampus/athletics//mtr/mtrschedul.html>

**Post collegians will not be allowed to compete in this meet.**

**LEE KROUGH INVITATIONAL**  
**Saturday, April 12<sup>th</sup>, 2014**

**FIELD EVENTS:**

<b>10:00</b>	<b>JAVELIN- MEN/WOMEN</b>
<b>11:00</b>	<b>SHOT PUT – MEN HAMMER – WOMEN HIGH JUMP – WOMEN FOLLOWED BY MEN</b>
<b>11:15</b>	<b>POLE VAULT- WOMEN FOLLOWED BY MEN LONG JUMP- WOMEN FOLLOWED BY MEN TRIPLE JUMP- MEN FOLLOWED BY WOMEN</b>
<b>12:30</b>	<b>DISCUS- WOMEN HAMMER – MEN</b>
<b>2:30</b>	<b>DISCUS – MEN SHOT PUT – WOMEN</b>

**RUNNING EVENTS:**

<b>12:15</b>	<b>STEEPLE CHASE (W) STEEPLE CHASE (M) 100/110 METER HURDLE PRELIMS 100 METER DASH PRELIMS 5000 METERS (W) 400 METER RELAY (W) 400 METER RELAY (M) 1500 METERS (W) 1500 METERS (M) 110 METER HURDLE FINALS 100 METER HURDLE FINALS 400 METERS (W) 400 METERS (M) 100 METERS FINALS(W) 100 METERS FINALS(M) 800 METERS (W) 800 METERS (M) 400 METER HURDLES (W) 400 METER HURDLES (M) 200 METERS (W) 200 METERS (M) 5000 METERS (M) 1600 METER RELAY (W) 1600 METER RELAY (M)</b>
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