

LEE KROUGH INVITATIONAL
Saturday, April 12th, 2014

FIELD EVENTS:

10:00	JAVELIN- MEN	2 FLIGHTS
	WOMEN	2 FLIGHTS
11:00	SHOT PUT - MEN	3 FLIGHTS
	HAMMER - WOMEN	2 FLIGHTS
	HIGH JUMP - WOMEN FOLLOWED BY MEN	
11:15	POLE VAULT- WOMEN FOLLOWED BY MEN	
	LONG JUMP- WOMEN	1 FLIGHT
	FOLLOWED BY MEN	2 FLIGHTS
	TRIPLE JUMP- MEN	2 FLIGHTS
	FOLLOWED BY WOMEN	1 FLIGHT
12:30	DISCUS- WOMEN	3 FLIGHTS
	HAMMER - MEN	3 FLIGHTS
2:30	DISCUS - MEN	2 FLIGHTS
	SHOT PUT - WOMEN	2 FLIGHTS

RUNNING EVENTS:

12:15	STEEPLE CHASE (W)	1 HEAT
12:35	STEEPLE CHASE (M)	1 HEAT
12:50	100 METER HURDLE PRELIMS	2 HEATS
1:05	110 METER HURDLE PRELIMS	2 HEATS
1:15	100 METER DASH PRELIMS (W)	2 HEATS
1:25	100 METER DASH PRELIMS (M)	4 HEATS
1:40	5000 METERS (W)	1 HEAT
2:05	400 METER RELAY (W)	1 HEAT
2:10	400 METER RELAY (M)	1 HEAT
2:20	1500 METERS (W)	2 HEATS
2:35	1500 METERS (M)	2 HEATS
2:50	110 METER HURDLE FINALS	1 HEAT
2:55	100 METER HURDLE FINALS	1 HEAT
3:00	400 METERS (W)	2 HEATS
3:05	400 METERS (M)	3 HEATS
3:15	100 METERS FINALS(W)	1 HEAT
3:20	100 METERS FINALS(M)	1 HEAT
3:30	800 METERS (W)	2 HEATS
3:35	800 METERS (M)	2 HEATS
3:45	400 METER HURDLES (W)	2 HEATS
3:50	400 METER HURDLES (M)	2 HEATS
4:05	200 METERS (W)	2 HEATS
4:10	200 METERS (M)	3 HEATS
4:20	5000 METERS (M)	1 HEAT
4:40	1600 METER RELAY (W)	1 HEAT
4:45	1600 METER RELAY (M)	1 HEAT

WE WILL TRY TO STAY ON SCHEDULE AS BEST WE CAN!